



Hellenic Association of Orthopaedic Surgery & Traumatology
Athens Academy Award 2004

#MOSTForum 2022

Mediterranean **O**rthopaedic **S**urgery & **T**raumatology Forum

27-28 May 2022

Rodos Palace
Rhodes island, **Greece**



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Welcome



Dear Colleagues,

I wish to welcome you all to the **first Mediterranean Orthopaedic Surgery and Traumatology Forum - MOSTForum** that will be held from May 27th to May 28th 2022 in the beautiful Greek island of **Rhodes!**

The Forum is one of the latest scientific and educational initiatives of the **Hellenic Association of Orthopaedic Surgery and Traumatology - HAOST** and aims to provide a chance for Orthopaedic professionals **to connect** with colleagues and expand leadership knowledge. The Forum aims **to update** all attendees on the **latest trends** of Orthopaedic Surgery and Traumatology and **to provide** surgeons tips and tricks for everyday practice!

It is our first attempt after COVID-19 to reconnect with our colleagues from all over the Mediterranean territory and neighbor countries and I would be honored to receive your scientific contribution and welcome you all to the unique island of Rhodes!

Thanos Ch. Badekas MD

President of the Hellenic Association of Orthopaedic Surgery and Traumatology

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Scientific Program

📍 Nafsika Hall

Friday, 27 May 2022

12.00-14.00 REGISTRATIONS

14.30-15.00 WELCOME MESSAGE

15.00-16.00 FORUM I

Moderators: **T. Badekas** | **H. Elmowafi**

- Current Concepts in the Surgical Treatment of Calcaneus fractures
S. Tsitsilonis (*Germany*)
- Lisfranc Injuries
C. Vassos (*Greece*)
- Treatment of Haglunds
A. Pettas (*Cyprus*)
- Diabetic Foot
H. Elmowafi (*Egypt*)
- Sprained Ankle-Treatment, Recovery and Prevention
A. Antoniadis (*Germany*)
- Cavovarus Foot Treatment Algorithm
T. Badekas (*Greece*)
- Ankle Impingement Syndromes
M. Rozis (*Greece*)

16.00-17.30 FORUM II

Moderators: **A. Pittas** | **A. Kostakos**

- Etiologic Factors of the Failure of the ACL Reconstruction
K. Kateros (*Greece*)
- Biological Treatment of Chondral Diseases
E. Papadakou (*Greece*)
- Cartilage Injury: Healing and Repair Techniques
D. Koulalis (*Greece*)
- Meniscal Scaffolds: Results and Indications
M. Savvidis (*Greece*)
- All-inside ACL Reconstruction. Why, When and How
M. Iosifidis (*Greece*)
- Save the Meniscus, Meniscus Repair Techniques
P. Kouloumentas (*Greece*)
- Fast Track Knee
K. Bargiotas (*Greece*)
- Individualised Total Knee Arthroplasty Using Contemporary Technology
T. Karahalios (*Greece*)
- Posterior Cruciate Ligament Avulsion. Indication and Techniques of Fixation. (Open| Arthroscopic)
P. Nikolaou (*Greece*)



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Friday, 27 May 2022

17.45-18.00 **COFFEE BREAK**



18.00-19.00 **FORUM III**

Moderators: **M. Tiliakos** | **N. Andersen**

- Mini Stem in THA
G. Drosos (*Greece*)
- Surgical Management of High Hip Dislocation
G. Macheras (*Greece*)
- Hip Revision. The Difficult Hip
V. Bitounis (*Greece*)
- Optimizing Stability Following Primary Total Hip Arthroplasty
L. Poultsides (*Greece*)
- The Spectrum of Hip Dislocations in Children. Observations Through Practice
M. Fahmy (*Kuwait*)

19.00-20.00 **FORUM IV**

Moderators: **A. Fortis** | **T. Kormas**

- Pain-Free Total Knee Replacement Without Epidural Catheter
T. Demesticha (*Greece*)
- Intraoperative Ultrasonography in Orthopaedics
A. Fortis (*Greece*)
- Distraction Arthroplasty
D. Perugia (*Italy*)
- How to Treat Anterior Dislocation of Sternoclavicular Joints?
K. Raptis (*Greece*)

21.00

Opening Ceremony - Welcome Reception at Castello

Scientific Program

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Saturday, 28 May 2022

09.00-10.30 FORUM V

Moderators: **G. Kyriakopoulos** | **M. Klonaris**

- Damage Control Orthopaedics
G. Gkouvas
- Foot and Ankle Complex Fractures
N. Gougoulis (Greece)
- Pilon Fractures. Diagnosis and Treatment
L. Nikolakakos (Greece)
- Periprosthetic Knee Fractures
K. Tilkeridis (Greece)
- Avoiding Failure in Extra-Capsular Hip Fractures
G. Kyriakopoulos (Greece)
- Floating Elbow in Adults
K. Ditsios (Greece)

10.30-12.00 FORUM VI

Moderators: **M. Makestas** | **J. Galouzis**

- Sacral Fractures
V. Likomitros (Greece)
- Stabilization of thoracolumbar Osteoporotic fractures.
360 Degrees or only dorsal approach?
K. Kafhitsas (Germany)
- Trauma in Rigid Spines: AS & DISH
V. Igoumenou (Germany)
- Techniques and Tips for the Reconstruction of the VS Pelvic Lesion
K. Papakostidis (Cyprus)
- Pelvic and Sacral Tumors
P. Papagelopoulos (Greece)

