# WOUNDS AUSTRALIA RESEARCH GRANT AWARDS

Nikki Frescos



#### Wounds Australia 2018

ADVANCING HEALING HORIZONS: TOWARDS THE CUTTING EDGE IN WOUND CARE

WOUNDS AUSTRALIA NATIONAL CONFERENCE 2018 Adelaide Convention Centre, 24-26 October



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### A Double Blind Trial of the Application of 0.2% Glyceryl Trinitrate (GTN) for the Healing of Chronic Venous Leg Ulcers

- Damian Williams, Clinical Nurse Consultant, Wound/Stoma Service<sup>1</sup>
- Dr Roger Lord, Lecturer Medical Sciences<sup>2</sup>
- Professor Paul Fulbrook, Director Nursing Research And Practice Development Centre<sup>1, 2</sup>;
- Dr Sandra Miles, Research Fellow, Nursing Research And Practice Development Centre<sup>1</sup>; Lecturer/Course Coordinator<sup>2</sup>
- 1. The Prince Charles Hospital
- 2. Faculty Of Health Sciences, Australian Catholic University
- Aim: To examine the application of 0.2% GTN ointment in relation to venous leg ulcer healing.
- Double-blinded randomised controlled trial
  - Intervention = GTN donor (base ointment with GTN = Rectogesic)
  - Control = placebo ointment (ointment base) both manufactured to clinical grade by Care Pharmaceuticals
  - Standardised treatment = compression bandaging for both groups
  - Hypothesis: Participants receiving the GTN donor will have a statistically higher linear healing rate (LHR) (planimetry) compared to patients that receive only the placebo.
- Funding will be used for patient recruitment and data collection by research nurse assistant/s

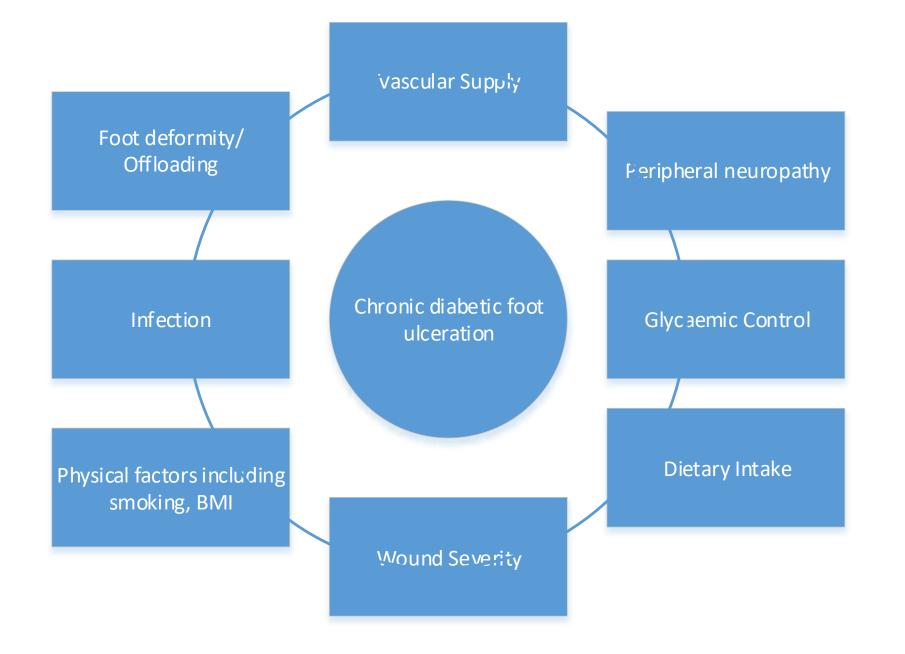
### Factors influencing chronicity in diabetic foot ulceration



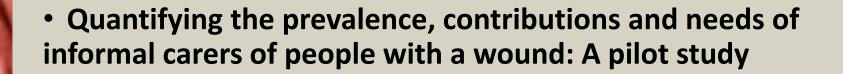
Dr Peta Tehan B HealthSc(Pod) G Cert Wound Care, PhD Mrs Clare Linton, RN, B App Science (Podiatry) A/Prof Vivienne Chuter PhD A/Prof Tracy Burrows PhD Dr Megan Rollo PhD

CELEBRATING 50 YEARS









- Dr Charne Miller<sup>1</sup>, Dr Penney Upton<sup>2</sup>, Dr Van Nguyen<sup>1</sup>, Ms Judith Barker<sup>3</sup>
- <sup>1</sup>La Trobe University, <sup>2</sup>University of Canberra, <sup>3</sup>ACT Health

Wounds Australia National Conference 24-26 October 2018

#### Background

- In relation to informal caregivers generally there is evidence to suggest:
  - positive and negative impact of caregiving
  - o informal carers can facilitate care plan adherence and positive health outcomes
  - reliance on informal carers will increase
- In relation to wound management:
  - there is a limited dedicated evidence base as to the role of informal carers
  - some qualitative research suggests considerable impact from providing wound management support
  - the prevalence, role, and needs of informal carers in wound management is unknown.

#### Aim & Objectives

•This pilot study **aims** to determine the prevalence and role of informal carers in chronic wound management in the community.

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- The study **objectives** are to:
- describe the number of informal carers providing support to a person with a wound and the type and quantity of support being provided.
- determine differences and similarities in the informal carers role in relation to wound type.
- assess the psychosocial impact of caring on informal caregivers.
- generate an understanding of the information, training, and support needs of informal caregivers.

### Method

•Two study phases:

- **Study 1:** An audit of chronic wound clinic patients to determine the prevalence and type of informal carer supports received by people with a wound.
- Study 2: A cross-sectional survey of informal carers identified in Study 1 to further explore the experiences of informal carers

#### Expected outcomes

- This study will provide:
- the most comprehensive description of informal caregiver involvement in wound management
- increased understanding of the prevalence and experience of informal carers in wound management, including:
  - type and quantity of care provided,
  - o types of wound into which informal carer resources are channeled,
  - $\odot$  differences across clinical settings,
  - $\odot$  the impact and needs of informal carers.
- •This knowledge will **inform further work (and research)** that targets caregivers appropriately, provides support and resources, and ensuring proactive monitoring of their wellbeing.

## Next funding grants 2020

Biennial award - \$5000 or \$10,000

- Announcement of grant applications 10months before conference
- Grant applications close 6 month prior to conference
- Announcement of winners 3months prior to conference

## LOOKING TO ANNOUNCING YOUR PROJECT AT THE 2020 CONFERENCE