

WEST COAST YOGA SEAFOOD+CRUISE



The West Coast with its quaint fishing villages, sea-side resorts and ever popular lagoon - lies south of the Berg River mouth and includes the West Coast National Park, stretching inland to Hopefield. Fishing and watersports are popular attractions throughout the region.



The coastal towns in the region boast rocky and sandy bays, beaches and an abundance of seafood. Boardsailing, windsurfing, sea kayaking, diving and angling, as well as whale watching in season are very popular. Spring flower runs August to December...



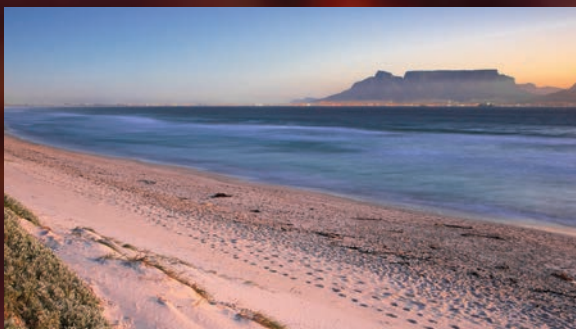
YOGA ON 16 MILE BEACH

Yzerfontein boasts South Africa's longest stretch of beach, 16 Mile Beach, which runs from Yzerfontein's Main Beach in the South, all the way up to the start of the West Coast National Park in the North. So bring along your towels and water bottles and experience a 45 minute session of Yoga on this breath-taking beach. 16 Mile beach offers whale watching from September (calving season) and is very popular with sunbathers.



CRUISE & SLIPWAY RESTAURANT

Embark on a 45min boat cruise where we will visit the oyster farm and will receive an introduction on how oysters are farmed and prepared before they are being distributed. The boat cruise will take you around the protected Saldanha salt water inland lagoon, passing the mussel and oyster farms that thrive here - Lunch at the Slipway Restaurant includes oyster tasting and a seafood lunch.



BLOUBERGSTRAND

One of the best photo locations in Cape Town! Bloubergstrand is a seaside area with views of the city which is simply breath-taking. It is possible to capture beautiful images of the iconic Cape Town peaks of Table Mountain with the waves crashing against the rocks in the foreground. Returning to departure point late afternoon.

08:00 collection from CTICC – returning at 17:00
Costing based on minimum 20 / maximum 38 guests

R1 950.00 per person

INCLUDES:

- Transportation
- English speaking guide
- Cruise on the Langebaan Lagoon
- Seafood lunch at Slipway Restaurant

EXCLUDES:

- Any other entrance fees
- Drinks with lunch

