



Wounds Australia 2018

ADVANCING HEALING HORIZONS:
TOWARDS THE CUTTING EDGE IN WOUND CARE



Declaration of Financial Interests or Relationships

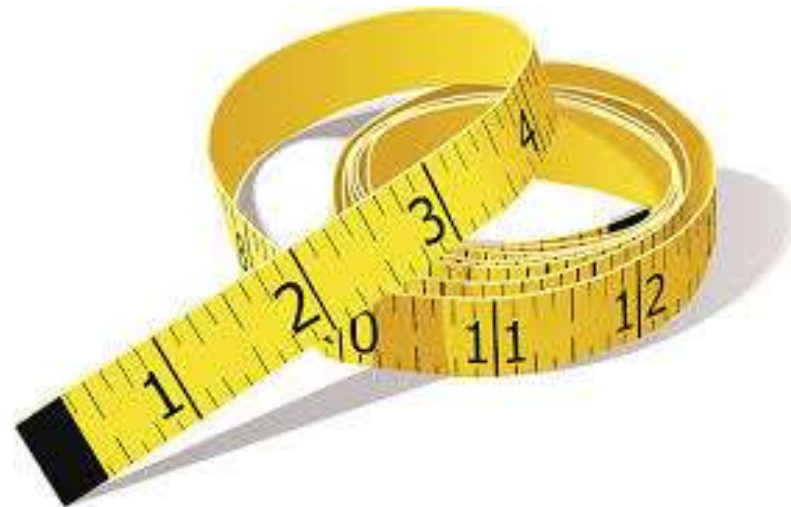
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I have no financial interest or relationship(s) to disclose

Beyond the Measurements

Management of Lower Leg Lymphoedema in the community with use of
Pneumatic Compression Pump

Sally Kime Clinical Nurse Consultant Bolton Clarke



Lower Leg Lymphoedema Management In the community

- ▶ Initial Assessments include
 - ▶ Wound
 - ▶ Lower Limb
 - ▶ Lymphoedema
 - ▶ Measurements of Limb
 - ▶ Measurements of wound with images/tracings
 - ▶ Base Line Holistic assessment





Out comes of assessment

- ▶ Unmanaged oedema above knee
- ▶ Wearing compression below knee only
- ▶ Garments old and in need of replacing
- ▶ History of Cellulites
- ▶ Poor Gait
- ▶ Regular Falls
- ▶ Non Healing Venous Leg Ulcer
- ▶ Pain
- ▶ Seen by Other Practitioners and Service in the past



Out come of assessments with client's well being and goals

- ▶ Goal to heal Venous Leg Ulcer
- ▶ Remain at home
- ▶ Care to be provided in the home
- ▶ Prevent any hospital admission or A&E presentation
- ▶ Decrease Pain
- ▶ Decrease Risk of re occurring cellulites
- ▶ Client Frustration



Plan of care created

- ▶ Nursing visits increased to daily approx. 1 hour
- ▶ Wound Care
- ▶ Skin Hygiene and Care
- ▶ Compression
 - ▶ Use of Pneumatic Compression Pump Daily
 - ▶ Wear of compression/applied post pump use

Ongoing Progression/Assessment

- ▶ Wound Assessment
 - ▶ Tracing and Images
- ▶ Leg Measurements
 - ▶ Full Leg
 - ▶ Calculated difference in size form commencing pump to current
- ▶ Skin Assessment
 - ▶ Document appearance of skin and signs of cellulites



The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. The shapes are primarily triangles and polygons, creating a dynamic, layered effect. The text is centered in a clean, sans-serif font.

But more was
discovered...

Out comes beyond the measurements!

- ▶ No Falls
- ▶ Improvement on Gait
- ▶ Improved Skin Integrity
- ▶ No Cellulites
- ▶ Decrease Pain and heaviness
- ▶ Client more engaging in care
- ▶ Able to remain at home
- ▶ Taking ownership to care and supplies
- ▶ Improved management of Lymphoedema
- ▶ Socially engaging
- ▶ Goal of care to heal wound



