

# The Effects of Brazilian Cash Transfers on Maternal Mortality using the 100 Million Brazilian Cohort: A population-based linkage study

Flavia Alves<sup>1,2</sup>, Dandara Ramos<sup>1,3</sup>, Enny S Paixão<sup>1,4</sup>, Ila Falcão<sup>1</sup>, Rita de Cássia Ribeiro-Silva<sup>1,5</sup>, Rosemeire Fiaccone<sup>1,6</sup>, Daiane Borges Machado<sup>1,2</sup>, Maurício L. Barreto<sup>1</sup>

<sup>1</sup>Centre of Data and Knowledge Integration for Health (CIDACS), <sup>2</sup>Department of Global Health and Social Medicine, Harvard Medical School, Boston, USA, <sup>3</sup>Institute of Collective Health, Federal University of Bahia, Salvador, Brazil, <sup>4</sup>Infectious Disease Department, Faculty of Epidemiology and Population Health, London School of Hygiene and Tropical Medicine, London, United Kingdom, <sup>5</sup>School of Nutrition, Federal University of Bahia, Salvador, Brazil, <sup>6</sup>Department of Statistics, Federal University of Bahia, Salvador, Brazil

The Bolsa Família Programme (BFP) was associated with an 18% reduction in maternal mortality, with greater effects over time, suggesting a long-term effect of CCTs. The most vulnerable groups experienced the greatest impact, highlighting its role in reducing inequities.

## BACKGROUND

Conditional cash transfers (CCTs) have been consistently associated with improvements to the determinants of maternal health<sup>1,2,3</sup>, but there have been insufficient investigations regarding their effects on maternal mortality.

## OBJECTIVE

To evaluate the association between being a Bolsa Família program (BFP) beneficiary and maternal mortality and to examine how this association differs by duration of BFP receipt, maternal race, living in rural or urban areas, the Municipal Human Development Index (MHDI), and municipal primary health care coverage.

## METHODS



Cross-sectional analysis nested within the 100 Million Brazilian Cohort

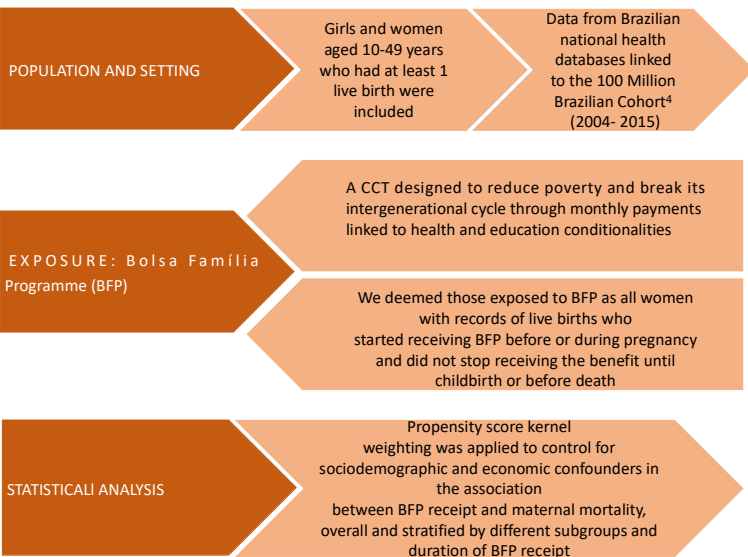
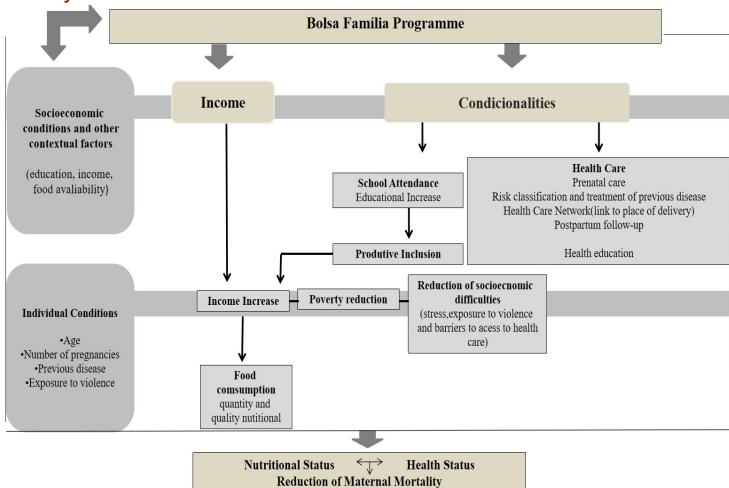


