



EDUCATIONAL FORMAT

Lectures

Panel Discussions

Workshops

- Group discussions and debates Case discussions; experts in hot seat

PRELIMINARY PROGRAM

DAY 1 - MAIN ROOM

COMMON SESSION TO ALL

OPENING CEREMONY - STARTS AT 8 AM

DR. SAUD ALTURKI - MESSAGE FROM THE CHAIR HCPC PROF. AYMAN ABDO SECRETARY GENERAL, THE SAUDI COMMISSION FOR HEALTH SPECIALTIES

SESSION 1

MEETING THE 2030 SUPPLY AND DEMAND IN KSA / SPONSORED BY SCFHS

Session 1

Meeting the 2030 Supply and Demand in KSA / Sponsored by SCFHS Chair: **Dr. Ziad Nakshabandi** | Co-Chair: **Dr. Sami Alsolamy** | Moderator: **Dr. Hassan Mashbari**

| 8:35 - 8:40 | INTRODUCTION OF THE TRACK | Dr. Ziad Nashkabandi |
|---------------|---|--|
| 8:40 - 8:55 | Keynote speech: How the SCFHS's strategy addresses the future career development of different specialties | Dr. Ziad Nashkabandi |
| 8:55 - 9:10 | Keynote speech: How does the 2030 Vision Realization reinforce our Health transformations | Dr. Khalid Alshaibany |
| 9:10 - 9:30 | Keynote speech: Do advances in technology threaten the health care profession's future? | Dr. Saud Alturki |
| 9:30 - 9:45 | Keynote speech: Career wish & reality; impact on my future | Dr. Nezar Bahabri |
| 9:45 - 9:55 | BREAK | |
| 9:55 - 10:10 | Towards a health demand oriented approach: The New Model of Care in KSA | Dr. Abdulrahman Alqahtani |
| 10:10 - 10:25 | The Workforce Dashboard: Added value for my career choice. | Eng. Khalid Alzahrani |
| 10:25 - 10:40 | Value based Healthcare: How will it affect the future Workforce? | Dr. Saadi Taher |
| 10:40 - 10:55 | Task shifting and sharing: How will it lead to to an efficient workforce | Dr. Ameera Cluntun |
| 10:55 - 11:05 | BREAK | |
| 11:05 - 11:25 | Panel Discussion | Dr. Ziad Nakshabandi Dr. Abdulrahman Alqahtani Eng. Khalid Alzahrani Dr. Saadi Taher Dr. Sami Alsolamy |
| 11:30 - 1300 | BREAK | |



SESSION 2

EDUCATION / SPONSOR KING ABDULAZIZ UNIVERSITY & KING SAUD UNIVERSITY

CHAIR: DR. WESAM ABUZNADAH | CO-CHAIR: DR. SAMI ALHAIDAR | MODERATOR: DR. AFNAN ALMASS

| 13:00 - 13:05 | INTRODUCTION | |
|---------------|--|---|
| 13:05 - 13:20 | The journey of healthcare professional education | Dr. Sami Alhaidar |
| 13:20 - 13:35 | National excellence in health training; the transformation for SCFHS | Dr. Wesam Abuznadah |
| 13:35 - 13:50 | Process and criteria for acceptance in health professions | Dr. Sami Alhaidar |
| 13:50 - 14:05 | How to optimize my acceptance in a program | Dr. Abdulhakeem Alotai |
| 14:05 - 14:35 | Panel Discussion | Dr. Wesam Abuznadah Dr. Sami Alhaidar Dr. Abdulhakim Altuai |
| 14:35 - 14:45 | BREAK | |

SESSION 3 WELLBEING DR. MOHAMMED NIMNIM | MODERATOR: DR. MASHAEL SULTAN

| 14:45- 14:50 | INTRODUCTION | |
|---------------|--|------------------------|
| 14:50 - 15:05 | Stress in the workplace and burnout | Dr. Saud Alomar |
| 15:05 - 15:20 | Fear of making a mistake and psychological safety at the workplace | Dr. Abdulrahim Hewaidi |
| 15:20 - 15:35 | Mindfulness in Learning | Dr. Saud Alomar |
| 15:35 - 15:55 | Panel Discussion | |
| 15:55 - 16:05 | BREAK | |
| 16:05 - 16:20 | Respecting professional boundaries | Dr. Norah Alsubaie |
| 16:20 - 16:35 | The challenges of learning to communicate like Healthcare professionals | Dr. Hassan Alhabeeb |
| 16:35 - 16:50 | Professionalism in Medical Education | Dr. Lulu Alwazzan |
| 16:50 - 17:05 | Social Media and professional boundaries | Dr. Awad Alomari |
| 17:05 - 17:25 | Panel Discussion | |
| 17:25 - 17:35 | BREAK | |

