

PROGRAMME

ISAPS & SORSSA MEETING

Updated 4 May

THURSDAY 5TH MAY

Pre-Meeting Video Session	Venue: Somerset 3 Session Chair: Stuart Geldenhuy Theme: Surgical Videos
14:00 - 17:30	SORSSA - Surgical Videos Author-commented, audience-interactive 14:00 - 14:45 Primary rhinoplasty - (crooked dorsum, hump, asymmetric tip) - Vitaly Zholtikov 14:45 - 15:30 Martins rhinoplasty - Step by step - Lessandro Martins 15:30 - 16:15 Secondary rhinoplasty - Vitaly Zholtikov 16:15 - 17:30 Case Studies
19:00 - 20:00	Dinner for meet and greet with faculty

FRIDAY 6TH MAY

Session 1	Venue: Somerset 1&2 Session Chair: Eva Siolo Theme: Face & Neck		
08:00 - 08:10	Official Opening Stuart Geldenhuy, Eva Siolo and Tim Christofides		
08:10 - 08:30	Approaches to aging face Gregory Evans		
08:30 - 08:50	Volume preservation lower eyelid blepharoplasty Fabian Cortinas		
08:50 - 09:10	Limited mid-facelift Vitaly Zholtikov		
09:10 - 09:30	Deep plane facelift Deon van der Westhuizen		
09:30 - 09:50	Advanced blepharoplasty Vitaly Zholtikov		
09:50 - 10:10	Periorbital rejuvenation with nanofat, microfat and PRP Hussein Abulhassan		
10:10 - 10:30	Q&A		
10:30 - 11:00	Tea		
Session 2	Venue: Somerset 1&2 Session Chair: Leon van der Nest Theme: Nasal Assessment & Analysis		
11:00 - 11:25	Nasal Function - 25 years of evaluating nasal function Ray Friedman		
11:25 - 11:45	The functional rhinoplasty Fabian Cortinas		
11:45 - 12:15	Aesthetic analysis of the nose. Measurements Vitaly Zholtikov		
12:15 - 12:35	Preoperative evaluation for rhinoplasty Hossam Foda		
12:35 - 13:00	Q&A		
13:00 - 14:00	Lunch		
Session 3	Venue: Somerset 1&2 Session Chair: Tim Christofides Theme: Body Contouring	Session 3	Venue: Somerset 3 Session Chair: Cameron McIntosh Theme: Dorsum & Middle Vault
14:00 - 14:25	Body contouring and abdominoplasty Gregory Evans	14:00 - 14:30	Avoiding complications in dorsal profile alignment Hossam Foda
14:25 - 14:50	Complications of body contouring and abdominoplasty Gregory Evans	14:30 - 15:00	Piezo rhino-sculpture and partial osteotomies with maximum preservation of bone stability for treatment of different bony pyramids Vitaly Zholtikov
14:50 - 15:15	The meta analysis of making abdominoplasty safer Fabian Cortinas	15:00 - 15:30	The severely crooked nose: Is extracorporeal septoplasty mandatory Hossam Foda

15:15 - 15:40	Inverse Abdominoplasty: A fast and simple technique of creating rectus folds illusion Annarita Agovino	15:30 - 15:50	FishBone - a new concept for nasal fracture Lessandro Martins
15:40 - 16:00	Q&A	15:50 - 16:00	Q&A
16:00 - 16:30	Tea		
Session 4	Venue: Somerset 1&2 Session Chair: Vernon Ching Theme: Body Contouring	Session 4	Venue: Somerset 3 Session Chair: Nkhensani Chauke-Malinga Theme: Dorsum & Middle Vault
16:30 - 17:00	Reshaping of male upper body: A scarless approach Hussein Abulhassan	16:30 - 17:00	Reassessment of the middle vault preservation and reconstruction Vitaly Zholtikov
17:00 - 17:30	The Kenyan buttoflift Tilman Stasch	17:00 - 17:30	Endonasal preservation rhinoplasty Hussein Abulhassan
17:30 - 18:00	Liposculpting Frank Graewe	17:30 - 18:00	Composite dorsal augmentation Vitaly Zholtikov
18:00 - 18:30	Q&A	18:00 - 18:15	Double-layered fascia or fixed DCF graft to emphasise dorsal aesthetic lines Vitaly Zholtikov
		18:15 - 18:30	Q&A
Symposium & Function	Venue: Somerset 1&2		
18:30	Galderma - GAIN Sculptra® Symposium and Welcome Function Vivien Jandera		
SATURDAY 7TH MAY			
Session 5	Venue: Somerset 1&2 Session Chair: Peter Scott Theme: Nasal Tip	Session 5	Venue: Somerset 3 Session Chair: Marshall Murdoch Theme: Aesthetic Dermatology
08:00 - 08:30	Tip suturing techniques Hossam Foda	08:00 - 08:20	Common hair disorders in Africans Ncoza Dlova
08:30 - 08:50	Definition of domus - my personal technique Lessandro Martins	08:20 - 08:40	An approach to Cosmeceuticals Izolda Heydenrych
08:50 - 09:05	Bulbous and boxy tip treatment Vitaly Zholtikov	08:40 - 09:00	Mohs micrographic surgery Pieter Du Plessis
09:05 - 09:35	The overprojected nasal tip Hossam Foda	09:00 - 09:20	Mohs surgery - plastic surgeons' perspective Japie de Wet
09:35 - 10:00	Q&A	09:20 - 09:40	Complication Management: Fillers Izolda Heydenrych
10:00 - 10:30	Tea	09:40 - 10:00	Q&A
Session 6	Venue: Somerset 1&2 Session Chair: Stuart Geldenhuys Theme: Plenary		
10:30 - 11:30	Covid clouds lift, but cool winds blowing Jeremy Gardiner (Ninety One)		
Session 6	Venue: Somerset 1&2 Session Chair: Jonathan Toogood Theme: Breast	Session 6	Venue: Somerset 3 Session Chair: Chris Snijman Theme: Nasal Tip
11:30 - 11:50	Achieving Aesthetic outcomes in implant based breast surgery, lessons learned Gregory Evans	11:30 - 11:50	Pearls for lateral crura transposition Vitaly Zholtikov
11:50 - 12:10	Composite breast augmentation: The use of fat grafting and silicone implants Hussein Abulhassan	11:50 - 12:10	Definition of resting angle - My personal technique Lessandro Martins
12:10 - 12:30	Breast reduction for gigantomastia Nkhensani Chauke-Malinga	12:10 - 12:25	SEG - Indications, fixation, possibilities Vitaly Zholtikov
12:30 - 12:50	Prospect of breast reduction surgery funding by all medical schemes, how far are we? Nkhensani Chauke-Malinga	12:25 - 12:45	Nasal base reduction Hossam Foda
12:50 - 13:00	Q&A	12:45 - 13:00	Q&A
13:00 - 14:00	Lunch		

