

Consensus around definitions of dietary counselling

Dr Elizabeth Weekes, Guy's & St Thomas' NHS Foundation Trust (United Kingdom)

Dr Liz Weekes is a dietitian with 25 years clinical and research experience in the detection and management of disease-related malnutrition. Having worked predominantly in the acute setting during her early career, her PhD studies focused on the identification, assessment and management of nutritionally vulnerable community-based individuals with chronic obstructive pulmonary disease. More recently Dr Weekes has extended her studies to include evaluating both hospital and community-based initiatives designed to improve the nutritional care of elderly people, and undertaking systematic reviews. Dr Weekes has a particular interest in patient-centred outcomes, such as quality of life and activities of daily living, and the health economic analysis of nutritional interventions. These interests are reflected in her current research where she is leading a large, observational study designed to explore the impact of malnutrition on older people in the community. Dr Weekes is a Cochrane-trained systematic reviewer and, together with Dr Christine Baldwin, has completed two Cochrane reviews. She has extensive experience of guideline development and recently led the guideline group on the estimation of nutritional requirements for the Parenteral and Enteral Nutrition Group of the British Dietetic Association.

Dr Christine Baldwin, King's College (United Kingdom)

Dr Christine Baldwin graduated from The University of London and has worked as a dietitian for more than 20 years, accumulating considerable experience in both clinical practice and research into the management of malnutrition. Since 2007, she has worked as a Lecturer in Nutrition & Dietetics at King's College London.

Dr Baldwin's research interests are in the use of oral nutritional support interventions in the management of weight loss in acute and chronic illness and the patient experience of dietetic care as well as issues related to delivery of dietetic services. Christine also completed a Diploma in systematic reviews methodology in 1998. Since that time, she has worked on several systematic reviews of nutritional interventions in the management of nutritionally vulnerable patients, including two published in the Cochrane library.

Prof Mairan van Bokhorst de van der Scheuren, HAN University of Applied Sciences (Netherlands)

Marian de van der Schueren (RD, PhD) is a professor of Nutrition and Health at the HAN University of Applied Sciences. She registered as a dietitian in 1986 and worked as a clinical dietitian for 8 years before starting her PhD studies. She obtained a PhD on "Malnutrition in head and neck cancer patients" in 2000. She became head of the department of nutrition and dietetics of the Amsterdam UMC (location VUmc) in 2001 and has successfully contributed to the prosperous development of the department of nutrition and dietetics of the VUmc by establishing research lines and introducing evidence based practice into patient care. From 2009, she devotes her work to research only. In 2013 she was appointed a professor of Nutrition and Health at the HAN University of Applied Sciences. Her fields of interest are: malnutrition, nutritional screening and assessment, geriatrics and cancer.

She is/was a board member of several national and international committees, e.g. the Dutch Malnutrition Steering Group, the Dutch Society for Clinical Nutrition and Metabolism and the European Society for Clinical Nutrition and Metabolism, NutritionDay. She participates in several advisory groups, for example for the Dutch Dietetic Association and the Health Council of the Netherlands. She has published more than 150 peer-reviewed manuscripts and contributed to a dozen of book chapters. In 2019 she has been awarded the Honorary Dietetic Fellowship Award of the European Federation of Associations of Dietitians, 'for her continuous, outstanding and significant contribution to the advancement of dietetic practice, research or education, at a national, European and international level'.

Dr Heather Keller, University of Waterloo (Canada)

Heather Keller RD PhD is the Schlegel Research Chair in Nutrition & Aging at the University of Waterloo. Research programs cross the continuum of care and are focused on improving the nutritional status and food intake of older adults. Her acute care program of research is focused on improving food quality and nutrition care processes. Current projects include phase 2 of More-2-Eat and the Hospital Patient Food Satisfaction study. Research in residential and long term care is focused on improving the nutritional and sensory quality of food, as well as enhancing the mealtime experience for residents, family members and staff. Community based research includes nutrition care processes and improving food intake of vulnerable older adults, including those living with the dementia and/or frailty. Professor Keller has led several national research and knowledge translation projects, including the landmark Nutrition Care in Canadian Hospitals, More-2-Eat and Making the Most of Mealtimes in Long Term Care studies. Professor Keller has published widely and translates research into practice with practitioner tools and resources. As a founding member and past chair/co-chair (2009-2018) of the Canadian Malnutrition Task Force, she is involved in translating research into practice and advocating for improvements in nutrition care. She is currently the chair of the primary care working group for CMTF and involved in several national and international expert groups advancing the prevention, detection and treatment of malnutrition.

Dr Skye Marshall, Bond University (Australia)

Dr Skye Marshall (BNutrDiet, Hons Class I, PhD, APD) is a Senior Postdoctoral Research Fellow and Research Convener to the Master of Nutrition and Dietetic Practice at Bond University. Skye's research is focused on evidence-based practice in dietetics and health services; and is targeted to the specific fields of ageing, gastroenterology, oncology, and bariatrics.