Canadian Association of MAID Assessors & Providers

^{2nd Annual} MAID 2018 Medical Assistance in Dying Conference

May 4-5, 2018 | Pre-conference: May 3, 2018 Shaw Centre | 55 Colonel by Drive| Ottawa, Ontario







Bureau du développement professionnel continu

Office of Continuing Professional Development

MEDICAL ASSISTANCE IN DYING CONFERENCE

CONFERENCE APP



Don't forget to download the mobile app for quick access to all important conference information and evaluations! Scan the QR code or click here to download: <u>https://bit.ly/2pTTM82</u>

A <u>PIN number</u> was provided to you in the welcome email you received in the morning to LOGIN to the app.

ONLINE EVALUATIONS

Your feedback is important to us! Please take a moment to complete the following evaluations after each presentation:

Speaker and Session Feedback:

Visit our attendee app: https://bit.ly/2pTTM82 and login with the **PIN number** you received in your welcome email. Select **SESSION SURVEYS**, you will be able to click on each session to evaluate each individually at the conclusion of each presentation.

Overall Conference Evaluation : https://www.surveymonkey.com/r/MAID2018

CONFERENCE PRESENTATIONS

To access the presentations for the course, please log into the attendee app: <u>https://bit.ly/2pTTM82</u> Select **Agenda**, then select the session to view additional information and course presentations.

Presentations will be uploaded as we receive them, provided the presenter has granted us permission to do so.

COURSE DESCPRIPTION & LEARNING OBJECTIVES

MAID 2018 is the second annual meeting, hosted by CAMAP for assessors, providers and the larger professional community that supports medical assistance in dying for Canadians. The conference will include information and discussion about emerging challenges and interpretations to the legislation of MAID. Target audience include physicians, nurses, other health professionals, and other professions impacted by MAID legislation.

By the end of the conference, our goal is that participants will be able to:

- Interpret the legislation governing MAID
- Appreciate the current challenges in MAID nationally
- Discuss future potential directions for MAID in Canada

ACCREDITATION

ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa's Office of Continuing Professional Development. You may claim a maximum of **11.75 hours** (credits are automatically calculated).

COLLEGE OF FAMILY PHYSICIANS OF CANADA

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Ottawa's Office of Continuing Professional Development for up to **11.75 Mainpro+ credits**.

PLANNING COMMITTEE

Dr. Stefanie Green (Chair), President, Canadian Association of MAID Assessors and Providers, CAMAP

Dr. Viren Naik (Chair), Professor of Anesthesiology, Medical Director, MAID Program, The Ottawa Hospital; Board Member, CAMAP

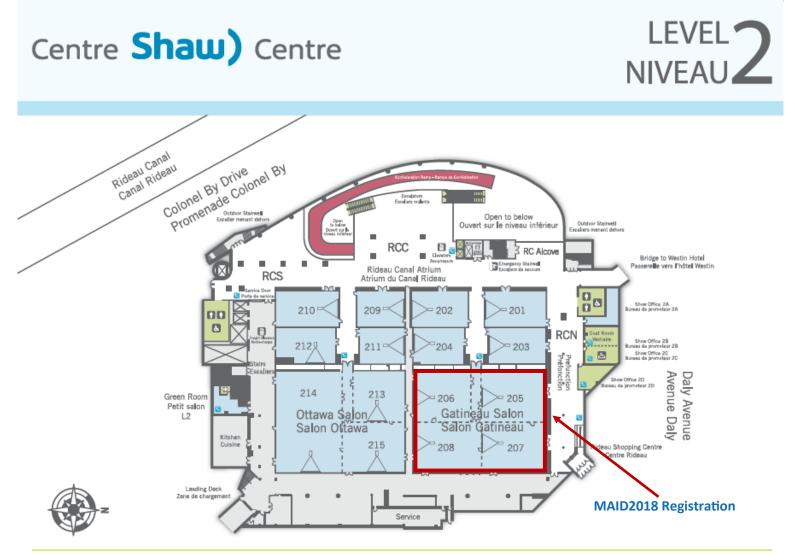
Dr. Ellen Wiebe, Clinical Professor, Department of Family Practice, University of British Columbia, Board Member, CAMAP

