

# **ISAPS COURSE**

## 23 - 26 March 2023

## **BODY AND BREAST**

## THURSDAY 23 MARCH 2023 - PRE-CONGRESS WORKSHOPS

## DRAFT PROGRAMME

| Updated 26 Jan         | SPEAKER                                | TOPIC   |
|------------------------|--|---|
| <b>FRIDAY 24 MARCH</b> | - BODY DAY                             |   |
| 08:00 - 09:00          | Morning Seminar – Master Class         |   |
| 09:00 - 10:30          | Session on Abdominal Surgery           |   |
| 09:00 - 09:20          | Cemal Senyuva                          | 3D Abdominoplasty   |
| 09:20 - 09:40          | Hisham EL-Minawi                       | Reversed Abdominoplasty   |
| 09:40 - 10:00          | Berend van der Lei                     | Liposuction assisted Scarpa's fascia sparing abdominoplasty   |
| 10:00 - 10:20          | TBA                                    | ТВА   |
| 10:20 - 10:30          |  | Panel Discussion  |
| 10:30 - 11:00          | Coffee break and Trade Exhibition      |   |
| 11:00 - 13:00          | Procedures on Extremities and Genitals |   |
| 11:00 – 11:20          | Berend van der Lei                     | Cosmetic genital surgery: science, sense and sensibility  |
| 11:20 - 11:40          | Hisham EL-Minawi                       | A modified thigh lift with concealed scars  |
| 11:40 – 12:00          | Cemal Senyuva                          | Advance technique in body contouring and ultrasonic liposuction or Refinements in upper and lower extremity aesthetic surgery         |
| 12:00 – 12:20          | Aris Sterodimas                        | Emerging technologies in the hands of the experienced plastic surgeon; The use of helium-based technology in face and body contouring |
| 12:20 - 12:40          | TBA                                    | TBA   |
| 12:40 - 13:00          | TBA                                    | TBA   |
| 13:00 - 14:00          | Lunch and Trade Exhibition             |   |
| 14:00 - 16:00          | Gluteal Augmentation                   |   |
| 14:00 - 14:30          | Alexander Aslani                       | BBL   |
| 14:30 - 15:00          | Alexander Aslani                       | BBL with implants   |
| 15:00 – 15:20          | Amin Kalaaji                           | TBA   |
| 15:20 – 15:40          | Aris Sterodimas                        | Analyze, planning and execution of composite body contouring: Avoiding overfilled BBL's   |
| 15:40 – 16:00          |  | Panel Discussion  |
| 16:00 – 16:30          | Coffee break and Trade Exhibition      |   |
| 16:30 – 18:30          | Galderma Symposium                     |   |

| 18:30 - 21:00          | Welcome Cocktail               |   |  |  |  |
|------------------------|--------------------------------|---|--|--|--|
| SATURDAY 25 MAI        | SATURDAY 25 MARCH – BREAST DAY |   |  |  |  |
| 08:00 - 09:00          | Jeremy Gardiner                | Morning seminar – Master Class  |  |  |  |
| 09:00 - 10:30          | Augmentation and M             |   |  |  |  |
| 09:00 - 09:20          | Amin Kalaaji                   | Decision making in breast augmentation  |  |  |  |
|                        |                                | Finesse in augmentation mastopexy: Breast   |  |  |  |
| 09:20 – 09:40          | Akin Yűcel                     | shaping over the implant  |  |  |  |
| 09:40 - 10:00          | Cemal Senyuva                  | Dual plan technique in breast augmentation  |  |  |  |
| 10:00 – 10:20          | Aris Sterodimas                | Scarless mastopexy using the helium plasma-<br>based technology: An innovative minimal<br>invasive approach |  |  |  |
| 10:20 – 10:40          | Berend van der Lei             | How I plan my breast augmentation; consultation; choose of implant, surgical planning and performance       |  |  |  |
| 10:40 - 11:00          | Coffee break and Trad          | le Exhibition   |  |  |  |
| 11:00 - 13:00          | <b>Breast Reduction and</b>    | Aesthetics of Chest   |  |  |  |
| 11:00 – 11:20          | Hisham EL-Minawi               | Septum based breast reduction   |  |  |  |
| 11:20 – 11:40          | Berend van der Lei             | The new infra mammary fold planning: the Pythagorean Theorem  |  |  |  |
| 11:40 – 12:00          | Akin Yűcel                     | Vertical mammaplasty as a breast reshaping and repositioning procedure                                      |  |  |  |
| 12:00 – 12:20          | Cemal Senyuva                  | Cleavage-focused markings and approach in breast augmentation surgery                                       |  |  |  |
| 12:20 - 12:40          | ТВА                            | TBA   |  |  |  |
| 12:40 - 13:00          | TBA                            | TBA   |  |  |  |
| 13:00 - 14:00          | Lunch and Trade Exhib          | pition  |  |  |  |
| 14:00 - 16:00          | Regenerative Surgery           |   |  |  |  |
| 14:00 – 14:20          | Aris Sterodimas                | The use of micro, milli and nanofat for facial rejuvenation: What's the future?                             |  |  |  |
| 14:20 – 14:40          | Amin Kalaaji                   | Periorbital fat grafting. A challenging area:<br>Avoiding complications and getting favourable<br>results   |  |  |  |
| 14:40 - 15:00          | Aris Sterodimas                | To implant or not to implant  |  |  |  |
| 15:00 – 15:20          | Berend van der Lei             | Breast augmentation with lipofilling: State of the art  |  |  |  |
| 15:20 – 15:40          | TBA                            | TBA   |  |  |  |
| 15:40 - 16:00          | TBA                            | TBA   |  |  |  |
| 16:00 - 16:30          | Coffee break and Trad          | le Exhibition   |  |  |  |
| 16:30 - 18:00          | Surgical Procedures o          | n Face – Panel Discussion with Experts  |  |  |  |
|                        | Amin Kalaaji                   | ТВА   |  |  |  |
|                        | Aris Sterodimas                | ТВА   |  |  |  |
| 19:00 – 22:00          | Gala dinner                    |   |  |  |  |
| SUNDAY 26 MARCH - FACE |                                |   |  |  |  |
| 08:00 - 09:30          | Non-Invasive Procedu           | ires on Face  |  |  |  |
|                        | TBA                            | Fillers and biomodulators: HA, PLA, HA  |  |  |  |
|                        | TBA                            | Panel Discussion with Experts   |  |  |  |
| 09:30 - 10:00          | Coffee break and Trad          | le Exhibition   |  |  |  |

| 10:00 - 11:30 | Ethics and Panel on Medical Protection |  |
|---------------|--|--|
|               | Marshal Murdoch                        | Panel discussion with Experts                                      |
|               | Dirk Lazarus                           | Ethics Lecture   |
| 11:30 - 13:00 | Patient Safety                         |  |
| 11:30 – 12:00 | Amin Kalaaji                           | Challenges and safety in combined / high-risk aesthetic procedures |
| 12:00 – 12:30 | Amin Kalaaji                           | How to deal with the unhappy patients. Prevention or treatment?    |
|               |  |  |
| 13:00 - 13:30 |  | Adjourn  |