

DEVELOPMENT & DELIVERY OF TRAINING PROGRAMME TO IMPROVE POSTNATAL CONTRACEPTION COUNSELLING

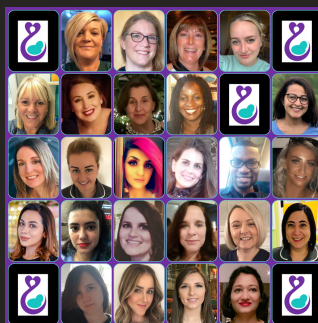
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BACKGROUND

- DURING THE PANDEMIC, THERE HAS BEEN REDUCED ACCESS TO CONTRACEPTIVE SERVICES
- OUR AIM WAS TO MAKE IT EASIER FOR POSTNATAL WOMEN TO ACCESS CONTRACEPTION
- INITIAL SURVEY SHOWED THAT 97% OF STAFF WOULD LIKE FORMAL TRAINING
- TRAINING PROGRAMME WAS DEVELOPED TO HELP IMPROVE COUNSELLING ON POSTNATAL CONTRACEPTION CHOICES RESULTING IN INCREASED UPTAKE OF CONTRACEPTION

METHOD

29 CHAMPIONS WERE IDENTIFIED



CHAMPION TRAINING



- ALL COMPLETED ONLINE E-LEARNING MODULES
- ATTENDED ½ DAY TRAINING SESSION INCLUDING COUNSELLING SKILLS
- CHAMPION PINS FOR IDENTIFICATION IN CLINICAL AREAS



TRAINING PROGRAMME FOR CLINICAL STAFF

- PRESENTATION PROVIDED TO CHAMPIONS FOR STANDARDISED TRAINING
- 2 SESSIONS OF CONTRACEPTION TRAINING
- DELIVERED BY CHAMPIONS PER WEEK OVER 4 MONTH PERIOD
- FACE TO FACE OR VIRTUAL

RESULTS

STAFF FEEDBACK

- 100% FELT THEY UNDERSTOOD CONTRACEPTION BETTER
- 99% FELT MORE CONFIDENT ABOUT CONTRACEPTION COUNSELLING



CONCLUSION

- CURRENTLY, A UK WIDE DRIVE TO IMPROVE DELIVERY OF POSTNATAL CONTRACEPTION IS UNDERWAY AS ENDORSED BY FSRH & RCOG
- PROVIDING REGULAR TRAINING TO STAFF MEMBERS CAN INCREASE THE AVAILABILITY OF CONTRACEPTION POSTNATALLY
- EDUCATION IS A KEY ASPECT OF DELIVERING BETTER POSTNATAL CARE