| SESSION 4 | SPECIAL SKILLS TO ACQUIRE | |
|---|--|---|
| CHAIR: DR. RIYADH ALSEHLI CO-CHAIR: DR. AHMAD ALMADKHALI MODERATOR: DR. MOHAMMAD NIMNIM | | |
| 17:35 - 17:50 | Introduction | Chair Of The Track Introducing The Speaker |
| 17:50 - 18:05 | Interpersonal relationship with colleagues, and communication skills with patients | Dr. Afnan Almass |
| 18:05 - 18:20 | Equity and inclusion: Promoting safe, fair, and effective workspaces | Dr Ruaim Muaygil |
| 18:20 - 18:40 | Self-Directed Learning: A new Era in Learning | Dr. Abdulaziz Aljohani |
| 18:40 - 18:55 | Q & A | |

Day 2 - Main Room

Repeated session Common to All in AM and PM

CAREER CHOICE AND PROPER PRACTICES - AM SESSION

DR. HASSAN MASHBARI | CO-CHAIR: DR. MOHAMMAD NIMNIM | MODERATOR: : DR. TUQA ALSINAN

| 9:05 - 9:20 | From Sickcare to Healthcare; the role of personalized preventive maintenance | Dr. Abdulaziz Saddique |
|---------------|---|--|
| 9:20 - 9:35 | How to be prepared for medico-legal issues; prevent, proactive, persistent | Shaikh Dr. Mohammed Alfayez |
| 9:35 - 9:50 | Panel Discussion | Dr. Hassan Mashbari Dr. Abdulaziz Saddique Shaikh Dr. Mohammed Alfayez |
| 9:50 - 10:05 | How to improve my quality of care; KPIs from day one | Dr. Yasser Alassqa |
| 10:05 - 10:20 | Leadership programs in Healthcare | Dr. Bandar Alharthi |
| 10:20 - 10:35 | Work-life balance tips; start it right | Dr. Nezar Bahabri |
| 10:35 - 10:50 | Health Information Career Pathways | Dr. John Richey |
| 10:50 - 11:10 | Panel Discussion | Dr. Mohammed Nimnim Dr. Yasser Alassqa Dr. Bandar Alharthi Dr. Nezar Bahabri Dr. John Richey |
| 11:10 - 11:30 | Career Advice Clinic | Dr. Mohammad Nimnim Ms. Diana Skaff |
| 11:30 - 11:45 | The use of Virtual reality in revolutionizing the future of medical education | Dr. Esraa Alarabi Dr. Saud Alturki |
| 11:45 - 12:00 | Case report on factors affecting high score in Saudi Commission selection exam | Dr. Tuqa Sinan Ms. Diana Skaff |
| 12:00 - 12:10 | Q&A | Dr. Mohammad Nimnim Dr. Tuqa Alsinan |



CAREER CHOICE AND PROPER PRACTICES - PM SESSION

CHAIR: DR. HASSAN MASHBARI | CO-CHAIR: MS. HAILAH ALRAKEBE | MODERATOR: MS. OLA ALQAHTANI

| 13:05 - 13:20 | From Sickcare to Healthcare; the role of personalized preventive maintenance | Dr. Abdulaziz Saddique |
|---------------|---|--|
| 13:20 - 13:35 | How to be prepared for medico-legal issues; prevent, proactive, persistent | Shaikh Dr. Mohammed Alfayez |
| 13:35 - 13:50 | Panel Discussion | Dr. Hassan Mashbari Dr. Abdulaziz Saddique Shaikh Dr. Mohammed Alfayez |
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| 15:45 - 16:00 | Case report on factors affecting high score in Saudi Commission selection exam | Dr. Tuqa Sinan Ms. Diana Skaff |
| 16:00 - 16:10 | Q&A | Dr. Mohammad Nimnim Dr. Tuqa Alsinan |

