



## Run Sheet

Wednesday 25 November 1400-1555 AEDT

### Session 4

|                                 |  |                           |
|---------------------------------|--|---------------------------|
| <b>Chairs:</b><br>Nicole Sadler | <b>Speakers:</b><br>Duncan Wallace<br>Carolina Casetta<br>Lisa Dell<br>Helen Benassi<br>Emily Jallat<br>Rachelle Dawson (not responding to any emails) | <b>Panel:</b><br>No panel |
|---------------------------------|--|---------------------------|

**Reminder to chairs / speakers – please log into the OnAIR system 30 minutes prior to the scheduled start time. You will be welcomed by the operator; and placed in the Green Room as outlined during the rehearsals.**

#### Brief Opening script (For Chairperson)

- Please take note that we have not heard from Rachelle Dawson nor the other presenters for the last presentation. This presenter might be a no show and the session might need to end early.
- Thank the audience for joining the session today. **Thank SERCO as they are the session sponsor.**
- Reminder to viewers - Please use the Live Q&A tab to ask any questions to our speakers. After each presentation there will be a Q&A session.
- Trouble-shooting – if as viewers you are having difficulty with the session, please click on the red “Live Support” button in the top right of the screen to speak to our live support team.
- Thank the audience for joining the session today. Remind **AMMA members** that the AGM will take place on Friday 27 November at 1630 and encourage them to join. Thank SERCO again.
- Introduce the first speaker (refer below for biographical information)

#### Brief Closing Script (For Chairperson)

- Thank you for joining us. Thank SERCO the session sponsor.
- This is the last session of the day. Join us tomorrow at 1000 for the Graeme Shirtley oration.



15 mins presentation + 5mins Q&A

Q&A layout – side by side: presenter and chair

| Presentation type  | Length | Time      | Presenter                                      | Layout | Powerpoint | Recording                |
|--|--------|-----------|--|--------|------------|--------------------------|
| Holding Slide/ Countdown   | 30 sec |           |  | Single |            | Yes                      |
| Welcome from chair   | 1min   | 1400-1401 | COL Nicole Sadler                              | Single | No         | LIVE                     |
| Concurrent   | 20mins | 1400-1420 | Dr Duncan Wallace                              | Single |            | Yes                      |
| Cut to chair – introduce the next presenter  |        |           |  |        |            |                          |
| Concurrent   | 20mins | 1420-1440 | Carolina Casetta<br>Dr Lisa Dell               | Single |            |                          |
| Cut to chair introduce the next session by ZOLL. Thank ZOLL as the Interactive sponsor.                                |        |           |  |        |            |                          |
| <i>Holding slide (mute all)</i>  |        | 1440-1455 | <i>Interactive sponsor highlights by ZOLL</i>  |        |            | <i>Yes via Host feed</i> |
| Cut to chair – introduce the next presenter  |        |           |  |        |            |                          |
| Concurrent   | 20mins | 1455-1515 | Helen Benassi                                  | Single |            | Yes                      |
| Cut to chair – introduce the next presenter  |        |           |  |        |            |                          |
| Concurrent   | 20mins | 1515-1535 | Emily Jallat                                   | Single |            | Yes                      |
| Cut to chair- introduce the next presenter   |        |           |  |        |            |                          |
| Concurrent   | 20mins | 1535-1555 | Rachelle Dawson<br><b>(might be a no show)</b> | Single |            | Yes                      |
| Cut to chair – thank all presenters and SERCO the session sponsor  |        |           |  |        |            |                          |
| Holding Slide – back to the timeline<br>(mute all presenters before returning them to green room and ending broadcast) |        |           |  |        |            |                          |

**Bios of speakers**

**1400-1420**

**SUB-SYNDROMAL PTSD: WHAT IS ITS IMPORTANCE IN MILITARY AND VETERANS?**

Dr Duncan Wallace has been a consultant psychiatrist since 1990, practising mainly in public hospitals with special interests in emergency departments, rural psychiatry, telepsychiatry and military psychiatry.