Dr. Konia Trouton, Family Physician, Victoria, BC, Clinical Professor, Department of Family Practice, UBC & UVIC, Board Member, CAMAP

Mike Kekewich, Director, Clinical and Organizational Ethics, Champlain Ethics Program, MAID Program, The Ottawa Hospital, CAMAP Member

Vanessa Chaput, Admin Assistant, Ethics, The Ottawa Hospital, MAID Coordinator

SHAW CENTRE MAP



55 Promenade Colonel By Drive • Ottawa, Ontario K1N 9J2

Centre Shaw) Centre

WIFI



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613-688-9065 or at AV-Support@shaw-centre.com **Please note that the access code can only be entered into one device.** Please ensure to enter the access code into the device that you will carry for the duration of the conference. Once the access code has been entered into your device on the first day, you will automatically be logged-in for the duration of the conference.

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- 3) Once connected, open your preferred web browser
- 4) You will automatically be re-directed to the Shaw Centre/Freeman login page
- 5) Select the "Access code" as the method of payment
- 6) Enter your access code: MAID2018
- 7) Please ensure to use CAPS LOCKS! No spaces.

PROGRAM AT A GLANCE | FRI MAY 4

07:15	Registration & Networking Breakfast		
08:15	Welcome and Opening Remarks Dr. Stefanie Green, Dr. Viren Naik, & Mr. Mike Kekewich		
08:30	 Assisted Dying in Belgium: Experience, Research & Lessons Learned Prof. Luc Deliens Explain the global context to physician assisted death Understand cultural nuance to MAID in the context of end of life care 		
9:30	 Federal Reporting and Monitoring System Ms. Jacquie Lemaire Understand the new federal reporting regulations Describe the importance of these new regulations 		
10:00	Networking & Health Break		
10:30	 Medico-Legal Landscape: Interpretation & Policy Perspectives (Panel) Prof. Jennifer Chandler, Dr. Gus Grant, Mr. Daniel Boivin, & Prof. Jocelyn Downie Explain updates to the legal framework around MAID Describe the legal impact and challenges with evolving interpretation 		
12:00	Networking Lunch		
13:00	 Bridge C-14: Supporting Patients & Families Ms. Jan Ditchfield Understand the needs of patients and families through the MAID process Discuss resources that are available to patients and families 		
13:30	 MAID for the Pediatric Population: Are We Ready? Dr. Christina Vadeboncoeur, & Mr. Mike Kekewich Explain the implications of MAID in pediatric patients Describe the necessary safeguards to implement MAID for pediatric patients 		
14:15	 Summary of MAID Research in Canada Dr. Ellen Wiebe Understand current research projects in Canada Discuss different research opportunities 		
14:30	Networking & Health Break		
15:00	 X-Country Check Up: Issues and Challenges (Panel) Dr. Claude Rivard, Dr. Kim Wiebe, Dr. Konia Trouton, Dr. Francois de Wet & Dr. Gerald Ashe Describe the major regional challenges in the implementation of MAID Analyze opportunities for collaboration in addressing challenges 		
16:00	Wrap-Up & Evaluations Dr. Stefanie Green, & Dr. Viren Naik		
16:15—18:00	Welcome Reception Located in the Gatineau Salon Atrium & Exhibitor Hall / Shaw Centre		

PROGRAM AT A GLANCE | SAT MAY 5

07:30	Registration & Networking Breakfast		
08:30	Welcome: MAID Through the Lens of Those We Serve Ms. Gillian Szollos—Patient Family Member		
08:45	 Organ and Tissue Donation for MAID Dr. Andrew Healey Describe the eligibility criteria for organ donation in MAID Understand the ethical complexities of organ donation in MAID 		
09:30	 MAID: A Team Approach (Panel) Mrs. Lauren Clark, Mrs. Kelly Jarvis, & Dr. Alan Karovitch Discuss the role of on an interprofessional approach to MAID Explain the roles of different professions in MAID 		
10:00	Networking & Health Break		
10:30	 Palliative Care: Bridging The Gaps Across The End-of-Life Continuum Dr. David Henderson & Dr. Stefanie Green Describe the role of palliative care in the MAID process Understand the options of palliative care for patients Discuss constructive dialogue between MAID and palliative care colleagues 		
11:30	 Dying with Dignity: Advocating for Patients Ms. Shanaaz Gokool & Prof. Daphne Gilbert Appreciate the role Dying with Dignity plays in the advocacy of patients Describe current activities of Dying with Dignity nationally 		
12:00	Networking Lunch		
13:00	Providing MAID to Vulnerable, Indigenous, Homeless & Frail Elderly Populations (Panel) Dr. Jeff Blackmer, & Prof. Jocelyn Downie, & Dr. Christine Gibson		
	 Explain the ethical implications of MAID eligibility in vulnerable populations Discuss the challenges between the advocacy of patient rights, and protectionism of most vulnerable in society 		
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Dr. Gerald Ashe, MD

