

Gut microbiome as a target in dietetic practice

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Kevin Whelan is the Professor of Dietetics and Head of the Department of Nutritional Sciences at King's College London. He is a Principal Investigator leading a research programme exploring the interaction between diet, the gastrointestinal microbiota and health and disease. He has undertaken numerous multi-centre investigations of the microbiota in patients with inflammatory bowel disease, irritable bowel syndrome and patients receiving artificial nutrition, and the use of diet to modify these. He has published over 150 peer-reviewed papers on the topics of fibre, probiotics, prebiotics and FODMAPs. He is the Series Editor of the BDA book series 'Advanced Nutrition and Dietetics' which consists of four books on Gastroenterology, Diabetes, Obesity and Nutrition Support and on the editorial board of the Journal of Human Nutrition and Dietetics and Alimentary Pharmacology and Therapeutics. In 2012 he was awarded the Nutrition Society Cuthbertson Medal for clinical nutrition, in 2017 was appointed a Fellow of the British Dietetic Association and in 2018 delivered the Dr Elsie Widdowson Memorial Lecture.

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