Dr Wallace has extensive operational experience as a Medical Officer in the Navy Reserve. He has deployed on Active Service to East Timor, Iraq, Afghanistan and the Persian Gulf. He has also deployed on border protection duties to Christmas Island and Ashmore Reef, as well as humanitarian assistance operations in Banda Aceh and Nias. He is a Commodore in the Royal Australian Naval Reserve and was Director-General Naval Health Reserves from 2012 to 2015.

Dr Wallace was appointed to his current position as psychiatrist at the Australian Defence Force Centre for Mental Health, at HMAS Penguin, Sydney, in 2010. He has been a Visiting Medical Officer at St John of God Hospital, North Richmond since 2015 and is a Conjoint Senior Lecturer in Psychiatry at the University of NSW.



**1420-1440**

**SUBTHRESHOLD PRESENTATIONS IN THE ADF: WHAT WE KNOW AND WHERE NEXT**

Carolina Casetta

Dr Lisa Dell

Ms Carolina Casetta is a Registered Psychologist and Senior Research Officer in the Mental Health Research and Evaluation Team within Joint Health Command. Ms Casetta has extensive experience in managing and conducting strategic research in the ADF context and was awarded an Australia Day Medal for her work as the Defence lead on the Longitudinal ADF Study Evaluating Resilience (LASER-Resilience). She has provided significant technical and research project management expertise on numerous ADF mental health research projects, including the Transition and Wellbeing Research Programme and the Early Interventions: Subthreshold Presentations Investigations project.

**Dr Lisa Dell** is a Senior Research Fellow in the Department of Psychiatry at the University of Melbourne. Lisa has a background in psychology and completed her PhD in the area of workplace stress and emotional intelligence. Lisa specialises in working with military and high risk industries, with over 15 years' experience in leading research projects in this area. Of note Lisa led the Defence Mental Health Screening review, the Longitudinal ADF Study Evaluating Resilience and is currently leading the Defence Early Intervention Investigation study. She also leads the National Health and Medical Research Council partnership grant study of Intensive Prolonged Exposure therapy, the international consortium developing an outcome scale for moral injury, and an evaluation into a national suicide prevention program.

**1440-1455**

**Interactive Sponsor**

ZOLL Medical Corporation, an Asahi Kasei Group Company, develops and markets medical devices and software solutions that help advance emergency care and save lives, while increasing clinical and operational efficiencies. With products for defibrillation and monitoring, circulation and CPR feedback, data management, therapeutic temperature management, and ventilation, ZOLL provides a comprehensive set of technologies that help clinicians, EMS and fire professionals, and lay rescuers treat victims needing resuscitation and acute critical care.

**1455-1515**

**SELF-RELIANCE AND SELF-MANAGEMENT OF MENTAL HEALTH IN THE ADF**

**Helen Benassi** is a psychologist and researcher, and Sir Roland Wilson Scholar. During her career, Helen has been responsible for the coordination of strategic mental health research within the Department of Defence. She was an investigator on the Longitudinal ADF Study Evaluating Resilience and the Transition and Wellbeing Research Programme as well as the first ever study to examine the prevalence of mental disorder in the ADF in 2010. She has worked in roles spanning mental health policy, screening, surveillance, unit climate, epidemiology and personnel selection research. Helen is currently Acting Director of the newly created Directorate of Health Research within Joint Health Command. She is passionate about the role of research evidence in policy and practice, and is focused on building a solid framework to support the translation of health research within Defence.



**1515-1535**

**HEADSTRENGTH – ADF’S MENTAL HEALTH APP**

**Emily Jallat** was appointed as the Director of the Australian Defence Force Centre for Mental Health in August 2018. She is an endorsed clinical psychologist; holds a Masters degree in Clinical Psychology and Neuropsychology from the Universite Aix-Marseille, France and completed her undergraduate psychology degree in England. She started her career as a teacher with a teaching degree from the University of Sydney. Mrs Jallat has travelled and worked in Australia and Europe in a variety of sectors. Prior to joining the Department of Defence, she was Head of Clinical Governance at Benestar (formally DTC). She is passionate about providing innovative promotion, prevention and early intervention programs to ADF personnel.

**1535-1555**

**REVIVE KETAMINE IV INFUSION: INTEGRATED TREATMENT FOR PTSD AND TRD**

**Rachelle Dawson - No bio**