Day 2 - Room 1

AM SESSION: NURSING

CHAIR: DR. AMANI BABGI | CO-CHAIR: MR. MOHAMED ALSHEHRI | MODERATOR: MS. BADRIA ALOMAIRI

| 9:00 - 9:05 | INTRODUCTION | ı |
|---------------|--|---|
| 9:05 - 9:20 | Ten year vision: How and when do you start career planning? | Mr. Mohamed Alshehri |
| 9:20 - 9:40 | What is Career path planning in Nursing; continual professional development versus continual education | Dr. Amani Babgi |
| 9:40 - 10:00 | Panel discussion | Mr. Mohamed Alshehri Dr. Amani Babgi |
| 10:00 - 10:15 | Triple Ps and Cs to solve the trouble of transition: A new theoretical model | Mr. Nafi Alonaizi |
| 10:15 - 10:30 | Leadership and Empowerment | Dr Maram Banakhar |
| 10:30 - 10:45 | Be an outstanding clinician | Ms. Hanin Alghamdi |
| 10:45 - 11:05 | Challenges in the nursing profession; Now VS Future | Ms. Badriah Alomayri Ms. Razan Alhamad |
| 11:05 - 11:15 | BREAK | |
| 11:15 - 11:30 | Bridging program from diploma to BSN | Dr. Rana Alameri |
| 11:30 - 12:00 | Q&A | Mr. Nafi Alonazi Dr. Maram Banakhar Ms. Hanin Alghamdi Ms. Razan Alhamad Dr. Rana Alameri |

PM SESSION: LABORATORY

CHAIR: DR. WALID ALTAMIMI CO-CHAIR: MR. ABDULLAH ALMOUSA MODERATOR: MR. KHALID ALBOGAMI

| 13:00 - 13:05 | INTRODUCTION | |
|---------------|--|------------------------|
| 13:05 - 13:35 | Why Choose the Medical Laboratory Science Program? | Dr. Fawaz Saleh Alblwi |
| 13:35 - 13:55 | Panel Discussion | Dr. Fawaz Saleh Alblwi |
| 13:55 - 14:05 | BREAK | |
| 14:05 - 14:45 | Postgraduate in Medical Laboratory Sciences | Dr. Talal Alghassab |
| 14:45 - 14:55 | Q8A | |
| 14:55 - 15:35 | What is a Medical Laboratory Scientist? | Dr. Mageed Alakiel |
| 15:35 - 15:55 | Q & A | |

Day 2 - Room 2

AM Session: Medical Students & Interns

CHAIR: MR. ABDULRAHMAN EMAD AL NAIM CO-CHAIR: DR. MASHAEL SULTAN ALSADOON MODERATOR: DR. KHADI-JAH RASHEED ALRUWAILI

| 9:00 - 9:05 | INTRODUCTION | |
|---------------|--|---|
| 9:05 - 9:20 | Introduction | Chair Of The Track Introducing The Speaker |
| 9:05- 9:25 | Choosing the best knowledge and reading resources | Dr. Arwa Albaj |
| 9:25 - 9:35 | Q&A | Dr. Arwa Albaj |
| 9:35 - 9:55 | Courses and programs that I should attend | Dr. Fahad Alsuhaim |
| 9:55 - 10:05 | Q&A | |
| 10:05 - 10:35 | Panel Discussion - Student Advising: - what is network -focusing efforts towards the main goal | Dr. Aroub Almuammar |
| 10:35 - 10:45 | BREAK | |
| 10:45 - 11:00 | Tips on How to Score High on SMLE and What Is the Ideal Way of Preparation In SMLE? | Dr. Abdulaziz Bakhshwain |
| 11:00 - 11:15 | Panel Discussion | Dr. Abdulaziz Bakhshwain |
| 11:15 - 11:35 | Panel Discussion - What to do if you've not matched? | Dr. Aisha Alharbi |
| 11:35 - 11:55 | Panel discussion Mentor/Mentee | Dr. Abdulrahman Alnaim Dr. Mashael Alsadoon Dr. Aisha Alharbi |



PM Session: Dentistry

CHAIR: DR. LUBNA ALKADI CO-CHAIR: DR. ABDULLAH ALANAZI MODERATOR: Dr. FAISAL ALZEGHAIBI

| 13:00 - 13:05 | INTRODUCTION | |
|---------------|---|--|
| 13:05 - 13:20 | Before I Start My Career, What Should I Know? | Dr. Mariam Alghilan |
| 13:20 - 13:35 | Problem of unemployment in dentistry | Dr. Ali Abualela |
| 13:35 - 14:05 | Panel Discussion: Dentistry as a business | Dr. Norah Alajaji Dr. Osama Alghamdi Dr. Mohammed Albwardi |
| 14:05 - 14:20 | What is required to open and license private clinic | Dr. Mohammed Albwardi |
| 14:20 - 14:30 | A&O | |
| 14:30 - 14:40 | BREAK | |
| 14:40 - 14:55 | A Career as a hygienist | Ms. Amal Alshubaiki |
| 14:55 - 15:25 | New technologies in dentistry | Dr. Amal Almohaimede |
| 15:25 - 15:35 | Q%A | |