Dr. Gerald Ashe has been a Family Physician in Brockville for 41 years. He has been interested in Geriatrics and Palliative Care for almost his entire career. Dr. Gerald Ashe is a member of The Physician Advisory Council of Dying with Dignity Canada.

Dr. Jeff Blackmer, MD

Dr. Jeff Blackmer completed his medical training at Western University and his residency program in Physical Medicine and Rehabilitation at the University of Saskatchewan. He also holds a Master's degree in medical ethics from the University of Toronto's Joint Centre for Bioethics as well as Certificates in Executive Leadership from McGill University and Financial Management for Queen's University. Dr. Blackmer currently serves as the Vice President, Medical Professionalism at the Canadian Medical Association. Prior to this, he served as the Executive Director of the CMA's Office of Ethics. Professionalism and International Affairs and as the Director of Ethics for the World Medical Association in Geneva. At the CMA, Dr. Blackmer has led the work of the association on issues such as end of life care and assisted dying, opioid prescribing and legalization of marijuana. He regularly serves as a spokesperson on these and other issues and appears frequently in national and international media. He contributes to global efforts in medical ethics and professionalism by serving as an expert advisor to the World Health Organization, the World Medical Association and the International Committee of the Red Cross, as well as other International organizations. He chairs various international ethics working groups, and is a frequent invited speaker at national and international meetings and conferences. He has published and lectured extensively both nationally and internationally, and has authored numerous national and global policies on medical ethics and professionalism. He has been an invited lecturer and visiting professor at institutions such as Harvard University, the University of Notre Dame, the United States National Naval Medical Centre and the University of Witwatersrand in Johannesburg. He has received several honors and awards, including the Queen's Diamond Jubilee Medal for his contributions to the fields of medical ethics and international medicine, the University of Toronto Joint Centre for Bioethics 20th Anniversary Distinguished Alumnus Award and Western University's Alumni of Distinction Professional Achievement in Medicine Award. Dr. Blackmer also continues to practice spinal cord injury medicine at The Ottawa Hospital Rehabilitation Centre. In this capacity, he is also actively involved in teaching both medical students and residents at the University of Ottawa. He has authored several peer-reviewed articles and book chapters on various topics in spinal cord injury medicine.

Mr. Daniel Boivin

Mr. Daniel Boivin is a partner in Gowling WLG's Ottawa office and is a key member of the firm's Advocacy Group. His practice focuses on health law and medical defence, including acting as counsel to the Canadian Medical Protective Association and the physicians. Daniel has appeared before the Ontario Superior Court of Justice, the Ontario Court of Appeal, the Federal Court and the Supreme Court of Canada. Daniel is a part-time professor, teaching evidence law and trial advocacy at the University of Ottawa Faculty of Law. He also lectures on evidence law, advocacy skills and health law with various organizations. Daniel's involvement in the discussions surrounding Medical Aid in Dying precedes the Carter decision. Daniel practices in both official languages. Since the start of his career, Daniel has been heavily involved in promoting access to justice for the Francophone community. He is the president of the Fédération des associations de juristes d'expression française de comon law and a past president of Association des juristes d'expression française of the Canadian Bar Association. He has been involved on the boards of a variety of community organizations, including the radio communautaire francophone d'Ottawa, the Council for the Arts in Ottawa and the Ottawa Symphony Orchestra, as well as a variety of organizations related to Alpine Ski Racing.

