



TAHPERD 40TH ANNUAL SUMMER CONFERENCE

EMBASSY SUITES BY HILTON DALLAS FRISCO HOTEL & CONVENTION CENTER • FRISCO, TEXAS

PRE-CONFERENCE WORKSHOPS

SUNDAY – JULY 14, 2024

2:00 – 5:00 P.M. • FRISCO BALLROOM 2

3 CPE HOURS

Pre-Conference Workshop
Sponsored by GOPHER Sport/SPARK



Presented by Courtney Sjoerdsma and Erin Anderson

Session Title: Strike, Throw & Pass Your Way to Quality PE!

Session Description: Don't miss the "pass" to QPE! Join SPARK's active session for a chance to win Gopher equipment! Leave with class management and skill development tips & tricks from the World's Most Evidence-Based Physical Education & Physical Activity Programs! Plus, experience activities from SPARK's recently added units and learn how SPARK activities support TEKS.

Courtney Sjoerdsma – SPARK Elite Trainer

Courtney has a B.S. in Physical Education, with an emphasis in Dance. She is currently a certified SPARK Elite Trainer. Over the past 16+ years with SPARK, Courtney presents SPARK in-service and staff development workshops for school districts, after school organizations, and many other professional organizations across the county. Courtney is also a Physical Education Specialist and received the Kent Award for bringing an outstanding physical education program (SPARK) to Sandpiper School in the Belmont-Redwood Shores School District. Prior to specializing in school physical education, Courtney spent 7 years as a corporate fitness instructor where she played an integral role in the implementation and management of many new programs at startup facilities. As Courtney maintains and is dedicated to her own health, her invaluable expertise is in combining dance and physical education, creating an educational, fun, motivating, learning environment for all populations to be physically active.

Erin Anderson – SPARK Senior Territory Sales Representative

Erin Anderson currently resides in Roanoke, Virginia with her husband, Nic, and their cat Patches. She received her Bachelor's degree in Health and Human Performance; as well as a Master's degree in Education from Emory and Henry College. After graduating college in 2019, Erin went straight into her teaching career teaching high school physical education. She was selected as her school's Teacher of the Year in 2022. Erin has always had a passion for delivering high-quality physical education instruction so students can lead active lives outside of the classroom.

SUNDAY – JULY 14, 2024

2:00 – 5:00 P.M. • FRISCO BALLROOM 1

3 CPE HOURS

Pre-Conference Workshop
Sponsored by School Health



Presented by Christina Fuller-Summe

Session Title: Games and Equipment that WIN!

Session Description: Keep small or large classes moving by instructing fun, purposeful activities with innovative equipment. Be prepared to move and learn some of the best student-approved PE games of 2024!

Session Objectives:

1. Attendees will participate in a variety of engaging activities that align with the TEKS.
2. Attendees will learn how to use innovative equipment to engage all students at all levels.
3. Attendees will learn how to modify new equipment and materials.

Christina Fuller is a veteran Physical Education teacher of 16 years in Richardson ISD. She holds a Bachelor of Science in Elementary Education from Missouri State University and a Master of Education in Educational Technology with a Graduate Certification in Technology Leadership from the University of Texas Rio Grande Valley.

Coach Fuller had the distinct honor of being named RISD 2014 STAR Teacher of the Year, Lake Highlands Exchange Club 2014 Teacher of the Year, and the 2016 Fijitsu Trailblazer Award winner for her innovative use of technology in the classroom. She was also awarded the PTA Honorary Life Membership award in 2022, and in 2023, Coach Fuller was named Moss Haven Elementary Teacher of the Year and Educator of the Month in the Lake Highlands Life Magazine. During her time in Richardson ISD, Coach Fuller has served as the Girls Assistant Soccer Coach and Tennis Coach at Lake Highlands High School.

Coach Fuller is currently part of the RISD Elementary PE Lead Team where she mentors all new to RISD Elementary PE teachers, writes district Health and Physical Education Curriculum, and plans district wide professional development year-round. She also serves on the RISD School Health Advisory Council and leads the district's home exercise extension program, RISD Rides. Coach Fuller is a long-time member of TAHPERD and currently serves as the Area 6 Chair-Elect and is also on the Social Media Committee.

Outside of school you will find Coach Fuller riding bikes with her husband or exploring hiking trails at state and national parks with her 2 kids and their border collie, Phoebe.