

# Atmospheric blocking and downstream Mediterranean cyclones

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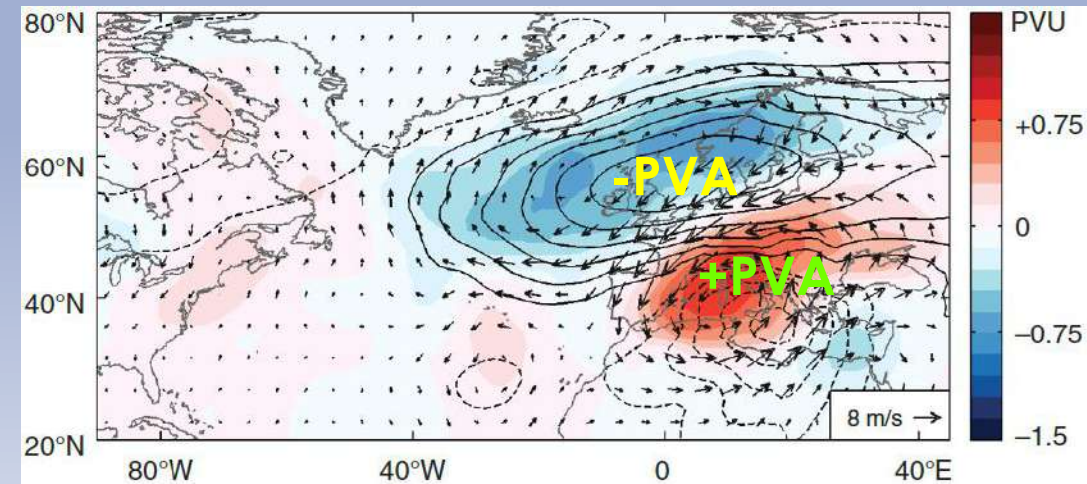
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# Motivation

- Mediterranean Cyclones (MCs)
  - Associated with heavy rainfall
  - Upper-level PV streamers → precursors for cyclogenesis
- Atmospheric Blocking
  - Long-lasting, quasi stationary, self-sustaining anti-cyclonic system
  - Mostly connected to temperature extremes and droughts
  - Impact on the predictability of weather extremes
- The connection between blocking and MCs has not been examined systematically – addressing this can provide information on predictability



Impact of Storm Daniel (2023) and Storm Ianos (2020) in Greece



Raveh-Rubin and Flaounas (2017)

**Aim:** Systematic investigation of MC development downstream of Euro-Atlantic blocks and impact on cyclone-attributed precipitation.

# Research Questions

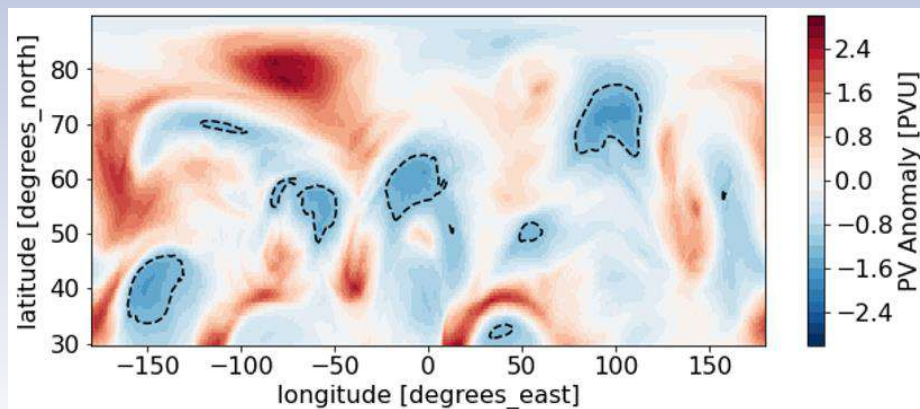
1. How frequent is MC development downstream of atmospheric blocking events?
2. What is the impact on cyclone-attributed precipitation?
3. Does the impact vary between different types of MCs?

# Methods & Data

## Detecting Atmospheric Blocking

- ERA5 data for 1979-2020, 3hourly intervals
- Vertically averaged **PV** between 500-150 hPa
- Track blocks as persistent negative PV anomaly
  - Closed contours below a threshold
- Ensure quasi-stationarity and persistence
  - 85% two-sided overlap between closed contours of successive time steps for at least **5 days**

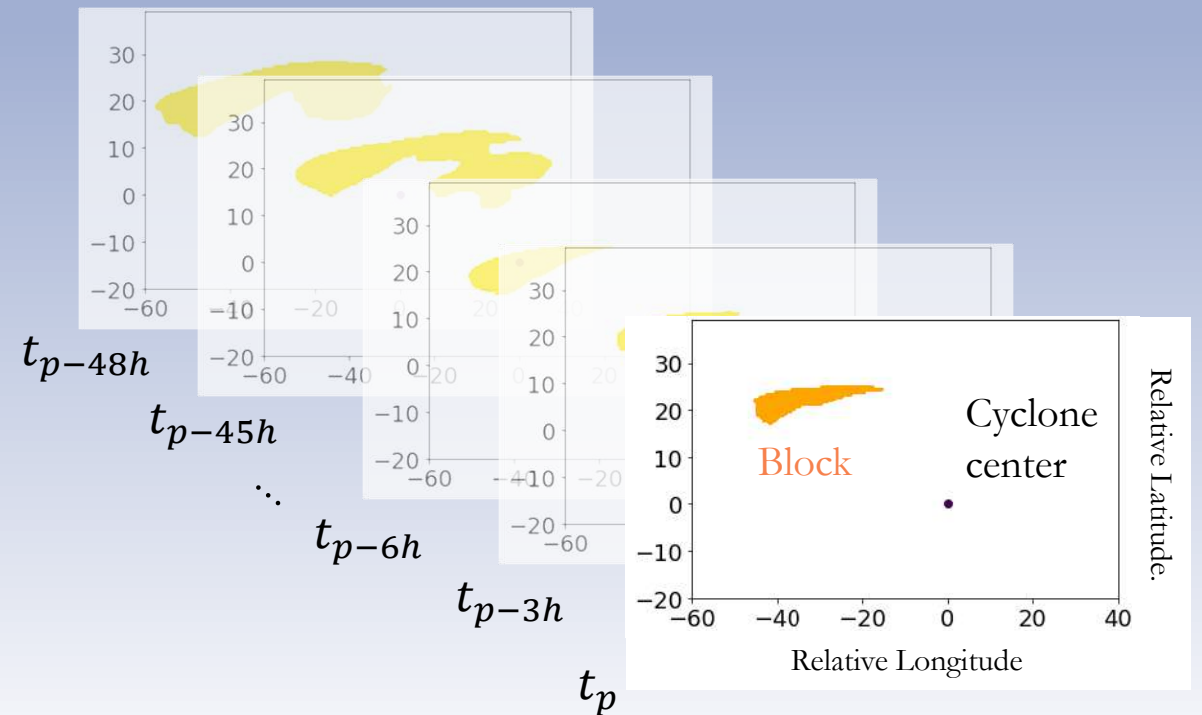
[Steinfeld, D., 2020: ConTrack - Contour Tracking. GitHub, adapted from the original index proposed by Schwierz, et al., 2004]



## Mediterranean Cyclones (MCs)

3190 composite tracks of confidence level 5 [Flaounas et al., 2023]

## Blocking & MCs

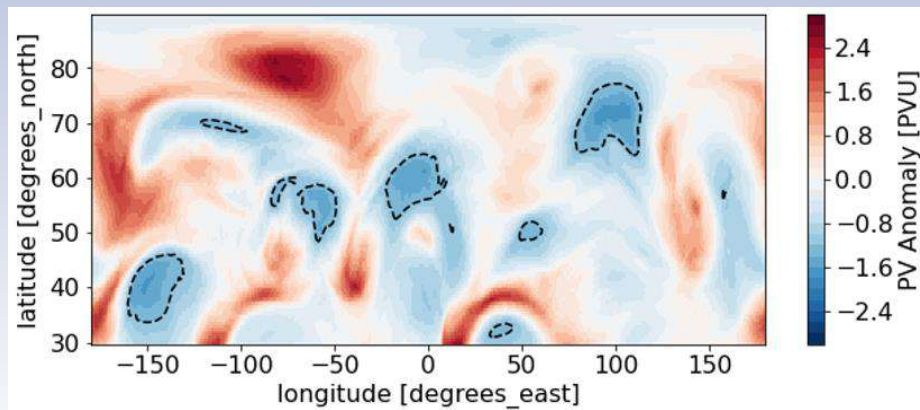


# Methods & Data

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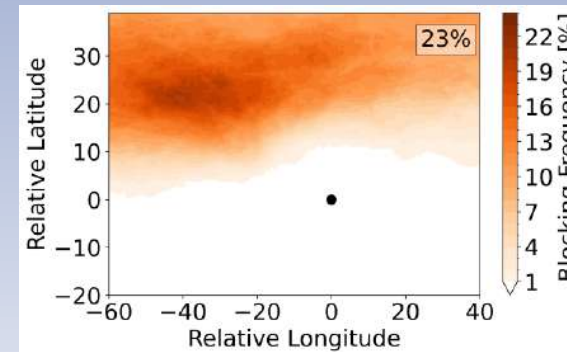


## Mediterranean Cyclones (MCs)

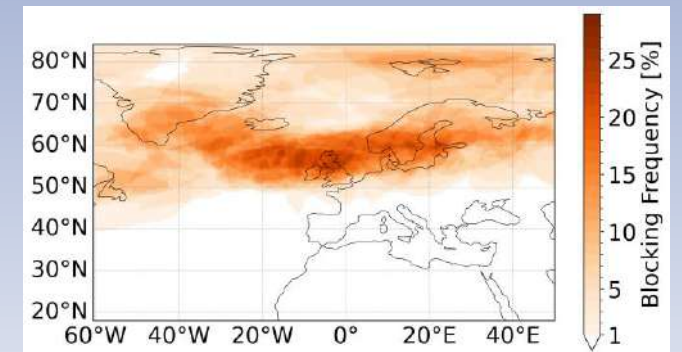
3190 composite tracks of confidence level 5 [Flaounas et al., 2023]

## Blocking & MCs

Cyclone-relative perspective

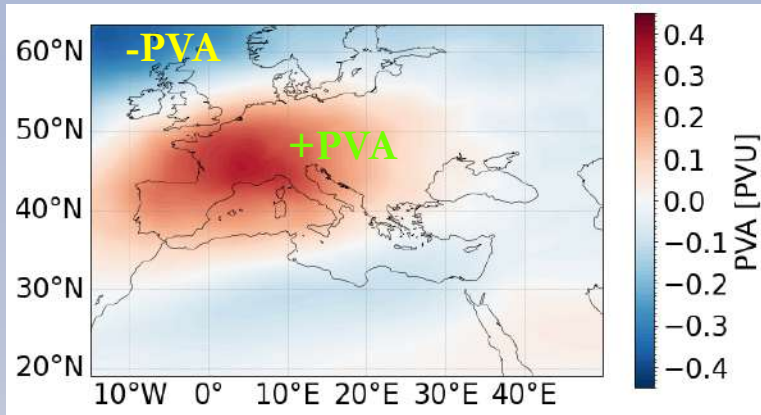


Geographically-fixed domain

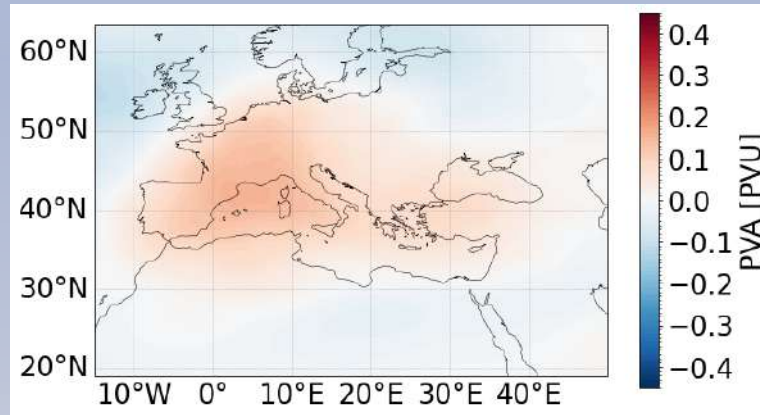


# Dynamical impact

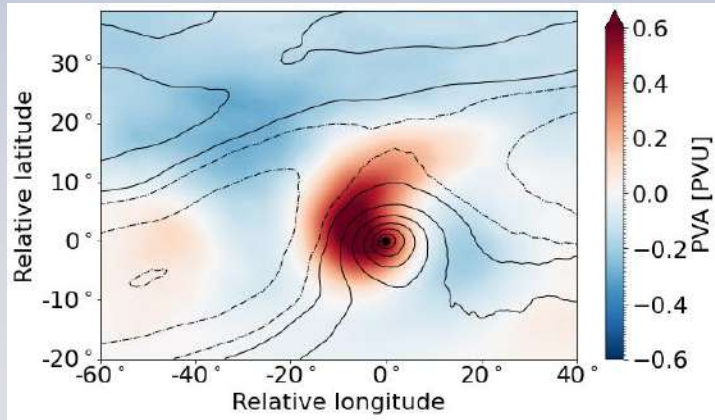
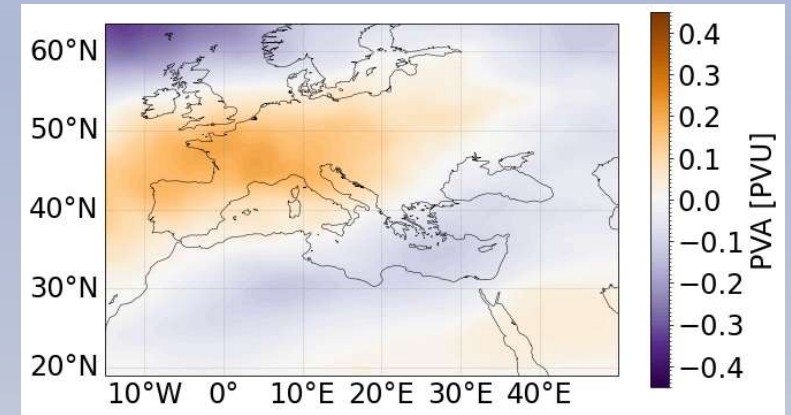
With Blocks (CB)



