We would like to acknowledge with appreciation the following individuals for their support in the scientific process and planning:


A warm welcome to all our delegates, we look forward to a wonderful thee days and value your support and participation.
SESSION 1

PLINARY SESSION 1

VENUE: Pethindaiba Room
CHAIRPERSON: Eliza Syrington

08:30-08:40
Official Congress Opening: Rebin Dalman, North-West University, 2018 Congress Chairperson

08:40-08:50
ADSA President welcome, Christine Taljaard-Krugell

08:50-09:00
NSSA President welcome, and introduction to keynote speaker, Ali Dhansay

09:00-10:00
Keynote Speaker: SHARP diets: towards sustainable, healthy nutrition
Marianne Géda-Braun, Wageningen University, the Netherlands

10:10-10:30 Tea and Exhibition (Exhibition Centre)

SESSION 2

10:30:11:00
Introductory keynote address: National Department of Health Deputy Director General: Health

11:00-11:30
National Department of Health, Chief Director

11:30-12:00
The new Road to Health booklet - A tool for delivery of essential package of early childhood development (ECD)
Anh Behr, National Department of Health

12:00-13:00 Lunch and Exhibition

SESSION 3

13:00-13:15
Breastfeeding

Mother Baby Friendly Initiative (MBFI) designation policy change in South Africa
Zandile Kubeka, National Department of Health

13:15-13:30
Dietary Intake and the association with breast cancer risk in black South African women
Irene Jacobs, North-West University

13:30-13:45
Breastfeeding self-efficacy and the duration of exclusive breastfeeding in HIV-infected and uninfected mothers
Angel Courtlay, Stellenbosch University

13:45-14:00
The need for adolescent friendly breastfeeding support in Nelson Mandela Bay Health district: A qualitative study
Vera Fordjour Afriyie, Nelson Mandela University

14:00-14:15
Protecting Breastfeeding: Facing new challenges
Mademe Manu, National Department of Health

14:15-14:30
Threats and challenges impacting adherence to exclusive breastfeeding in Nelson Mandela Bay: A qualitative study
Alison Fawley, Unicof

14:30-14:45
The association between fracture risk and bone mineral density in black postmenopausal HIV-positive women on HAART
Carrien van der Merwe, North-West University

14:45-15:00
Factors associated with low bone mineral density in HIV positive and HIV negative black women
Christa Ellis, Department Of Health; North West

15:00-15:15
High prevalence of dyslipidemia in HIVinfected children receiving Anti-retroviral therapy.
Estelke Vljoen, Selafko Makgatho University

15:15-15:30
Questions

15:30-16:00 Tea and Exhibition

SESSION 4

PLINARY SESSION 4

VENUE: Pethindaiba Room
CHAIRPERSON: Jeanine Badgojana

16:00-16:15
Keynote Speaker: Iron deficiency and anemia: more than just about iron
Andrew Prentice, Head, MRC International Nutrition Group

16:15-16:30
NSSA BDM Pethindaiba room

WEDNESDAY 5 SEPTEMBER 2018

SPEAKER SUPPORT ROOM: Speakers must load presentations in the venue in which your presentation will take place, per the speaker schedule. A Speaker support room is located next to the plenary venue (Pelindaba Room) and will be open 07h00-17h00 daily, should speakers have any queries.

CEU ACCREDITATION: Scanning will be done at the session venues. Thank you to Discovery and e2 for managing the CPD process. The Discovery MYCPD staff will scan your bar-coded name twice a day (barcode at the back of your nametag), before the first session and after lunch. The data is logged on the MYCPD website (www.mycpd.co.za) where you can view and download your CEU certificate. You will receive notification via email and sms with your unique username and password 3 weeks after the congress.

CEU points allocated: General: 13 | Ethics: 2 | Updates: 4

DIETARY REQUIREMENTS: Delegates who indicated their dietary preferences in advance will be catered for during tea and lunch times. A separate table will be set up in the Exhibition Venue.
07:30-08:30 Coffee with the experts Springfield Room

SESSION 5

PLENARY SESSION 5
VENUE: Polinababa Room
CHAIRPERSONS: Corrina Walsh and Marius Smuts

08:30-09:30 Keynote Speaker: New horizons in life-course nutrition
Andrew Prentice, Head, MRC International Nutrition Group

09:30-10:00 The importance of life-course nutrition: A South African perspective
Shane Norsa, University of the Witwatersrand

10:00-10:30 Tea and Exhibition

SESSION 6

VENUE: Polinababa Room
CHAIRPERSON: Siphelele Sibeko

INTERVENTIONS IN INFANT AND YOUNG CHILD NUTRITION

10:30-10:45 Testing of the revised Paediatric Food-based Dietary Guidelines. Lissiane du Plessis, Stellenbosch University

10:45-11:00 Field-testing of the revised Paediatric Food-based Dietary Guidelines amongst mothers/caregivers of children aged 0-12 months in the Western Cape Province, South Africa. Lissiane du Plessis, Stellenbosch University

11:00-11:15 Field testing of the revised Paediatric Food-based Dietary Guidelines among mothers/caregivers of children aged 12–36 months in the Stellenbosch Municipality in the Western Cape province, South Africa. Stacy Lehn Strydom, Stellenbosch University


11:30-11:45 Effect of two small-quantity lipid-based nutrient supplements on morbidity of 6-month-old South African infants: a randomized controlled trial. Linda Malan, North-West University