Dr. Jennifer Chandler, JD, LLM

Jennifer A. Chandler researches and writes about the legal and ethical aspects of biomedical science and technology, with focuses on mental health law and policy, neuroethics, organ donation and regenerative medicine. She has published widely in legal, bioethical and health sciences journals and is the co-editor of the recent book *Law and Mind: Mental Health Law and Policy in Canada* (2016). She is internationally recognized for her research and writing in the law and ethics of the brain sciences. She is an elected member of the Board of Directors of the International Neuroethics Society, and serves on international editorial boards in the field, including *Clinical Neuroethics* (part of the Cambridge Quarterly of Healthcare Ethics), the Springer Book Series *Advances in Neuroethics*, and the Palgrave-MacMillan Book Series *Law, Neuroscience and Human Behavior*. She is also a member of the international advisory boards for the Institut du Cerveau et de la Moelle Épinière (ICM) Neuroethics Network (Paris), and the Société française de psychologie juridique (Paris). She contributes to work on legal policy and the administration of justice in Canada as a member of the Board of Directors of the Canadian Institute for the Administration of Justice, and is active in public policy in organ donation and transplantation as a member of the ethics committees of the Ontario Trillium Gift of Life Network and Canadian Society of Transplantation. She is a member of the government-appointed Council of Canadian Academies expert panel reviewing Canada's medical assistance in dying legislation.

Ms. Vanessa Chaput

Mrs. Vanessa Chaput graduated from Collège Boréal with her diploma in Medical Radiation Technology in 2014. She joined the medical assistance in dying team at The Ottawa Hospital in September 2016 with a position as the MAID coordinator. Vanessa has since been involved in education and in the development of new MAID processes at TOH. In 2017, the MAID team was awarded the TOH Excellence Aware for Patient Experience and also received the Leading Practice Award from Accreditation Canada.

Dr. Alan Chaput, MD

Dr. Alan Chaput is an anesthesiologist and has been practicing at The Ottawa Hospital for the past 12 years. He has been involved in MAiD as both an assessor and as a provider since MAiD was legalized in June of 2016. In addition to practicing as an anesthesiologist, he is also the Assistant Dean of Postgraduate Medical Education where he oversees the training of residents and fellows in all programs. Prior to entering medicine, Dr. Chaput did both undergraduate and graduate degrees in pharmacy and practiced as a pharmacist in both the community and in the hospital setting.

Mrs. Lauren Clark, MSW, RSW

Lauren Clark is a Social Worker at The Ottawa Hospital (TOH). She holds a permanent position in the Medicine Department at the Civic Campus and has been an active member of the Medical Assistance in Dying (MAID) team at TOH since its inception in 2016, acting as lead Social Worker for this group. Lauren is also on the Board of Directors for Bridge C-14. Lauren holds a Social Service Worker diploma from Lambton College in her hometown of Sarnia, ON, a certificate in Dementia Studies from Lakehead University in Thunder Bay, ON, as well as a Bachelor of Social Work and a Master of Social Work from Carleton University in Ottawa, ON. She is a registered Member of the Ontario College of Social Workers and Social Service Workers (OCSWSSW) and the Ontario Association of Social Workers (OASW).

Dr. Luc Deliens, MA, MSc, PhD

Dr. Luc Deliens, MA, MSc, PhD, qualified in Medical Sociology, is Full Professor of Palliative Care Research at Ghent University and the Vrije Universiteit Brussel (VUB). Back in the nineties, he conducted the first large scale study on euthanasia in Belgium and became the Founding Director of the multidisciplinary and interuniversity End-of-Life Care Research Group of the VUB & Ghent University in Belgium (www.endoflifecare.be). He is member of the Royal Academy of Medicine of Belgium. Internationally, he co-chairs the European Association for Palliative Care Research Network, and coordinates or is involved in different on -going EU funded research projects. He successfully supervised 37 PhDs in palliative care or end-of-life decision making and is actually supervising about 25 PhD students. He published over 450 papers in peer-reviewed journals, authored, co-authored or edited 16 books and published over 50 book chapters. He received several scientific awards for his scientific work.