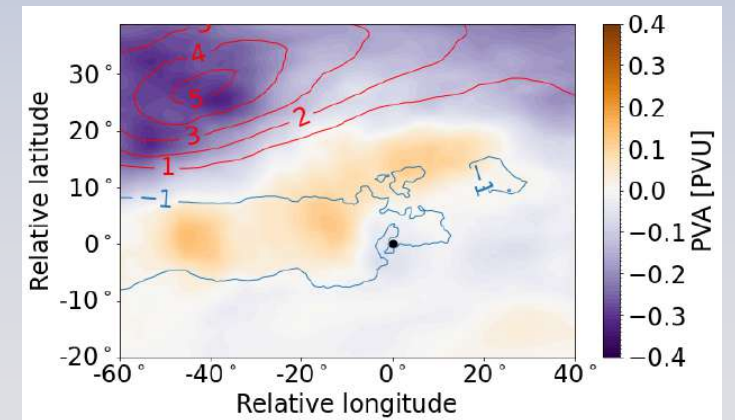
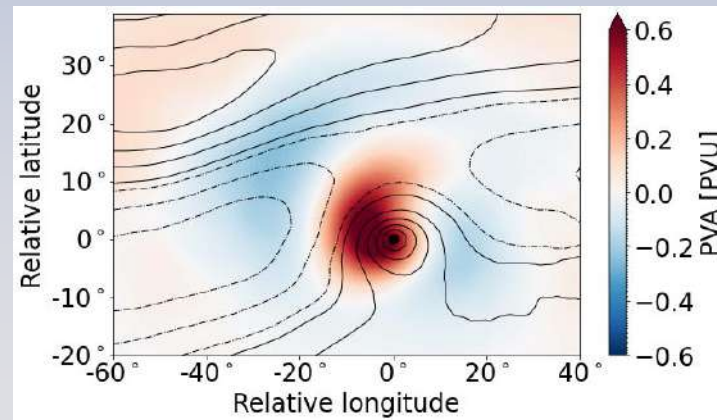
Without blocks (CNB)



Difference in means:  
CB - CNB



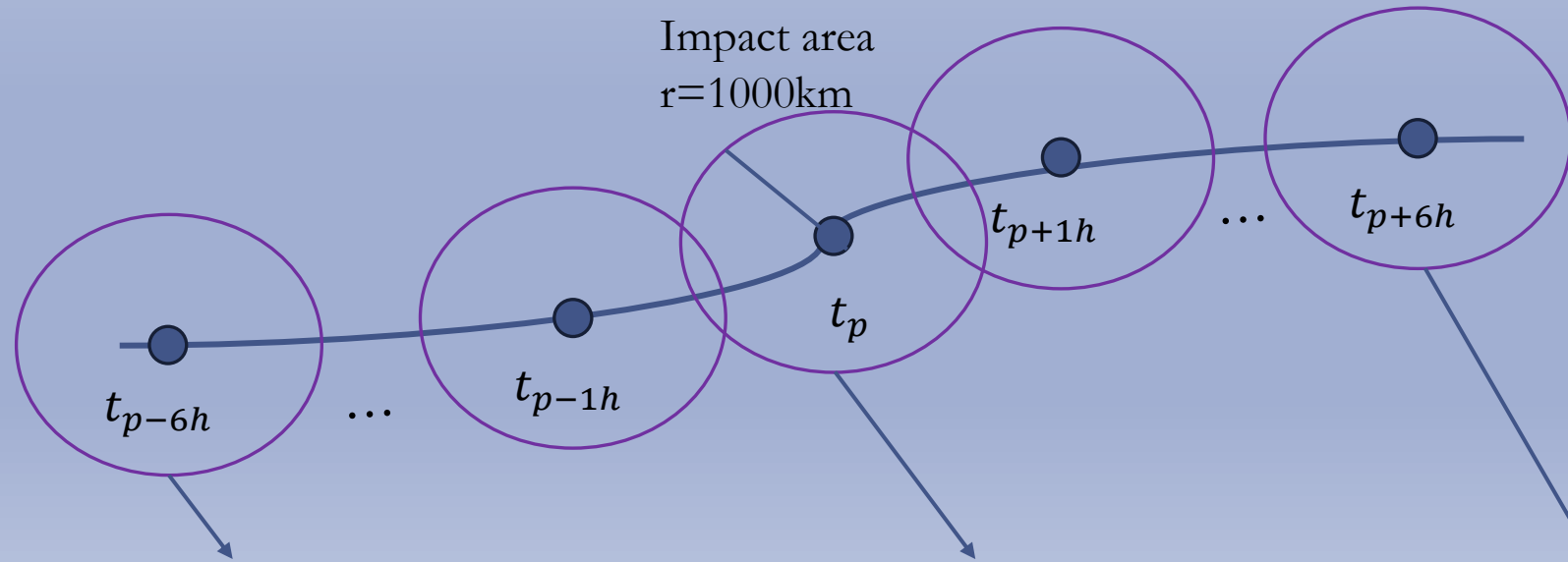
Contours: MSLP



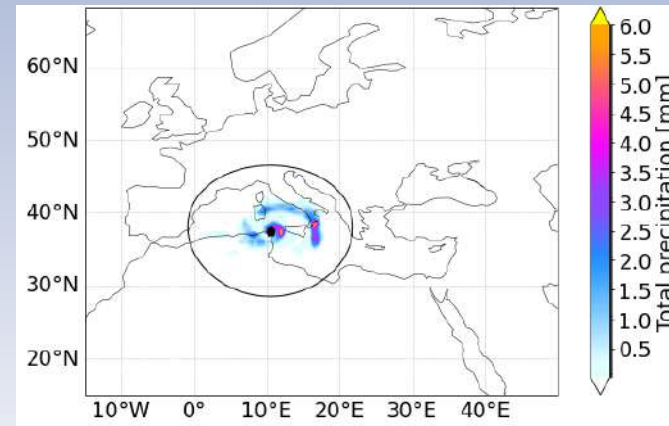
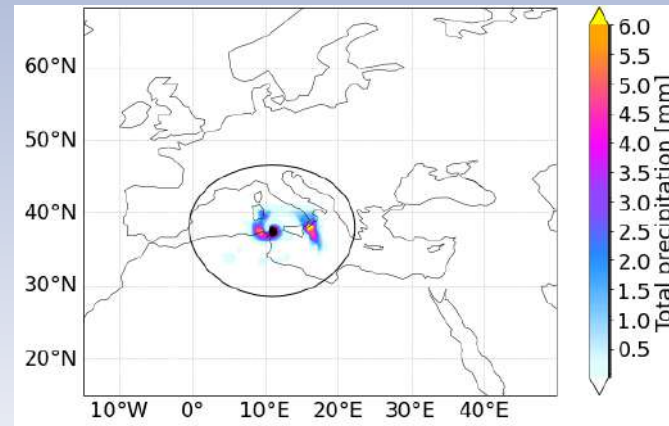
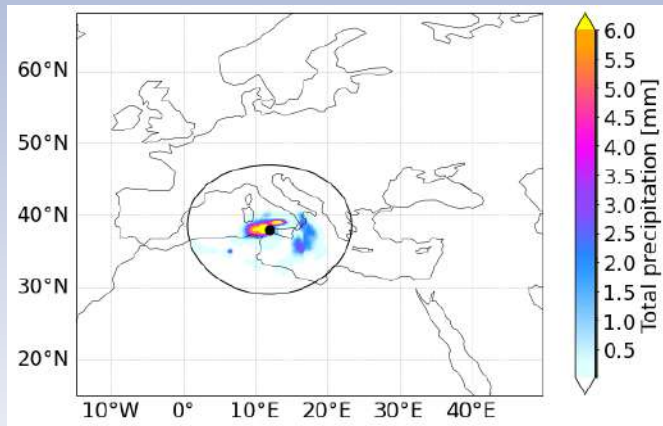
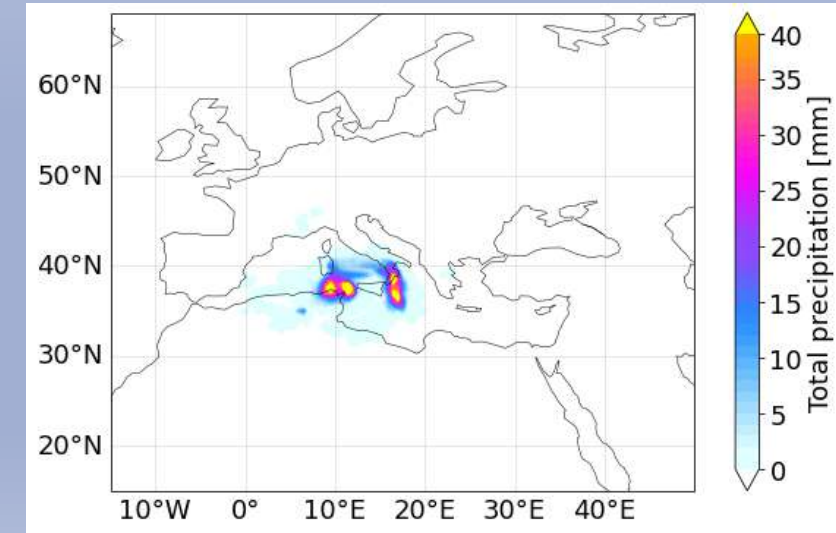
Positive MSLP difference  
Negative MSLP difference

