



ADDICTION
CONFERENCE
2021

Together igniting a movement for change

ONLINE EVENT

21 - 23 July 2021

PROGRAMME

PROUDLY HOSTED BY



SOUTH AFRICAN NATIONAL COUNCIL ON
ALCOHOLISM AND DRUG DEPENDENCE



PROGRAMME

The ADDICTION 2021 Programme Committee reserves the right to amend the draft programme on its discretion.
The information in this version is up to date and correct at date of the date of publication.

Visit the conference website for more information: www.addiction.org.za



CONFERENCE THEME: TOGETHER IGNITING A MOVEMENT FOR CHANGE

The stigma connected to substance use disorders (SUD) is hiding the extent and severity of the problem.

The SUD epidemic is costing countries, medical aid schemes, employers and families millions in ineffective treatment of co-occurring disorders and societal problems.

Only true collaboration between all prevention and treatment role players can create effective, evidence-based solutions relevant to substance use disorders in the unique African context.

CONFERENCE TRACKS

Track 1: Research into Practice

This track is focused on demand and harm reduction strategies, aiming to explore current and best practice approaches and models in the prevention and management of SUD, including the recovery stage. The integration of addiction theory and research into practice has been a challenging task in the treatment of substance use disorders. The gap between the evidence-base and what transpires in practice has been addressed through the development of evidence-based practices. Evidence based practice may be defined as the integration of best evidence with clinical expertise and patient perspectives.

Track 2: Capacity Building and Advocacy

This track is focused on training, teaching and advocacy activities geared towards demand and harm reduction strategies. It is essential for demand and harm reduction strategies to be successful, that relevant sectors are empowered with appropriate evidence- and outcomes -based teaching and training resources and curricula. Increased competency is key to the safe and ethical provision of SUD management. This includes programmes ranging from undergraduate level to ongoing professional development and postgraduate teaching and training, while providing adequate space for informal training, teaching, and mentorship. Prevention is increasingly seen as a Science whereas it is conversely also considered once-off talk by some. Some potential approaches for integration of more pervasive prevention strategies may take some inspiration from programmes such as the Colombo plan, which has resources like the Universal Prevention Curriculum (UPC).

Track 3: Legislation, policy and Enforcement

Legislative requirements govern availability of resources and delivery of demand and harm reduction strategies, as well supply demand reduction. Legislative serves to protect not only the practitioner, but also the rights of service users. Professionals are in a unique position to influence the delivery of services by addressing the acute and chronic needs of service users with SUDs, including co-occurring disorders. Changes in legislation and policy can promote standardized and ethical practices, facilitating a reduction in discrimination against people who use substances. The enforcement of these policies remains a challenge and this has implications for practice; as borne out in the decriminalisation of cannabis; the prohibition of alcohol and nicotine sales in SA during the COVID-19 outbreak; public health vs individual rights; law enforcement and community engagement; funding models for treatment and prevention; NHI vs medical aid schemes; etc.