Dr. Francois de Wet, MD

Dr. Francois de Wet is a Family Doctor and Chief of Staff of rural medicine for Central Health, Baie Verte in Newfoundland.

Mrs. Jan Ditchfield

Jan Ditchfield is the Executive Director of Bridge C-14, a non-profit organization dedicated to providing compassionate support to families throughout their journey with medical assistance in dying (MAID). As an award-winning Disability and Human Rights Advocate, she has been honoured for her work as a Rick Hansen Difference Marker medalist, as well as the Celebration of People Awards, and was named one of the top Amazing People in Canada's National Capital Region. Her work has been featured by such publications as The National Post, The Globe and Mail, and The New York Times. In 2016, she undertook a deeply personal and heartbreaking journey with a loved one who wished for a community-based, medically assisted death. In this challenging time, she found herself navigating a system that was unprepared and, at times, even hostile. In advocating for and trying to access her loved one's rights to MAID, Jan experienced firsthand the lack of supports in place for families in similar positions. Motivated by this experience, Jan founded Bridge C-14 in 2017, and is deeply passionate about changing the landscape of compassion in our country.

Prof. Jocelyn Downie, CM, SJD, FRSC, FCAHS

Professor Jocelyn Downie is a Member of the Order of Canada and a Fellow of the Royal Society of Canada and the Canadian Academy of Health Sciences. She is also a Fellow of the Pierre Elliott Trudeau Foundation and recipient of the CIHR Barer-Flood Prize for Health Services and Policy Research. She began her academic career in Philosophy (BA and MA at Queen's University and an MLitt at the University of Cambridge) and then switched to Law (LLB at the University of Toronto and an LLM and SJD at the University of Michigan at Ann Arbor). After law school, she clerked for Chief Justice Lamer at the Supreme Court of Canada. After graduate school, she was the Director of the Health Law Institute at Dalhousie for ten years. She is now a University Research Professor in the Faculties of Law and Medicine at Dalhousie University and a Faculty Associate of the Dalhousie Health Law Institute. Her work on end-of-life law and policy goes back many years and includes: Special Advisor to the Canadia Senate Committee on Euthanasia and Assisted Suicide; author of Dying Justice: A Case for the Decriminalizing Euthanasia and Assisted Suicide in Canada (winner of the AbbyAnn D. Lynch Medal in Bioethics from the Royal Society of Canada); member of the Royal Society of Canada Expert Panel on End-of-Life Decision-Making; member of the pro bono legal team in the case of Carter v. Canada (Attorney General); member of the Provincial-Territorial Expert Advisory Group on Physician-Assisted Dying; and, most recently, member of the Canadian Council of Academies Expert Panel on Medical Assistance in Dying.

Dr. Christine Gibson, MD, CCFP

Dr. Gibson has focused on health inequity throughout her career, creating the Global Health R3 training as a Masters in Medical Education and working overseas as Executive Director of Global Familymed Foundation. She works with low-income populations now both as a family physician and as a Social Innovation Specialist, and in the context of MAiD wonders how to enhance wellness in dying.

Prof. Daphne Gilbert, PhD

Prof. Daphne Gilbert is an Associate Professor with the Faculty of Law at the University of Ottawa. She teaches Constitutional Law and the focus of her recent academic work is on the legal challenges in implementing full access to MAID. She is in particular interested in how to balance the rights of vulnerable peoples with the conscience and religious rights of physicians and institutions. She sits on the Legal Advisory Committee for Dying with Dignity Canada and in a volunteer capacity has acted as an independent witness for many requests for MAID.

