

## SCIENTIFIC PROGRAMME

DAY 1 | Thursday, 7 March 2024 - WORKSHOPS

MORNING WORKSHOPS | 08:30 - 12:30

<b>VENUE:</b> Magnifica 2	<b>ACT for youth: Core Principles and Processes</b> Dr David Rosenstein, Cognitive Behaviour Therapy (South Africa) Mr Hannes Wessels, Private Practice (South Africa)	<b>VENUE:</b> Magnifica 3	<b>Demystifying Sensory Integration in Neurodiversity (SAISI)</b> Ms Gina Rencken, University of KwaZulu-Natal (South Africa) Ms Ray-Anne Cook, Private Practice (South Africa)
------------------------------	--	------------------------------	---

AFTERNOON WORKSHOP | 13:00 - 16:30

<b>VENUE:</b> Magnifica 2	<b>Fostering Resilience: Collaborative Approaches to Supporting Children in Extreme Distress (contemplating or attempting suicide)</b> Dr Jean-Pierre Hartmann, Department of Health & Wellness - Primary Care (South Africa) and Dr Rene Nassen, Stellenbosch University (South Africa)
------------------------------	---

FULL DAY WORKSHOP | 08:30 - 17:00

<b>VENUE:</b> Magnifica 1	<b>Research Development Workshop for Emerging Researchers</b> <b>Facilitators:</b> Ms Marisa Viljoen, University of Cape Town (South Africa), Dr Stella Mokitimi, Western Cape Department of Health (South Africa) <b>Mentors:</b> A/Prof Michal Harty, Prof Petrus de Vries, University of Cape Town (South Africa), A/Prof Eugene Lee Davids, Department of Psychology, University of Pretoria (South Africa) and Dr Anna E. Ordóñez, National Institute of Mental Health (NIMH) (United States)
------------------------------	--

17:00 - 19:00	Welcome Function
---------------	------------------

DAY 2 | Friday, 8 March 2024

<b>OPENING PLENARY SESSION   VENUE: Magnifica 1 2</b> <b>SESSION CHAIRPERSON:</b> A/Prof John-Joe Dawson-Squibb, University of Cape Town (South Africa)	
--	--

08:30 - 08:45	<b>Welcome and Opening Remarks by Prof Linda Theron, SA-ACAPAP President</b>
---------------	--

08:45 - 09:45	<b>KEYNOTE ADDRESS: Insights on CAMH: From a global perspective to what is new in ADHD</b> Prof Luis Rohde, Federal University of Rio Grande do Sul   Hospital de Clinics de Porto Alegre (Brazil)
---------------	---

<b>PLENARY SESSION 1   VENUE: Magnifica 1 2</b> <b>SESSION CHAIRPERSONS:</b> Dr Lauren Franz, Duke University (United States) and Prof Petrus de Vries, University of Cape Town (South Africa)	
---	--

**SYMPOSIUM | Contextually relevant technology to support families with neurodevelopmental disabilities**

09:45 - 11:00	1   Ms Marisa Viljoen   2   Ms Minkateko Ndlovu   3   Prof Petrus de Vries   4   Dr Nola Chambers, University of Cape Town (South Africa)
---------------	---

11:00 - 11:30	TEA   COFFEE BREAK
---------------	--------------------

<b>PARALLEL SESSION 1A   VENUE: Magnifica 1</b> <b>SESSION CHAIRPERSON:</b> Dr Merry Young, Private Practice (South Africa)		<b>PARALLEL SESSION 1B   VENUE: Magnifica 2</b> <b>SESSION CHAIRPERSON:</b> Dr Stella Mokitimi, Department of Health (South Africa)	
---	--	---	--

11:30 - 11:45	<b>Towards integrated service delivery for children with autism in South Africa</b> Dr Sarosha Pillay, University of Cape Town (South Africa)	<b>Prevalence of depressive and anxiety symptoms among caregivers of children and adolescents with mental illness in two treatment centers in Botswana</b> Dr Tseleng Maphane, University of Botswana (Botswana)	
---------------	--	---	--

11:45 - 12:00	<b>Autism Caregiver Coaching in Africa (ACACIA): Design for a type 1 hybrid effectiveness-implementation trial</b> Ms Katlego Sebolai, University of Cape Town (South Africa)	<b>Prevalence and factors associated with depression and anxiety among young adolescents aged 10 to 14 years in school settings in the Western Cape Province</b> Ms Mirriam Mkhize, University of Cape Town (South Africa)	
---------------	--	---	--

