

Obstructive Sleep Apnea: our role in managing and treating patients with OSA

Understanding your role as a Dental hygienist/ therapist or Oral health therapist in managing and treating patients with Obstructive Sleep Aponea.

- Understanding links between Periodontal disease and OSA
- Defining OSA and types, including screening everyday patients for risk of OSA
- Understanding different sleep cycles and Sleep hygiene tips