21 JULY 2021

ADDICTION 2021 PRE-CONFERENCE DAY

TIME	TOPIC	DESCRIPTION	SPEAKERS AND MODERATORS
	TRAINING WORKSHOPS		
	CHANNEL 1	CHANNEL 2	CHANNEL 3
08:50 – 09:00	PRE-CONFERENCE OPEN		
9:00 – 11:30	Presenter: Shaheema Allie, Fergus Ashburner, Nurain Tisaker South Africa International Technology Transfer Centre (ITTC) <i>Introduction to Motivational Interviewing</i>	Presenter: Thembekile Msane SANCA National <i>Power of Purpose: Advanced SUD training course for treatment professionals</i>	Chair workshop Presenter: Dr Goodman Sibeko, Mr David Bayever, Hon Minister Sharna Fernandez, Chantelle Pepper <i>Overview of The South African National Drug Master Plan</i>
11:30 – 12:00	WELLNESS BREAK		
12:00 – 14:30	Presenter: Dr. V. Thirumagal Columbo Plan Drug Advisory Programme <i>Working with Families with Substance Use Disorders : Overview of UTC 14</i>	Presenter: Colber Prosper, Roger Weimann, Terrence Makananisa Community Anti-Drug Coalitions of America (CADCA) and SANCA <i>Building anti-drug coalitions: Finding solutions for communities</i>	Chair workshop Presenter: Dr Lochan Naidoo, Prof Raju Hajela, Dr Roshan Bhad <i>Medication Assisted Treatment; Detoxification; The physician's role on detoxification and treatment</i>
14:30 – 15:00	WELLNESS BREAK		
15:00 – 17:30	-	Presenter: Prof Praneet Valodia, Delon Human, Ron Pohar, Enrique Teran, Karl Fagerstrom, Joseph Magero, Dr Imane Kendili Moderator: Dr Kgosi Letlape <i>Tobacco Harm Reduction Symposium</i> Poster presentation: Prof Maria Florence University of The Western Cape <i>Do psychosocial factors correlate with cigarette smoking?</i>	Presenter: Dr Annabel Mead Adcock Ingram Critical Care <i>Reflections on Medically Assisted Treatment</i> *NOTE: Separate registration required: limited to Medical Practitioners Only
17:30 – 18:00	WELLNESS BREAK		
18:00 – 19:30	-	Panellists: José Luis Vázquez Martínez (CICAD) Luis Alfonzo (PAHO) Beverly Reynolds (CARICOM) Organization of American States Opening remarks: Jimena Kalawski Moderator: Ms Andrea Escobar Panel discussion: <i>Quality in the treatment of SUD in Americas</i>	-



22 JULY 2021

ADDICTION 2021 DAY ONE

TIME	TOPIC	DESCRIPTION	SPEAKERS AND MODERATORS
08:00 – 08:30	REGISTRATION		
08:30 – 09:00	Conference opening: Performance piece		Township Yogi Project
09:00 – 09:15	Conference opening: Welcome address		Rev Jannie Smith, SANCA National Chairperson Dr Goodman Sibeko, ADDICTION 2021 Conference Chairperson
09:15 – 09:35	Keynote address 1	Drug demand reduction in South Africa: Harnessing partnership and collaborative efforts between the state and other partners	Honourable Ms Lindiwe Zulu, Minister of Social Development, South Africa
09:35 – 09:45	Keynote address 2	Global Challenges and Opportunities in Addressing Substance Use	Brian Morales, US Department of State
09:45 – 09:55	Keynote address 3	Africa Policy Direction	H.E Mrs Amira Elfadil, Commissioner for Health, Humanitarian Affairs and Social Development, African Union Commission
09:55 – 10:15	WELLNESS BREAK		
10:15 – 10:35	Track 1: Research into practice	Addiction is a primary chronic brain disease	Speaker: Prof Raju Hajela Moderator: Dr Lochan Naidoo
10:35 – 10:55	Track 2: Capacity building and advocacy	Towards the identification of a Dual Disorder Depressive Syndrome	Speaker: Prof Icro Maremmanni Moderator: Prof Solomon Rataemane
10:55 – 11:15	Track 3: Legislation, policy and enforcement	Overview of Drug Demand Reduction in Africa	Speaker: Dr Jane-Marie Ong'olo, African Union Commission Moderator: Prof Zuki Zingela
11:15 – 11:45	Live Q&A	Reflections and poll outcomes	Speakers and moderators
11:45 – 11:55	Announcements	Instructions for parallel sessions	Dr Goodman Sibeko
11:55 – 12:30	WELLNESS BREAK		
TIME	TOPIC	DESCRIPTION	SPEAKERS AND MODERATORS
12:30 – 14:00	PARALLEL SESSIONS 1 (CHOOSE 1 TO ATTEND)		
	Track 1: Research into practice – Current Evidence Session lead: Andrea Escobar Speaker: Dr Nadine Harker Burnhams South African Medical Research Council (SAMRC) Burden of Substance Use Disorders in South Africa: Strengths and Gaps in Research	Track 2: Capacity building and advocacy – Curriculum Development / Capacity Building Session lead: Jannie Hugo Speaker: Dr Beatrice Kathungu Department of Psychology, Kenyatta University (KU), Nairobi, Kenya Curriculum development for best practice in the management of substance use disorders in Kenya	Track 3: Legislation, policy and enforcement – Current policy and legislation Session lead: Dr Pelmos Mashabela Speaker: Adv Luyanda Mtshothisa SA Department of Social Development Review of the Prevention of and Treatment for Substance Abuse Act, 2008



