



Colma Veterans Village (CVV)

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Objectives

- Identify the components of the Colma model that can be applied within your HUD-VASH site.
- Recognize the importance of an on-site interprofessional team in providing wrap-around care to socially and medically complex elderly Veterans and adults with disabilities.
- Describe the characteristics of Housing and Urban Development-Veterans Affairs Supportive Housing (HUD-VASH) Veterans who are appropriate for enrollment in a care model similar to the Colma Veterans Village.
- Highlight importance of Community Partnerships.





COLMA VETERANS VILLAGE



=
INNOVATIVE MODEL OF
HOUSING + HEALTH CARE



Presentation Outline

- Part 1: Team approach
- Part 2: Evaluation

Part 1: Team approach, the "secret sauce"



San Francisco VA Health Care System (SF VAHCS)

MD (PCP) (0.2 FTE)
RN (1 FTE)
Psych NP (0.5 FTE)
Social worker (2 FTE)
Peer support specialist (1 FTE)

HUD-
VASH



Community Partners

Mercy Housing, Inc.
Public Housing Authority (PHA) of San Mateo County
Brilliant Corners (7 COC units)
San Mateo County Aging and Adult Services



Floating,
support staff

Interprofessional Team



Paul Rosales, RN
Art Hunt, RN
David La Rosa-Presume
HUD-VASH Nurses (1.0 FTE)



Anne Fabiny, MD
Team leader/Geriatrician
(0.2 FTE)



Adriana Der, LCSW
Jennifer Darlington, LCSW
Clare Rudolph, ASW
Gilberto Diaz, LCSW
HUD-VASH Social Worker (2.0 FTE)



Cedric Thurman, PMHNP
Laurel Barber, PMHNP
HUD-VASH Psych NP
(0.5 FTE)



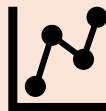
Sharmayne Yusuff
Recreational therapist
(0.2 FTE)



Kevin Short
Peer Support Specialist
(1.0 FTE)



Elise Hubbard, OT
Julia Gray, OT
HUD-VASH Occupational
Therapist



Anna Oh, PhD, RN
Fellow



Consultants
(palliative care, specialists)

Geriatrician (Team leader)

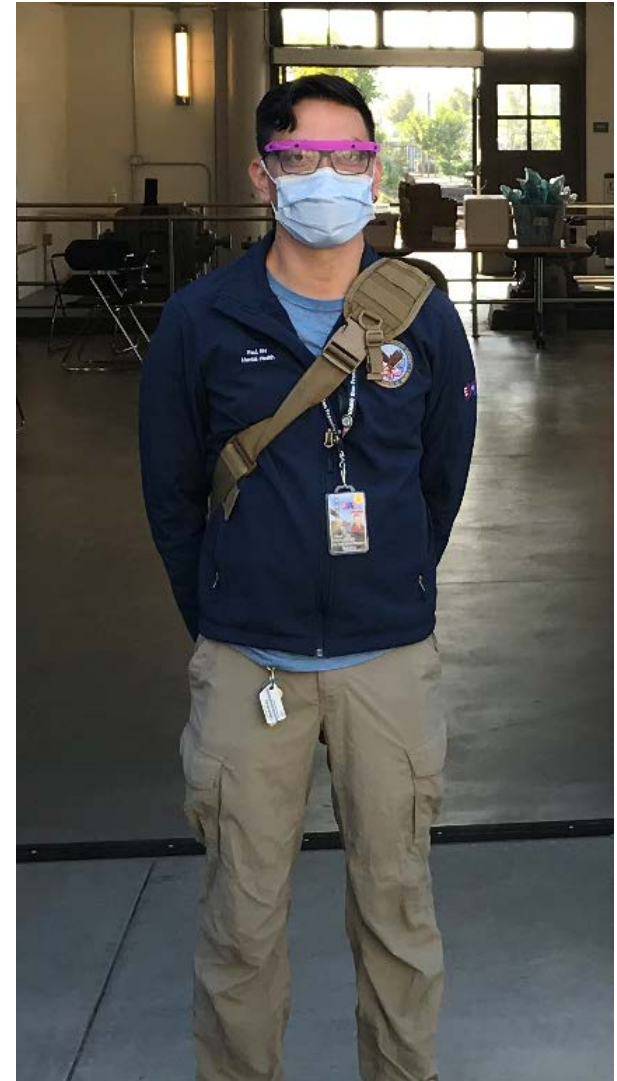
- Provide comprehensive on-site primary care to Veterans who enroll in the Colma Veterans Village Patient Aligned Care Team (CVV-PACT):
 - Medication + chronic disease management
 - Population health/panel management
 - Subspecialty care referral
- Act as team leader for the inter-professional team
- Leverage geriatrics and palliative care knowledge to manage complex Veterans at end-of-life



HUD-VASH Nurse: Redefining the HUD-VASH RN Role

- Primary Care
 - Establishing a PACT
 - Care coordinator
- Triage
- Health Education
- Home Health Support
 - Home Assessment
 - ADL & IADL support; End-of-life care
 - Labs, Vital signs
 - Observed Med therapy
 - Collaboration with CVV Team
- Mental Health
 - Long-acting injectables (LAIs)
 - Assessments
 - Psychosocial support
- Relationship building