Stronger PV anomalies → enhanced circulation → deeper cyclones

# Cyclone-attributed precipitation



12-hour accumulation



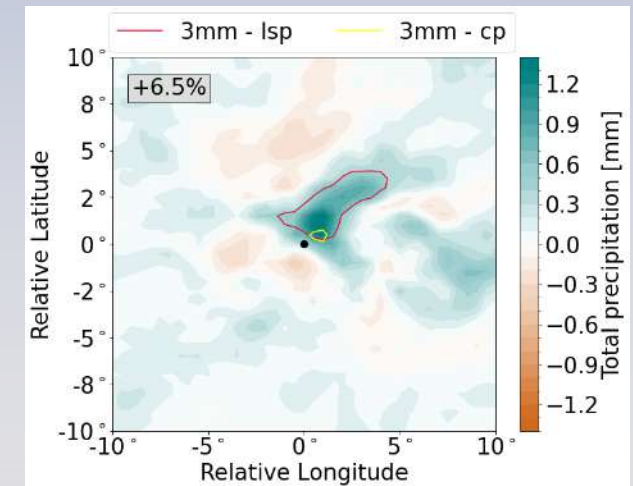
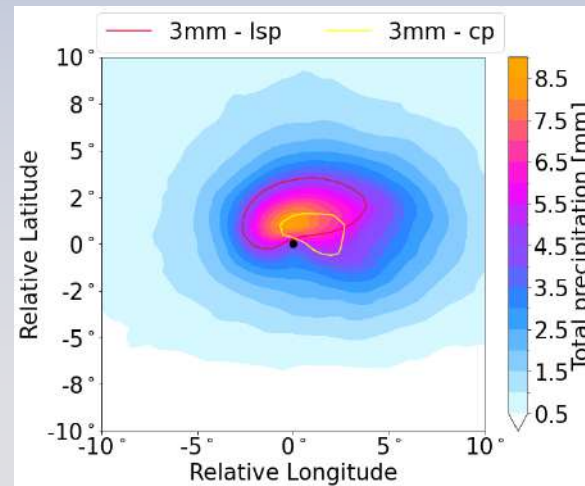
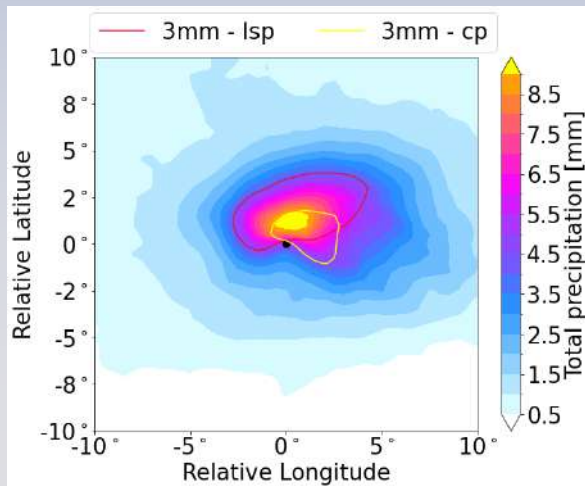
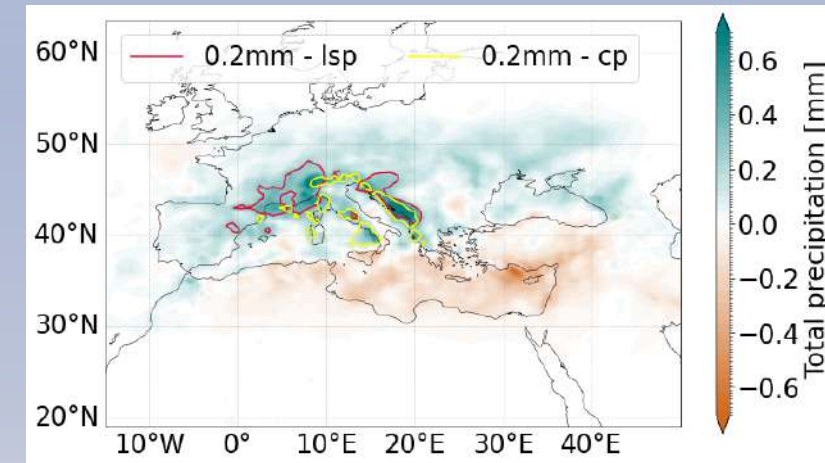
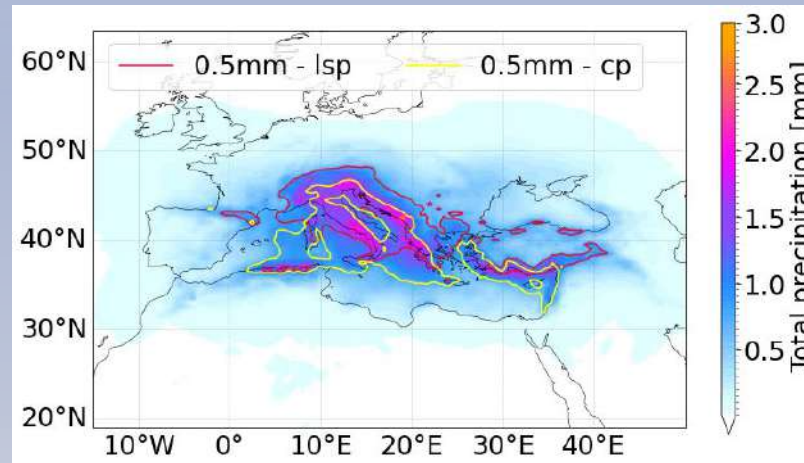
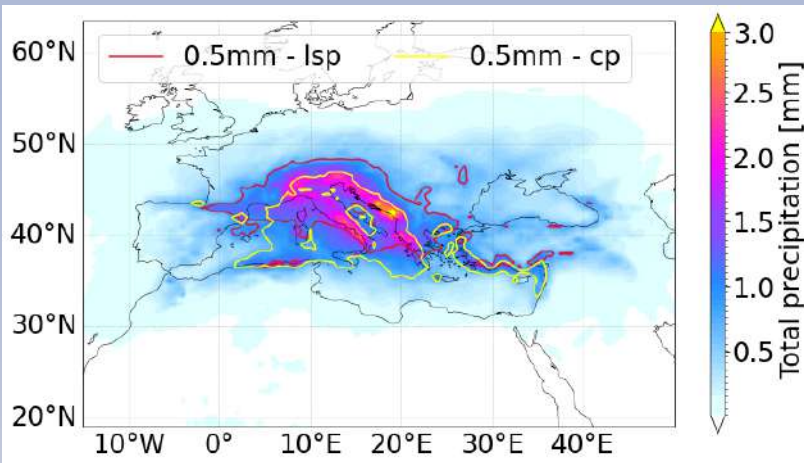
# Cyclone-attributed precipitation

lsp: large-scale precipitation  
cp: convective precipitation  
total precipitation = lsp + cp

CB

CNB

CB - CNB



Split between northwestern and southeastern Europe/Mediterranean & more precipitation in the domain

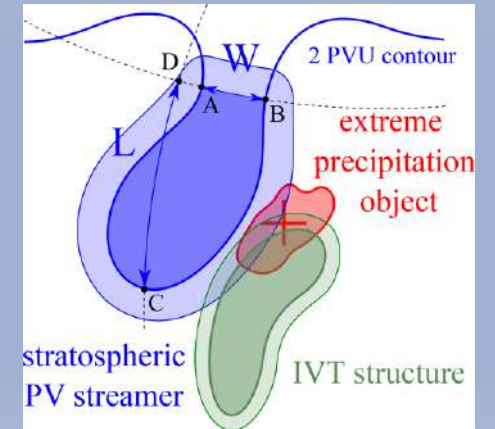
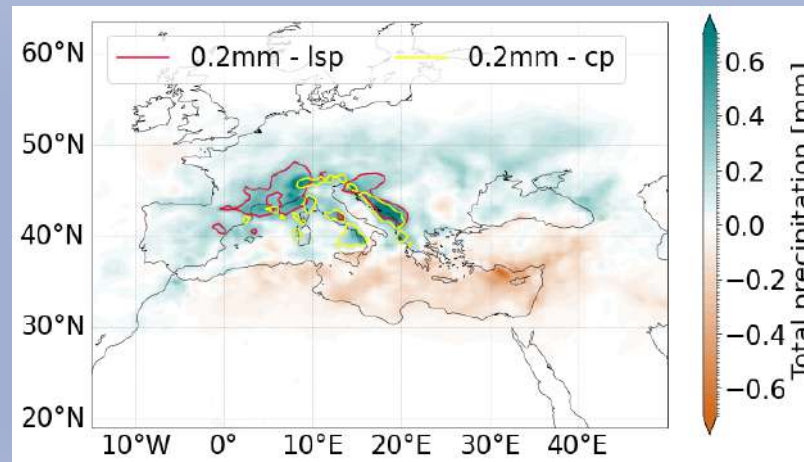
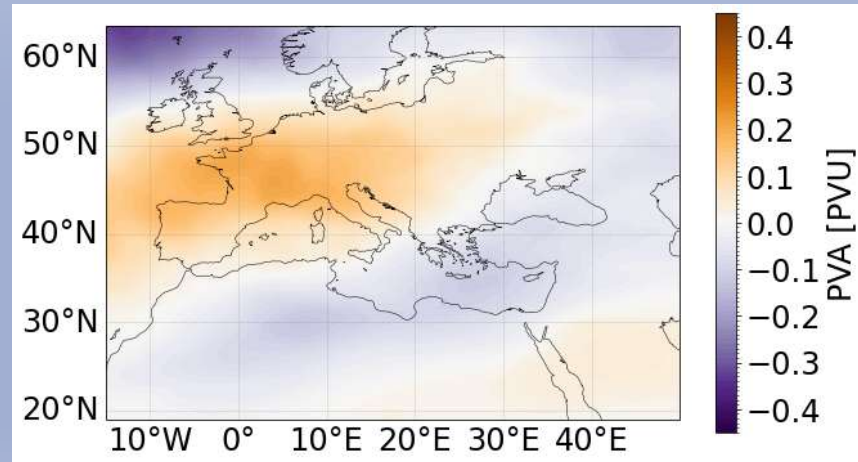


# Connecting PV, Precipitation and moisture

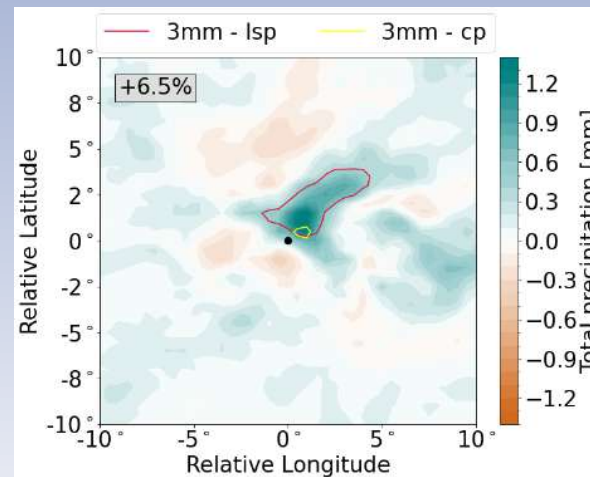
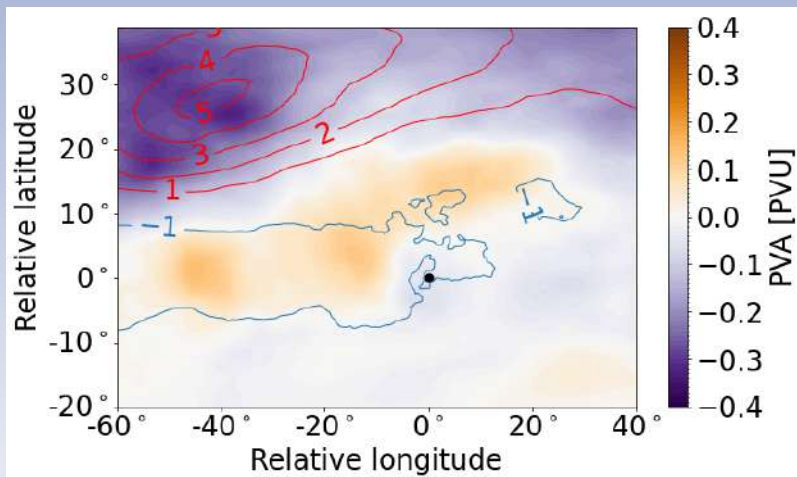
PV: CB – CNB

Precipitation: CB – CNB

Integrated Vapour Transport (IVT)



[de Vries, 2021]

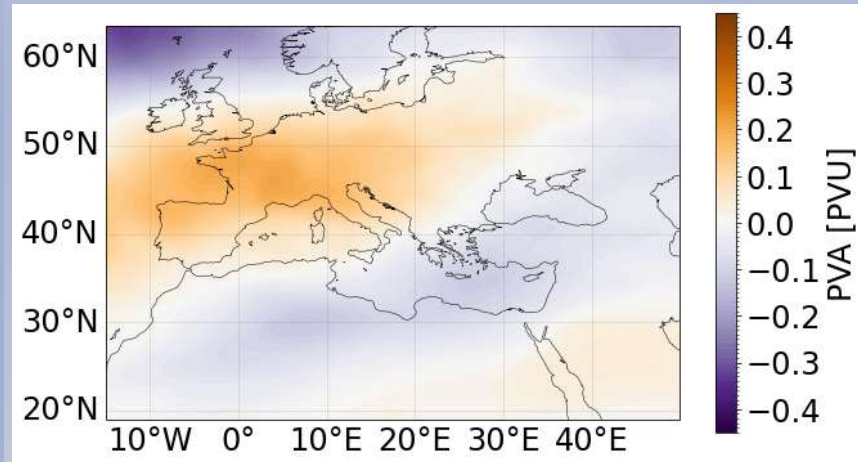


$$IVT = g^{-1} \int_{1000 \text{ hPa}}^{300 \text{ hPa}} qvdp$$

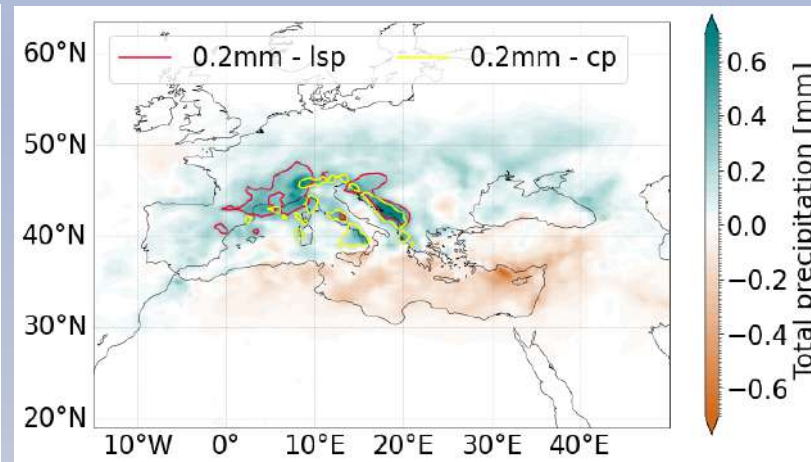
$v$ : horizontal wind       $g$ : gravity  
 $q$ : specific humidity       $p$ : pressure