	<p>Speaker: Ms Siphokazi Dada South African Community Epidemiology Network on Drug Use (SACENDU) <i>Substance use treatment admissions in South Africa: Analysis of the South African Community Epidemiology Network on Drug Use data, 2009-2019</i></p> <p>Speaker: Mr Luvuyo Teko Nelson Mandela University <i>The role of community led support groups in facilitating recovery during aftercare to young adults with a substance use disorder</i></p> <p>Speaker: Ms Alexandra Rose University of Maryland <i>Use of peers to re-engage patients who use substances in HIV/TB care in South Africa: Stakeholder perspectives</i></p>	<p>Speaker: Dr Nkereuwem Ebiti Federal Neuropsychiatric Hospital Curriculum development and capacity building for best practice in the management of substance use disorders in Nigeria</p> <p>Speaker: Dr Alma de los Angeles Cruz Juarez Universidad Veracruzana <i>Prevention of drug use within the curriculum of the new bachelor's degree for the Comprehensive Care of People with Disabilities</i></p> <p>Speaker: Ms Lameze Abrahams University of Cape Town/ SA Department of Health <i>Development of Academic Curricula in the Science of Addiction in South African Universities and Clinical Psychology Training Programmes: A Pilot Case Study</i></p>	<p>Speaker: Dr Kgalabi Ngako, SA Department of Health, Directorate of Mental Health and Substance Abuse <i>Health Sector Drug Masterplan, Medication Assisted Treatment</i></p> <p>Speaker: Ms Sue Thau CADCA Policy Development Consultant <i>Legalization and Decriminalization Are Very Different Policies.</i></p> <p>Speaker: Adv Sarel Robbertse Department of Justice <i>Legislation around drug trafficking</i></p>
14:00 – 14:20	WELLNESS BREAK		
14:20 – 15:50	PARALLEL SESSIONS 2 (CHOOSE 1 TO ATTEND)		
	<p>Track 1: Research into practice – Factors that impact on treatment</p> <p>Session lead: Dr Rodger Meyer</p> <p>Speaker: Dr Pamela R.N. Kaithuru Kenya Meteorological Department <i>An assessment of the relationship between self-motivation and management of substance use disorders among Persons in Recovery in Mombasa County</i></p> <p>Speaker: Ms Corné Coetzee University Of Limpopo Department of Pharmacy <i>Prevalence and characteristics of South African treatment-seeking patients with substance use disorder and co-occurring attention-deficit/hyperactivity disorder</i></p>	<p>Track 2: Capacity building and advocacy – Factors that impact on capacity building and advocacy</p> <p>Session lead: Roger Weimann</p> <p>Speaker: Mr Thembinkosi Singwane SANCA <i>Rendering services to people with substance use disorders: perceptions of social workers in Ehlanzeni District, Mpumalanga</i></p> <p>Speaker: Dr Rich Goncalves University Of Cape Town <i>Stigmatising views towards patients with substance use disorder and major depressive disorder amongst non-specialist TB & HIV care providers: an exploratory study.</i></p>	<p>Track 3: Legislation, policy, and enforcement – Factors that impact on policy implementation</p> <p>Session lead: Shaun Shelly</p> <p>Speaker: Prof Stephan Geyer University of Pretoria <i>Managing risk factors for substance misuse among employees in the waste management sector: Perspectives from an Africa-based public waste management organisation</i></p> <p>Speaker: Dr Ajwang' Warria University Of the Witwatersrand <i>Sex trafficking and drug addiction: Reflections for practice in South Africa</i></p> <p>Speaker: Dr Johannes B Laurens Expert Laboratory Services <i>Scientific detection of inappropriate substance use</i></p>