11:45-12:00 Nutrient contribution of commercial infant products and fortified staple foods at age 6, 12 and 18 months in a cohort from a low socio-economic community in South Africa. Mike Pater, South African Medical Research Council

12:00-12:15 Multi-mycotoxin exposure and its effect on infants (0-11 months) growth parameters in rural areas of Eastern Cape - Philisana Project. Rospaladzo Tshabhe, North-West University

12:15-12:30 Efficacy and safety of Saccharomyces boulardii in the treatment of acute gastroenteritis in the pediatric population. Systematic review. Estelle Viljoen, Sefako Makgatho University

12:30-12:45 Questions

12:45-13:00 Lunch and Exhibition

SESSION 7

VENUE: Polinababa Room
CHAIRPERSON: Estelle van Nierkerk

INFANT AND YOUNG CHILD: PUBLIC HEALTH


13:45-14:00 Repeated high-dose vitamin A supplementation causes hepatic retinol accumulation in South African preschool children eating liver. Lize Van Stuijvenberg, South African Medical Research Council

13:45-14:00 Allergy is associated with altered red blood cell fatty acid composition in pregnant women in urban South Africa: the NUPED study. Linda Malan, North-West University

13:45-14:00 Development of an impedance based equation for fat free mass of black pre-school children. Moeckl de Hoop, North West University

13:45-14:00 Research Orientation of South African Registered Dietitians. Zelka White, University of Pretoria

14:00-14:15 Questions

14:15-14:30 Development of an impedance based equation for fat free mass of black pre-school children. Moeckl de Hoop, North West University

14:30-14:45 Allergy is associated with altered red blood cell fatty acid composition in pregnant women in urban South Africa: the NUPED study. Linda Malan, North-West University

14:45-14:59 Research Orientation of South African Registered Dietitians. Zelka White, University of Pretoria

THURSDAY 6 SEPTEMBER 2018

15:00-15:15 Keynote: Iodine nutrition in South Africa: An update
Joanina Baumgartner, North-West University

15:15-15:30 Iodine status in South African adults ten years after the last national survey
Joanina Baumgartner, North-West University

15:30-15:45 Sodium reduction regulations - do we really need them and are they working?
Nigel Sunray, Sunray Consulting

15:45-15:59 What’s in our drinking water: the possible health risks associated with water
Bettina Gering, CSIR Cape Town
THURSDAY 6 SEPTEMBER 2018

| 14:00-14:15 | Automated growth monitoring: Conceptual and artificial intelligence considerations for computerised interpretation of the Road to Health weight-for-age chart in assessing risk for the development of severe acute malnutrition (SAM) | Sanja Nel, University of Pretoria | 14:00-14:15 | Infant and young child feeding regulations: perspectives from South African Dietitians | Megan Clarke, Stellenbosch University |
| 14:15-14:30 | Assessing the Use of Intergovernmental Forums in the Gauteng Province as a Means to Leverage Infant and Young Child Nutrition Agenda | Azolele van der Ven, Stellenbosch University | 14:15-14:30 | Patient centered factors for consideration in the development of weight loss intervention for overweight/obese patients attending secondary health care facilities in Ibadan, Nigeria: Insights from a mixed methods study | Oluwemisi Folake Folasire, University of Cape Town |
| 14:30-14:45 | Codes Alimentarius Proposed Guidelines for ready-to-use Therapeutic Foods (RUTF) for children with uncomplicated Severe Acute Malnutrition | Gilbert Tshitaudzi, National Department of Health | 14:30-14:45 | Assessment of Energy Expenditure using Pedometer Mobile App versus energy intake among government workers in Maseru District Lesotho | Rose Kekau Dupe Tshisimang, National University of Lesotho |
| 14:45-15:00 | Exploratory multifactorial approach to improving nutritional status of children in Early Childhood Development centres and strengthening child health services in Nelson Mandela Bay health district (NMHB) | Wilson Foseley, Unigcit | 14:45-15:00 | The association between calf circumference and appendicular skeletal muscle mass index of black urban women in Tlokwe City | Patricia Ukegbo, North-West University |
| 15:00-15:15 | Questions | 15:00-15:15 | Questions | 15:00-15:15 | Questions |

SESSION 9

PLENARY SESSION 9: ARP WALKER MEMORIAL SYMPOSIUM

VENUE: Pelindaba Room

CHAIRPERSONS: Christine Taljaard-Krugel and Ali Dhanoy

08:30-09:30

ARP Walker Memorial Lecture: NSSA: Body size, mental health and inequalities in South Africa: A life course perspective

Zandi Majila, University of the Western Cape

ARP Walker Memorial Lecture: ADSA: Inspiration from a Walker and a Runner

Jane Bedham, JB Consultancy

SESSION 10

VENUE: Pelindaba Room

CHAIRPERSON: Takeda

10:00-10:30

The autonomy of the mother vs the best interests of the child

Magda Slabbert, UNISA

10:30-10:45

Infant formula companies sponsoring paediatric and nutrition conferences

David Sanders, University of the Western Cape and UCT

10:45-12:00

Panel debate on conflicts of interest

12:00-12:30

Best oral and poster awards and congress closing

UPDATES

Learn the latest: Breastfeeding protection, promotion and support - building the foundation of South Africa’s future infant health

Impala Room

Severe Acute Malnutrition

Elephant Room

Early life Nutrition Exposure and health in later life: identifying and assessing the risk factors

Springbok Room

Renal Nutrition Update: Past, Present, Future

Tusker Pavillion

Researching obesogenic food environments

Younger Room

13:00-17:00

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