

INTERDISCIPLINARY PAIN SYMPOSIUM

MARCH 25TH 2023 • NANO NAGLE PLACE • CORK



The 7th Interdisciplinary Cork Pain Symposium brings together international and local expertise in the field of pain science and management.

PROGRAMME SCHEDULE

08.30 **Registration and Morning coffee**

09.00 **Welcome: Dr. Joseph McVeigh.** *Head of the Discipline of Physiotherapy, School of Clinical Therapies, UCC.*

09.00 **Opening: Prof. Dominic A. Hegarty.** *Departement of Pain Medicine, College of Medicine and Health, School of Medicine, University College Cork, Cork, Ireland.*

09.05 **Session 1**

Keynote Presentation: Prof. Morten Hoegh, *Aalborg University, Denmark, Chair of the European Pain Federation's (EFIC) Academy. Master Class on Musculoskeletal Pain, Critical and Clinical Perspective on the Mechanistic Descriptors for Pain Science.*

10.15 **Coffee**

10.45 **Session 2**

Dr Joseph McVeigh: Fibromyalgia Syndrome: Update and Current Concepts.

11.15 **Prof Dominic Hegarty:** The Management of Musculoskeletal Pain 2023 and Beyond.

11.45 **Research Presentations**

- 1. Marie Kelly:** eHealth Interventions to Support Self-Management in those with Musculoskeletal Disorders: 'eHealth: It's TIME'. *(Discipline of Physiotherapy, UCC).*
- 2. Niamh Brady:** The Role of Virtual Reality in the Management of Musculoskeletal Shoulder Pain. *(Discipline of Physiotherapy, UCC).*
- 3. Ann-Marie O'Brien:** The Effect of a Hydrotherapy Program on the Functional, Biopsychological and Pain Parameters in Chronic Lower Back Pain: A Retrospective Study *(Department of Pain Medicine School of Medicine, UCC).*

12.15 **Workshop Session:** 3 Groups – 20 mins each workshop, groups rotated.

Workshop 1. Assessment of the Knee Joint, including ultrasonography.

Lead: Declan O'Sullivan. *(Discipline of Physiotherapy, BSc Physio, BSc Sport Injury Reh, MSc S&C, Dip SEM).*

Workshop 2. Quantitative Sensory Testing in the Assessment of Pain

Lead: Dr. Jack Leahy. *BSc, MSc, PhD – Clinical Neurophysiologist. Department of Physiology, College of Medicine and Health, School of Medicine, University College Cork, Cork, Ireland. Department of Physiology; Department Pain Medicine, UCC.*

Workshop 3. Patient Selection and Fitting Non-invasive Therapy for Chronic Musculoskeletal Pain. **Lead:** Ms Helen Walsh, *HCPC, BSc Physiotherapy UK.*

1.30 **Closing Comments & Assessments**

1.30 - 2.30 **Lunch**

2.30 **Close**