Mrs. Shanaaz Gokool

Mrs. Shanaaz Gokool is a life-long human rights activist. She began her campaigning career in the 1980s in Nova Scotia, where she worked on promoting racial equality and inclusion as a youth leader in a number of community organizations. She holds undergraduate degrees in political science and human rights and equity studies. She has led numerous grassroots initiatives in the Greater Toronto Area, and was chair of Amnesty International Toronto Organization (AITO) between 2009 and 2014. She was a member of the Amnesty International Speaker's Bureau and has been a public spokesperson on various human rights issues, including Guantanamo Bay, the incarceration of Omar Khadr, child soldiers, and the arms trade. In 2009, she led a successful campaign to have the sitting mayor David Miller declare Toronto a "City against the Death Penalty." Shanaaz has also held leadership roles in the private sector and has a proven track record in business management and marketing. She brought her diverse skillset over to the non-profit sphere, working at organizations such as Amnesty International Canada, Innocence Canada, and Leadnow.ca. Under her direction, Dying With Dignity Canada has become the leading national organization defending Canadians' end-of-life rights and a go-to authority on medical assistance in dying. Shanaaz is a sought-after media commentator and has testified before parliamentary committees at the federal and provincial levels. She has spoken at numerous public and private events, with appearances at the prestigious Empire Club of Canada and the Ramsay Talks in Toronto.

Dr. Gus Grant, MD

Dr. Gus Grant is the Registrar and CEO of the College of Physicians and Surgeons of Nova Scotia. He is currently the Chair of the Nova Scotia Prescription Monitoring Program, President of the Nova Scotia Medical Legal Society, and Past-President of the Federation of Medical Regulatory Authorities of Canada. He has degrees in literature (Harvard), law (McGill) and medicine (Dalhousie), and has practiced both law and medicine in Nova Scotia. Dr. Grant is an active member on a number of Committees at the Faculty of Medicine at Dalhousie University. He maintains an active interest in the arts, in the interaction of law and medicine, and the hapless pursuit of the Atlantic salmon.

Dr. Stefanie Green, MD

Dr. Stefanie Green spent 10 years in general practice and another 12 years working exclusively in maternity and newborn care. She changed her focus and was one of only a handful of physicians who started providing MAiD in Canada in June 2016. Based in Victoria BC, Dr. Green is the co-founder and current President of the Canadian Association of MAID Assessors and Providers (CAMAP) and the moderator of CAMAP's national listserv for MAID providers. Clinically she is focusing on providing Medical Aid in Dying in and around Vancouver Island and making Canada a leader in this new field of medicine. She enjoys educating both the public and her peers about Medical Assistance in Dying. Dr Green is clinical faculty at UBC and UVic.

Dr. Christopher Harty, MD

Dr. Christopher Harty is a PGY-1 of Residency at University of Ottawa's Anesthesia Program. Interested in MAiD and have been actively working on development of the Clinical Practice Guideline for oral medications in MAiD. Graduated medical school from Memorial University of Newfoundland.

Dr. Andrew Healey, MD, FRCPC

Dr. Andrew Healey is an emergency and critical care physician with a special interest in organ and tissue donation. He undertook medical school training at Memorial University of Newfoundland and residency and fellowship training at McMaster University. He receives an International Masters in the Donation of Organs, Tissues and Cells for Transplantation at the Universitat de Barcelona in 2014. He is currently the Chief Medical Officer = Donation for Trillium Gift of Life Network in Ontario.

Dr. David Henderson, MD

Dr. David Henderson has the following accomplishments: Completed his Family Practice Residency at Memorial University in Newfoundland 1993; American Board Certified Hospice Palliative Care 2001; Worked with Iowa Health Physicians Ottumwa Family Practice from 1995 – 2001; Family Practice / Palliative Care Physician in New Brunswick 2001-2004; College of Family Physicians of Canada – Certificate of Added Competency in Palliative Medicine 2015. He currently is the Medical Director Colchester East Hants Palliative Care Program, Truro, NS since Jan. 2004; Assistant Professor Faculty of Family Medicine Dalhousie University; Member of executive Colchester East Hants Hospice Society; Chair - Atlantic Palliative Medicine Group; President - Canadian Society of Palliative Care Physicians; and the Chair – College of Family Physicians of Canada – Palliative Care Committee. Dr. Henderson has received the following awards: The Hon. Sharon Carstairs Award of Excellence in Advocacy - January 2017; Queens Elizabeth II Diamond Jubilee Medal - Sept. 2012; *Cancer Care Nova Scotia* 2011 Leadership Excellence Award – June 2011. He was formerly: President NS Hospice Palliative Care Association; President New Brunswick Hospice Palliative Care Association; Board member and volunteer Hospice Saint John and Sussex.; Medical Director Hospice of Wapello and Davis Counties in Iowa from 1997 - 2001; Board of Directors Hospice of Wapello and Davis Counties from 1997 - 2001; Medical Director Hospice/Palliative Care Unit Ottumwa Regional Health Center from 1999 - 2001; Member of the Iowa Partnership for Quality Care in Dying with Dignity. Dr. David Henderson also loves to coach hockey and go kayaking and fishing with his family.

