

Different countries, different stories and different journeys towards a common Nutrition Care Process and Terminology – (NCP/NCPT)

In 2005 the International Confederation of Dietetic Association supported the Nutrition Care Process and Terminology (NCPT) as important to nutrition and dietetic practice globally as an international standardized language. Practical ideas will be discussed demonstrating different ways people have implemented NCPT.

There have been changes to the NCP model and advances made to NCPT language to enhance suitability across varied cultures and healthcare systems including hints for NCPT translations. There are many continuing opportunities by which the profession can actively contribute to the Dietetic Language. Common issues are being identified and solved by countries participating in the International NCP/NCPT Implementation Survey (INIS) which is an ongoing collaboration between researchers and dietetic practitioners across many countries.

To date, global attitudes and implementation of NCP/NCPT from 10 different countries across the Americas, Europe and Australasia have been explored. Common enablers, barriers & challenges were identified with a goal of working towards collective solutions. Future directions for NCPT include standardizing training to streamline consistency, advancing nutrition-focused outcomes research made possible by using NCPT, functional use of NCPT as electronic records become more common, development of NCPT language for Public Health, and preferred ways for professionals to be involved and informed.