Restorative Parenting Programme
Background

- Schools complained that their RP work wasn’t being recognised at home
- RP was becoming more professionalised
Background

- Dublin inner city
- 2007 – 2008
- Southside Partnership
  - Education
  - Community
  - Employment
  - Youth
Parents

- Three groups of parents – Ballyogan Estate
- 20% unemployment
- Low education attainment
- High youth offending rate
- Disconnect between parents & Statatory
Parents

- School Group
- 8 Parents identified
- History with the school
  - Poor relationship with staff
  - Children had low attendance
  - Disengagement with services
Programme

- 10 sessions – designed in part with parents
- 4 themes
  - Relationship with conflict
  - Personal impact on self and others
  - Effective communication
  - Restorative Parenting
Outcomes/Experience

- All the parents had varying levels of conflict in their lives
  - Done to or against
  - Home and community
- Low self-esteem – Impact on relationships
- High levels of loyalty to their children
Outcomes/Experience

- Better able to handle conflict
- More confident when dealing with authority figures
- Improved parenting abilities (Communication, challenging etc)
- Parents begin to work with agencies
Outcomes/Experience

- Parents are more willing to seek advice
- Less confrontational when challenged
- Schools have used some of the elements to promote stand alone programmes
- Parents advocate to encourage others
- Become more involved in their community
To date

- Programme has been rolled out to interested LA’s – 100 parents
- Wales – 26 regions 350 parents (social care)
- Training for trainers – 32 parents
- Accreditation for parents
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