

Digital tools to augment care ecosystems around older patients with palliative care needs (ID 102)

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Taking the leap:
Making integrated care a reality for people and communities

InAdvance
www.inadvance.eu

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What are the needs

PATIENTS

- Information and support about symptoms, treatment and prognosis.
- Individualized and continuous care.
- Knowledge and awareness about PC.

CARERS

- More involvement in care and information.
- Effective communication.
- Support to deal with exacerbations.
- Knowledge and awareness about PC.

PROFESSIONALS

- Confidence delivering PC.
- Training on communication skills (i.e. sensitive issues).
- Lack of tools to identify patients in need of PC nor for holistic needs assessment.

InAdvance's digital tools

♥ Living Well online course

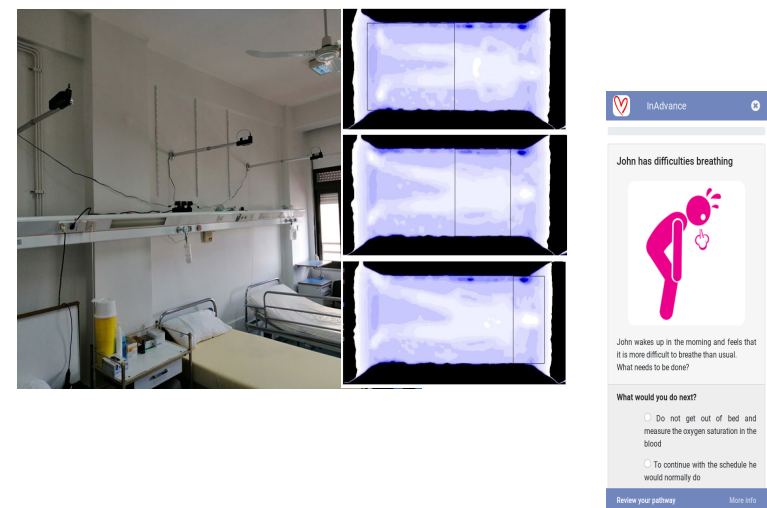
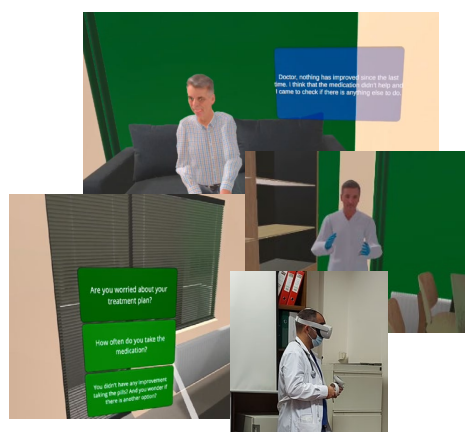
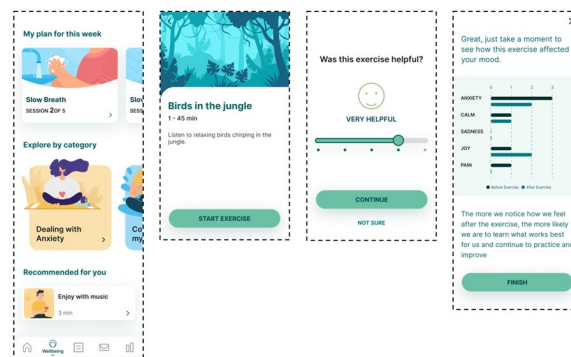
♥ Website with resources for informal caregivers

♥ Adhera InAdvance mHealth app

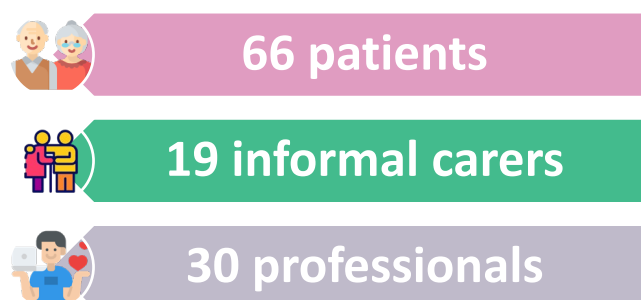
♥ VR (virtual reality) videos

♥ Educative mobile app for caregivers and patients

♥ Bedsores monitoring



Six one-arm pre-post intervention feasibility studies



Acceptability
Usability
Adherence
Exploratory PROMs

Easy-to-use

Some patients needed support from carers

Useful for improving communication skills

Address emotional distress and burden

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