	<p>Speaker: Mr Yuche Jacobs South African Medical Research Council <i>A novel brief treatment for methamphetamine use disorders in South Africa: a randomised feasibility trial.</i></p> <p>Speaker: Mr Josh Murphy U-act / NIH Global Health Fellow <i>Implementation Progress: Multiple pathways of recovery delivered by the Ubuntu Addiction Community Trust and Pocket Rehab in South Africa and Internationally</i></p> <p>Speaker: Dr Tanya Calvey University of the Witwatersrand <i>Fronto-temporal cortical atrophy in 'nyaope/whoonga' combination heroin and cannabis use disorder- Implications for drug treatment policy</i></p>	<p>Speaker: Dr Lisa Dannatt University of Cape Town, Department of Psychiatry and Mental Health <i>The views of healthcare providers on integrating a brief treatment to address methamphetamine use among patients with a dual diagnosis</i></p> <p>Speaker: Dr Natasha Gloeck University of Pretoria <i>Demographics, substance use practices and experience of providing opioid withdrawal management for people experiencing homelessness at city shelters during the COVID-19 lockdown in Tshwane, South Africa</i></p> <p>Speaker: Ms Nanette Minnaar Kaleidoscope Development and Training <i>The development of a positive psychology intervention to improve intrinsic motivation for the treatment of substance use disorders</i></p>	<p>Speaker: Dr Breggie Smook SANCA Affiliated <i>Closing the GAP: A collaborative approach between the employment sector and SANCA to address substance use disorders (SUD) in the workplace.</i></p> <p>Speaker: Mr Michael Wilson Advance Access & Delivery SA <i>Overdoses among street-based people who use drugs in South Africa: Findings from a three-city pilot survey</i></p>
14:20 – 15:50		<p>Poster presentation: Prof Marichen Van Der Westhuizen, Dr Shernaaz Carelse University of Western Cape <i>What does 'treatment' mean? Service users' description of treatment experiences</i></p>	
15:50 – 16:00	Day 1 close		Video
16:00 – 17:00	ISSUP SA Launch	<p>ISSUP Global Overview ISSUP African Chapters Overview</p>	<p>Speakers: Livia Edegger, Deputy Director International Society of Substance Use Professionals (ISSUP) Michael Brobbey, National Chapters Regional Coordinator International Society of Substance Use Professionals (ISSUP) Roger Weimann, chairperson of the ISSUP SA Chapter Steering Committee</p>



18:00 – 19:30		<p>Panellists: José Luis Vázquez Martínez (CICAD), Luis Alfonzo (PAHO), Uki Atkinson (National Council on Drug Abuse, Ministry of Health, Kingston, Jamaica).</p> <p>Opening remarks: Jimena Kalawski</p> <p>Moderator: Ms Andrea Escobar</p> <p>Panel discussion: <i>Training on the treatment of substance use disorders in Latin America during the COVID-19 pandemic: the transition to virtual sessions</i></p>	
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23 JULY 2021

