

# **Conference Description**

The 38th Annual Conference on Contemporary Issues in Obstetrics and Gynecology will provide evidence-based updates on a wide range of topics in obstetrics and gynecology, while highlighting our commitment to improving the health of our patients and the dissemination of medical knowledge to healthcare professionals. Conference faculty consists of UTHSC faculty and guest speakers. Topics will be presented to address the individual knowledge gaps and will include skills and methodologies within the practice environment. A panel discussion at the end of each session will allow interaction between faculty and participants.

### **Educational Objectives**

- Describe new therapeutic options for patients with gynecologic disorders
- · Recognize innovations in obstetric and gynecologic patient care
- Explain current controversies in obstetrics and gynecology
- Review strategies for prevention of preterm birth

### **Desired Outcome**

This conference is designed to provide interactive educational activities that discuss complicated case scenarios that have been shown to improve participant application of evidence-based medicine for obstetric and gynecologic patients. Providing a format for adult learning that includes lectures, case-based studies, interactive question and answer sessions, collaborative sharing of patient care issues, and networking with other healthcare professionals has been shown to improve participant knowledge and competency.

# **Target Audience**

Obstetrics and Gynecology Physicians, Family Medicine Physicians, Primary Care Physicians, Certified Nurse-Midwives (CNMs) and Certified Midwives (CMs), Advanced Nurse Practitioners (ANPs), Physician Assistants (PAs), Residents and Fellows, and other Professionals in Women's Health Field

# **Activity Medical Director**

John O. Schorge, MD. FACOG - Professor and Chair Department of Obstetrics and Gynecology UT Health Science Center

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**CONTEMPORARY ISSUES IN OBSTETRICS AND GYNECOLOGY** JULY 22-26, 2024 **Hilton Sandestin Beach Golf Resort & Spa** Sandestin, Florida Hosted By: The University of Tennessee Health Science Center Department of Obstetrics and Gynecology THE UNIVERSITY OF

38th Annual ————

### **Conference Faculty**

#### John O. Schorge, MD, FACOG

Professor and Chair, UTHSC Department of OB/GYN; Memphis, TN

#### Elise W. Boos, MD, MSc, FACOG

Assistant Professor, Vanderbilt University Department of OB/GYN: Nashville, TN

#### Kerri Bracknev, MD, FACOG

Assistant Professor, Maternal-Fetal Medicine Division; UTHSC Department of OB/GYN: Memphis. TN

#### Benjamin Dorton, MD, FACOG

Obstetrics and Gynecology, Ochsner Baptist Medical Center; New Orleans, LA

#### Alexandra H. Fairchild, MD

Assistant Professor of Clinical Radiology, LSU Health Science Center; New Orleans, LA

#### Lara F. Harvey, MD, MPH, FACOG

Assistant Professor, Vanderbilt University Department of OB/GYN; Nashville, TN

#### Howard E. Herrell, MD, FACOG

Obstetrics and Gynecology; Greeneville, TN

#### Pallavi Khanna, MD, FACOG, NCMP

Associate Professor, UTHSC Department of OB/GYN; Memphis, TN

#### William Kutteh, MD, PhD, FACOG

Professor, Reproductive Endocrinology and Fertility Division; UTHSC Department of OB/GYN; Memphis, TN

#### Breia Loft, CNM

Instructor, Department of Acute and Tertiary Care; UTHSC College of Nursing; Memphis, TN

#### Julie H. Loomis, RN, JD

State Volunteer Mutual Insurance Company (SVMIC); Brentwood, TN

#### Angela Nakahara, MD, FACOG

Fellow, UTHSC Division of Maternal-Fetal Medicine; Memphis, TN

### David Nelson, MD, MS, FACOG

Associate Professor & Division Chief, Parkland Prenatal Clinic System of Women's and Infants' Services; Dallas, TX

#### Florene Odulana, MD, MS, FACOG

Assistant Professor, UTHSC Department of OB/GYN; Memphis, TN

#### Owen Phillips, MD, FACOG

Professor, UTHSC Department of OB/GYN: Memphis, TN

### Claudette Jones Shephard, MD, FACOG

Associate Dean of Diversity and Inclusion, UTHSC Division of Pediatric and Adolescent Gynecology; Memphis, TN