Day 2 - Room 3

AM Session: Residents

CHAIR: DR. NADIA ALJOMAH CO-CHAIR: DR. BASHAYER ALANAZI MODERATOR: Dr. SARAH ABDALLAH

| 9:00 - 9:05 | INTRODUCTION | |
|---------------|--|---|
| 9:05 - 9:25 | Time and Stress Management in Residency | Dr. Ahmad Alhadi |
| 9:25 - 9:55 | Exams tips & Advise: MOCK - OSCE - Annual - USMLE - Board | Dr. Rami Alghambi Dr. Khalid O. Alshaibani |
| 9:55 - 10:15 | Panel discussion | |
| 10:15 - 10:30 | Developing the clinical skills for the specialty | Dr. Thamer Nouh |
| 10:30 - 10:45 | Relation with nurses and seniors | Dr. Sarah Suleiman Abdullah |
| 10:45 - 10:55 | BREAK | |
| 10:55 - 11:10 | How to match in specialty of choice towards fellow- ship | Dr. Hussam Alamri |
| 11:10 - 11:30 | How to prepare for the fellowship abroad and local, when to apply and how? | Dr. Noura Alhassan |
| 11:30 - 12:00 | Panel discussion | |

PM Session: Fellows

CHAIR: DR. MISHARY SHALHOUB CO-CHAIR: DR. FATIMA AZIZ MODERATOR: DR. ABDULLAH ALBDAH

| 13:00 - 13:05 | INTRODUCTION | |
|---------------|--|---|
| 13:05 - 13:20 | After fellowship and before I start on my own | Dr. Meshal Albassam |
| 13:20 - 13:45 | Fellowship in Saudi Arabia; options and challenges | Dr. Riyadh Alsehli |
| 13:45 - 14:15 | Panel Discussion | Dr. Meshal Albassam Dr. Riyadh Alsehli |
| 14:15 - 14:25 | BREAK | |
| 14:25 - 14:50 | Panel Discussion: Options of fellowship abroad | Dr. Abdulaziz Alkanhal |
| 14:50 - 15:10 | Applying for Fellowship in North America: process and challenges | Dr. Abdulaziz Muhlisi |
| 15:10 - 15:30 | Challenges of Moving Back Home | Dr. Mohammed Alyami |
| 15:30 - 15:40 | Q & A | |

Day 2 - Room 4

AM Session: Physiotherapy

CHAIR: DR. MOHAMMAD ALSUBAIE CO-CHAIR: MS. NJOUD ALHARBI MODERATOR: MS. ROZ ALBATATI

| 9:00 - 9:05 | Introduction of the track | Mr. Mohammad Alsubaie |
|---------------------------------------|--|--|
| 9:05 - 9:35 | Career advancement in physio; masters, doctorate, academia, specialty | Dr. Ali Albarrati Dr. Faisal Almubarak |
| 9:35 - 10:05 | Exchange of experience to improve patient outcome; SMART plan, limit expectations and know when to re-evaluate and change the plan | Pt. Khalid Alharbi Dr. Mohammad Monshi |
| 10:05 - 10:35 | How to find the appropriate valid Evidence Based Practice | Dr. Muhsen Alsufyani Dr. Faisal Alhuthaify Miss Hana Alsobayel |
| | | - |
| 10:35 - 10:50 | BREAK | |
| 10:35 - 10:50 10:50 - 11:15 | Panel discussion: Paternalization of interns in practice and volunteering options | Dr. Nabat Majrashi Dr. Mohammad Takroni Dr. Noura Alshuwair |
| | Panel discussion: Paternalization of interns in practice | Dr. Mohammad Takroni |



