

Evidence-based Nutrition Practice Guidelines (EBNPG): a Targeted Approach to Interventions

Effective interventions help improve health outcomes in hospitalized patients. Dietitians should use evidence-based interventions to plan nutrition care for high risk patients. The Academy of Nutrition and Dietetics has EBNPG (based on systematic reviews) which inform nutrition practice. Interventions ideally are targeted to address the etiology of the nutrition problem. When that is not possible, interventions focus on improving signs and symptoms.

Speakers:

Mary Russell MS, RDN, LDN, FAND--Academy of Nutrition and Dietetics
Deepa Handu PhD, RDN, LDN—Academy of Nutrition and Dietetics
Alison Steiber PhD, RD—Academy of Nutrition and Dietetics

Brief Symposium Outline

Introduction: Mary Russell

The Nutrition Care Process and the Evidence Analysis Librery Methods: Deepa Handu

Alignment of Evidence-Based Practice with the Steps in the Nutrition Care Process: Alison Steiber

Case Studies of Interventions using EBNPG (oncology, heart failure, critical illness): Mary Russell

Summary, Q/A: all