



5 - 7 OCTOBER 2023  
CAPE TOWN, SOUTH AFRICA



[www.ishasoc.net](http://www.ishasoc.net)

# ISHA 2023

## AFRICA DAY PROGRAMME

Wednesday 4th October 2023

Meeting Room 1.4, CTICC 1

South African Society for Hip Arthroscopy (SASHA)  
Morning Session

Africa, Middle East and Turkey Round Table  
Afternoon Discussion Forum



SOUTH AFRICAN SOCIETY  
FOR HIP ARTHROSCOPY



**ISHA**  
The Hip Preservation Society

Wednesday 4th October

Room 1.4, CTICC 1

## South African Society for Hip Arthroscopy (SASHA) - Morning Session

9:30 - 10:00 Arrival tea and registration

10:00 - 10:10 Welcome and Introductions

Dr Thane Munting  
*SASHA President*

10:10 - 10:20 Welcome to ISHA

Dr Josip "Chuck" Cacic  
*ISHA 2023 Local Chair*

### Registrar Presentations

10:20 - 10:30 Femoro-Acetabular Impingement: An Evidence Based Review

Dr Mthandazo Moyo

10:30 - 10:40 Hip Arthroscopy in early OA

*University of the Witwatersrand*  
Dr Phillip Coetze

10:40 - 10:50 Hip Arthroscopy in Patients > 50 years old

*University of Bloemfontein*  
Dr Tsepho Kgatshe

10:50 - 11:00 Current Consensus in Capsular Treatment

*University of Stellenbosch*  
Dr Kim Laubscher

11:00 - 11:10 Hip Micro-instability and Hypermobility: Current Concepts

*University of Cape Town*  
Dr Richard Almeida

11:10 - 11:20 Treatment Options for GTPS: Open vs Arthroscopic

*University of the Witwatersrand*  
Dr Lebo Pule

11:20 - 11:30 Proximal Femoral Treatment in version pathology: Indications and Procedures

*University of Pretoria*  
Dr Schalk Klopper  
*University of Cape Town*

11:30 - 11:40 DDH Treatment: Role of Arthroscopy, PAO and THA

Dr Raubie Raubenheimer  
*University of Pretoria*

11:40 - 11:50 Lumbar-pelvis complex: Implications in the Treatment of Hip Pathology

Dr Kenneth Leslie  
*University of Bloemfontein*

11:50 - 12:00 Comfort Break

12:00 - 12:30 SASHA AGM

12:30 - 13:00 Lunch

## Africa, Middle East and Turkey Round Table Afternoon Discussion Forum

13:00 Welcome and Introductions

Dr Thane Munting  
*SASHA President*

Sharing the Vision

Dr Josip "Chuck" Cacic  
*ISHA 2023 Local Chair*

Presentation of results of the Africa / MEAF Regional Survey  
Physiotherapy - From Rehabilitation to Prevention

Dr Jurie Pietrzak  
Mr Barry Getz

Insights and Learnings from LATAM Region and International Perspective

Dr Marcelo Queiroz (BRA) and  
Prof Femi Ayeni (CAN)

General discussion on the formation of a regional ISHA Hip Preservation "Hub" representing, Africa, Middle East to include Turkey, working in collaboration with SASHA

16:00 Wrap up

Dr Thane Munting  
*SASHA President*