PM Session: Pharmacy

CHAIR: DR. HALA ALKHALAF CO-CHAIR: MS. AFAF ABDULLAH ALSHEHRI MODERATOR: MS. KHULOD DAHAHER ALANAZI

| 13:00 - 13:05 | INTRODUCTION | |
|---------------|--|---|
| 13:05 - 13:25 | 2030 vision: expansion of the profession | Dr. Ahmed Aljedai |
| 13:25 - 13:40 | Career path in pharmacy Masters and PhD | Dr. Mansour Almetwizi |
| 13:40 - 13:55 | Career path in pharmacy Residency Programs | Dr. Alaa Babonji |
| 13:55 - 14:10 | Job opportunities in pharmacy: government hospitals | Dr. Nora Alkhayyat |
| 14:10 - 14:25 | Job opportunities in pharmacy: private sector and community pharmacy | Dr. Mead Abdullah |
| 14:25 - 14:40 | Job Opportunities in Pharmaceutical Companies | Dr.ali Altebainawi |
| 14:40 - 15:10 | Panel Discussion | Dr. Ahmed Aljedai Dr. Mansour Almetwizi Dr. Alaa Babonji Dr. Nora Alkhayyat Dr. Mead Abdullah |
| 15:10 - 15:25 | BREAK | |
| 15:25 - 15:40 | Challenges of rotating as observers | Ms. Raghad Alkanhal |
| 15:40 - 15:55 | Q & A | |

WORKSHOP

Aligned workshops for different spatiality will be held after the conference 20 - 27 Sep 2021

| Date | Time | Workshop | |
|--------|--------------------------------|--|--|
| Sep 20 | 10:00 - 14:00 | Bootcamp Surgical Subspecialties Chair: Dr. Hani Alkhelaiwi General Surgery: Dr. Ibrahim Alabdulaaly Plastic Surgery: Dr. Nouf Alsaud Vascular Surgery: Dr. Saud Alturki Urology: Dr. Ibrahim Alabdulaali Ent: Dr. Amani Obaid Ophthalmology: Dr. Faisal Alzahrani | |
| Sep 20 | 10:00 - 12:00 | Bootcamp: Pharmacy Chair: Dr. Hala Alkhalaf | |
| Sep 20 | 13:00 - 15:00 | Bootcamp: Nursing Chair: Ms. Maha Ajuaid | |
| Sep 20 | 15:00 - 17:00 | Introduction to Mindfulness & Stress management in the medical profession Dr. Saud Alomar | |
| Sep 21 | 10:00 - 14:00 | Bootcamp Medical Subspecialties Chair: Dr. Hani Alkhelaiwi Internal Medicine: Dr. Muath Alotaibi Psychiatry: Dr. Sulaiman Alhifzi Neurology: Dr. Hassan Almalak Family Medicine: Dr. Abdulaziz Alalwan | |
| Sep 21 | 10:00 - 14:00 | Bootcamp: Applied Health (Rehabilitation – Laboratory – Respiration Therapy) Rehabilitation: Dr. Mohammad Alsubaie Laboratory: Dr. Fawaz Albloui Respiratory therapy: Dr. Ahmad Aljlaoud | |
| Sep 21 | 15:00 - 17:00 | Nursing Documentation: baseline assessment, nursing diagnoses, plan of care and Holistic Approach Ms. Diana Skaff | |
| Sep 21 | 15:00 - 17:00 | Medical: Writing medical case reports; Step by Step Dr. Tuqa Alsinan | |
| Sep 22 | 15:00 - 17:00 | How to write your CV? Interview Skills Dr. Afnan Almass | |
| Sep 22 | 10:00 - 12:00 12:00 - 14:00 | Bootcamp: Emergency Medicine, and critical care Chair: Dr. Hani Alkhelaiwi ER: Dr. Mohammad Nimnim Critical Care: Dr. Ibrahim Alabdulaaly | |
| Sep 22 | 10:00 - 14:00 | Bootcamp: Dentistry Chair: Chair: Dr. Arwa Aldeeri | |
| Sep 23 | 15:00 - 17:00 | Communication in Health Care, MORE than words!! Dr. Nisreen Maghraby | |
| Sep 23 | 17:30 - 20:30 | How to prepare for MCQs and useful tips Ms. Diana Skaff | |
| Sep 25 | 10:00 - 12:00 | Fellows: Choice of specialty target: residents and senior residents Dr. Hassan Mashbari | |
| Sep 25 | 14:00 - 16:00 | Developing personal strategic plan DR. AMANI BABGI | |
| Sep 26 | 10:00 - 11:00 | Boosting Confidence Among Healthcare Providers Dr. Abdallah Alqassair | |
| Sep 26 | 11:30 - 13:30 | Clinical Research Dr. Amani Babgi | |
| Sep 26 | 11:30 - 13:30 | Clinical Research Dr. Amani Babgi | |
| Sep 27 | 10:00 - 16:00 | Research Methodology Dr. Mohammad Nimnim | |



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