Declaration of Financial Interests or Relationships

Speaker Name: David Sutton

I have the following financial interest to disclose with regard to the subject matter of this presentation:

- I am the Australian distributor of the Tekscan devices associated with this presentation and earn an income from the sales of these products.
5 Tips to Avoid ulceration in the Diabetic Charcot Foot

Presenter; David Sutton CPedCM.Au
Tip 1: Rocker sole

Research has found that rocker soles significantly reduce peak pressure, some studies demonstrate a 50% reduction (Kavros et al., 2011).
Tip 2: Consider footwear depth

- If you are going to add material in the shoe ensure there is enough room in the shoe or you may create further injury.
Tip 3: Client Education

- Teach your client how to effectively read warning signs, red mark is a warning. Check inside their shoe.
Tip 4: a Review is about listening to the clients concerns first
Tip 5: “If you can’t measure it, you can’t manage it.”
We record 8 steps