

# THE IMPACT OF CHRONIC DISEASES ON LABOUR FORCE ATTRITION DURING CONCURRENT CRISES IN LEBANON:

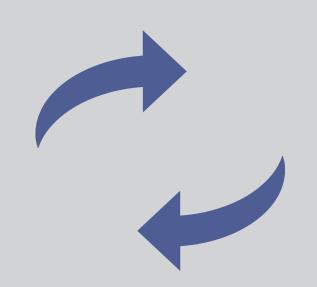
A NATIONAL CROSS-SECTIONAL SURVEY

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### **BACKGROUND**

This study provides insights into work and health during crises where chronic diseases can act as barriers to remaining in paid employment.



This study aims to understand how chronic disease may impact transitions from paid employment to unemployment during the concurrent crises in Lebanon.

### **METHODS**

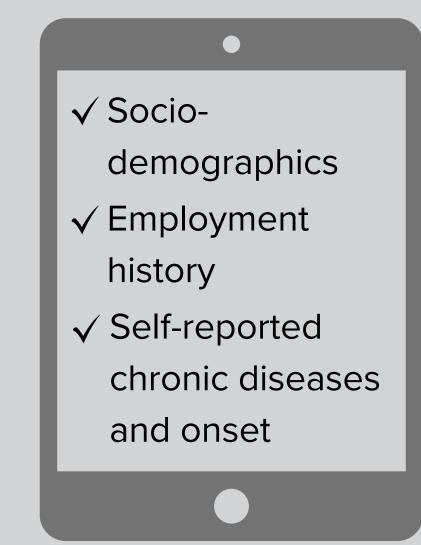
#### Cross-sectional study (January to July 2024)

Recruited adults aged 19-64 years residing in



n = 4,725

### **Telephone Survey**





### Analysis

OUTCOME	Loss of paid employment during the peak period of the pandemic and economic crises (2020-2023)
EXPOSURE	Self-reported chronic disease status diagnosed before 2020 (e.g., CVD, diabetes, musculoskeletal conditions)
ANALYSIS	Separate logistic regression models were used to assess the associations between chronic diseases and

Sampling and post-calibration weights were generated to account for oversampling employed women.

employment attrition

## 2,338 WERE EMPLOYED BEFORE 2020

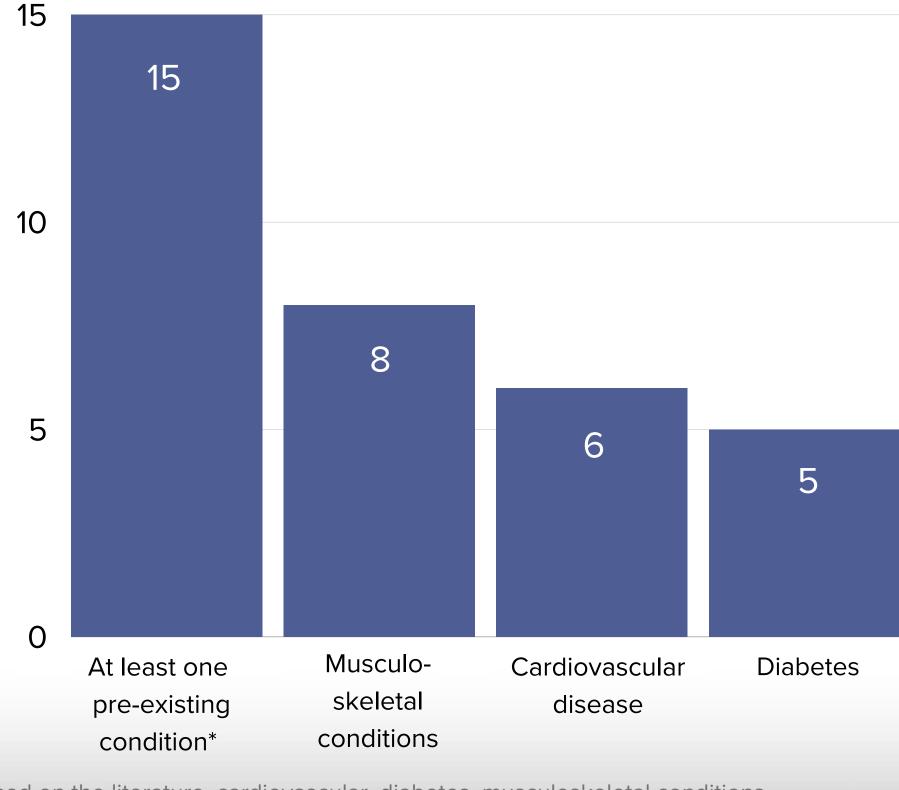
# of which 21% left the workfoce during the crises

Median age

40 years (IQR: 32-49)

#### PREVALENCE OF PRE-EXISTING CHRONIC DISEASES among those who were employed before 2020





\*Based on the literature, cardiovascular, diabetes, musculoskeletal conditions, have been consistently shown to be associated with unemployment and early retirement

# At least one pre-existing chronic condition Cardiovascular disease Diabetes Muscoskeletal conditions 1.5 2.5 2 3 0.5

#### CONCLUSION

- Those with at least one of these pre-existing chronic conditions, pre-existing cardiovascular disease, and diabetes were more likely to lose their employment during the crises in Lebanon.
- Those with musculoskeletal conditions had increased odds of employment attrition; however, the association was not statistically significant.

This study provides valuable insights into WORK AND HEALTH during crises in low- and middle-income contexts



**LONGITUDINAL STUDIES are** necessary to investigate this relationship further

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