12.00-12.30 BREAK



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Saturday, 28 May 2022

12.30-13.30 FORUM VII

Moderators: **C. Christoforidis** | **M. Dimitriadis**

- Avoiding Complication in Replantation - Revascularization Surgery
E. Papadogeorgou (*Greece*)
- Different Strategies in the Treatment of Periprosthetic Fractures of the Femur
A. Anastasiadis (*Germany*)
- Suprapatellar Nailing and Condylar Bolts in the Management of Intra and Extra-Articular Fractures of the Proximal Tibia
C. Garnavos (*Greece*)
- Complex Lower Limb Deformity Correction
Y. Elbatrawy (*Egypt*)

13.30-14.00 COFFEE BREAK



14.00-16.00 WORKSHOP

- Trauma and Complex Lower Limb Deformity Correction with the help of software applications

16.00-17.00 FORUM VIII

Moderators: **V. Psychogios** | **V. Dimitrakopoulos**

- Proximal Humeral Fractures. Fix or Replace
E. Fandridis (*Greece*)
- Rescue Shoulder Arthroscopy for Rotator Cuff
J. Chiotis (*Greece*)
- Radial Head Arthroplasty. Reasons of failure
O. Savvidou (*Greece*)
- Lateral Elbow Pain. Differential diagnoses. Role of Elbow Arthroscopy
C. Koukos (*Germany*)
- Elbow fracture dislocation. Conservative treatment
V. Psychogios (*Greece*)



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Saturday, 28 May 2022

17.00-18.00 FORUM IX

Moderators: **A. Daras** | **Z. Kiriazis**

- Surgical Treatment of Hallux Valgus In Children and Adolescent Using Scarf Procedure
N. Sabet (*Egypt*)
- Sports-Related Injuries in Children and Adolescents
R. Dimitriou (*Greece*)
- Root Meniscus Tears in Children and Adolescents
V. Chouliaras (*Greece*)
- Osteochondral injuries of the Knee in Children and Adolescents. An Update
P. Zogakis (*Greece*)
- Paediatric Tibial Eminence Fractures. Latest Trends in Treatment
G. Bozonelos (*Greece*)

18.00-18.30 COFFEE BREAK



18.30-19.30 FORUM X

Moderators: **M. Sokorelos** | **D. Nomikarios**

- Basic Principles of Upper Limb Tendon Transfers
P. Givissis (*Greece*)
- Brachial Plexus Injury Management Algorithm
M. Vekris (*Greece*)
- Peripheral Nerve Injuries Treatment Options
Z. Dailiana (*Greece*)
- Fragment Specific Surgical Treatment of Distal Radius Fractures
H. Dinopoulos (*Greece*)
- Percutaneous Intramedullary Fixation of Metacarpal and Phalangeal Fractures with Cannulated Screws: A Novel Approach
N. Darlis (*Greece*)
- Kienbock's disease: Diagnosis and Treatment
F. Giannoulis (*Greece*)

19.00-19.30 KEYNOTE LECTURE

Moderators: **T. Badekas** | **Z. Dailiana**

Unraveling the Mysteries of Congenital Anomalies of the Upper & Lower Extremities: from Ancient Mythology to Modern Medicine. Historical & Academic Accounts
Panayiotis N. Soukakos (*Greece*)

General information

● Congress Dates

27-28 May 2022

● Venue

Rodos Palace Hotel

Iraklidon Avenue (Trianton), Ixia, 85100 Rhodes, Greece

● Conference Hall

Nafsika

● Secretariat Opening Hours

The congress secretariat is operating in the congress venue according to the following time schedule for the provision of support to participants, speakers and sponsors, as well as for accommodation issues.

Friday, 27 May 2022	12:30 - 20:00
Saturday, 28 May 2022	08:30 - 19:30

● Speakers Preview Desk

All speakers are kindly requested to have their presentations available in electronic format (USB sticks). The use of personal computers and tablets is not allowed. All presentations will be delivered at least one (1) hour before the start of the session to the authorized personnel that staffs the speakers preview desk, which will be located at the congress venue for the whole duration of the congress.

● Congress Official Language

The official language of the congress is English. Translation in Greek or any other language is not provided.

● Certificates

Certificate of attendance will be electronically sent to all participants after the completion of the evaluation form at the end of the Congress.

● Registration fees

Registration Type	Cost
Physicians	150€
Residents	100€
Physiotherapist - Nurses	50€

● Disclaimer

The Organizing Committee and the PCO, AFEA Travel & Congress Services accept no liability for any personal injury, loss or damage of property or additional expenses incurred to congress participants either during the congress or as a result of delays, strikes or any other circumstances. In addition, they accept no liability for illness (including death) from infectious diseases, including but not limited to COVID-19 during or after the congress dates. Participants are requested to make their own arrangements with respect to health and travel insurance.

List of Chairs & Speakers

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1. Ethicon STRATAFIX™ Knotless Tissue Control Device Claims Matrix: 000056-0004-ETHICA. Data on File. 2. Moran ME, Moran C, Perotti M. Bidirectional barbed sutured knots: sutureless anastomosis in a rabbit. *Ann Surg*. 2002;235(1):125-127.
3. Bodeheimer DT, Peters-Fernandez A, Salgado LS, et al. Barbed sutures for wound closure: in vivo wound security, tissue compatibility and cosmetic tissue outcomes. In: *Transactions from the 20th Annual Meeting of the Society for Biomedical Materials*. June 10, 2005, p. 232.
4. Vahl JE, O'Riarty MR, Sutar GG, Moore JC, Bokoff SA, Khanna HS. Knee arthroscopy repair with a continuous barbed suture: a biomechanical study. *J Arthroscopy*. 2012;26(7):110-115. 5. Ethicon 10020256 Time Zero Tissue Holding - Competitive Claims Comparisons for STRATAFIX™ Knotless Tissue Control Devices vs Various Products 2015. Data on File.

Please always refer to the instructions for use / Package insert that come with the device for the most current and complete information.
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