

## Breakout Session #5 - Psychology and Mental Health

Presentation Time	Presenter First Name	Presenter Last Name	Presentation Title
1:30PM - 1:40PM	Carly Lua	Pershyn	Mindfulness and Yoga-Based Eating Disorder Prevention Program: An interpretative phenomenological analysis
1:40PM - 1:50PM	Cassandra	Eberhard	Suicide Rates Amongst the Teenage Population
1:50PM - 2:00PM	Hunter	Czajkowski	A qualitative inquiry into College Athlete's Perceptions and Knowledge of The Female Athlete Triad
2:00PM - 2:10PM	Janay	Clemonts	A qualitative study of perceived barriers to physical activity among first-year college students.
2:10PM - 2:20PM	Jody	Sobel	An Investigation of Psychological Distress and Perceived Barriers to Resistance Training Measures in Self-Identifying Female Undergraduate Students
2:20PM - 2:30PM	Linalee	Moreira	Traditional Versus Review Textbooks in Undergraduate Foundational Nursing Courses
2:30PM - 2:40PM	Lydia	Barker	Healthcare professionals' perceptions of mental health effects of working Night Shifts: A qualitative inquiry
2:40PM - 2:50PM	Madeline	Horowitz	The role of injury tolerance in sports-related concussion recovery: A qualitative inquiry