Figure 1: Mechanisms linking the Bolsa Família Programme to reduction of maternal mortality



## RESULTS

A total of 6 677 273 women aged 10 to 49 years were included in the analysis, 4056 of whom had died from pregnancy-related causes. The risk of maternal death was 18% lower in women who received BFP (weighted odds ratio [OR], 0.82 [95% CI, 0.71-0.93]). A longer duration receiving BFP was associated with an increased reduction in maternal mortality (OR for 1-4 years, 0.85 [95% CI, 0.75-0.97]; OR for 5-8 years, 0.70 [95% CI, 0.60-0.82]; OR for 9 years, 0.69 [95% CI, 0.53-0.88]). The reduction was more pronounced in the most vulnerable groups, such as Black women and municipalities with the lowest MHDI.

## RESULTS CONTINUED

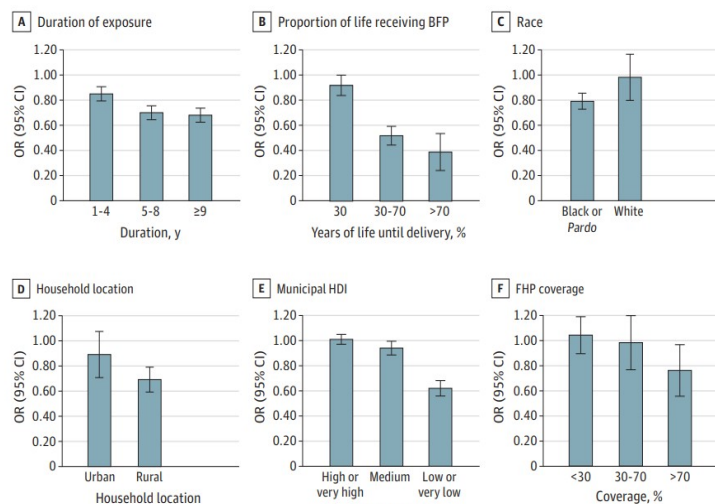
Table 1: Kernel weighted regression for association between BFP receipt and maternal death. 100 Million Brazilian Cohort, 2004-2015.

	Kernel Weighting			
	Weighted Rates		OR(95%CI)	
	Non-BFP <sup>a</sup>	BFP <sup>a</sup>	OR	Adjusted OR <sup>b</sup>
Rates/ OR	71.59 (62.87-81.53)	60.63 (58.46-62.89)	0.84 (0.73-0.96)	0.82 (0.71-0.93)
n	1,017,154	4,731,624	5,748,917	5,542,230

<sup>a</sup>Non-BFP and BFP correspond to Kernel weighted maternal rates/100,000 parturients of SINASC to non-beneficiaries and beneficiaries, respectively

<sup>b</sup>Adjusted by prenatal care, gestational age, type of delivery, and multiple pregnancy

Figure 2: BFP receipt, sociodemographic vulnerability markers and duration of BFP receipt. Kernel weighted logistic regression for associations between BFP receipt and maternal death by time of exposure (1-4, 5-8, and >=9 years of BFP receipt); BFP participation by years of life until delivery - years of receipt divided by years of life until delivery (30%, 30-70%, and >70%). Stratified analysis by sociodemographic vulnerability markers: race, location of household, and MHDI. All the analytical steps (PS estimation, kernel matching and weighted logistic regressions) were conducted separately for each category of this subgroup



## CONCLUSIONS

The results of our cohort study show that a CCT program can substantially reduce maternal mortality in a large middle-income country such as Brazil. We have provided new evidence that continual exposure to BFP is associated with a reduction in maternal mortality, suggesting a long-term effect of CCTs.

## ADDITIONAL KEY INFORMATION

- Author Contact Information: [Flavia\\_Alves@hms.harvard.edu](mailto:Flavia_Alves@hms.harvard.edu)
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