

23 March 2023

13:00 – 17:00 – RENUVION Workshop

LIVE SURGERY

Prof Frank Graewe & Dr Deon Weyers

The Cosmetic Surgery Institute, Cape Town

ISAPS COURSE

23 – 26 March 2023

BODY AND BREAST

Lord Charles Hotel, Somerset West

	<u>SPEAKER</u>	<u>TOPIC</u>
FRIDAY 24 MARCH		
Opening		
08:30 – 08:45	Eva Siolo	Official opening
08:45 – 09:10	Des Fernandes	Tribute to David Davies
Session 1	Chair: Nick Karinos and Alex Landau	Abdominal Surgery
09:10 – 09:30	Cemal Senyuva	3D Abdominoplasty
09:30 – 09:50	Hisham El Minawi	Reverse abdominoplasty
09:50 – 10:10	Berend van der Lei	Liposuction assisted Scarpa's Fascia sparing abdominoplasty
10:10 – 10:30		Panel discussion
10:30 – 11:00	Refreshment Break and Exhibition	
Session 2	Chair: Richard Halley-Stott	Extremities and Genital Surgery
11:00 – 11:20	Berend van der Lei	Cosmetic genital surgery: Science, sense and sensibility
11:20 – 11:40	Hisham El Minawi	Female Genital Rejuvenation
11:40 – 12:00	Cemal Senyuva	Advanced technique in body contouring and ultrasonic liposuction

12:00 – 12:20	Aris Sterodimas	Emerging technologies in the hands of the experienced plastic surgeon: The use of helium based technology in face and body contouring
12:20 – 12:40	Tilman Stasch	Tips, tricks and pitfalls in moulding African/Hip using fat grafting
12:40 – 13:00		Panel discussion
13:00 – 14:00	Lunch and Exhibition	
Session 3	Chair: Jonathan Toogood	Gluteal Augmentation
14:00 – 14:30	Alexander Aslani	BBL with fat transfer
14:30 – 15:00	Alexander Aslani	BBL with implants and fat transfer
15:00 – 15:20	Aris Sterodimas	Analysis, planning and execution of composite body contouring, avoiding overfilling BBL's
15:20 – 15:40	Amin Kalaaji	Safety of Gluteal Augmentation
15:40 - 16:00		Panel discussion
16:00 - 16:30	Refreshment Break and Exhibition	
Session 4	Marshall Murdoch	Abstract Presentations
16:30 – 16:40	Marshall Murdoch	Hyaluronic Acid Filler VYC-25L for Jawline Restoration Yields High Satisfaction, Improved Jawline Measurements, and Sustained Effect Across Age, Gender, and Skin Types for up to 12 Months
16:40 – 16:50	Marshall Murdoch	Satisfaction With Natural-Looking Outcomes as Well as Self-Perception of Appearance and Psychological Well-Being After Treatment With Onabotulinumtoxin A for Upper Facial Lines: Post-Hoc Analysis Across Age and Gender
16:50 – 17:00	Marshall Murdoch	Long-term safety with a hyaluronic acid and calcium hydroxyapatite combination filler in facial aesthetic rejuvenation
17:00 – 17:30	Marshall Murdoch	Bringing botulinum toxin to the fore(head). Allergan Aesthetics Medical Affairs
Symposium	Chair: Stuart Geldenhuys	Allergan Aesthetics - First Facial Hybrid Injectable

