



SASES
South African Society of Endoscopic Surgeons



ERAS Workshop @ SASES Congress 2018

Thursday 13th September at 08:30 - 13:00

The Vineyard Hotel, Newlands, Cape Town

Cost: R250.00

Visit www.sasescongress.co.za to register

TIME	TOPIC	SPEAKER
08:00 – 08:30	Registration	
	Chairs: Dr Ravi Oodit and Vanessa Pickford	
08:30 – 09:00	Perioperative Care – The Need for Change Perspectives on Surgical Management in High Income versus Lower-Middle Income Countries	Nicholas Demartines and Ravi Oodit
09:00 – 09:45	ERAS - A Platform for Change - Why is ERAS a solution? - Change management - Cost benefits - Patient empowerment (patient experience) - Audience questions	Nicolas Demartines Patient representative
09:45 – 10:15	Case Presentation and Audience Discussion	Ravi Oodit
10:15 – 10:45	Tea	
10:45 – 11:15	Perioperative Optimization – A Physiotherapists Perspective	Tom Wainwright
11:15 – 11:45	Case Presentation and Panel Discussion	Multi-Disciplinary Team Chair: Fiona Pieterse
11:45 – 12:00	ERAS South Africa Where are we now: - Where did we come from and what have we accomplished? - Future vision: Private and public sectors	Ravi Oodit and Clare Warden
12:00 – 12h15	A Patient's Perspective	Patient representative
12:15 – 12:50	How to Get Started	Fiona Pieterse, Vanessa Pickford, Sharon Bannister
12:50 – 13:00	Summary	Ravi Oodit

International Speakers

NICOLAS DEMARTINES, MD, FRCS, FACS, is Professor of Surgery, and Chairman of the Department for visceral Surgery at the University Hospital CHUV in Lausanne Switzerland since 2006. His clinical and surgical activity is focused on oncologic surgery, mainly hepato-pancreatico-biliary, colorectal surgery, and oesophagus surgery. His research interest includes the entire peri-operative management and minimal invasive approaches especially in oncologic patients. In this field, nutrition and Enhanced Recovery After Surgery programs (ERAS) are now well established, and his Department is recognized as one of the international leaders in this promising field. Prof Demartines is a member of the ERAS Society Executive Board as chairman implementation. Further research in his Department is the influence of postoperative complications on oncological outcome, as well as the multimodal treatment of non-operable liver metastasis. Moreover, HIPEC are performed, and the new PIPAC (Pressurized Intra Peritoneal Chemotherapy minimal invasive). Nicolas Demartines is focused on post grade education, for example as member of the Faculty at The European Institute of Telesurgery IRCAD-EITS in Strasbourg France or Board member of the International Surgical Course in Davos Switzerland. He is Honorary Member of the French Surgical Association since 2015 and from the French Academy of Surgery. He is a member of the council of the British Journal of Surgery. He serves as expert at the French National Institute for Cancer (INCA) and is a member of the editorial board of five peer-reviewed journals; he makes regular reviews for about 25 journals. He has over 350 publications in peer-reviewed journals and has lectured both nationally and internationally.

TOM WAINWRIGHT is Associate Professor in Orthopaedics and Deputy Head of the Orthopaedic Research Institute at Bournemouth University. He is a physiotherapist, clinical academic, and quality improvement specialist internationally recognised for his work on Enhanced Recovery after Surgery (ERAS) protocols within orthopaedics. Tom graduated as a physiotherapist from Coventry University with a first-class degree and went on to specialise in orthopaedic physiotherapy. After working as a physiotherapist Tom moved into clinical research and has extensive experience of managing international randomised clinical trials in orthopaedics. In addition to his clinical and research work he has held managerial roles within the National Health Service (NHS) including a crucial leadership role in the design, implementation, and delivery of an award winning orthopaedic ERAS pathway. He is passionate about improving the quality of healthcare systems and works to help other healthcare providers improve the quality of their services. The Institute of Consulting named him as the 2010 young consultant of the year for his work on a portfolio of ERAS implementation projects. More recently, after being appointed as an Associate Professor in Orthopaedics, Tom has focussed on research within the field of ERAS and orthopaedics and has already secured over £2.5M in research income for projects in this area. He lectures worldwide and has produced numerous ERAS publications, including articles, textbooks, textbook chapters, and has won international prizes for his work.