# Connecting PV, Precipitation and moisture

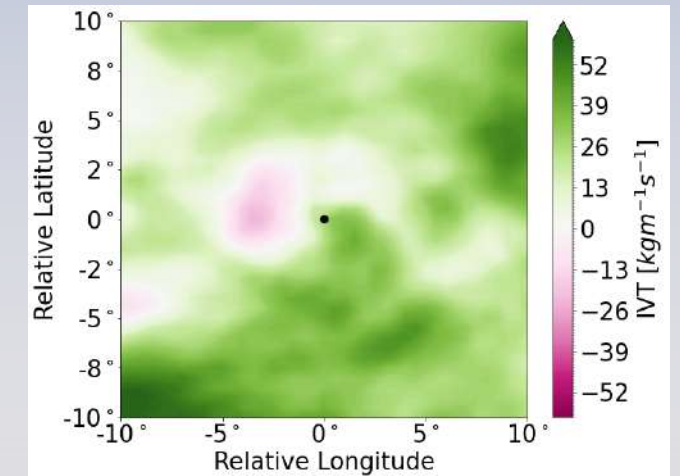
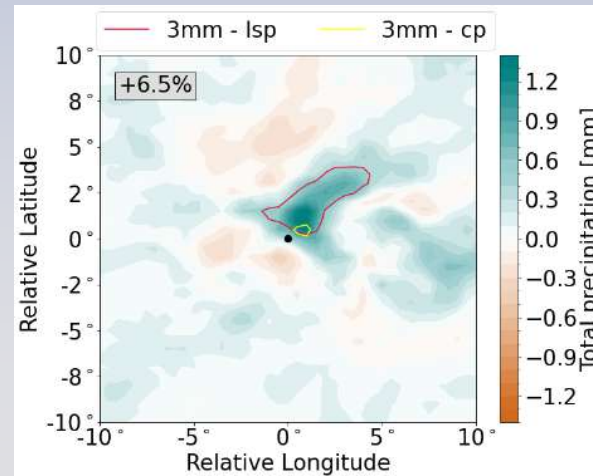
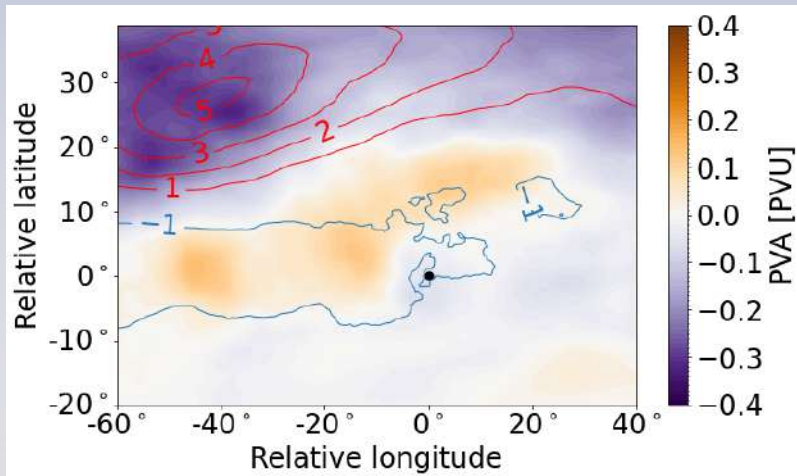
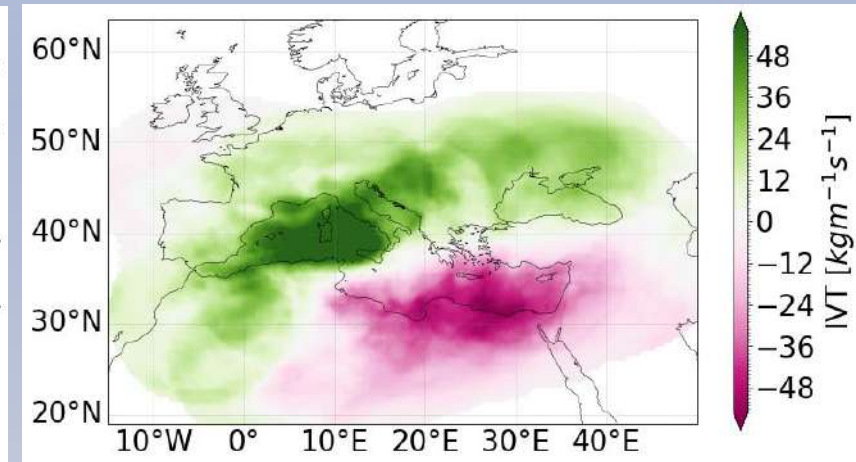
PV: CB – CNB



Precipitation: CB – CNB



IVT: CB – CNB



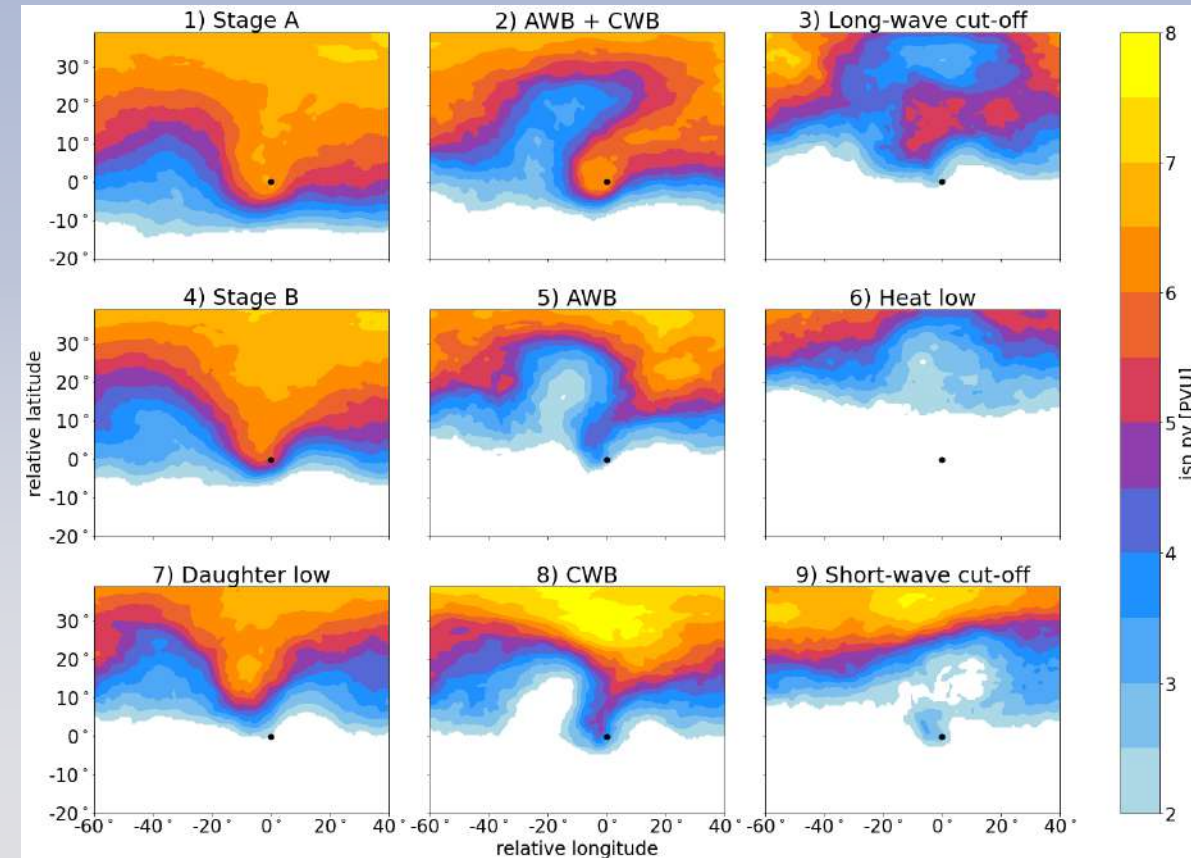
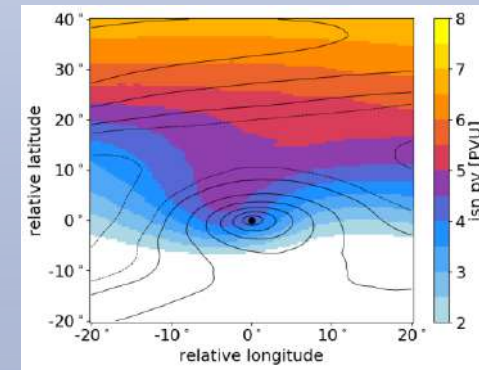
Distribution of moisture transport aligns with the distribution of precipitation

# MC Classification

- Classified 3190 cyclones into different clusters with distinct PV characteristics using a SOM algorithm [Givon et al., 2024]

1. Stage A Lee Cyclogenesis
2. Anti-cyclonic & cyclonic wave breaking (AWB + CWB)
3. Long-wave cut-off
4. Stage B Lee Cyclogenesis
5. Anti-cyclonic wave breaking (AWB)
6. Heat low (Sharav low)
7. Daughter cyclones
8. Cyclonic wave breaking (CWB)
9. Short-wave cut-off

