



## Run Sheet

Thursday 26 November 1400-1540 AEDT

### Session 5

**Chair:**

Duncan Wallace

**Speakers:**

Leonie Everett  
Jennifer Veitch  
Nicole Sadler  
Georgina Johnstone  
Mark Mathieson  
Dusty Miller

**Panel:**

No panel

**Reminder to chairs / speakers – please log into the OnAIR system 30 minutes prior to the scheduled start time. You will be welcomed by the operator; and placed in the Green Room as outlined during the rehearsals.**

#### Brief Opening script (For Chairperson)

- Thank the audience for joining the session today,
- Reminder to viewers - Please use the Live Q&A tab to ask any questions to our speakers. After each presentation there will be a Q&A session.
- Trouble-shooting – if as viewers you are having difficulty with the session, please click on the red “Live Support” button in the top right of the screen to speak to our live support team.
- Thank the audience for joining the session today. Remind **AMMA members** that the AGM will take place on Friday 27 November at 1630 and encourage them to join.
- Introduce the first speaker (refer below for biographical information)

#### Brief Closing Script (For Chairperson)

- Thank you for joining us.
- This is the last session of the day. Join us tomorrow at 1000 for the concurrent sessions.



15 mins presentation + 5mins Q&A

Q&A layout – side by side: presenter and chair

Presentation type	Length	Time	Presenter	Layout	Powerpoint	Recording
Holding Slide/ Countdown	30 sec			Single		Yes
Welcome from chair	1min	1400-1401	CDRE Duncan Wallace	Single	No	LIVE
Concurrent	20mins	1400-1420	Leonie Everett	Single		Yes
Cut to chair – introduce the next presenter						
Concurrent	20mins	1420-1440	Jennifer Veitch	Single		
Cut to chair – introduce the next presenter						
Concurrent	20mins	1440-1500	Nicole Sadler AM CSC (a few others will join her for Q&A, logging on from 1 screen)	Single		LIVE
Cut to chair – introduce the next presenter						
Concurrent	20mins	1500-1520	Georgina Johnstone	Single		Yes
Cut to chair- introduce the next presenter						
Concurrent	20mins	1520-1540	Mark Mathieson Dusty Miller	Single		Yes
Cut to chair – thank all presenters						
Holding Slide – back to the timeline (mute all presenters before returning them to green room and ending broadcast)						

**Bios of speakers**

**1400-1420**

**VETERANS WALKING ALONGSIDE VETERANS: OPEN ARMS COMMUNITY AND PEER PROGRAM**

**Leonie Everett** is the Acting National Director of Open Arms Community and Peer Program.

Over the last 14 months Leonie has brought her experience in mental health, management and leadership to the team driving the nation-wide implementation of the Program. Previously Leonie has worked in whole of community suicide prevention and postvention initiatives, with a specific focus on youth mental health and the role of school environments in health promotion, mental health intervention and recovery from trauma and crisis. Leonie is a passionate advocate for embedding lived experience input at all levels to inform service improvement and innovation.



**1420-1440**

**IMPROVING RESPONSES TO VETERAN SUICIDE RISK: EMBEDDING SAFESIDE CARE FRAMEWORK**

**Jennifer Veitch** is a psychologist with significant experience in clinical leadership. Jennifer is the Assistant National Manager at Open Arms - Veterans & Families Counselling. She brings a wealth of experience from her work with individuals and families. She is a highly skilled clinician and psychotherapist committed to providing effective interventions and supporting those with complex needs. Jennifer enjoys leading and developing teams and has particular interest in exploring new and innovative ways of delivering mental health services.

**1440-1500**

**SUICIDE PREVENTION: LESSONS FROM RESEARCH TO INFORM OUR PRACTICE**

**Nicole Sadler** is the Head of Policy and Practice, Phoenix Australia – Centre for Posttraumatic Mental Health, and an Enterprise Fellow in the Department of Psychiatry, University of Melbourne. She is a Clinical Psychologist who specialises in evidence-based systems and services to support individuals working in high-risk organisations, including military, police and emergency services. Prior to joining Phoenix Australia in 2017, she served in the full-time Army for 23 years and completed her career in the senior Army psychology position at the rank of Colonel. Nicole continues to serve in the Army Reserves. She is currently undertaking a PhD through the University of Adelaide, investigating suicide ideation and behaviours in serving and ex-serving Australian Defence Force personnel.

**1500-1520**

**UNDERSTANDING HEALTHCARE NEEDS OF OLDER COMMUNITY-BASED VETERANS AND DEPENDANTS**

**Georgina Johnstone** is a Research Officer at the Bolton Clarke Research Institute, Bolton Clarke (formerly RSL Care + RDNS). Bolton Clarke is one of the largest Australian owned and operated not-for-profit healthcare and independent living service providers, with a long tradition of supporting our ex-services community. Georgina was recently awarded a grant from the Defence Health Foundation to analyse community nursing data for veterans and dependants, on which she will be presenting here.

Georgina was previously involved in a project to explore the experience of veterans and their families and identify gaps in health and social care for current and ex-serving members and their families, which resulted in the development of the Bolton Clarke's Veteran Family Mental Wellbeing Series. She has presented this work nationally and internationally. Georgina graduated with an Honours research degree in Psychology (first-class) in 2015.



The banner features a red background with a white cross on the left containing a caduceus and the text 'AUSTRALIAN MILITARY MEDICAL ASSOCIATION'. The main text is a collage of words: 'BEFORE THE NEXT MISSION' in large white letters, with 'earthquake', 'war', 'fire', 'natural disaster', 'IED', 'TERRORISM', 'MASS CASUALTY', and 'GOOD' interspersed. On the right, it says '2020 AMMA VIRTUAL CONFERENCE COMING TO YOUR SCREEN', 'PREPARING FOR CONFLICT AND DISASTER', '25 - 27 NOVEMBER', and 'www.amma.asn.au/amma2020'.

1520-1540

**MOUNTED MISSIONS: PUSHING BOUNDARIES IN VETERANS MENTAL HEALTH PROGRAMS**

**Mark Mathieson's** story begins with a young man's passion for discovering what it takes to be at the pinnacle of performance. Completing a Masters in Sport Psychology led to a range of epiphanies and experiences with elite athletes as well as a career diversion in Military Psychology with the Australian Army Psychology Corps. After 21 years and attaining the rank of LtCol, Mark moved primarily into working with contemporary veterans of unconventional operations. As a result of his own experiences and those of his clients, he has spent the last 10 years pushing the boundaries of knowledge in approaches to trauma and moral injury.