12:00 - 12:15	<b>The Open Source Screening and Diagnostic Tool for autism (OSSDx) – feasibility findings from South Africa</b> Dr Erin Campbell, University of Cape Town (South Africa)	<b>Adolescent Social Media Use: Privacy &amp; Mental Health (ASMUM) What is the association between having a publicly available social media account and anxiety and depression in adolescents?</b> Dr Wakithi Siza Mabaso, University of Oxford (South Africa)	
---------------	--	--	--

12:15 - 12:30	<b>Using telehealth to coach caregivers of young autistic children in South Africa implementation outcomes and caregiver-child signals of change</b> Ms Marisa Viljoen, University of Cape Town (South Africa)	<b>Structural connectivity of brain networks in young children exposed to maternal depression: Findings from a South African birth cohort</b> Dr Nynke A. Groenewold, University of Cape Town (South Africa)	
---------------	---	---	--

12:30 - 12:45	(15 minutes) DISCUSSION	(15 minutes) DISCUSSION	
---------------	-------------------------	-------------------------	--

12:45 - 13:30	2024 SA-ACAPAP General Meeting   VENUE: Magnifica 1		
---------------	---	--	--

12:45 - 14:00	LUNCH		
---------------	-------	--	--

<b>PARALLEL SESSION 2A   VENUE: Magnifica 1</b> <b>SESSION CHAIRPERSON:</b> A/Prof Michal Harty, University of Cape Town (South Africa)		<b>PARALLEL SESSION 2B   VENUE: Magnifica 2</b> <b>SESSION CHAIRPERSON:</b> Dr Sarosha Pillay, University of Cape Town (South Africa)	
---	--	---	--

14:00 - 14:15	<b>The multisystemic roots of adolescent and emerging adult resilience to depression</b> Prof Linda Theron, University of Pretoria (South Africa)	<b>The benefits of sharing the House-Tree-Fire-Water-Person drawings of anxious children with their parents</b> Mrs Judith Bredekamp, University of Pretoria (South Africa)	
---------------	--	--	--

14:15 - 14:30	<b>Scaling up child and Adolescent mental health services at primary health care level in the Western Cape province of South Africa</b> Dr Stella Mokitimi, Western Cape Department of Health (South Africa)	<b>Unravelling a complex case of a non-walking 12-year-old - when trauma complicates clinical presentation</b> Ms Gina Rencken, SAISI & University of KwaZulu-Natal (South Africa) Ms Ray Anne Cook, SAISI (South Africa)	
---------------	---	---	--

14:30 - 14:45	<b>Temporality and the re-evaluation of memories in aging child Holocaust survivors: a developmental trajectory</b> Dr Cora Smith, University of the Witwatersrand (South Africa)	<b>Addressing Praxis Difficulties to Alleviate Anxiety in a Paediatric Case Study</b> Ms Emma Wijnberg, South African Institute For Sensory Integration (South Africa)	
---------------	--	---	--

14:45 - 15:00	(15 minutes) DISCUSSION	(15 minutes) DISCUSSION	
---------------	-------------------------	-------------------------	--

15:00 - 15:15	TEA   COFFEE BREAK		
---------------	--------------------	--	--

<b>PLENARY SESSION 2   VENUE: Magnifica 1 2</b> <b>MODERATORS:</b> A/Prof John-Joe Dawson-Squibb, University of Cape Town (South Africa)   Dr Carla Groenewald, North-West University (South Africa)			
---	--	--	--

PANEL DISCUSSION

15:15 - 16:00	<b>PANEL:</b> Dr Rene Nassen, Stellenbosch University (South Africa)   Dr Anusha Lachman, Tygerberg Hospital, Stellenbosch University (South Africa)   Prof Petrus de Vries, University of Cape Town (South Africa)   Prof Linda Theron, University of Pretoria (South Africa)   Dr Anna E. Ordóñez, National Institute of Mental Health (United States)		
---------------	--	--	--

<b>PLENARY SESSION 3   VENUE: Magnifica 1 2</b> <b>SESSION CHAIRPERSON:</b> A/Prof John-Joe Dawson-Squibb, University of Cape Town (South Africa)			
--	--	--	--