Shading: Isentropic PV (320-340K)  
Lines: MSLP



This classification improves our understanding of MC predictability

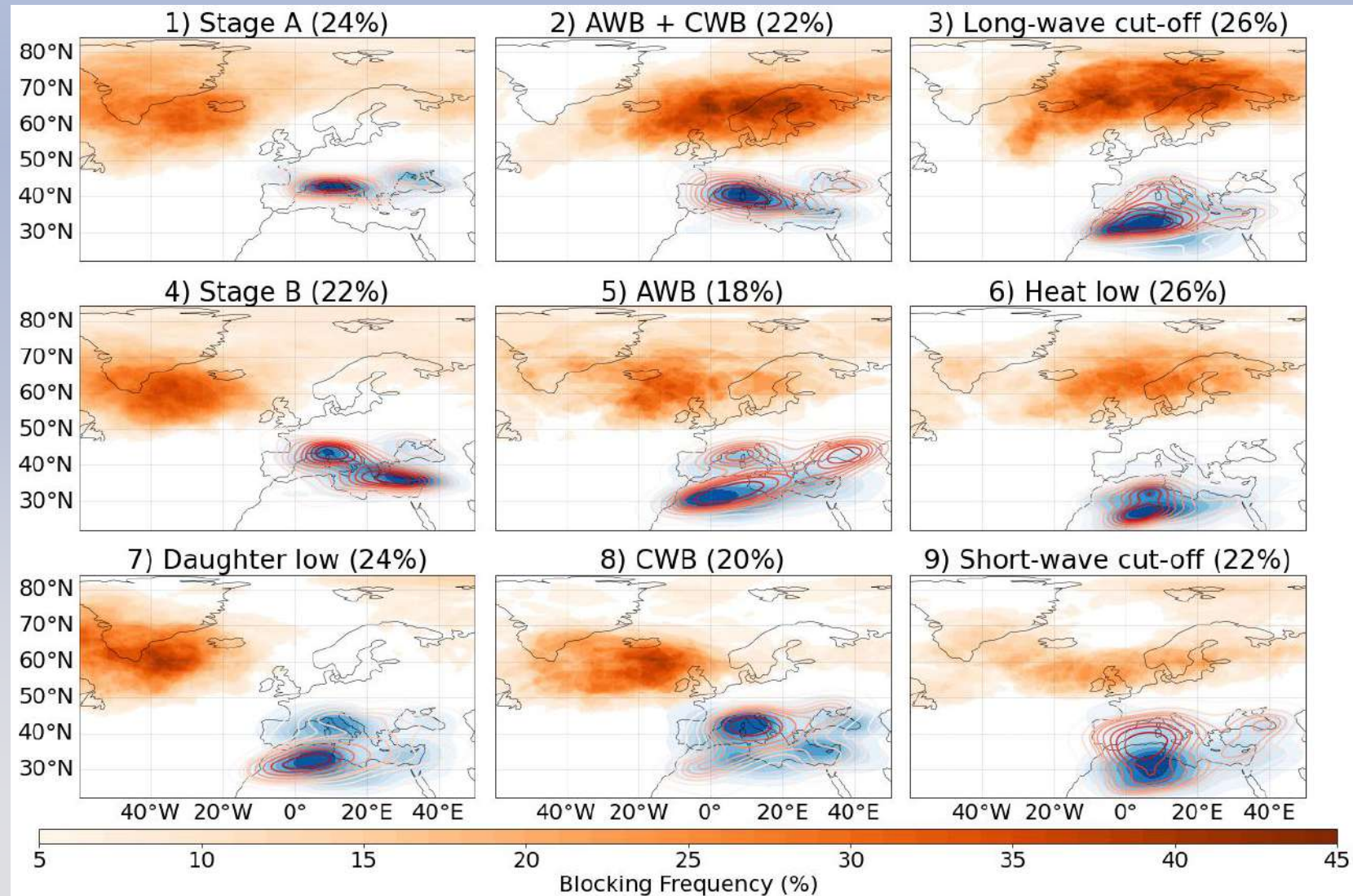
# Geographical distribution per cluster

Blocking frequency for CB

Density of cyclone peak location for CB

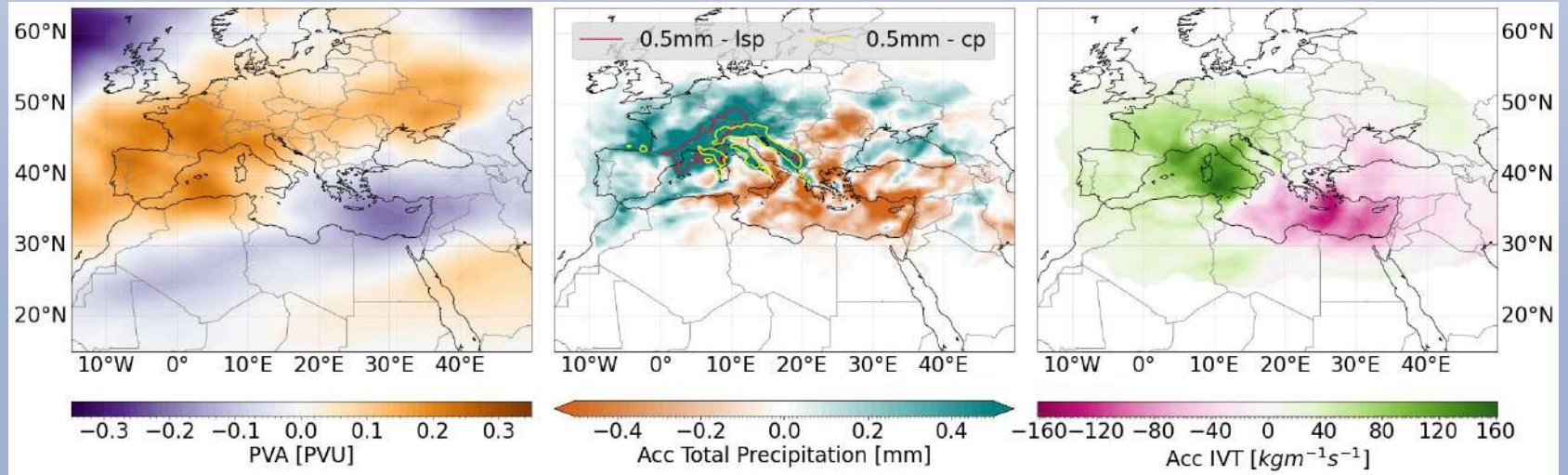
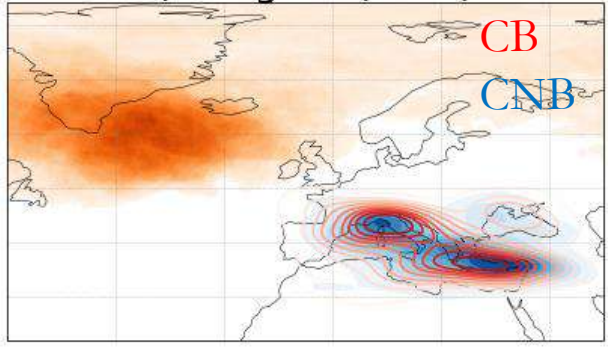
Density of cyclone peak location for CNB

- 18-26% of MCs develop downstream of atmospheric block events
- The location of blocks varies geographically
- The location of peak intensity under CB can differ compared to CNB

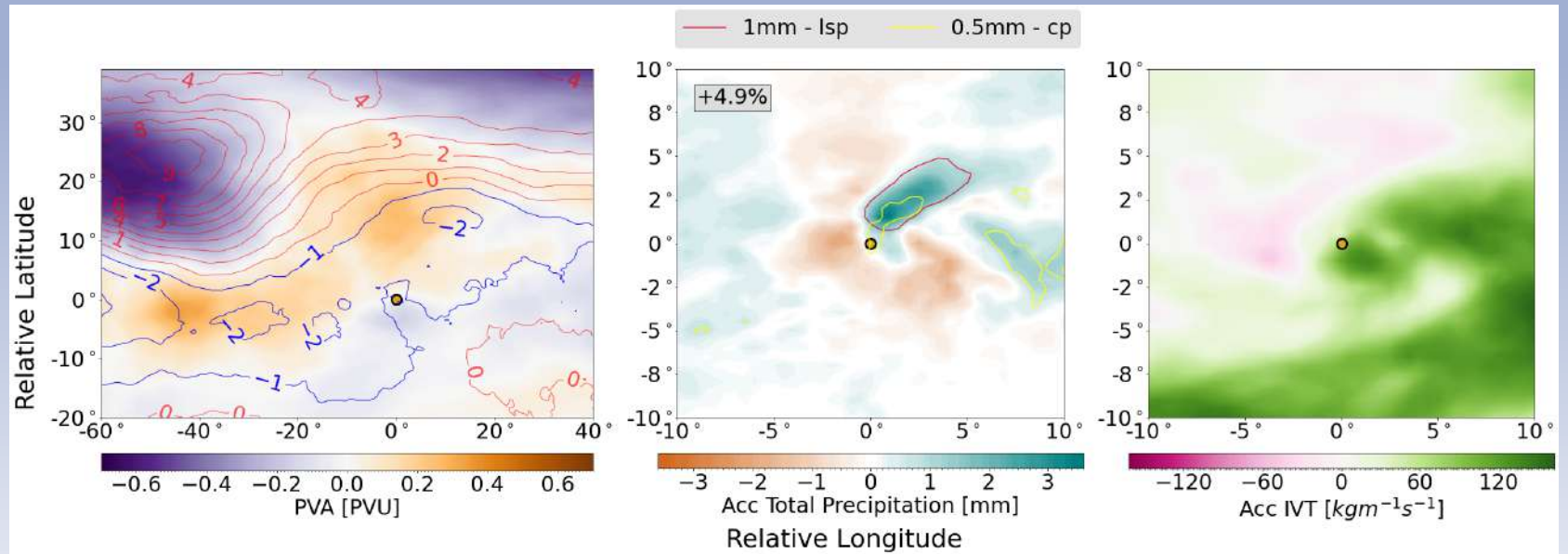


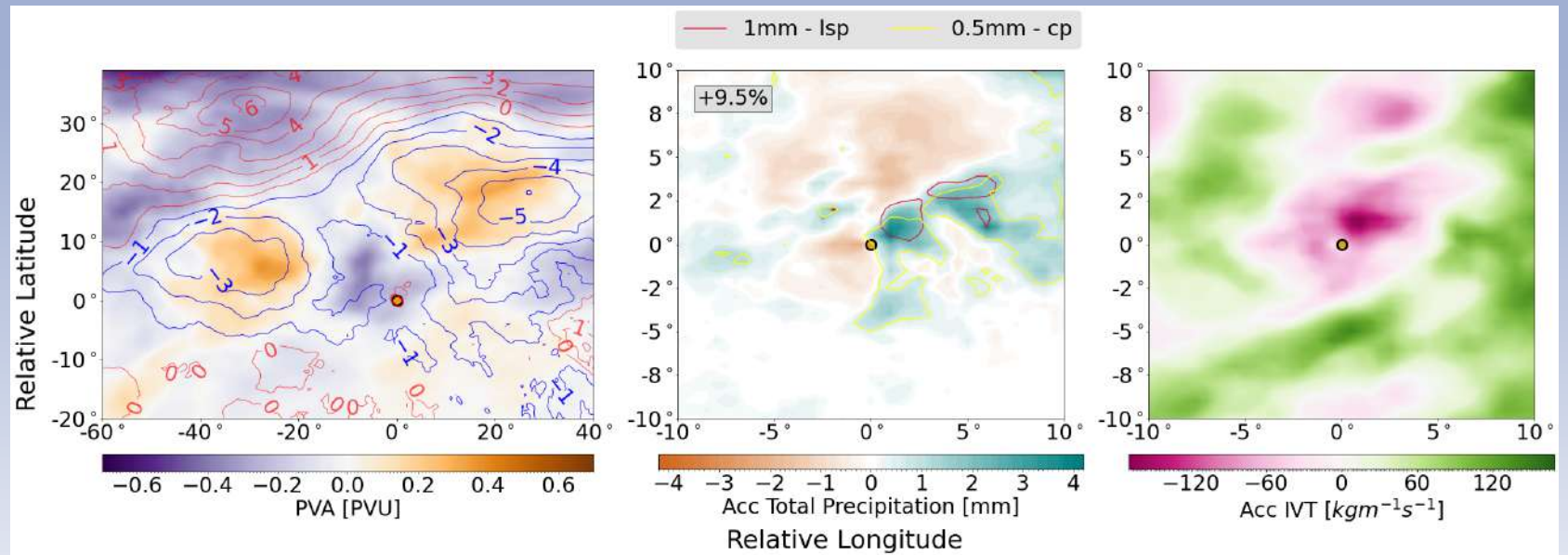
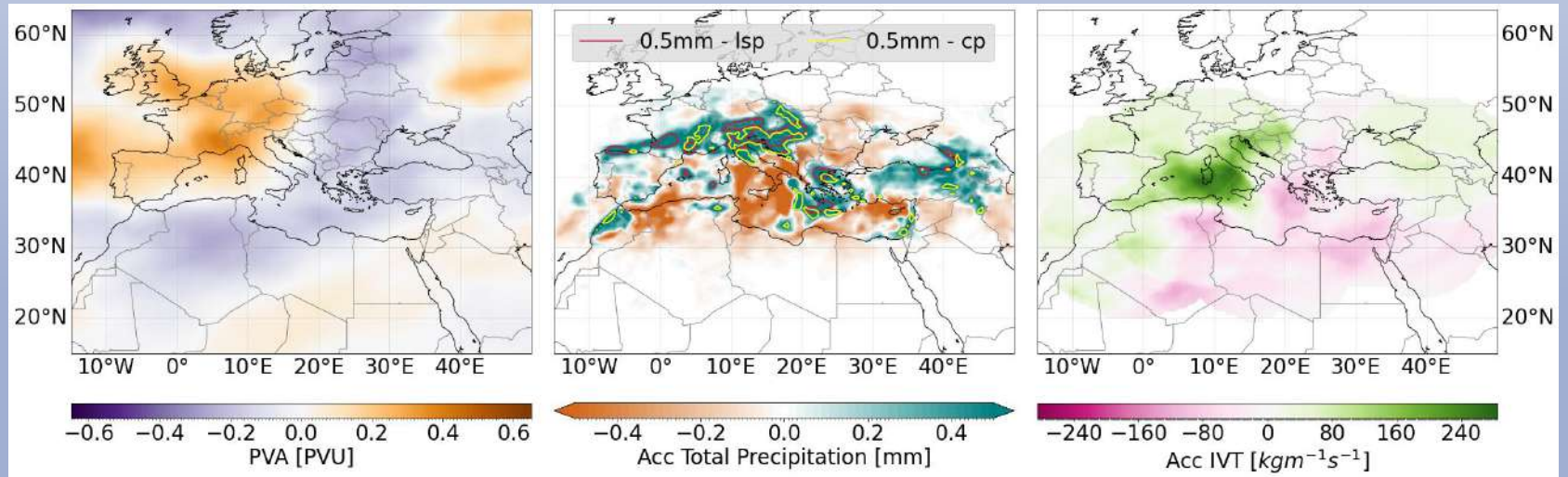
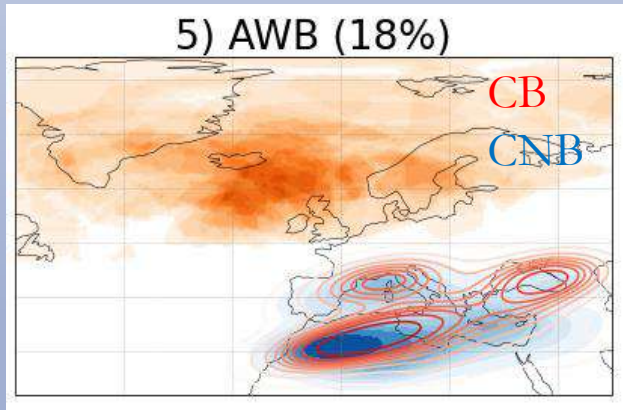
Large variability between different groups of MCs

