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INTERNATIONAL ALLIANCE  
CONFERENCE 2024

12 - 13 JAN  
VIRTUAL 2024



DAY LE  
NO

**Day 1 Friday 12th January 2024**

**UAE Time (GMT+4)**

**15:00 – 15:15 Opening** Mohamed Hassanein - Andrew Boulton  
Peter Schwarz

**15:15 – 16:35 Session 1: Pre-Ramadan Management in Digital Era** **Moderators:** Dalal Alromaihy, Bahrain  
Thamer Alessa, Kuwait

10 Mins	Ramadan Education - Current Status	Sueziani Bint Zainuldin	Singapore
10 Mins	Nutrition Education in Digital Era	Salama Mehar	UK
10 Mins	Ramadan Education and Digital Technology	Debie Wake	UK
10 Mins	BG monitoring in Ramadan, how frequent should we check?	Rachid Malik	Algeria
10 Mins	Reality Check: BG monitoring in T1 vs T2 vs High Risk Group	Shehla Sheikh	India
10 Mins	CGM position in Ramadan	Walid Kablan	UAE
20 Mins	Panel Discussion		

**16:35 – 16:50 CGM Utility in Diabetes Management** **By:** Walid Kaplan, UAE  
**Sponsored By:** Abbott

**16:50 – 17:15 Type-2 Diabetes Patient Centered Approach with GLP-1 RAs in Ramadan** **By:** Jalal Nafach, UAE  
**Sponsored By:** Novo Nordisk

**17:15 – 18:45 Session 2: Therapy in T2D in Ramadan New Studies** **Moderators:** Tarek Elhad, Sudan / Qatar  
Juma Alkaabi, UAE

15 Mins	Oral Sema study	Mohamed Hassanein	Egypt / UAE
15 Mins	Multiple oral therapy	Inass Shaltot	Egypt
15 Mins	SGLT2I in Ramadan	Alamin Abdelgadir	Sudan/UAE
15 Mins	Basal Insulin New Study	Zanariah Hussain	Malaysia
15 Mins	Mix Insulin and Safety of fasting in Ramadan	Khadija Hafidh	Tanzania / UAE
15 Mins	Panel Discussion		

**18:45 – 19:10 Safety and effectiveness of basal insulin-based therapies during Ramadan fast** **By:** Mohamed Hassanein, Egypt / UAE  
**Sponsored By:** Sanofi

**19:10 – 19:40 Session 3: State of the Art Lectures**

**Moderators:** Jamal Belkhadir, Morocco  
Riad Bayoumy, UAE

**15 Min**      Unlocking the hidden secrets of non-Ramadan fasting      Abduljabbar      Pakistan-UAE

**15 Min**      Non-Religious Fasting and Health      Peter Schwarz      Germany

**19:40 – 21:10 Session 4: Fasting Ramadan & The Kidney**

**Moderators:** Bachar Afandi, Syria / UAE  
Ali Almaamari, Oman

**15 Mins**      Is Microalbuminuria a fasting risk      Alaa Bashier      Sudan / UAE

**15 Mins**      Fasting and diabetic kidney disease      Yakoob Ahmadani      Pakistan

**15 Mins**      CKD and fasting including transplant      Ahmad Tarakji      Canada

**25 Mins**      New CKD & Ramadan Consensus Recommendations      Yousef Boobes      Syria / UAE

**20 Mins**      Panel Discussion

**21:10 – 21:25 Summary of Day 1 & Close**

**Samy Kanz, Libya / UAE**





DAY TWO

**Day 2 Saturday 13th January 2024**

**UAE Time (GMT+4)**

**12:00 – 13:30 Session 5: T1D and Ramadan Fasting, The present and the future** **Moderators:** Amir Babiker Saudi Arabia / UK  
Abdelrazzaq Madani, UAE

<b>15 Mins</b>	T1D and conventional therapy in Ramadan	Reem Alamoudi	Saudi Arabia
<b>15 Mins</b>	Does Technology Reduce risk of fasting in T1D?	Nancy Elbarbary	Egypt
<b>15 Mins</b>	Timing of Suhoor and safety of fasting study	Mazin Almaghrabi	Saudi Arabia
<b>15 Mins</b>	Can insulin pump technology help exercise in Ramadan	Khaled Baagar	Qatar
<b>15 Mins</b>	Expert opinion on Closed loop pump in Ramadan fasting Panel Discussion	Mohammed AlSufyani	Saudi Arabia

**13:30 – 13:55 NEW DIA-RAMADAN subanalysis: Gliclazide MR+ SGLT2-is effectiveness and safety** **Sponsored By:** Servier  
**By:** Thamer Alessa, Kuwait

**13:55 – 15:25 Session 6: Risk Calculation in Ramadan** **Moderated By:** Khaled Dahmani, UAE  
Yousef Saleh, Saudi Arabia

<b>15 Mins</b>	Iraq study	Sameh Abed	Iraq
<b>15 Mins</b>	Neuropathy and Diabetic Foot disease; are they a risk for fasting?	Rayaz Malek	Qatar/UK
<b>15 Mins</b>	Does Retinopathy impact on safety of fasting?	Alaa Attawan	UK/UAE
<b>15 Mins</b>	Fasting and Brain health Study	Wasay Mohammad	Pakistan
<b>15 Mins</b>	The Future of DaR Risk Calculation	Bachar Afandi	Syria/UAE
<b>15 Mins</b>	Panel Discussion		

**15:25 – 15:50 Rise Above Your Typical Results for patients with Type 2 Diabetes** **Sponsored By:** Lilly  
**By:** Mohamed Farghaly, UAE

**15:50 – 16:10 Role of Empagliflozin for CRM patients** **Sponsored By:** Boehringer Ingelheim  
**By:** Elamin Ibrahim, UAE

**16:10 – 17:55 Session 7: CVD Risks and Diabetes in Ramadan**

**Moderator:** Wael Almahameed, UAE  
Fatheya Alawadi, UAE

<b>15 Mins</b>	Hypertension and fasting	Mohamed Hassanein	Egypt / UAE
<b>15 Mins</b>	Effect of Fasting on Lipid Profile and Cardiometabolic Markers in Patient with Diabetes	MoezAllslam Faris	Jordan / UAE
<b>15 Mins</b>	Weight loss in Ramadan, fiction or reality?	Osama Hamdy	Egypt / USA
<b>15 Mins</b>	Smoking and Ramadan, a challenge or an opportunity?	Nazeer A Mohamed	South Africa
<b>15 Mins</b>	Fasting, Diabetes and CVD, what have we learned from recent studies?	Ines Khochtali	Tunisia
<b>15 Mins</b>	Heart Failure and fasting	Hani Sabbour	Egypt / UAE
<b>15 Mins</b>	Panel Discussion		

**17:55 – 18:05 Summary of Day 2 & Close**

**Salem Beshaya, Libya / UAE**

