

The 11th



# Herbal and Naturopathic

International Conference

## TRADITIONAL WISDOM, FUTURE PRACTICE

29-31  
MARCH

2019

Pullman Melbourne Albert Park  
65 Queens Road, Albert Park VIC

[www.nhaaconference.org.au](http://www.nhaaconference.org.au)

### ORDER FORM

#### Audio files and notes of presentations (all prices include GST)

#### Early Bird – up to 30 April 2019

##### Audio (mp3) & Notes (pdf of slides)\*

	Individual talks		Whole conference	*Purchase includes access to both audio & notes. Delegates have already received notes and will receive audio only.
	Up to 5 talks	6-10 talks		
Delegates	\$20 p/talk	\$17 p/talk	\$100	
Non-Delegates: Members	\$30 p/talk	\$25 p/talk	\$200	
Non-Delegates: Non-members	\$35 p/talk	\$30 p/talk	\$210	

#### Standard – after 30 April 2019

##### Audio (mp3) & Notes (pdf of slides)\*

	Individual talks		Whole conference	*Purchase includes access to both audio & notes. Delegates have already received notes and will receive audio only.
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Delegates	\$23 p/talk	\$20 p/talk	\$120	
Non-Delegates: Members	\$35 p/talk	\$30 p/talk	\$210	
Non-Delegates: Non-members	\$40 p/talk	\$34 p/talk	\$230	

### To Order

1. Please select either the whole conference OR specific speakers by ticking the boxes in the pages below.
2. Fill in your details below and send this form to the NHA Office with payment. Your receipt and links to access the files will be emailed to you once we have received the audio files.

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Please tick: Delegate

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**To order the whole conference, just tick this first box.**

<input checked="" type="checkbox"/>	Speaker	Note
<input type="checkbox"/>	Whole conference	Not all presentations are available. In some cases we have audio only and some are not for release due to research publication limitations (these are noted in the list below).

**To order individual talks, tick the boxes next to your selections below.**

<input checked="" type="checkbox"/>	Speaker	Topic
<input type="checkbox"/>	Adams, Ms Jenny	Models of naturopathy in community health: First nations, drug and alcohol, refugee and women's health services
<input type="checkbox"/>	Arentz, Dr Susan	Herbal medicine plus lifestyle for overweight women with polycystic ovary syndrome: a randomised control trial.
<input type="checkbox"/>	Arthur, Ms Rachel	Contemporary Naturopathy - A Discourse on Diagnostic Dualism
<input type="checkbox"/>	Ayati, Dr Zahra	Six golden rules of Traditional Persian medicine to have healthy life style
<input type="checkbox"/>	Bone, Prof Kerry	Western Medicinal Plants for the Treatment of Acne: Blending Tradition with Biomedical Science
<input type="checkbox"/>	Borg, Ms Candace	Mental Health disorders are higher in the vegetarian/vegan (veg*n) population. Why is this? Is it simply a nutritional issue or is there more to it? What are we as practitioners missing? What else do we need to consider when treating the veg*n demographic?
<input type="checkbox"/>	Breakspear, Mr Ian	Olive Leaf in Cardiovascular Care: A Phytochemical Comparison of Extracts in the Australian Marketplace
<input type="checkbox"/>	Bridgman, Dr Karen	RESISTANCE MATTERS! The Shadow Side of Hepatitis C and the new DAAs.
<input type="checkbox"/>	Canaway, Dr Rachel	Integrating traditional medicine systems with national health systems: Lessons from Asia and musing on the 'forgetting' of wisdom
<input type="checkbox"/>	Carlin, Mrs Shannon	The role of Zizyphus spinosa in resolving tamoxifen (selective estrogen receptor modulator) induced hot flushes and night sweats, through breast cancer case studies
<input type="checkbox"/>	Casteleijn, Mr David	PEP, PrEP and TasP - What a Naturopath needs to know about HIV in 2019
<input type="checkbox"/>	Caut, Miss Cherie	Improving dietary guideline adherence in preconception care through a behaviour change approach - dietary and nutrition education and counselling delivered by clinical naturopaths