ADDICTION 2021 DAY TWO

TIME	TOPIC	DESCRIPTION	SPEAKERS AND MODERATORS
08:00 – 08:45	REGISTRATION		
08:45 – 09:00	Conference opening: Welcome address, recap and announcements		Moderator: Mrs Adrie Vermeulen The South African National Council on Alcoholism and Drug Dependence
09:00 – 09:20	Keynote address 4: The Addicted Brain		Speaker: Dr Lize Weich South African Addiction Medicine Society (SAAMS)
09:20 – 10:50	PARALLEL SESSIONS 3 (CHOOSE 1 TO ATTEND)		
	Track 1: Research into practice – Research into Practice Session lead: Ms Siphokazi Dada Speaker: Dr Hemant Nowbath, Specialist Psychiatrist (South African Society of Psychiatrists) <i>Double trouble: Psychosis and Substance Use Disorders</i> Speaker: Dr Robert Bothwell Akeso Kenilworth Clinic <i>Maintenance following acute treatment</i> Speaker: Dr Litha Fatsha Medscheme (Pty) Ltd <i>South African benchmarking practices</i> Speaker: Mr Levi Singh SRHR Africa Trust <i>Development of a Continental Strategy on Education for Health and Well-being for adolescents and young people in Africa.</i> Speaker: Dr Jo-Marie Alvera Siemens University of Pretoria <i>Patterns of methadone use in the management of acute opioid withdrawal in a shelter setting during the national covid-19 lockdown</i>	Track 2: Capacity building and advocacy – Collaboration for Capacity Building and Advocacy Session lead: Ms Louina Le Roux Speaker: Ms Kim Johnson International Consortium of Universities for Drug Demand Reduction (ICUDDR) <i>International collaborations in the development and dissemination of best practice curricula</i> Speaker: Mr George Murimi Colombo Plan Drug Advisory Programme <i>Collaborating with governments across the African Continent in cadre capacitation for drug demand reduction</i> Speaker: Dr Ángel Prado García Centros de Integración Juvenil (CIJ) Mexico <i>Dissemination of knowledge in centros de integración juvenil (mexico). From informal courses to postgraduate training</i> Speaker: Dr Beatrice Kathungu Department of Psychology, Kenyatta University (KU), Nairobi, Kenya <i>What makes a competent practitioner?</i>	Track 3: Legislation, policy and enforcement – Standards, Surveillance and Enforcement Session lead: Dr Abel Basutu Speaker: Mr Jan-Christopher Gumm, Ms Sanita Suhartono United Nations Office on Drugs and Crime <i>UNODC – WHO International Standards for the Treatment of Drug Use Disorders</i> Speaker: Captain Marius Botha South African Police Service <i>Drug Demand Reduction in Africa. The role of the South Africa's Directorate for Priority Crime Investigation (DPCI)</i> Speaker: Dr Abel Basutu, <i>Challenges and Opportunities of Data Collection in Africa; Africa Union Response</i> Speaker: Dr Nkerekwem Ebiti Federal Neuropsychiatric Hospital <i>Snapshot: Nigeria's Surveillance system</i> Speaker: Mr Hakan Demirbiken <i>Drug Trade, Surveillance and Impact</i>



10:50 – 11:10	WELLNESS BREAK		
TIME	TOPIC	DESCRIPTION	SPEAKERS AND MODERATORS
11:10 – 13:10	Ethics Workshop - Channel 1 <i>Speaker:</i> Mr Hitler Sekhitta South African Council for Social Service Professions (SACSSP) Social work ethics during Covid-19 and online counselling	Ethics Workshop - Channel 2 <i>Speaker:</i> Dr Janine Brooker Town Hill Hospital MHCUs: Ethics and Human Rights during COVID-19	
13:10 – 13:30	WELLNESS BREAK		
	FINAL PLENARY PANEL		
13:30 – 13:50	Track 1: Research into practice		<i>Speaker:</i> Prof Vivek Benegal National Institute of Mental Health and Neurosciences <i>Moderator:</i> Dr Lochan Naidoo
13:50 – 14:10	Track 2: Capacity Building and Advocacy	Training in addiction psychiatry as a sub-speciality in South Africa	<i>Speaker:</i> A/Prof Henk Temmigh Valkenberg Hospital <i>Moderator:</i> Prof Solomon Rataemane
14:10 – 14:30	Track 3: Legislation, Policy and Enforcement	The role of the Central Drug Authority in Drug Demand Reduction in South Africa	<i>Speaker:</i> Ms Nyameka Mayakhula-Khoza National Department of Social Development <i>Moderator:</i> Prof Zuki Zingela
14:30 – 15:00	Live Q&A	Reflections and discussion	<i>Speakers:</i> Department of Social Development, Department of Health <i>Moderator:</i> Track chairs
15:00 – 15:20	Keynote address 5		<i>Speaker:</i> Honourable Dr Mathume Joseph Phaahla, Deputy Minister of Health <i>Moderators:</i> Rev Jannie Smith Dr Goodman Sibeko
15:20 – 15:30	Conference close	Resolutions, preface for 2022 conference, thanks, close	Dr Goodman Sibeko ADDICTION 2021 Conference Chairperson



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