



Restorative Parenting Programme



Background

- Schools complained that their RP work wasn't being recognised at home
- RP was becoming more professionalised



Background

- Dublin inner city
- 2007 – 2008
- Southside Partnership
 - Education
 - Community
 - Employment
 - Youth



Parents

- Three groups of parents – Ballyoghan Estate
- 20% unemployment
- Low education attainment
- High youth offending rate
- Disconnect between parents & Statutory



Parents

- School Group
- 8 Parents identified
- History with the school
 - Poor relationship with staff
 - Children had low attendance
 - Disengagement with services



Programme

- 10 sessions – designed in part with parents
- 4 themes
 - Relationship with conflict
 - Personal impact on self and others
 - Effective communication
 - Restorative Parenting



Outcomes/Experience

- All the parents had varying levels of conflict in their lives
 - Done to or against
 - Home and community
- Low self esteem – Impact on relationships
- High levels of loyalty to their children



Outcomes/Experience

- Better able to handle conflict
- More confident when dealing with authority figures
- Improved parenting abilities
(Communication, challenging etc)
- Parents begin to work with agencies



Outcomes/Experience

- Parents are more willing to seek advice
- Less confrontational when challenged
- Schools have used some of the elements to promote stand alone programmes
- Parents advocate to encourage others
- Become more involved in their community

To date

- Programme has been rolled out to interested LA's – 100 parents
- Wales – 26 regions 350 parents (social care)
- Training for trainers – 32 parents
- Accreditation for parents



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