

## COMMUNICATIONS WORKSHOP

WEDNESDAY 22 NOVEMBER 2023

**Instructors:** Michelle Gold, Kim Caldwell, Florry O'Connell, Adam Steinberg, Grace Walpole, Amy Waters

**Time:** 1300 - 1700

**Catering:** Light lunch will be available

**Who's eligible:** Open to any trainees in Palliative Medicine

**Venue:** Peter MacCallum Cancer Centre

**How to register:** Register either in the registration process of the conference or use the workshop only registration link on the website.

Good communication is an essential skill in palliative medicine but many of us have never had any formal communication skills training. Research shows that communication skills can be learned, and better communication can benefit both patients and healthcare providers. In this interactive half-day workshop, participants will have the opportunity to practice their communication skills in a safe environment with trained facilitators. This workshop is taught using the VitalTalk method and is modelled on the highly-regarded AChPM Communication Skills Workshops.

## THE SOCIAL LIFE OF DEATH: CRITICAL SOCIAL SCIENCE CONCEPTS FOR PALLIATIVE CARE PROFESSIONALS WORKSHOP

THURSDAY 23 NOVEMBER 2023

**Instructors:** Alex Broom, Katie Kenny, Leah Williams Veazey

**Time:** 0900 - 1200

**Catering:** Morning tea will be available

**Venue:** Novotel on Collins, Melbourne

**How to register:** Register either in the registration process of the conference, or use the workshop only registration link on the website

### ***Instructors:***

Description: 'The Social Life of Death' is a half-day professional development workshop, focused on the social science of death, dying and bereavement, aimed specifically at palliative, end of life and bereavement care practitioners.

Social science offers a broad range of concepts that can help palliative care professionals better contextualise and improve death and dying experiences for patients, families and professionals alike. Death is, at once, an intensely personal experience and an experience that is profoundly shaped by broader social systems. In this workshop we tease out these interconnections by taking key death and dying issues head on. We will consider:

The multivalence of a 'terminal' prognosis

Gender and care at the end of life

Voluntary Assisted Dying (VAD), socio-legal entanglements, and the search for (relational) autonomy

Death poverty, emerging inequalities, and the role of structural violence in shaping death

Intergenerational precariousness, financial toxicity, and its relational repercussions for death and dying

Compromised futures, and death and dying in times of social, economic and environmental fractures

Outcomes of the workshop will include a better understanding of the social shaping of dying and bereavement in our current social context, as well as the intersection of individual and collective meaning-making in the face of mortality.

## ANZSPM TRAINEE & NEW FELLOW DAY

THURSDAY 23 NOVEMBER 2023

**Who's eligible:** Open to Trainees and New Fellows only.

**Venue:** Novotel on Collins, Melbourne

**Chairpersons:** Ruby Wyett, Jordana Hughes, Karina Martin

0830	Registration   Arrival tea & coffee	
0900	Welcome & Acknowledgement of Country	
0915	Addiction medicine in palliative care: providing equitable care to patients with opioid use disorder <i>Martyn Lloyd Jones, The Royal Melbourne Hospital and The Alfred Hospital, Vic</i>	
1000	Dying at home with dignity: addressing the challenges in the vulnerably housed population <i>Angela Plunkett, Barwon Health and School of Medicine, Deakin University, Vic</i>	
1045	Morning tea	
1115	Panel talk - Transition to early consultancy: what I wish I'd known <i>Indrajith Jayasinghe, Calvary Health Care Bethlehem, Vic</i> <i>Meredith King, Parkville Integrated Palliative Care Service, Vic</i> <i>Bharathy Gunasekaran, Grampians Health, Vic</i> <i>Lisa Mounsey, Barwon Health, Vic</i>	
1200	Medicinal cannabis: a palliative medicine perspective <i>Chi Li, Albury Wodonga Health &amp; Alfred Health, Vic</i>	
1245	Lunch	
1330	Concurrent workshops	
	Workshop: Basic CBT skills in palliative medicine <i>David Kissane, Monash University, Vic</i>	Workshop: Communicating with adolescents and young adults <i>Naomi Katz, The Alfred Hospital and Parkville Integrated Palliative Care Service, Vic</i> <i>Meredith King, Parkville Integrated Palliative Care Service, Vic</i>
1500	Afternoon tea	
1530	Who's Looking After You? <i>Lucy Mayes, Author of "Beyond the stethoscope" &amp; Dr Richard Mayes, General Practitioner / Obstetrician in Castlemaine, Vic</i>	
1630	Evaluation and wrap up	
1700	Networking drinks	

## ANZSPM SPECIAL INTEREST GROUP MEETINGS

THURSDAY 23 NOVEMBER 2023

1345 - 1445	GP Special Interest Group
1500 – 1600	Rural and Remote Special Interest Group
1615 - 1715	Kidney Special Interest Group
1730 - 1830	Paediatric Special Interest Group