17:30 - 17:40	Stuart Geldenhuys	Introducing HarmonyCA, Allergan Aesthetics First Hybrid Injectable
17:40 - 17:50	Marshall Murdoch	Anatomy and Ageing of the Skin and Why Collagen Stimulation Matters
17:50 - 18:00	Marshall Murdoch	HarmonyCa Rheology – Why Understanding Product Science can Help You Obtain a Better Outcome
18:00 - 18:10	Tracey Garner	Integrating HarmonyCa into your practice
18:15 - 20:15	Welcome cocktail sponsored by Allergan	
SATURDAY 25 MARCH – BREAST DAY		
08:00 – 09:00	Hamzah Mustak	Radiesse Workshop - NuAngle
Session 5	Chair: Kenneth Segwapa	Breast 1
09:00 – 09:20	Akin Yucel	Decision making in breast augmentation
09:20 – 09:40	Cemal Senyuva	Dual plane technique for breast augmentation
09:40 – 10:00	Akin Yucel	Finesse in augmentation mastopexy: Breast shaping over the implant
10:00 – 10:20	Berend van der Lei	How I plan my breast augmentation: Consultation, choice of implant, surgical planning and performance
10:20 – 10:40		Panel Discussion
10:40 – 11:10	Refreshment Break and Exhibition	
Session 6 - Part 1	Chair: Stuart Geldenhuys	
11:10 – 12:10	Jeremy Gardiner	After the storm
Session 6 - Part 2	Chair: Stuart Geldenhuys	Breast 2
12:10 – 12:30	Aris Sterodimas	Scarless mastopexy using the helium plasma-based technology: An innovative minimal invasive approach
12:30 – 12:50	Hisham El-Minawi	Septum based breast reduction
12:50 – 13:00		Panel Discussion
13:00 – 14:00	Lunch and Exhibition	

Session 7	Chair: Tienie Van Rooyen	Breast 3
14:00 – 14:20	Berend van der Lei	The new infra mammary fold planning: the Pythagorean Theorem
14:20 – 14:40	Cemal Senyuva	Cleavage-focused markings and approach in breast augmentation surgery
14:40 – 15:00	Akin Yucel	Vertical mammoplasty as a breast reshaping and repositioning procedure
15:00 – 15:20		Panel Discussion
15:20 – 15:40	Refreshment break	
Session 8	Chair: Frank Graewe	Regenerative Surgery
15:40 – 16:00	Berend van der Lei	Breast augmentation with lipofilling: State of the art
16:00 – 16:20	Aris Sterodimas	To implant or not to implant? The art and science of Stromal enriched lipograft in breast
16:20 – 16:35	Amin Kalaaji	Periorbital fat grafting. Avoiding complications and getting favourable results
16:35 – 16:50	Aris Sterodimas	The use of micro, milli and nanofat for facial rejuvenation: What's the future?
16:50 – 17:20		Panel Discussion
17:30 – 18:30	Aris Sterodimas and Cihan Günay	Lipocube workshop by NADZ
19:30 – 23:30	Congress Dinner	
SUNDAY 26 MARCH - FACE		
Session 9	Chairs: Peter Scott / Deon Van Der Westhuizen	Face
08:20 – 08:40	Aris Sterodimas	Why I choose facelift with extended deep lifting and fat grafting using the SEL technique?
08:40 – 09:00	Amin Kalaaji	Chin augmentation with fat grafting. Is there still a need for chin implants?
09:00 – 09:20	Eva Siolo	Maximizing results of facelift and fat transfer to face: 3 procedures in 1
09:20 – 09:40		Panel discussion

09:40 – 10:00	Refreshment break and Exhibition	
Session 10	Chair: Dirk Lazarus	Ethics and Medical Malpractice
10:00 – 10:45	Di Pfaff Hlombe Makuluma Tony Behrman Brad Beira	Solutions to Common Medico-Legal Issues faced by Plastic Surgeons in Daily Practice
10:45 – 11:30	Marshall Murdoch	Ethics of Patient Care by Ageing Surgeons - “Too Old for Plastic Surgery”
Session 11	Chair: Marshall Murdoch	Patient Safety & Complications
11:30 – 11:50	Akin Yucel	Management of difficult cases in aesthetic breast surgery
11:50 – 12:10	Amin Kalaaji	Challenges and safety in combined/high-risk aesthetic procedures
12:10 – 12:20	Aris Sterodimas	Managing complications in body contouring surgery: When does your patient need to “go under the knife”?
12:20 – 12:40	Amin Kalaaji	How to deal with unhappy patients. Prevention or treatment?
12:40 – 13:00		Panel discussion
13:00	Closing of Congress	