16:00 - 17:00	<b>KEYNOTE ADDRESS: In Pursuit of Joy: the potential of positive early infant engagements</b> Dr Anusha Lachman, Tygerberg Hospital   Stellenbosch University (South Africa)		
---------------	---	--	--

18:30 - 22:00	Gala and Awards Dinner   VENUE: Omega Room		
---------------	--	--	--

**PLENARY SESSION 4 | VENUE: Magnifica 1|2**

**SESSION CHAIRPERSON:** Prof Petrus de Vries, University of Cape Town (South Africa)

08:30 - 09:30 **KEYNOTE ADDRESS: Child and Adolescent Mental Health: The Role for Research in a Global Context**  
Dr Anna E. Ordóñez, National Institute of Mental Health (NIMH) (United States)

**PLENARY SESSION 5 | VENUE: Magnifica 1|2**

**SYMPOSIUM | ARFID (Avoidant restrictive food intake disorder) - More than a fuss about feeding**

09:30 - 10:45 1 | Dr Carla Groenewald | 2 | Ms Hanlie Degnaar | 3 | Dr Michelle Bach | 4 | Ms Linda Retief, North-West University (South Africa)

**10:45 - 11:15 TEA | COFFEE BREAK**

**PARALLEL SESSION 3A | VENUE: Magnifica 1**  
**SESSION CHAIRPERSON:**  
Dr Simphiwe Simelane, University of Cape Town (South Africa)

**PARALLEL SESSION 3B | VENUE: Magnifica 2**  
**SESSION CHAIRPERSON:**  
Ms Marisa Viljoen, University of Cape Town (South Africa)

11:15 - 11:30 **"A turn in the road, but still a rough journey" - Parent and child perspectives of outcomes after pre-adolescent inpatient psychiatric admission**  
Ms Tania Swart, University of Cape Town (South Africa)

**From Empilweni, Khayelitsha, to Transcultural Centre for refugees, Stavanger, Norway. Lessons learned in South Africa**  
Dr Aina Vaage, Transcultural Centre For Refugees (Norge)

11:30 - 11:45 **Bullying in schools: A growing scourge of violence. Do we have legislation that informs intervention?**  
Mr Clive Willows, Private Practice (South Africa)

**Reasons for Referral and Assessment Results at Ububele Pre and Post COVID-19**  
Ms Sherylene Ganesh, Ububele Education and Psychotherapy Trust (South Africa)

11:45 - 12:00 **A demographic and mental health profile of children and adolescents accessing a gender-affirming, gender identity development service in South Africa: A retrospective case series study**  
Dr Simon Pickstone-Taylor, University of Cape Town (South Africa)

**The Effect of the COVID-19 Pandemic on the mental health of occupational therapists and children due to changes in service delivery**  
Dr Janine van der Linde, University of the Witwatersrand (South Africa)

12:00 - 12:15 **How do we de-medicalize mental health for child protection officers and the children in their care?**  
Dr Deirdre Blackie, Courage Child Protection & Empowerment (South Africa)

**The NBO as a Preventative Infant Mental Health tool for Southern Africa**  
Dr Ms Sherylene Ganesh, Ububele Education and Psychotherapy Trust (South Africa)

12:15 - 12:30 (15 minutes) DISCUSSION

(15 minutes) DISCUSSION

**12:30 - 13:30 LUNCH**

**PARALLEL SESSION 4A | VENUE: Magnifica 1**  
**SESSION CHAIRPERSON:**  
Dr Nola Chamber, University of Cape Town (South Africa)

**PARALLEL SESSION 4B | VENUE: Magnifica 2**  
**SESSION CHAIRPERSON:**  
A/Prof Eugene Lee Davids, University of Pretoria (South Africa)

13:30 - 13:45 **Intellectual Disability Support: Traditional Healers' Views on Collaboration with Western-Trained Healthcare Practitioners**  
Ms Monique Os and Ms Simthandile Witbooi, University of Cape Town (South Africa)

**The application of theory and research when recommending care and contact arrangements for infant children of separated parents**  
Mr Clive Willows, Private Practice (South Africa)

13:45 - 14:00 **Putting cultural difference in its place: Barriers to access to health services for parents of children with intellectual disability in an urban African setting**  
Dr Siyabulela Mkabile, University of Cape Town (South Africa)