ADL = Activity of Daily Living; **IADL** = Instrumental Activity of Daily Living





HUD-VASH Social Workers

Social Workers

- Clinical Case Management, Team model, Intensive Psychotherapy, Case management, Palliative/Hospice care coordination
- Care coordination with community resources/ programs and VA programs
- Liaison between San Mateo PHA and Mercy Housing property management

HUD-VASH Peer Support Specialist

- Creates a collaborative relationship
- Provides reassurance and support
- Facilitate Groups
 - Kevin's Café
 - Gardening



HUD-VASH Occupational Therapist

- Assess for appropriate Durable Medical Equipment
 - Grab Bars
 - Shower Bench
 - Scooter referrals
 - Hospital beds
- Aid in education/training to Veteran on ADLs and IADLs
- Complete appropriate assessments regarding independent living
 - KELS
 - SLUMS



Recreational Therapist

- Facilitates Group
 - Sit and Stretch
 - Arts and Crafts
 - Bingo/Board game fun
 - AA NA
- 1:1 Whole Health home visits
- Veteran and caregiver engagement

What has worked well for the team



- Constant collaboration to keep everybody in the loop/ coordination
 - Text with encrypted VA phones
 - TEAMS chat/video
 - Weekly VA Team Meeting
 - VASH Huddle 3x weekly
 - Weekly Blended Meeting with Mercy Housing (property management)
- Telemedicine
- Balancing need for on-site face-to-face visits vs. virtual visits

What challenges have we experienced?

- With property management
 - Boundaries & Rigid rules
 - Confidentiality
 - Need to clarify HUD-VASH roles with property management
 - Lack of education and experience with homeless Veteran population
- Lack of transportation in a suburban setting
- High burden of care needs
- County-based transfer for Medi-Cal services
- Lack of In-Home Support Services (IHSS) availability
- Community awareness of Veteran complexity





VA Shuttle Bus

- Began May 10, 2021
- Reservation line
- Shuttle stops at CVV to go to San Bruno CBOC, DTC, Golden Gate, and SFVA Fort Miley
- Must have:
 - Appt scheduled
 - Picking up prescription medications
 - Going to the ED for minor issues



Covid Vaccination

- Covid Vaccine Dose #1: 38/58 Veterans Vaccinated
- Covid Vaccine Dose #2: 36/58 where 5 Veterans received first vaccine
- Boosters (12/7) 23 Veterans signed up



Vantage Point

- Marine Veteran Gerald McCarthy
- “They’re always concerned with how our lives are going, which is very helpful.” McCarthy

Building Community

- Mercy Housing
- Colma Police Department
- Hero's Voices
- Brilliant Corners
- Rideshare
- Medi-Cal Lyft
- Mayor of Colma
- Congresswoman Jackie Spear
- Nations Finest
- Community Hospital
- VA Community Meeting/Breakfast



March 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Worship and Fellowship every Sunday 11:15am 12:15pm	VA Nurse Paul 415-728-2457	1 VA Dr. Fabiny 415-969-0199	2 Kevin VA Peer Support 415-767-8625	3 VA Recreation Therapy Sharmayne & Christian	4 Trader Joes 12 Noon	5 Fina Assit Manager 650-515-4976
6 Gil LCSW 650-785-5809	7 Coffee Time 9am - 11am	8 Watercolor with Louie 1 - 3pm	9 Chair Massage by Jerry 1 - 3pm	10 VA Recreation Therapy Sharmayne & Christian	11 Trader Joes 12 Noon	12 Irene Property Manager 650-515-4879
13 Clare ASW 415-939-4965	14 Coffee Time 9am - 11am	15 Healthy Living 2 - 4pm Keisha Bellamy, RN	16 Nursing and Social Work Group 11am - 1pm	17 VA Recreation Therapy Sharmayne & Christian	18 Trader Joes 12 Noon	19 American Legion Donation Day 1 - 2pm
20 Jennifer LCSW 415-936-4661	21 Coffee Time 9am - 11am	22 Transformative Arts w/ Sonja 11am - 1pm	23 Chair Massage by Jerry 1 - 3pm	24 VA Recreation Therapy Sharmayne & Christian	25 Trader Joes 12 Noon	26 Eric Resident Services 650-515-4963
27 Laura (BC) LCSW 415-377-7378	28 Coffee Time 9am - 11am	19 Community Meeting & Breakfast 9 - 10:30 am	30 BBQ 1:30 - 2:30pm	31 VA Recreation Therapy Sharmayne & Christian	VA Rec Therapy Sharmayne 415-319-5123	VA Rec Therapy Christian 415-740-8625



Part 3: Evaluation

Data Evaluation

1. CVV vs HUD-VASH PBV with no PCP on site
 - PCP visit and MH visit
 - Specialty Care
 2. Cost of Care Before and After CVV
 - ED visits
 - Hospital stays
- Abstract Submitted-Qualitative Research Study (survey of staff)

Thank you!

Questions?