Session 7	Venue: Somerset 1&2 Session Chair: Eva Siolo Theme: ISPRES Regenerative Surgery	Session 7	Venue: Somerset 3 Session Chair: Stuart Geldenhuys Theme: Secondary Rhinoplasty
14:00 - 14:20	Fat grafting and stem cells Gregory Evans	14:00 - 14:40	Revision tip surgery Hossam Foda
14:20 - 14:50	Regenerative Potentials of Fat Tissue - Understanding and Defining Millifat, Microfat, Nanofat, SVF, Hybrid SVF and EXOSOMES Annarita Agovino		
14:50 - 15:10	Wound healing with fat grafting Tilman Stasch	14:40 - 15:20	Secondary rhinoplasty Vitaly Zholtikov
15:10 - 15:30	4D facelift Nerina Wilkinson	15:20 - 15:50	Functional problems in revision Rhinoplasty Hossam Foda
15:30 - 15:40	Cellular Optimization of Nanofat: Increased Cell Count and Viability using LipocubeNanoTM Annarita Agovino		
15:40 - 16:00	Q&A	15:50 - 16:00	Q&A
16:00 - 16:30	Tea		
Session 8	Venue: Somerset 1&2 Session Chair: Marshall Murdoch Theme: Workshop	Session 8	Venue: Somerset 3 Session Chair: Moshe Fayman Theme: Special Topics
16:30 - 18:30	Allergan Registrar Workshop Theory and Masterclass with Marshall Murdoch : The World of VYCROSS made practical	16:30 - 17:00	Rhinoplasty in Middle Eastern nose Hossam Foda
		17:00 - 17:20	Bone mentoplasty- technique and my experience compared with silicone Lessandro Martins
		17:20 - 17:40	Pre-maxillary grafts - my personal technique Lessandro Martins
		17:40 - 18:10	Uses of ear cartilage in rhinoplasty Hossam Foda
		18:10 - 18:15	Q&A
Symposium & Function	Venue: Somerset 1&2		
18:30	RecoMed Symposium & Function The solution for medical professionals to increase commercial success and further develop international recognition Sheraan Amod		
20:00	Formal Faculty Dinner - Sponsored by Galderma		
SUNDAY 8TH MAY			
Session 9	Venue: Somerset 1&2 Session Chair: Vivien Jandera Theme: Non-Surgical, Minimally Invasive, Injectables		
08:00 - 08:25	Toxin refresher and updates Marshall Murdoch		
08:25 - 08:50	Ideal Proportion of the Peri-orbital Region Aging Vitaly Zholtikov		
08:50 - 09:15	Forehead Reduction & Lift Lessandro Martins		
09:15 - 09:40	Fine tuning in the management of the lower eyelid, cheek junction with fillers Fabian Cortinas		
09:40 - 10:05	Otoplasty - How I perform it Lessandro Martins		
10:05 - 10:30	Q&A		
10:30 - 11:00	Tea		
Session 10	Venue: Somerset 1&2 Session Chair: TBA Theme: Ethics, Office, Safety		
11:00 - 12:00	Ethics: Ethics of Patient Care in the Aftermath of COVID-19, Burnout and Compassion Fatigue Marshall Murdoch		
12:00 - 12:30	It's time to review our approach to DVT prevention Fabian Cortinas		
12:30 - 13:00	Plastic surgery in 50 years to come. Our dreams Hussein Abulhassan		
13:00 - 13:10	Q&A		
13:10	Meeting Closing		