#### 4) Stage B (22%)



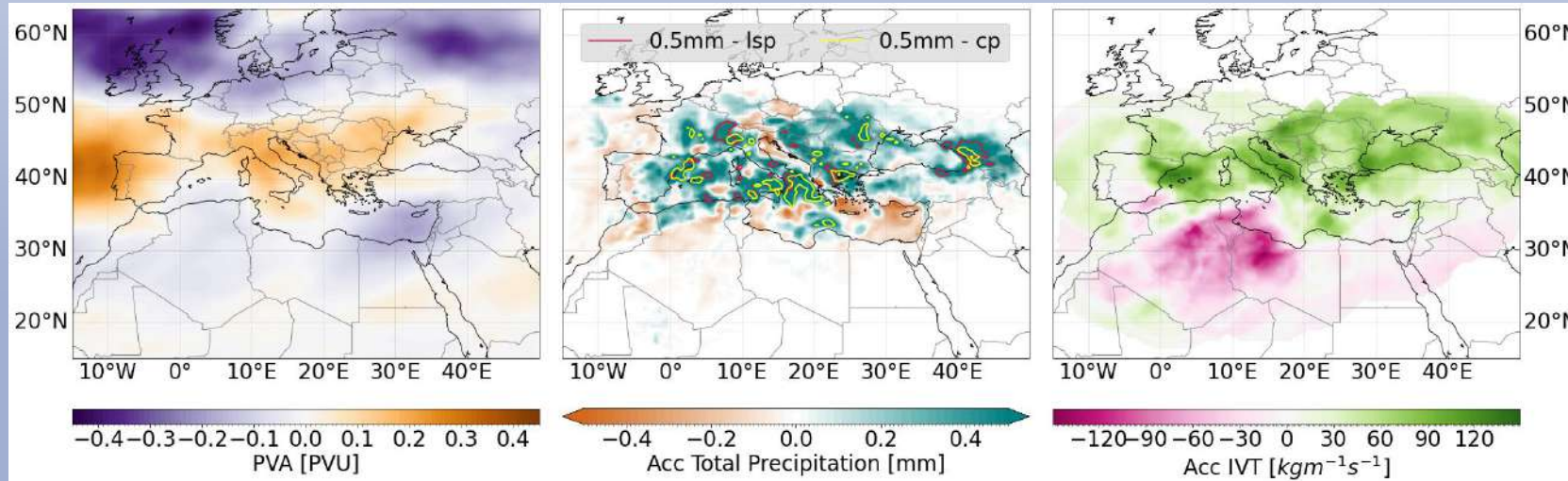
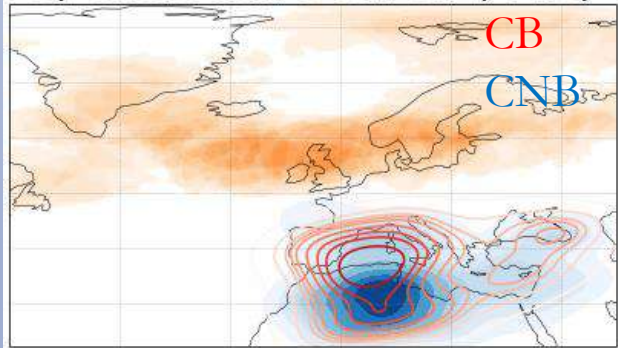
1. North Atlantic blocking
2. Similarity to overall means
3. Increased precipitation
4. More moisture in lower part of domain



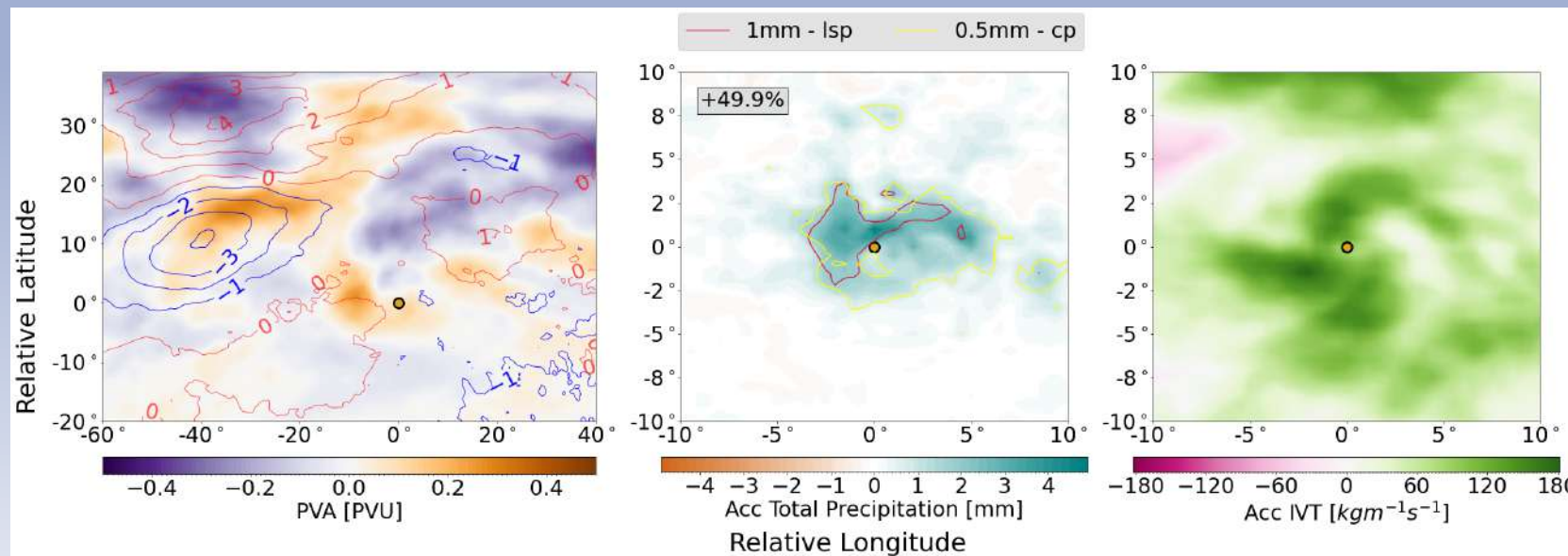


1. N. Atlantic/Scandinavian blocking
2. Increased precipitation at the eastern part of the domain
3. Long-range moisture transport

### 9) Short-wave cut-off (22%)



1. N. Atlantic/Scandinavian blocking (weak frequencies)
2. Increased sporadic/convective precipitation
3. 50% more precipitation in the domain

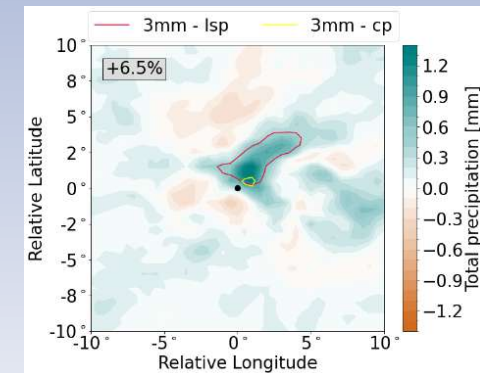
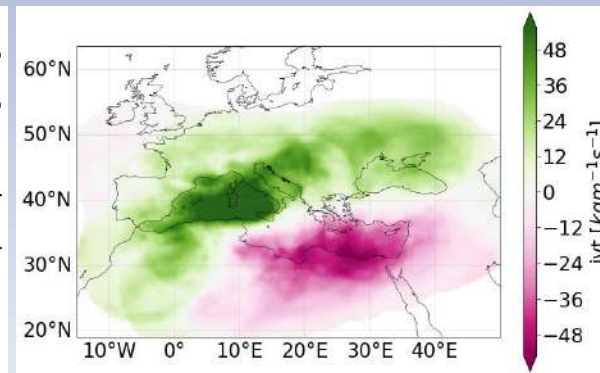
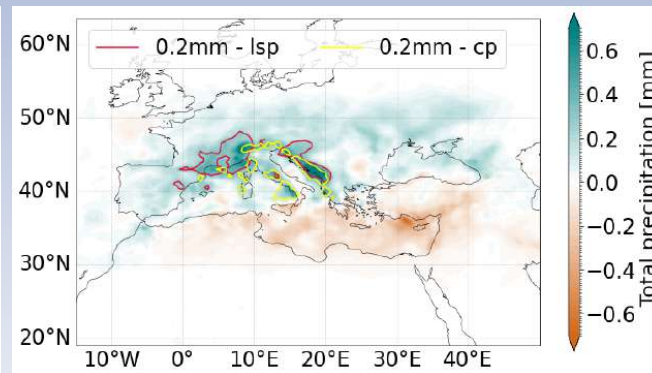
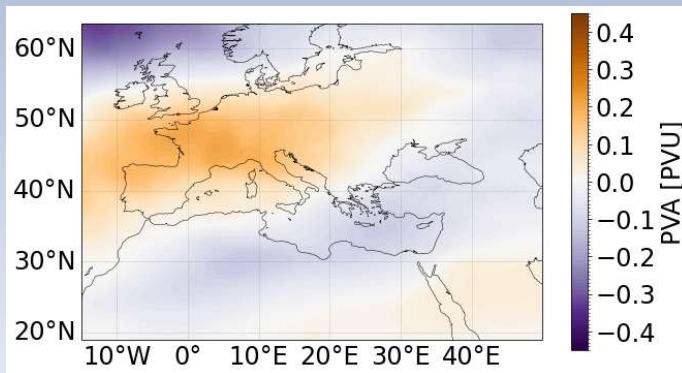
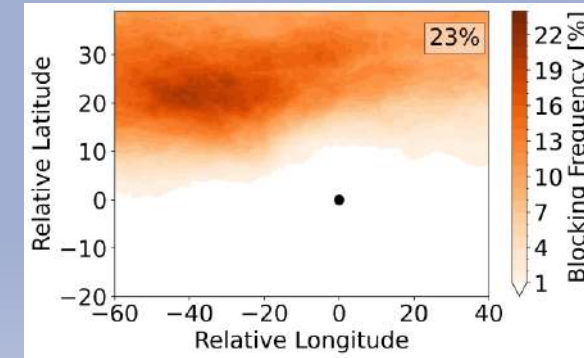
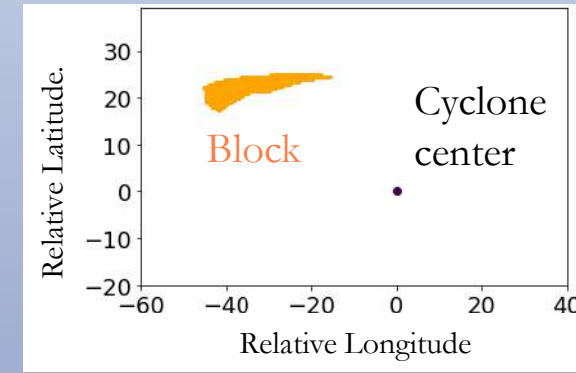


# Summary

Systematic investigation of MC development downstream of Euro-Atlantic blocks and impact on cyclone-attributed precipitation.