Mrs. Kelly Jarvis, RN

Mrs. Kelly Jarvis was born and raised in Kingston, Ontario; Studied nursing at St. Lawrence College and graduated in 1996. Kelly relocated to Ottawa in 1996 and worked in the community with ventilator dependent patients. In 1996, she completed her critical care courses and began her critical care career at The Ottawa Hospital. She has worked as a critical care nurse at The Ottawa Hospital, Civic Campus in the Intensive Care Unit for the past twenty years. Kelly's responsibilities include bedside nursing, being part of the Critical Care Outreach Team (RACE) and Ad-Hoc Care Facilitator. She has been a MAID RN with The Ottawa Hospital since it's inception in June 2018. As a MAID RN, she has had the pleasure of speaking at other conferences/meetings and have oriented other nurses into the MAID program. She has also had the honor to be on the board of directors for Bridge C-14 to help families and patients navigate through the process.

Mr. Mike Kekewich, MA

Mike Kekewich is the Director of Clinical and Organizational Ethics, Regional Ethics, and MAID at The Ottawa Hospital. Mike has been working in ethics at TOH since 2009. Mike completed an undergraduate degree in Philosophy at the University of Ottawa, and went on to obtain a Master's in Public Ethics from Saint Paul University. Mike is also the Board Chair for Bridge C-14, a non-profit organization created to provide supports to families impacted by MAID. At TOH, Mike recently helped lead the development policy and operations related to medical assistance in dying since it's legalization in June 2016. In the lead up to Bill C-14 being implemented, Mike acted as an expert consultant to the Federal "External Panel on Options for a Legislative Response to *Carter v. Canada*", and co-authored a paper in *Health Policy* on regulation of assisted dying in Canada. Mike currently co-leads the MAID Program at The Ottawa Hospital, and has worked with many health care organizations in the Champlain LHIN, Ontario and Canada to improve practice in this area.

Dr. Alan Karovitch, MD, FRCPC, M.Ed.

Dr. Karovitch graduated from McGill Medical School in 1991. He subsequently completed his residency in General Internal Medicine at the University of Ottawa and his Master's degree in Higher/Medical Education at the University of Toronto. He practices General Internal Medicine at The Ottawa Hospital and University of Ottawa with special interests in Thrombosis and Obstetric Medicine. He is a member of the Department of Medicine with a cross appointment to Obstetrics and Gynecology. His current positions include Head/Chair of the Division of General Internal Medicine. He has been active with the TOH MAID team since its inception in 2016.

Mrs. Jacquie Lemaire, BscH, MHA

Mrs. Jacquie Lemaire is currently a Senior Policy Advisor in the End-of-Life Care Unit, within the Strategic Policy Branch of Health Canada. The Unit is leading a federal policy development related to end-of life care issues, including palliative care and medical assistance in dying. The Unit is responsible for implementing federal commitments related to medical assistance in dying legislation, including the development of regulations for the monitoring of medical assistance in dying. The Unit is also leading activities related to legislation for the development of a framework on palliative care which received Royal Assent in December 2017. Over the 18 years spent at Health Canada, Jacquie has been involved with several programs and/or policy files including primary health care, continuing care, nursing policy and the Primary Health Care and Health Transition Funds. Prior to joining Health Canada, Jacquie was employed by the Ontario Ministry of Health and Long-Term Care working on integrated health systems.

Dr. Margaret McKee, PhD

Dr. Margaret McKee a professor in the School of Social Work at Lakehead University in Thunder Bay, Ontario. Marg's PhD is in Counselling Psychology, but she is also a former obstetrical nurse and professional musician. Her teaching, research, and writing have focused broadly on care of people who are ill and dying, and on death literacy, and more specifically on the work of hospice volunteers in rural and remote communities, and the work of personal support workers who care for dying seniors in nursing homes. She has also conducted research on music activation in nursing homes, and on the role of the arts and humanities in healthcare. Her most recent research focuses on the experience of Canadian physicians who provide medical assistance in dying.

