Declaration of Financial Interests or Relationships

Speaker Name: Sally Kime
I have no financial interest or relationship(s) to disclose
Beyond the Measurements
Management of Lower Leg Lymphoedema in the community with use of Pneumatic Compression Pump

Sally Kime Clinical Nurse Consultant Bolton Clarke
Lower Leg Lymphoedema Management
In the community

- **Initial Assessments include**
  - Wound
  - Lower Limb
  - Lymphoedema
  - Measurements of Limb
  - Measurements of wound with images/tracings
  - Base Line Holistic assessment
Out comes of assessment

- Unmanaged oedema above knee
- Wearing compression below knee only
- Garments old and in need of replacing
- History of Cellulites
- Poor Gait
- Regular Falls
- Non Healing Venous Leg Ulcer
- Pain
- Seen by Other Practitioners and Service in the past
Out come of assessments with client’s well being and goals

- Goal to heal Venous Leg Ulcer
- Remain at home
- Care to be provided in the home
- Prevent any hospital admission or A&E presentation
- Decrease Pain
- Decrease Risk of re occurring cellulites
- Client Frustration
Plan of care created

- Nursing visits increased to daily approx. 1 hour
- Wound Care
- Skin Hygiene and Care
- Compression
  - Use of Pneumatic Compression Pump Daily
  - Wear of compression/applied post pump use
Ongoing Progression/Assessment

- Wound Assessment
  - Tracing and Images

- Leg Measurements
  - Full Leg
  - Calculated difference in size form commencing pump to current

- Skin Assessment
  - Document appearance of skin and signs of cellulites
But more was discovered...
Out comes beyond the measurements!

- No Falls
- Improvement on Gait
- Improved Skin Integrity
- No Cellulites
- Decrease Pain and heaviness
- Client more engaging in care
- Able to remain at home
- Taking ownership to care and supplies
- Improved management of Lymphoedema
- Socially engaging
- Goal of care to heal wound