**The effect of integration of the fear paralysis reflex on the occupational performance of children with handwriting problems**  
Mrs Jenine Bence, University of Stellenbosch (South Africa)

14:00 - 14:15 **Mapping the child and adolescent mental health landscape in South Africa: an electronic survey**  
Dr Simphiwe Simelane, University of Cape Town (South Africa)

**Patterns of sensory integration dysfunction in South African children as identified by the Evaluation in Ayres Sensory Integration®**  
Mrs Marica Botha, University of the Witwatersrand (South Africa)

14:15 - 14:30 (15 minutes) DISCUSSION

(15 minutes) DISCUSSION

**PLENARY SESSION 6 | VENUE: Magnifica 1|2**

**SESSION CHAIRPERSON:** Dr Carla Groenewald, North-West University (South Africa)

14:30 - 15:30 **KEYNOTE ADDRESS | ETHICS: Ethics in the Era of Emerging Technologies: Safeguarding Young People's Mental Health and Psychological Wellbeing**  
Ms Lucy Jamieson and Dr Heidi Matisonn, University of Cape Town (South Africa)

15:30 - 15:45 **2024 SA-ACAPAP Congress Closure**

**POSTER PRESENTATIONS**

POSTER NO.	POSTER   Presenting Author's	POSTER   Title
<b>MULTIDISCIPLINARY CARE</b>		
1	Ms Ronel Aylward, Goldclocks and the Bear Foundation (South Africa)	Improving awareness and access to Mental Health Care for all children from underprivileged areas
2	Dr Debbie Fewster, University of KwaZulu-Natal (South Africa)	A proposed quality of life practice model for primary caregivers of children with autism spectrum disorder within a South African context: venturing forward
3	Prof Saraswathi Govender, University of Limpopo (South Africa)	Mental health of parents of children with developmental disabilities in Limpopo Province, South Africa
4	Dr Sarosha Pillay, University of Cape Town (South Africa)	"We are on our own" - Caregiver perspectives of services for children with autism in rural and peri-urban areas in the Western Cape Province of South Africa
5	Ms Shoba Srivastava, University of Cape Town (India)	Understanding and supporting families with TSC-Associated Neuropsychiatric Disorders (TAND) in India – study proposal
<b>SHARING, LEADING, GROWING CHILD AND ADOLESCENT MENTAL HEALTH</b>		
6	Ms Maame Amoako, Duke University School of Medicine (United States)	Assessment of the Impact of a South African Caregiver Coaching Early Autism Intervention on Caregiver Stress: A Mixed-Methods Study
7	Ms Kirsty Beamish, Private Practice (South Africa)	Exploring the unique mental health challenges faced by gifted children and the appropriate support they require
8	Ms Casey Botha, University of the Western Cape (South Africa)	Caregivers' experiences of weaning their children from ADHD medication
9	A/Prof Eugene Lee Davids, University of Pretoria (South Africa)	Adolescent voices in research: The experiences of participation in health research
10	Dr Emile Gouws, University of South Africa (South Africa)	My Journey from a autistic adult to Postdoctoral Fellow
11	Dr Gaotswake Patience Kovane, North-West University (South Africa)	An investigation of alcohol and drug use and possible risk factors amongst nursing students at a University in the Western Cape
12	Ms Rorisang Machailo, North-West University (South Africa)	Towards an understanding of success of psychiatric nurses in caring for children with mental health problems: Appreciative Inquiry

13	Ms Tasneem Mohamed, University of Cape Town (South Africa)	Building an understanding to construct a plan: Occupational Therapy services provided to preschool aged children diagnosed with autism spectrum disorder across the different levels of service in Cape Town
14	Ms Audrey Moyo, Stellenbosch University (South Africa)	Engaging with young people with mental health lived experience to inform the statistical analysis of a large South African dataset
15	Dr Gillian Mrubula-Ngwenya, University of Limpopo (South Africa)	Mental health challenges faced by LGBT youth in Limpopo: a human rights and queer feminist intervention
16	Ms Gina Rencken, SAISI & University of KwaZulu-Natal (South Africa)	Considering sensory integrative disorders as a possible reason for oppositional behaviour
17	Dr Sarah Wawa Kombo, University of Cape Town (South Africa)	Mental Health Digital Innovations Ethical Concerns Among Young People In Kenya