

IN COLLABORATION WITH



CHAPTER OF ENDOCRINOLOGISTS
COLLEGE OF PHYSICIANS, SINGAPORE



Malaysian Endocrine
& Metabolic Society



ASIA
DAR
INTERNATIONAL ALLIANCE
CONFERENCE 2024

20 - 21 JAN
VIRTUAL 2024





DAY **ENZO**

Day 1, Saturday, 20th of January 2024

Kuala Lumpur Time (GMT+8)

14:00-14:15 Opening **Mohamed Hassanein, Peter Schwarz, Nurain Mohd Noor**

14:15-15:30 Session 1: Pre-Ramadan Management in Digital Era **Moderator: Nurain Mohd Noor, Malaysia**

15 Mins	Ramadan Education - Current Status	Sueziani Zainudin	Singapore
15 Mins	Nutrition Education in digital Era	Barakatun Nisak	Malaysia
15 Mins	Ramadan Education and Digital Technology	Debie Wake	UK
15 Mins	Digital Intervention of DM and Fasting Practices	Alice Yong	Brunei
15 Mins	Panel Discussion		

15:30-16:30 Session 2: Glucose Monitoring in Ramadan **Moderator: Humairah Hamed, Singapore**
Barakatun Nisak, Malaysia

15 Mins	BG monitoring in Ramadan, how frequent should we check?	Rulli Rosandi	Indonesia
15 Mins	Reality Check: BG monitoring in T1 vs T2 vs High-Risk Group	Shehla Sheikh	India
15 Mins	CGM position in Ramadan	Luqman Ibrahim	Malaysia
15 Mins	Panel Discussion		

16:30-18:00 Session 3: Therapy in T2D in Ramadan – New Studies **Moderators: Lina Chong, Brunei**
Fatimah Eliana, Indonesia

15 Mins	Multiple Oral Therapy	Inass Shaltout	Egypt
15 Mins	GLP1RA & Basal Insulin New Study	Zanariah Hussein	Malaysia
15 Mins	Mix Insulin and Safety of fasting in Ramadan	Yung Chee Kwang	Brunei
15 Mins	SGLT2I and Safety in Ramadan	Goh Kian Guan	Malaysia
15 Mins	Oral Sema study	Mohamed Hassanein	UAE-Egypt
15 Mins	Panel Discussion		

18.00 -18.30 Symposium 1

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18:30-19:00		Session 4: State of the Art	Moderator: Shashank Joshi, India Mohamed Hassanein, Egypt/ UAE	
15 Min	Unlocking the hidden secrets of non-Ramadan fasting	Abdul Jabbar	UAE-Pakistan	
15 Min	Non-Religious Fasting and Health	Peter Schwarz	Germany	
19:00-20:30		Session 5: Fasting Ramadan & The Kidney	Moderators: Rajeev Chawla, India Bachar Afandi, Syria/UAE	
15 Mins	Is Microalbuminuria a fasting risk	Alaa Bashier	UAE – Sudan	
15 Mins	Fasting and diabetic kidney disease	Yakoob Ahmadani	Pakistan	
15 Mins	CKD and fasting including transplant	Rosnawati Yahya	Malaysia	
25 Mins	New CKD & Ramadan Consensus Recommendations	Yousef Boobes	UAE-Syria	
20 Mins	Panel Discussion			
20:30-20:45		Summary of Day 1 & Close	Ashna Nastar	Singapore





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DAY **TWO**

Day 2, Sunday 21st of January 2024

Kuala Lumpur Time (GMT+8)

11:00-12:30 Session 6: T1D and Ramadan Fasting, the present and the future **Moderators:** Muhammad Yazid Jalaludin, Malaysia
Faruque Pathan, Bangladesh

15 Mins	T1D and conventional therapy in Ramadan	Ester Yeoh	Singapore
15 Mins	Does Technology Reduce risk of fasting in T1D?	Nancy Elbarbary	Egypt
15 Mins	Timing of Suhoor and safety of fasting study	Mazin Almaghrabi	Saudi Arabia
15 Mins	Can insulin pump technology help exercise in Ramadan	Vijiya Mala Valayutham	Malaysia
15 Mins	Expert opinion on Closed loop pump in Ramadan fasting	Mohamed ALSufyani	Saudi Arabia
15 Mins	Panel Discussion		

12:30-14:00 Session 7: Risk Calculation in Ramadan **Moderators:** Md Fariduddin, Bangladesh
Marwan Obaid, Australia

15 Min	Safety of Ramadan fasting in pregnant women with diabetes?	Imelda Balchin	Malaysia
15 Mins	Neuropathy and Diabetic Foot disease; are they a risk for fasting?	Rayaz Malik	Qatar-UK
15 Mins	Does Retinopathy impact on safety of fasting?	Alaa Attawan	UAE – Syria
15 Mins	Fasting and Brain health Study	Wasay Mohammad	Pakistan
15 Mins	The Future of DaR Risk Calculation	Bachar Afandi	UAE-Syria
15 Mins	Panel Discussion		

14:00-14:30 Symposium 2

14:30-15:30 Session 8: Diabetes and Ramadan – Role of Diabetes Educators, Pharmacists and Societies **Moderators:** Aslena Binte Hussain, Singapore
Navin Kumar, Malaysia

15 Mins	Role of Diabetes Educator	Nurul Huda Binti Mah Hussin	Malaysia
15 Mins	Role of Pharmacist	Lum Zheng Kang	Singapore
15 Mins	Role of Medical Societies	Mohamed Mohazmi	Malaysia
15 Mins	Panel Discussion		

**15:30-17:00 Session 9: CVD Risks and Diabetes in Ramadan Moderators: Jerome R Barrera, Philippines
Zanariah Hussein, Malaysia**

15 Mins	Hypertension and fasting	Abdul Rashid Abdul Rahman	Malaysia
15 Mins	Lipids and fasting	Moez Faris	UAE-Jordan
15 Mins	Weight loss in Ramadan, fiction or reality?	Osama Hamdy	USA
15 Mins	Smoking and Ramadan, a challenge or an opportunity?	Nor Aryana Hassan	Malaysia
15 Mins	Fasting, Diabetes and CVD, what have we learned from recent studies?	Ines Khochtali	Tunisia
15 Mins	Heart Failure and fasting	Hani Sabbour	UAE -Egypt
15 Mins	Panel Discussion		UAE -Sudan

17:00-17:30 Summary of Day 2 & Close Tong Chin Voon Malaysia