Chan, Jocelin	An evaluation of garlic products available in Australian pharmacies - from the label to the laboratory
Chick, Sally	Models of naturopathy in community health: First nations, drug and alcohol, refugee and women's health services
Clair, Sandra	Sustainable wildcrafting for plant-based medicines: threats and ethics
Connolly, Dr Greg	Cancer patients, complementary medicine, and the hospital system
Connolly, Dr Greg	Wellness and Health Promotion: the emerging seventh principle of holistic medicine.
Dennis, Ms Charmaine	Vitality in business – what is the secret formula?
Dunn, Mrs Jill	<del>Naturopathy and Social theory: Transition from past 'alternative' occupation to health profession</del>
Eastham-Hillier, Mrs Amina	Wildcrafting herbal medicines and edible plants found in Australia: Identification of medicinal plants can be challenging and often takes experience to identify the correct species. A collection of photographic samples and practical tips of where to find and how to identify these natural pharmacies can be most helpful and inspiring.
Evans, Dr Sue	<del>Seeing, Feeling, Smelling, Tasting – is Believing</del>
Glastonbury, Dr Stuart	'Safety Based Practice' - harmonising traditional knowledge and scientific evidence based practice
Graham, Ms Kim	CAM and complexity theory: a novel research approach to explore naturopathic philosophy and practice.
Grant, Ms Julianne	The Role of Herbal Immune Modulators in Chronic Infections
Hardingham, Ms Rhiannon	Herbal medicine support for women undergoing in vitro fertilisation (IVF): Utilising traditional knowledge alongside contemporary clinical skills and understanding.
Harnett, Dr Joanna	The diagnostic and clinical management of individuals recommended gluten free diets by complementary medicine practitioners.
Hausser, Tina	Naturopathic History: Origins Of Modern Naturopathic Practice
Hawrelak, Dr Jason	Using Herbal Medicines to Modify the Microbiota
Headley, Mrs Geraldine	Don't Risk More Than You Are Prepared To Lose - Lessons from a failed business venture - A systematic analysis and improvements to practice
Heinrich, Prof. Michael	Choices of primary healthcare. From 'traditional' medicine to global healthcare needs and solutions.
Hinchey, Mr Mark	Pedagogical Considerations for Educators Teaching an EBP Curriculum – A Guide for Educators Delivering a Bachelor of Health Science (Naturopathy) in Australia
Houghton, Dr Christine	Targeting the Gut-Immune interface to simultaneously address Immune and Metabolic disease.
Hughes, Ms Rebecca	Identifying and treating hormonal drivers in the naturopathic management of acne vulgaris
Jacka, Ms Judy	The Cinderella Principle in Energy Medicine Diagnosis & Practice
Jacobi, Dr Nirala	The Methane Conundrum: SIBO or LIBO? New insights into the diagnosis and treatment of methane dominant constipation
Katsaras, Mr Laurence	Adaptogens: Traditional Medicine for Modern Living

