

Workshop 2: Masterclass in Sacroiliac joint mechanical injury, its consequences and co-existent pathologies.

PRE-requisites: must have completed the introductory course in person OR online

- We will review the patho-anatomy of the SIJ, pubis and hip
- We will look at the accommodative strategies that are employed with SIJ Lumbar spine and hip mechanical issues
- We will then discuss the strategies required to unwind these and treat the underlying issue.
- Muscle enthesopathies around the pelvis
- Neural compression around the pelvis as a secondary consequence of the altered muscle function
- The SIJ Influence on rib ring dysfunction: is it the SIJ driving the rib? Or the rib ring dysfunction driving the SIJ?
- Co-existent lumbar spine and hip issues
- Detailed discussion regarding the muscular components of lumbo-pelvic stability.
- When is it intra-pelvic?
- Treating combinations of Lumbar spine, SIJ and hip

Questions and course Wrap up