#### Alexa Swailes, MD, FACOG

Assistant Professor, UTHSC Department of OB/GYN; Memphis, TN

#### Paul Wendel, MD, FACOG

Professor, UTHSC Division of Maternal-Fetal Medicine; Memphis, TN

#### Wesley M. White, MD, FACS

Professor and Chair, UT Department of Urology; Knoxville, TN

#### Nikki Zite, MD, FACOG

Professor, Division of Family Planning; UT Department of Obstetrics & Gynecology; Knoxville, TN



# Monday, July 22, 2024 Gynecology Part I

NCMP

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7:00 AM	Continental Breakfast
7:25 AM	Welcome and Introduction John O. Schorge, MD, FACOG
7:30 AM	<b>The Adolescent GYN Practice: What You Need to Know</b> Claudette Shephard, MD, FACOG
8:00 AM	Choosing the Right Pill Pallavi Khanna, MD, FACOG, NCMF
8:30 AM	Polycystic Ovarian Syndrome Alexa Swailes, MD, FACOG
9:00 AM	<b>Fertility Evaluation for the Generalist</b> William Kutteh, MD, PhD, FACOG
9:45 AM	Questions
10:15 AM	Break
10:30 AM	<b>Cervical Cancer: The Road to Perdition</b> John Schorge, MD, FACOG
11:00 AM	<b>Uterine Fibroid Embolization (UFE)</b> Alexandra H. Fairchild, MD
11:30 AM	LARC Update 2024 Nikki Zite, MD, FACOG
12:15 PM	Questions
12:45 PM	Adjourn

# **Tuesday, July 23, 2024** Gynecology Part II

7:00 AM	Continental Breakfast
7:25 AM	Moderator John O. Schorge, MD, FACOG
7:30 AM	<b>Urology for the OB/GYN Provider</b> Wesley White, MD, FACS
8:00 AM	<b>Menopause: Cases and Controversies</b> Pallavi Khanna, MD, FACOG, NCMP
8:30 AM	<b>Intimate Partner Violence: When Home is Not Safe</b> Claudette Shephard, MD, FACOG
9:00 AM	<b>Recurrent Pregnancy Loss</b> William Kutteh, MD, PhD, FACOG
9:45 AM	Questions
10:15 AM	Break
10:30 AM	<b>Endometriosis: What Every OB/GYN Should Know</b> Lara Harvey, MD, FACOG
11:00 AM	Rebooting Ovarian Cancer John Schorge, MD, FACOG
11:30 AM	<b>Medicolegal Case Studies in Gynecology</b> Julie H. Loomis, RN, JD
12:15 PM	Questions
12:45 PM	Adjourn

# Wednesday, July 24, 2024

# Gynecology Part III

7:00 AM	Continental Breakfast
7:25 AM	Moderator John O. Schorge, MD, FACOG
7:30 AM	Vaginal Hysterectomy: A Lost Art? Howard Herrell, MD, FACOG
8:00 AM	First Trimester Pregnancy Loss Nikki Zite, MD, FACOG
8:30 AM	Updates in Fibroid Management Lara Harvey, MD, FACOG
9:00 AM	Managing PULs: Data and Best Practices Elise Boos, MD, FACOG
9:45 AM	Questions
10:15 AM	Break
	Obstetrics Part I
10:25 AM	Welcome and Introduction Paul Wendel, MD, FACOG
10:30 AM	<b>VTE Prevention in Pregnancy</b> Angela Nakahara, MD, FACOG
11:00 AM	<b>Risk Management for the Obstetrician</b> Julie H. Loomis, RN, JD
11:30 AM	CRISPR-Cas9: The Promises of Gene Editing Owen Phillips, MD, FACOG
12:15 PM	Questions
12:45 PM	Adjourn
	Thursday, July 25, 2024
	Obstetrics Part II
7:00 AM	Continental Breakfast
7:25 AM	Moderator Paul Wendel, MD, FACOG
7:30 AM	Deconstructing a Birth Plan: An Evidence-Based Approach Breia Loft, CNM
8:00 AM	<b>ABCs of Hepatitis in Pregnancy</b> Kerri Brackney, MD, FACOG
8:30 AM	Social Determinants of Health in the Obstetric Population Florene Odulana, MD, MS, FACOG
9:00 AM	<b>Prevention of Preterm Birth Part I: Progestin Therapy</b> David Nelson, MD, FACOG
9:45 AM	Questions
10:15 AM	Break
10:30 AM	Management of Postpartum Hemorrhage Benjamin Dorton, MD, FACOG
11:00 AM	UTIs in Pregnancy and Acute Pyelonephritis Paul Wendel, MD, FACOG
11:30 AM	Genetic Counseling: Beyond Chromosome Abnormalities Owen Phillips, MD, FACOG
12:15 PM	Questions