MCs under blocking conditions (23%):

- Deeper cyclones ( $\sim 1\text{hPa}$ )
- Increased precipitation around peak time
- Clear split between wetter northwest and drier southeast Mediterranean
- Relationship between PV, precipitation and moisture transport varies by cluster



Important information on predictability

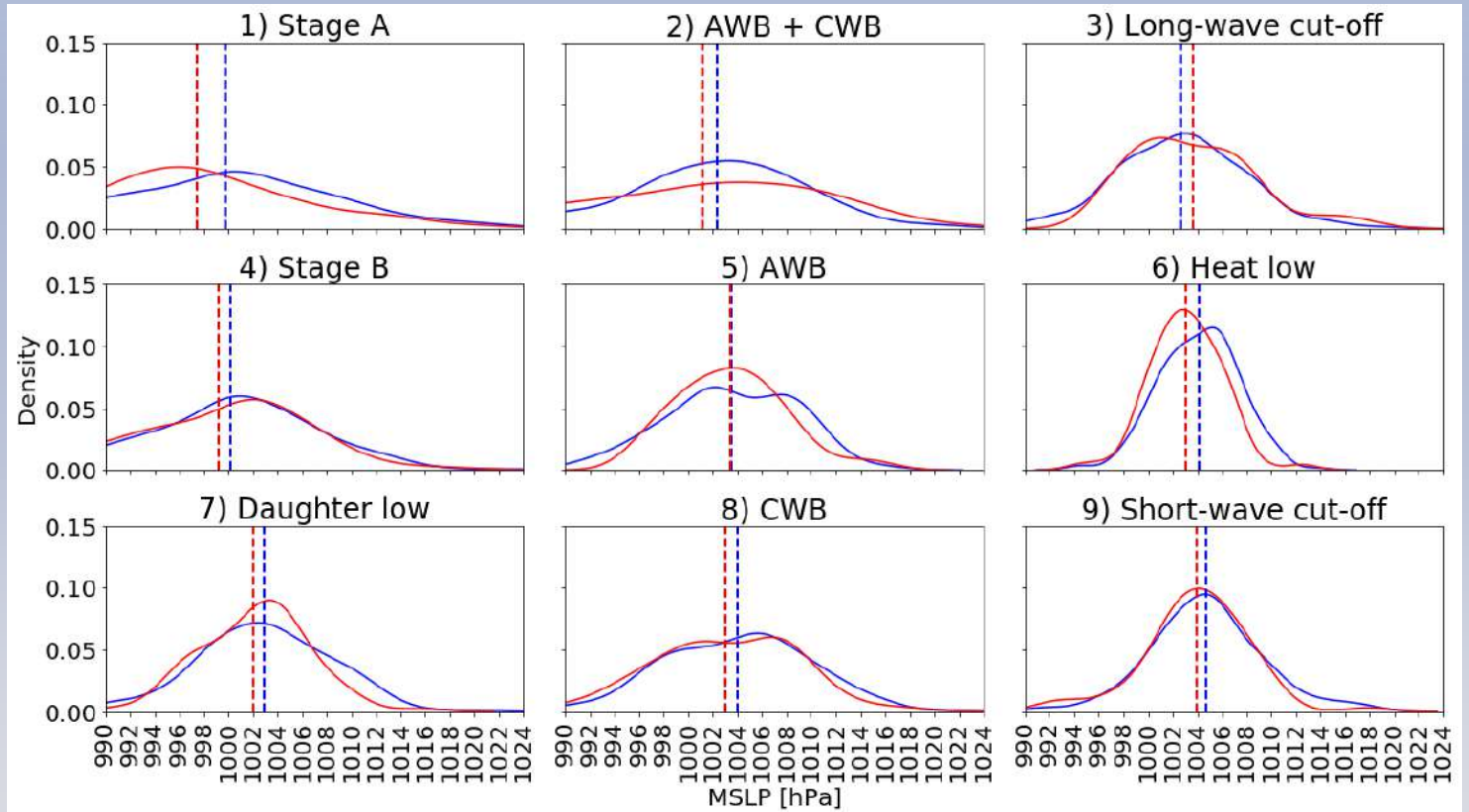
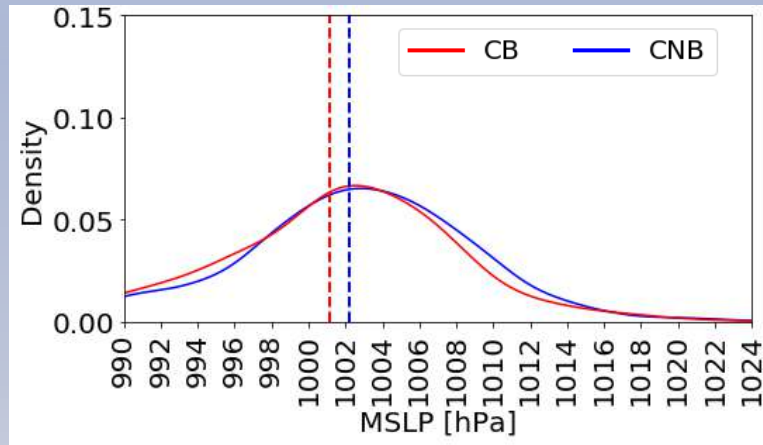




# References

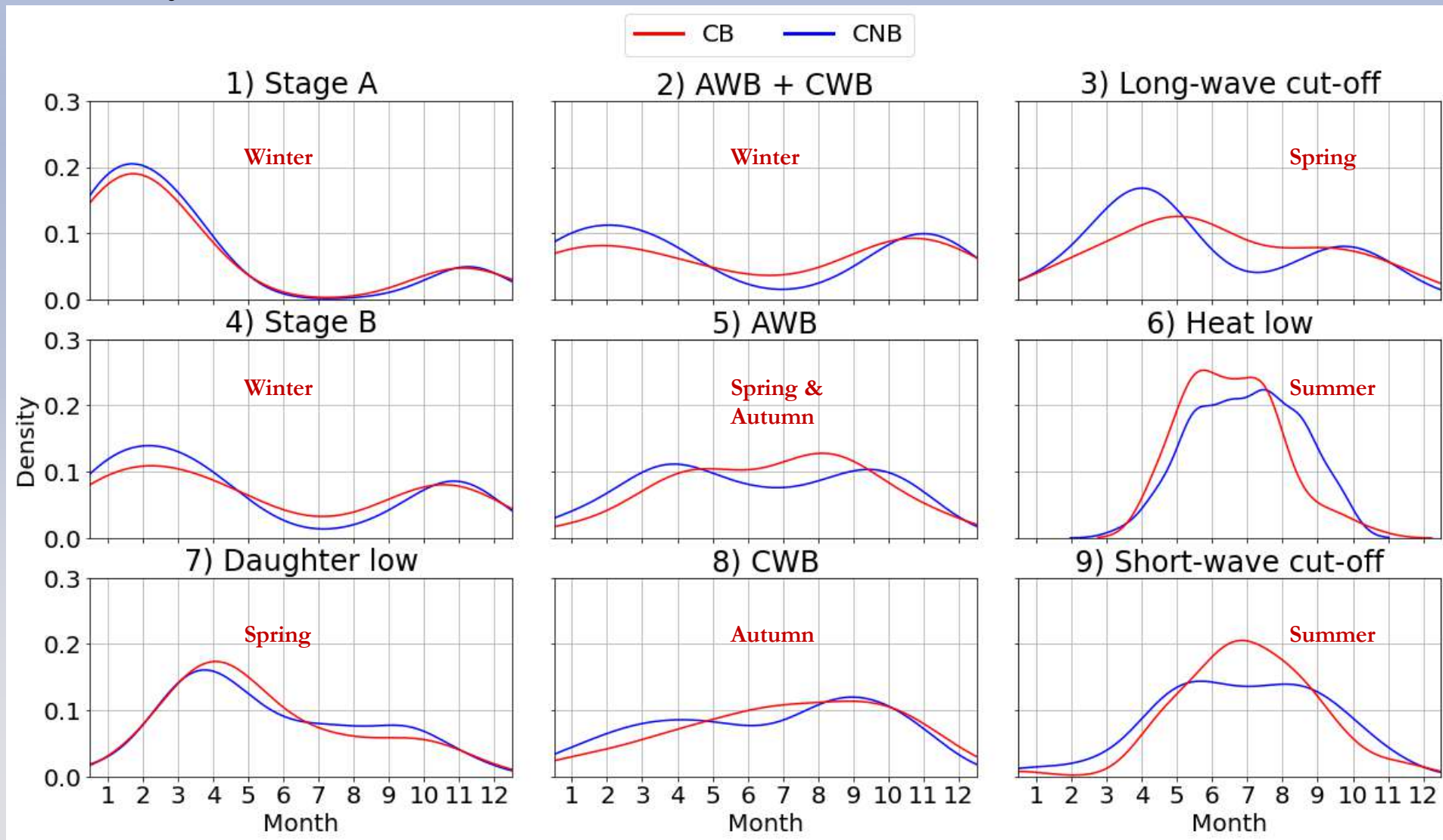
- Raveh-Rubin, S. and Flaounas, E. (2017), A dynamical link between deep Atlantic extratropical cyclones and intense Mediterranean cyclones. *Atmos. Sci. Lett.*, 18: 215-221. <https://doi.org/10.1002/asl.745>
- Flaounas, E., Aragão, L., Bernini, L., Dafis, S., Doiteau, B., Flocas, H., Gray, S. L., Karwat, A., Kouroutzoglou, J., Lionello, P., Miglietta, M. M., Pantillon, F., Pasquero, C., Patlakas, P., Picornell, M. Á., Porcù, F., Priestley, M. D. K., Reale, M., Roberts, M. J., Saaroni, H., Sandler, D., Scoccimarro, E., Sprenger, M., and Ziv, B.: A composite approach to produce reference datasets for extratropical cyclone tracks: application to Mediterranean cyclones, *Weather Clim. Dynam.*, 4, 639–661, <https://doi.org/10.5194/wcd-4-639-2023>, 2023.
- Givon, Y., Hess, O., Flaounas, E., Catto, J. L., Sprenger, M., and Raveh-Rubin, S.: Process-based classification of Mediterranean cyclones using potential vorticity, *Weather Clim. Dynam.*, 5, 133–162, <https://doi.org/10.5194/wcd-5-133-2024>, 2024
- Schwierz, C., Croci-Maspoli, M., and Davies, H. C. (2004), Perspicacious indicators of atmospheric blocking, *Geophys. Res. Lett.*, 31, L06125, doi:[10.1029/2003GL019341](https://doi.org/10.1029/2003GL019341).
- Steinfeld, D., 2020: ConTrack - Contour Tracking. GitHub

# MSLP



Persistent blocking for 2 days prior peak → deeper cyclone

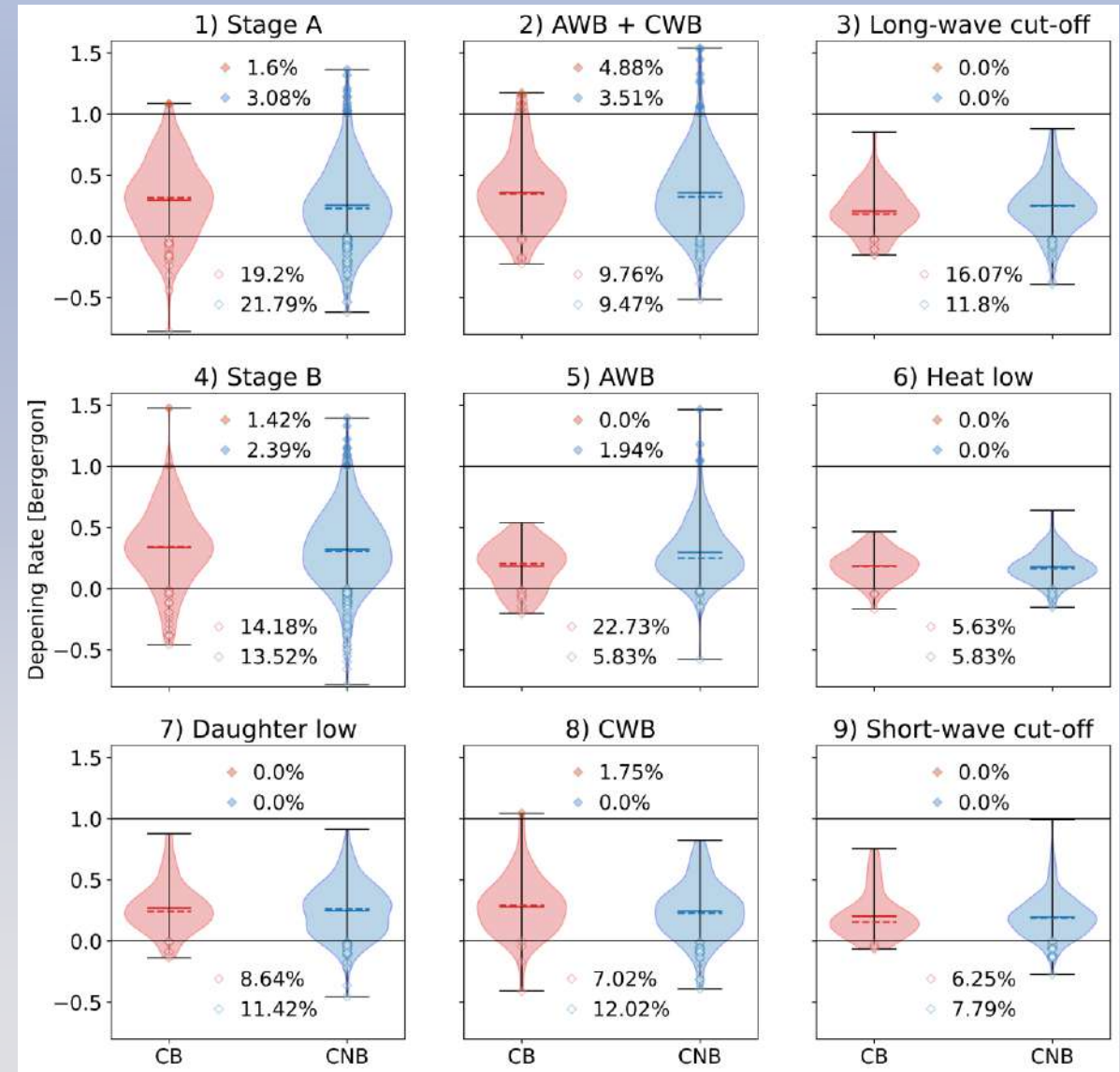
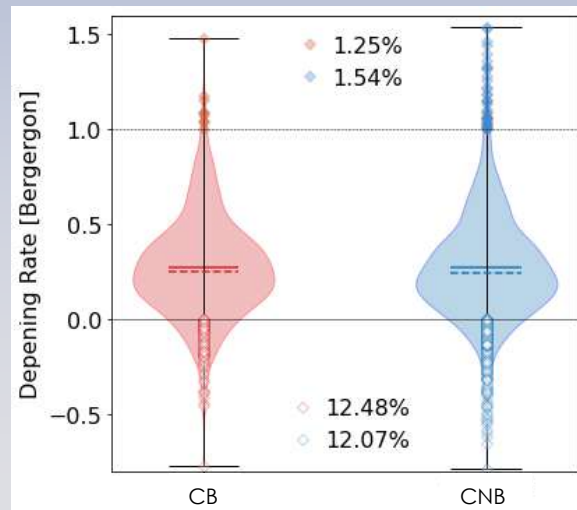
# Seasonality



