

The Australian Academy of Science Early- and Mid-Career Researcher (EMCR) Forum is hosting online opportunities to support the EMCR community and keep researchers connected throughout COVID-19. Find out what have we done so far.

Virtual catch-up

THE JOURNEY TO WORKING FROM HOME

Hosted on Thursday 16 April 2020

Facilitated by Dr Michelle Christie, member of the EMCR Forum Executive and Research Fellow at the University of Melbourne

This virtual catch-up focused on the challenges and lessons learned during the transition to working from home. The session was an opportunity to share ideas, tips and must-haves to support researchers in dealing with the new 'normal'. [Insights from this session.](#)

Webinar

COPING AS AN EMCR DURING COVID-19

Hosted on Tuesday 28 April 2020

Facilitated by Dr Shari Walsh, [Growth Psychology](#)

This webinar was designed for EMCRs to learn how to manage stress and uncertainty, adjust to working at home, and learn communication tips. Check out the [webinar slides](#) and a list of useful tips on [coping during COVID-19](#).

Virtual catch-up

SUPERVISING HDR STUDENTS DURING COVID-19

Hosted on Thursday 30 April 2020

Facilitated by Dr Alexie Papanicolaou, Co-Deputy Chair of the EMCR Forum Executive, and Professor James Arvanitakis, Pro Vice Chancellor (Research and Graduate Studies), Western Sydney University

This virtual catch-up focused on how EMCRs can best supervise HDR students in a COVID-19 world and what we can learn from each other to foster safe and supportive environments at work. The key points from the session are available in this [Franklin Women newsletter](#).

Virtual catch-up

MAINTAINING RESEARCH QUALITY UNDER LOCKDOWN

Hosted on Thursday 14 May 2020

Facilitated by Dr Timothy Lau, member of the EMCR Forum Executive and Lecturer at the University of South Australia

This virtual catch-up was an opportunity to discuss and share insights on how EMCRs can best maintain research quality in a COVID-19 world. What are the challenges? What resources are available to EMCRs? How can we maintain best practice? [Insights from this session.](#)

Virtual catch-up

WHAT CAN THE FORUM DO FOR YOU IN A COVID-19 WORLD?

Hosted on Thursday 28 May 2020

Facilitated by Dr Adrian Murdock, member of the EMCR Forum Executive and Research Scientist at CSIRO

This virtual catch-up was an opportunity for like-minded EMCRs to share insights on working through the uncertainties brought about by COVID-19. Attendees shared a list of opportunities that could be facilitated to support their careers and provided suggestions to help the Forum amplify their voices during the pandemic. [Insights from this session.](#)

Panel session

WHERE TO NEXT? CAREER PLANNING IN UNCERTAIN TIMES

Hosted on Thursday 11 June 2020

Facilitated by Dr Vanessa Wong, member of the EMCR Forum Executive and Researcher at Monash University

Invited speakers: Dr Melanie Zeppel, Professor James Arvanitakis and Dr Anne-Sophie Dielen

This online panel session opened a discussion about the range of diverse career pathways and prospects available for researchers. [Watch this session online.](#)

[Visit the registration page for information about upcoming events](#)