

Food + Planet Co-founder - Bios

Sherene Chou, MS, RDN

Sherene is an award-winning dietitian and chef focused on building a more equitable and sustainable food system through the intersection of plant-based nutrition, food and social justice. She's collaborated with national brands and institutions to build innovative programs that focus on culinary nutrition and community empowerment. She serves as the Past Chair for the Academy of Nutrition and Dietetics, Vegetarian Nutrition Practice Group and serves on the Advisory Committee for the Teaching Kitchen Collaborative. She co-developed the first Culinary Medicine course at Keck USC School of Medicine, the Certificate of Training on Sustainable Food Systems for the Academy and was featured as one of Today's Dietitian Magazine's 10 RDs Making a Difference in 2019. In 2020, she co-founded Food + Planet, an initiative to empower healthcare professionals to transform the food system. Most recently, she was featured in the New York Times on the importance of diversifying healthcare. You can follow her work @eatsustainablefoods on Instagram.

Chris Vogliano PhD, RDN

Chris Vogliano PhD, RD is a Technical Advisor of Food Systems with the United States Agency for International Development - Advancing Nutrition (USAID AN), where he is currently working on adapting and implementing the first ever global diet quality monitoring system, the diet-quality questionnaire, in partnership with Harvard University and Gallup World Polls. Chris has worked to promote equity and sustainability across the food system, including designing policies and program interventions to improve food security for low income populations, to consulting with Fortune 500 brands on sustainability initiatives. Chris has given over 80 academic presentations both domestically and internationally, published numerous peer-reviewed research publications, and has served as research fellows for The Academy of Nutrition and Dietetics and Bioversity International. During his free time, Chris enjoys hiking, biking, and anything that allows him to spend time in nature.

Kate Geagan MS, RDN

Kate is an award-winning dietitian and nutrition pioneer who has helped millions of eaters fall in love with foods that are transformative for people and planet. She is the author of *Go Green Get Lean: Trim Your Waistline with the Ultimate Low-Carbon Footprint Diet* (Rodale), and columnist with Clean Eating Magazine. Bringing deep expertise at the intersection of food, agriculture and sustainability, Kate is a strategic partner to some of the world's leading purpose-driven companies, carbon-focused investment funds, and regenerative food startups. She is a co-founder of Food and Planet, a nonprofit whose mission is to equip 1 million health professionals to advance regenerative, sustainable diets by 2025. Kate has shared her insights on how sustainability is rapidly reshaping the future of food with executive, investor, influencer, health professional and consumer audiences worldwide. She has given over 1,500 media interviews as a trusted health and sustainability expert, including over 2 dozen appearances on the Emmy award-winning *Dr. Oz Show*.

Sharon Palmer, MSFS, RDN

Known as The Plant-Powered Dietitian, Sharon has established an award-winning career in the field of plant-based nutrition and sustainability. One of the most widely recognized registered dietitians in the world, Sharon is an accomplished writer, editor, blogger, author, speaker, professor, advisor, and media expert. In particular, she has gained recognition for her expertise in plant-based nutrition and sustainability. Sharon has authored over 1000 articles in a variety of publications, including Better Homes and Gardens, Oprah Magazine, and LA Times. Her book *The Plant-Powered Diet: The Lifelong Eating Plan for Achieving Optimal Health, Beginning Today* (The Experiment, July 2012) was a critical success, which was followed by her second book *Plant-Powered for Life: Eat Your Way to Lasting Health with 52 Simple Steps & 125 Delicious Recipes* in July 2014. Her latest book, *California Vegan: Inspiration and Recipes from the People and Places of the Golden State*, was published on March 15, 2021. And she's currently working on her fourth book on plant-based eating due for publication in 2022. Sharon also has contributed to several book chapters on nutrition and sustainability. She serves as the nutrition editor for *Today's Dietitian*, associate faculty in the MS of Sustainable Food Systems Program at Prescott College, nutrition consultant for several organizations such as AICR and Oldways, and co-founder of Food and Planet. Sharon presents frequently at conferences, and is a weekly contributing nutrition expert in the media, including print, online, radio, podcasts, television, social media, videos, and film. Sharon enjoys organizing farm and sustainability tours across the world, including her collaboration on her Italian Alps Sustainability Food Tour. Sharon recently completed her Master of Science in Sustainable Food Systems from Green Mountain College in Vermont. And she still has time to blog every day for her popular online community (400 K members strong and growing) at SharonPalmer.com, The Plant-Powered Dietitian. Living in the sustainability mecca of Ojai, California with her husband and two dogs, Sharon enjoys tending to her own organic garden, visiting the local farmers market, volunteering in local environmental organizations, and cooking for friends and family.