## ANZSPM MEDICAL AND SURGICAL UPDATE PROGRAM

FRIDAY 24 NOVEMBER 2023

0830	Registration   Arrival tea & coffee
<b>OPENING SESSION</b> Chair: Mark Boughey	
0900	Opening Ceremony & Welcome to Country
<b>SESSION ONE: EMERGING VIRAL ILLNESSES</b> Chair: Mark Boughey	
0915	Emerging infectious disease impacts – lessons from COVID and beyond <i>Jodie McVernon, Doherty Epidemiology, Vic</i>
1015	Morning tea
<b>SESSION TWO: SPIRITUAL CARE: PERSPECTIVES AND GUIDANCE</b> Chair: Megan Best	
1100	“Farewell Te Minaora”: Placing Indigenous culture at the centre of paediatric palliative care during COVID-19 <i>Tess Moeke-Maxwell, University of Auckland, NZ</i>
1130	Reimagining a theology of spiritual care <i>Chris Jacob Vandegheer, St Vincent’s Health Australia, Vic</i>
1200	Panel discussion
1230	Lunch
1255	<b>AChPM Fellows’ Update</b> <i>An update from the Australasian Chapter of Palliative Medicine, including current membership and the recent work of the Chapter</i>
<b>SESSION THREE: COMMUNICATION</b> Chair: Jenny Phillip	
1340	RRIPM update <i>Louis Christie, Western NSW LHD, NSW</i>
1345	What do parents tell us they need when we communicate with them about their children? <i>Nicholas Mills, Paediatric Palliative Care Service, Women’s and Children’s Hospital, SA</i>
1405	Using the emotion graph as a teaching tool <i>Anne O’Callaghan, Auckland City Hospital, Te Toka Tumai, NZ &amp; Robyn Thomas, Palliative Care Service, Tas</i>
1440	Communication skills training in Australia and New Zealand - a brief history and future directions <i>Amy Waters, St George &amp; Calvary Hospitals, Sydney, NSW</i>
1455	Panel discussion
1515	Afternoon tea
<b>SESSION FOUR: PALLIATIVE CARE APPROACH FOR PATIENTS WITH MOTOR NEURONE DISEASE</b> Chair: Rowan Hearn	
1545	Update on motor neurone disease <i>Susan Mathers, Monash Medical Centre, Vic</i>
1615	Symptom management and NIV withdrawal in motor neurone disease <i>Peter Allcroft, Southern Adelaide Palliative Services, SA</i>
1645	Panel discussion
1715	Close of day
	Welcome Reception, Novotel on Collins

All sessions held in Australia Ballroom.

## ANZSPM MEDICAL AND SURIGAL UPDATE PRORAM

SATURDAY 25 NOVEMBER 2023

0730	Annual General Meeting (AGM) with light breakfast served.
0800	Registration   Arrival tea & coffee
<b>SESSION FIVE: VIRTUAL CARE AND PALLIATIVE CARE: WHERE ARE WE NOW?</b>	
<b>Chair:</b> Anthony Herbert	
0830	VVED <i>Mihaela Marginean, The Northern Hospital, Vic</i>
0900	Virtual paediatric care <i>Shona Fitzpatrick, Qld Paediatric Service, Qld &amp; Jacqui Duc, Western NSW LHD, NSW</i>
0930	Changing role of the Paramedic <i>Brendan Shannon, Ambulance Victoria, Vic</i>
1000	Panel discussion
1030	Morning tea
<b>SESSION SIX: COMPREHENSIVE GERIATRIC ASSESSMENT AND HOW IT INTERFACES WITH PALLIATIVE CARE</b>	
<b>Chair:</b> Rupert Strasser	
1100	The CGA: A geriatrician's view of comprehensive assessment <i>Rohan Wee, The Northern Geriatric Training Alliance, Vic</i>
1130	Towards integrated care for older people with cancer: a palliative care focus <i>Kheng Soo, Eastern Health (Australia), Vic</i>
1200	Panel discussion
1230	Lunch
<b>SESSION SEVEN: DIABETES IN 2023</b>	
<b>Chair:</b> Michelle Gold	
1315	Diabetes mellitus and diabetes insipidus in paediatric palliative care patients <i>Anthony Herbert, Children's Health Queensland, Qld</i>
1345	The modern Diabetic; What can they expect as an adult? <i>Fiona Bodey, Alfred Health, Vic</i>
1415	Panel discussion
1445	Afternoon tea
<b>SESSION EIGHT: PALLIATIVE CARE AND VOLUNTARY ASSISTED DYING: WHAT HAVE WE LEARNED SO FAR?</b>	
<b>Chair:</b> Louis Christie	
1515	Panel discussion with: <i>Fiona Bailey, Wellington Regional and Kenepuru Hospital, NZ</i> <i>Sarah Pickstock, Joondalup Health Campus, WA</i> <i>Nicola Atkin, Melbourne Health – Peter MacCallum Cancer Centre, Vic</i>
<b>CLOSING SESSION</b>	
<b>Chair:</b> Mark Boughey	
1615	Closing & Announcement of AChPM Best Trainee Research Project Award.
1630	Close of Conference

All sessions held in Australia Ballroom.