Adjourn

12:45 PM

## Friday, July 26, 2024 Obstetrics Part III

7:00 AM	Continental Breakfast
7:25 AM	Moderator Paul Wendel, MD, FACOG
7:30 AM	Fetal Growth Restriction Alexa Swailes, MD, FACOG
8:00 AM	Prevention of Preterm Birth Part II: Without 17-OHP Kerri Brackney, MD, FACOG
8:30 AM	Obesity in Pregnancy Breia Loft, CNM
9:00 AM	<b>Maternal Mortality and Extension to 1-Year Postpartum</b> David Nelson, MD, FACOG
9:45 AM	Questions
10:15 AM	Break
10:30 AM	Group Prenatal Care Florene Odulana, MD, MS, FACOG
11:00 AM	Induction of Labor Angela Nakahara, MD, FACOG
11:30 AM	Sepsis in Pregnancy Paul Wendel, MD, FACOG
12:15 PM	Questions
12:45 PM	Adjourn

### **Disclosure Statement**

The University of Tennessee College of Medicine is committed to providing CME that is balanced, objective, and evidence based. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Essentials and Standards, all parties involved in content development are required to disclose any real or apparent conflicts of interest relating to the topics of this educational activity. The University of Tennessee College of Medicine has established mechanisms to resolve conflicts of interest should they arise. Any potential conflict of interest or off label use will be disclosed to the audience prior to the activity.





### 25 CME / CEU credits provided

AMA Credit Designation: The University of Tennessee College of Medicine (UTCOM) designates this live activity for a maximum of 25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education for Non-Physicians: The UTCOM will issue Certificates of Participation to non-physicians for participating in this activity and designates it for CEUs using the national standard that 1 hour of educational instruction is awarded .1 CEU.

**Accreditation:** The UTCOM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### **Nursing Credit**

The University of TN Health Science Center College of Nursing, Memphis is accredited as a provider of nursing continuing professional development by the American Nursing Credentialing Center's Commission on Accreditation. The University of Tennessee College of Nursing designates this NPD activity for a maximum of 25 full contact credits.

### **Physician Assistants**

The American Academy of Physician's Assistants (AAPA) accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 25 Category 1 credits for completing this activity.

# **American Academy of Family Physicians**

The AAFP has reviewed 38th Annual Contemporary Issues in Obstetrics and Gynecology Conference and deemed it acceptable for up to 25.00 Live AAFP Prescribed credits. Term of Approval is from 07/22/2024 to 07/26/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Accommodations**

The Hilton Sandestin Beach Golf Resort & Spa is located on the beautiful beaches of Sandestin, Florida at 4000 Sandestin Blvd., Destin, Florida 32550-4214. When making your reservations, call (850) 267-9500. Please ask for the UTHSC OB/GYN room rate. The cut-off date for the conference rate of \$364 is June 12, 2024. Please make your reservations early as the room block availability is limited.

Online registration is available NOW at

https://uthsc.edu/continuing-medical-education/memphis/ob-gyn-2024-conf

	Complete Course	OB Only	GYN Only
Physicians	\$950	\$525	\$525
Physician Assistants Nurse Practitioners, Nurses, and Midwives	\$525	\$400	\$400
Residents	\$250	\$150	\$150

Send check or money order payable to "The University of Tennessee" UT Conferences, Attention Destin 2024; P.O. Box 2648; Knoxville, TN 37901

Written cancellations must be received by June 12, 2024 to receive a refund of meeting registration fees minus a \$100 administrative fee. Written cancellations received after June 12, 2024 will not be refunded.

#### **Contact Information**

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