	Leach, Dr Matthew	The expressed demand for complementary medicine interventions and services in rural South Australia
	Leech, Mr Bradley	Treatment interventions for the management of intestinal permeability: A cross-sectional survey of complementary and integrative medicine practitioners
	Lucas, Ms Sandra	<del>What CAM practitioners are recommending for acute respiratory tract infection in children and why are parents utilising their services?</del>
	Mathrick, Ms Sally	Naturopathy stakes its claim: Fasting the whole person
	Maunder, Mrs Alison	Effectiveness of herbal medicine for weight loss: a systematic review and meta-analysis of randomised controlled trials
	McEwen, Dr Brad	The art and science of clinical prescribing in patients with PCOS and Cardiometabolic syndrome: Combining traditional knowledge and science for future practice
	McIntyre, Dr Erica	Planetary health: Challenges and opportunities for naturopaths and herbalists
	McLaren, Dr Glenn	Dialectics and Virtue Ethics: Applying Ancient Wisdom to Current Health Problems
	Medina, Ms Daen	Working with indicators of patient-centred care to increase the integration of complementary and alternative medicine with conventional medicine; to improve patient outcomes in Type 2 Diabetes.
	Mitchell-Paterson, Teresa	The importance of professional case sharing
	Naik, Mrs Suman	Working with indicators of patient-centred care to increase the integration of complementary and alternative medicine with conventional medicine; to improve patient outcomes in Type 2 Diabetes.
	Oakes, Ms Kerrie	Community Herb Clinics and the Social Determinants of Health
	Oates, Dr Liza	Wellness and Health Promotion: the emerging seventh principle of holistic medicine.
	Oates, Dr Liza	Beyond the illness paradigm: case-taking for wellness optimisation
	Panzironi, Dr Francesca	Aboriginal Traditional Medicine: Traditional Wisdom and Practice in the XXI century
	Rainforest, Jason	<del>The clinical application and value of urinary kryptopyrrole testing: translational research for Australian clinical practice</del>
	Rasmussen, Mr Phil	Past and Present: Clinical applications for Kawakawa ( <i>Piper excelsum</i> ), an indigenous plant from Aotearoa
	Reid, Ms Rebecca	Historical and contemporary naturopathic recommendations for cases of endometriosis, dysmenorrhea, and menorrhagia
	Ried, A/Prof Karin	Kyolic Aged Garlic Extract improves Gut Microbiota, Inflammation & Cardiovascular Health in Hypertensives: The GarGIC trial
	Salmond, Dr Ses	Hep573 Study, A Randomised, Double-Blind, Placebo-Controlled Trial of silymarin alone and combined with antioxidants to improve vitality and the quality of life in chronic hepatitis C.
	Salmond, Dr Ses	Models of naturopathy in community health: First nations, drug and alcohol, refugee and women's health services
	Schloss, Dr Janet	<del>The clinical application and value of urinary kryptopyrrole testing: translational research for Australian clinical practice</del>

	Schloss, Dr Janet	Medicinal Cannabis – Why do Herbalists and Naturopaths need to know about it?
	Schmoll, Bettina	Tongue diagnosis and suitable herbs for optimal treatment protocols
	Singer, Judy	Models of naturopathy in community health: First nations, drug and alcohol, refugee and women’s health services
	Smith, Ms Catherine	The importance of professional case sharing
	Stannard, Ms Gill	Overcoming isolation in practice
	Steel, Dr Amie	Naturopathic Approaches to Treatment: An international survey of naturopathic approaches to clinical care
	Steel, Dr Amie	Transitioning to Practice: Experiences, attitudes and perceptions of recently graduated naturopaths
	Steel, Dr Amie	<del>The clinical application and value of urinary kryptopyrrole testing: translational research for Australian clinical practice</del>
	Thomas, Mr Robert	EXAMINING THE CHANGING FACE OF THE TRADITIONAL NATUROPATHIC PARADIGM – has the recent focus on concepts like methylation and ‘leaky gut’ modified the core principles?
	Thomsen, Mr Michael	Fasting for health and longevity – from calorie restriction to intermittent fasting and the fasting-mimicking diet
	Villella, Ms Sandra	Application and exploration of the new PMS guidelines, for the Naturopathic practitioner.
	Wardle, Dr Jon	Primary care, public health and health promotion impact of naturopathic providers in Australia: challenges and opportunities
	<del>Whitten, Greg</del>	<del>Seeing, Feeling, Smelling, Tasting – is Believing</del>
	Whitten, Ms Dawn	Breastmilk Microbiome and Glycobiome
	Woods, Ms Carly	Breathe Yourself to Better Health - Nervous system nourishment and the clinical application of Buteyko