# Cyclone Explosiveness

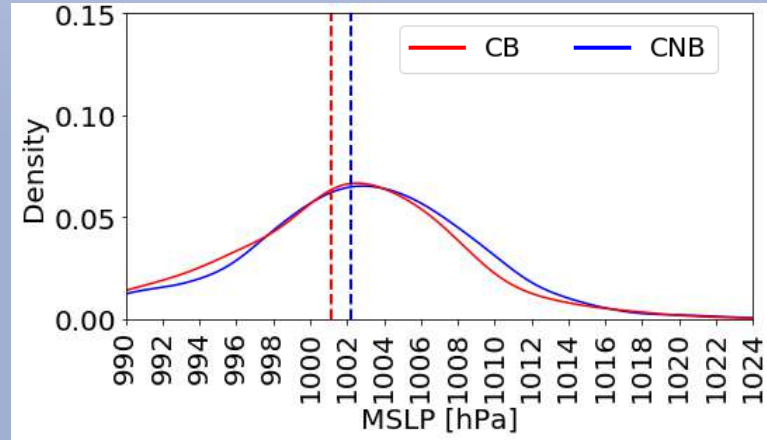
$$Bergeron = \frac{\sin 60 \text{ SLP}_{t-12} - \text{SLP}_{t+12}}{\sin \phi_t \cdot 24}$$

$Bergeron > 1 \Rightarrow$  explosive cyclone



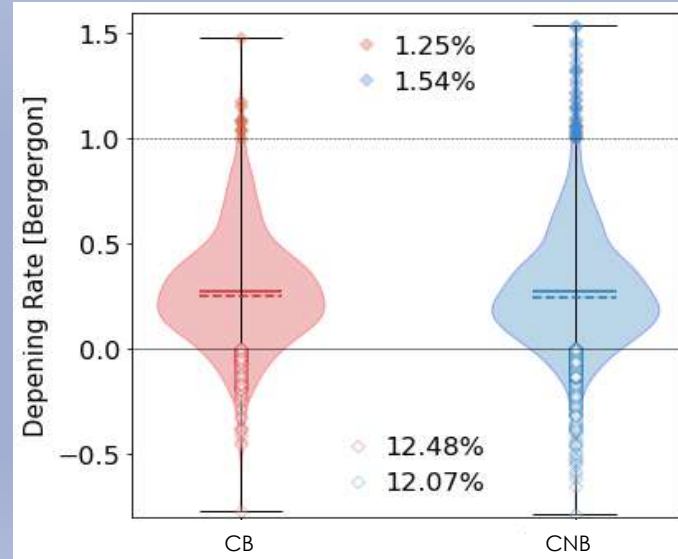
Persistent blocking for 2 days prior peak  $\rightarrow$  explosive cyclone

# Track characteristics



Persistent blocking → deeper cyclone

## Explosiveness

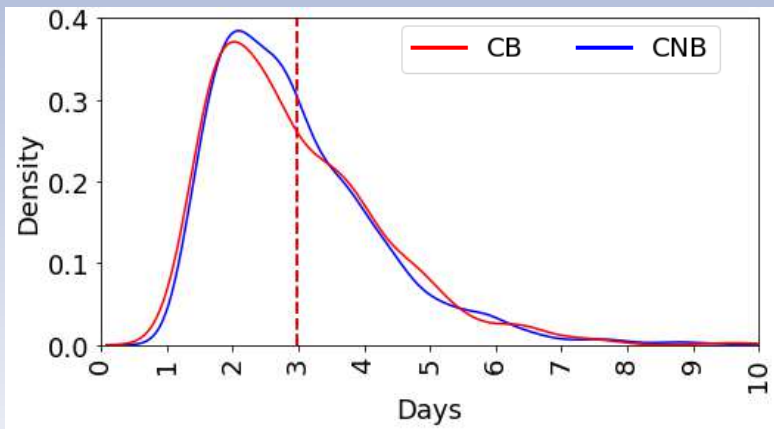


$$Bergeron = \frac{\sin 60}{\sin \varphi_t} \frac{SLP_{t-12} - SLP_{t+12}}{24}$$

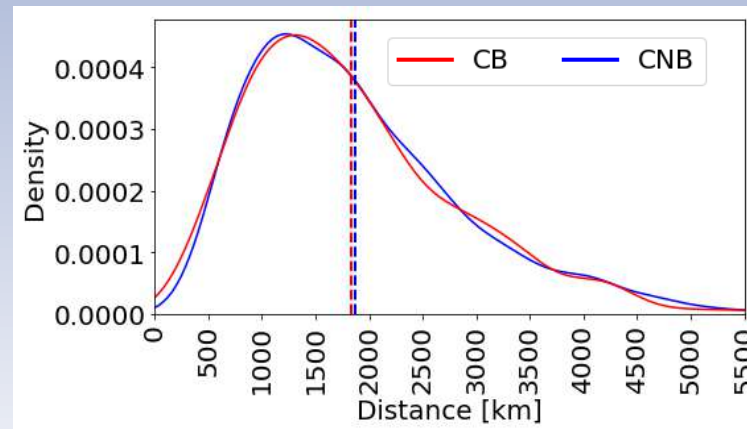
Bergeron > 1 ⇒ explosive cyclone

Deeper cyclone → explosive cyclone

## Lifetime



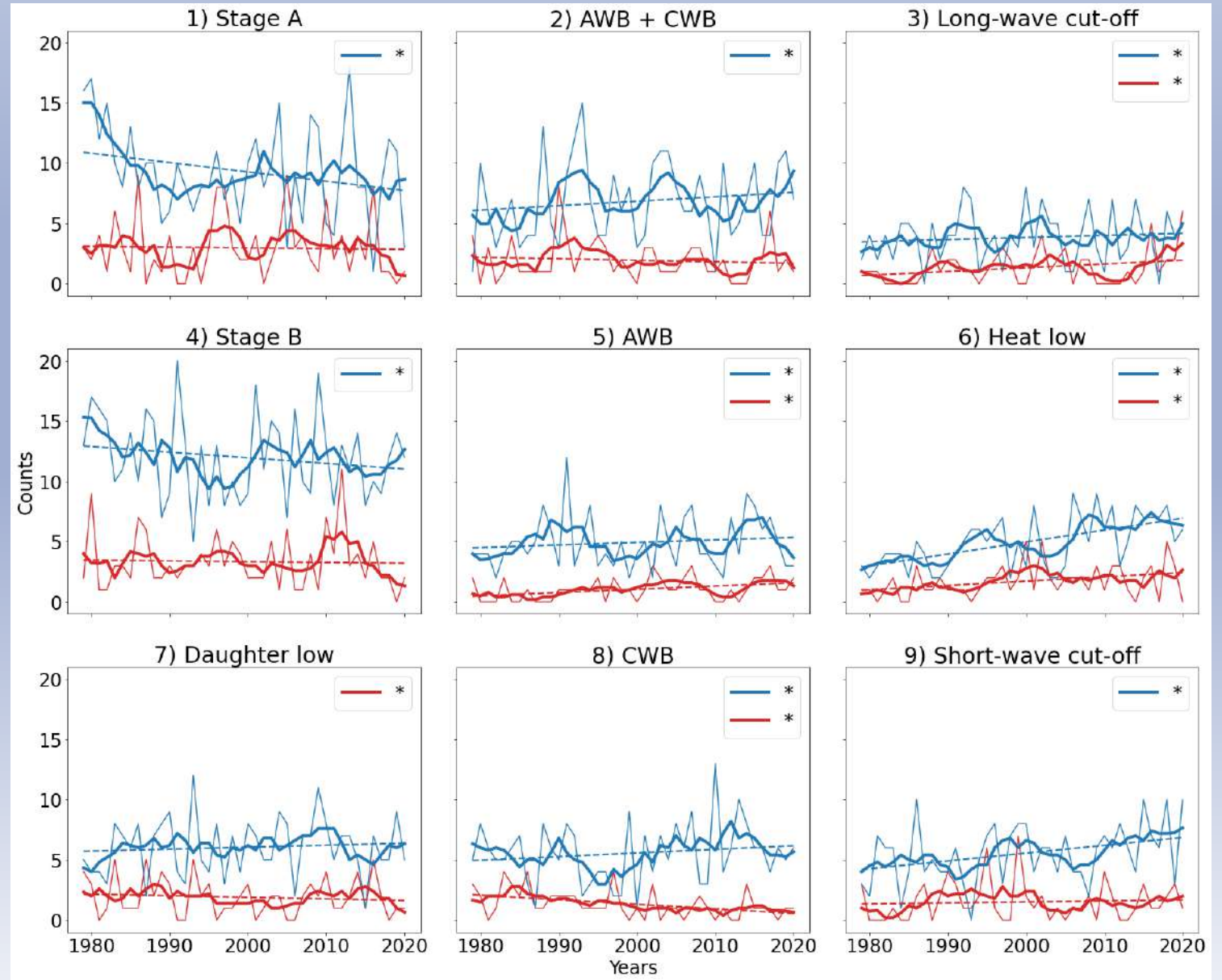
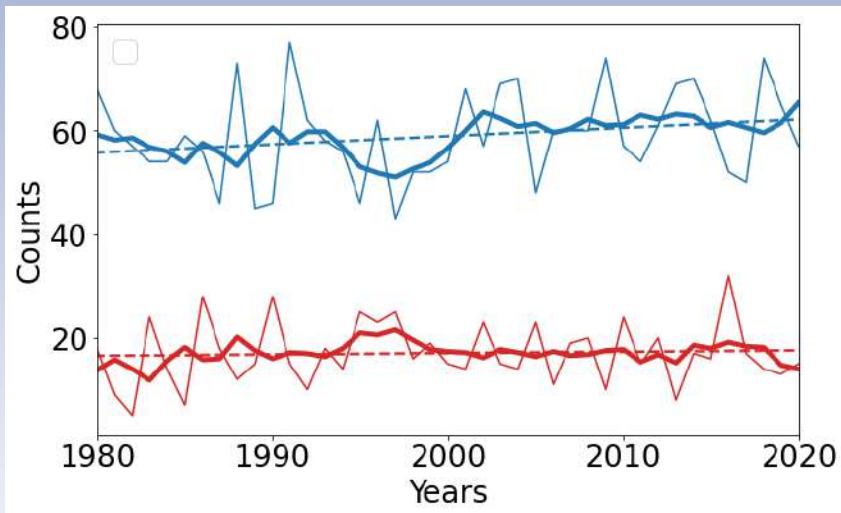
## Distance travelled



No major impact on lifetime and distance travelled

# Trends

- Annual counts of cyclones in each scenario
- Thick line: 5-yr running mean
- Dashed line: linear fit on running mean
- Significance at 90 confidence level is indicated with \*



# Medicanes

Date	ID	Name	CL	Block 2d	Block 1d	Block 18h	Block 15h	Block 12h	Block 9h	Block 6h	Block 3h
1982-01	274	Leucosia	2	No	No	No	No	No	No	No	No
1983-09	409	Callisto	9	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
1995-01	1410	Celeno	2	No	No	No	No	Yes	Yes	Yes	Yes
1996-10	1580	Cornelia	5	No	No	No	No	No	No	No	No
2005-12	2409	Zeo	2	No	No	No	No	No	No	No	No
2006-09	2489	Maria	9	No	No	No	No	No	No	No	No
2011-11	2966	Rolf	4	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
2014-01	3164	Ilona	4	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
2014-11	3243	Qendresa	5	No	No	No	No	No	No	No	No
2017-11	3514	Numa	4	No	No	No	No	No	No	No	No
2018-09	3601	Zorbas	9	No	No	No	No	No	No	No	No
2020-09	3777	Ianos	6	No	No	No	No	No?	No?	No?	No?
2023-09	?	Daniel	?	?	?	?	?	?	?	?	?

