

LOOKING AFTER YOUR LEGS - PREVENTION IS BETTER THAN CURE

LOUISE WEBBER
Innovation Tank
Wounds Australia 2018



LOOKING AFTER YOUR LEGS

Project targets healthy older adults

Proactive, preventative approach

Assessment, advice, education to maintain lower leg oedema & skin integrity



HEALTHY LEG CLINICS

- Target golf clubs to provide healthy leg clinics
- Reflective of a program started in the UK 8 years ago that implemented a screening program for male members for Prostate cancer
- 200 men diagnosed



WHY IS THIS INNOVATION IMPORTANT??

How do we
spend our
days as
Wound
Specialist?
?



TIME FOR CHANGE?



Are we constantly fighting fires in our approach yet feel like we are never putting them out or missing the mark?

OPPORTUNITY

- Golf is the biggest club based participation sport for adults in Australia
- Average playing age 57 $\frac{1}{2}$ years old
- 38% participants are 65 yrs. or older
- Sunshine coast has 35 Golf clubs
- Qld 237 golf clubs
- Australia wide 1,335



INNOVATION

Healthy Leg Days in Golf clubs

Nurse Practitioner Clinic

-Healthy Leg Checks - Screening

-Skin integrity, oedema, ABPI's

-Diagnosis, prescription

-Education

-Review summary for individual with
feedback for own GP and onward referral



IMPLEMENTATION



12 month time frame for project implementation
Plan for Monthly clinics at Golf Clubs on Sunshine coast
Initial start up:
Dependent on uptake from clubs
Already have established connections to Golf Qld

Costs:
NP Model access Medicare scheme
Project funding (approximation)
Doppler update with software \$2000
Mobile printer \$480
Examination table \$400
Printing - Marketing / Education brochures - \$800
Compression samples \$350
Admin support costs

WHERE TO FROM HERE?



Locally - Potential to target other sporting clubs & organisations (RSL's)

Retirement villages

Caravan parks - Grey Nomads



POTENTIAL



Potential to grow as an Australian wide initiative

Partnership - Wounds Australia, Golf Australia, other sporting organisations, Health Department

Partnership with Industry

- Health Providers

- Consumables companies



ALIGNMENT WITH WOUND AUSTRALIA



Supporting the Wounds Australia Strategic Plan:

Vision: Quality wound prevention and care for all

Mission: To lead wound prevention and care through advocacy, knowledge, innovation and collaboration





**WOUND
THERAPIES**

If you were to screen 25
people per golf club you
would be looking at
screening 33,375
individuals

THANKYOU