Dr. Viren Naik, MD, MEd, MBA, FRCPC

Dr. Viren Naik is the Director of Assessment for the Royal College of Physicians & Surgeons of Canada, a Professor of Anesthesiology, and the R.S. McLaughlin Professor of Medical Education at the University of Ottawa. He has 20 years of experience as an educator, and oversees the credentialing of specialist training and the assessment, including examinations, for all medical specialties in Canada. In 2001, Dr. Naik obtained a Master of Education degree from the University of Toronto, and a Fellowship in Education from The Wilson Centre for Research in Education. He has focused his career on the integration of simulation into CanMEDS for postgraduate education and continuing professional development. He has over 100 peer reviewed publications and grants, and in 2007 and 2013, Dr. Naik received honour awards from the Canadian Anesthesiologists' Society for his international contributions to education. In 2015, Dr. Naik completed an Executive MBA at the Telfer School of Management to further develop his leadership competencies. Between 2014 and 2017, he served as Vice President, Education for The Ottawa Hospital, the busiest academic health sciences centre in Canada, to provide a supportive learning environment and lead interprofessional initiatives to improve the patient experience. Dr. Naik continues to lead Medical Assistance in Dying (MAiD) at The Ottawa Hospital as the Medical Director of the program.

Dr. Simon Oczkowski, MD

Dr. Simon Oczkowski is an assistant professor in the department of medicine, division of critical care, at McMaster University. He completed is MHSc in bioethics at the University of Toronto and his MSc in clinical epidemiology at McMaster. He is a critical care physician and member of Hamilton Health Sciences' Assisted Dying Resource and Assessment Service. Dr. Oczkowski's clinical and research interests include end of life decision-making in the ICU; patient and family engagement; organ donation; and medical assistance in dying.

Prof. Barbara Pesut, PhD

Prof. Barbara Pesut is a Professor in the School of Nursing at UBC Okanagan and holds a Tier 2 Canada Research Chair in Health, Ethics and Diversity. Her program of research in palliative care explores ways to improve care for underserved populations.

Dr. Jonathan Reggler, MB BChir FCFP

Dr. Jonathan Reggler studied medicine at the University of Cambridge and then was a medical office in the British Army seeing service in Northern Ireland, Germany and Saudi Arabia. After 11 years as a civilian general practitioner in the United Kingdom, he escaped to Canada. Dr. Reggler has a full time Family Practice in Comox, BC. With Dr. Tanja Daws, he set up a community referral service for MAID that was ready on June 6, 2016. They have co-authored a MAID provision handbook and are currently working on the 3rd edition. Dr. Reggler is a Board Member of both CAMAP and Dying With Dignity Canada. He is also Chair of DWDC's Physician Advisory Council.

Dr. Claude Rivard, MD

Dr. Claude Rivard originally worked as a recycled poultry producer for 8 years, and then decided to become a vocation physician. He practiced as a General Practitioner since 1995 and treated approximately 950 patients. He also worked in the Emergency Department of the Hospital for 13 years, and of those 13 years was ER Chief for 10 years. Dr. Rivard worked in Intensive care for 12 years and was the ICU Chief for 8 years. He currently works in Palliative Care at home since December 2015.

Dr. Benjamin Schiff, MD

Dr. Benjamin Schiff is a full practice Family Physician working at St Mary's Hospital in Montreal. He focuses on in hospital medicine, including Oncology. Dr. Schiff has a life long interest in clinical ethics with particular emphasis on end of life care. He is an assistant professor at McGill University and director of the 3rd year enhanced skills programme in Hospital Medicine.

Dr. Jessica Shaw, PhD

Dr. Jessica Shaw (PhD, RSW) is an Assistant Professor with the Faculty of Social Work at the University of Calgary. She is an expert in qualitative and community -based research, and worked with the first cohort of physicians who provided MAID (outside of Québec) to document their experiences, as well as the experiences of their patients, and the patients' family and friends. She is an Alberta Health Services mentor for a clinical team that is investigating the characteristics of adult mental health patients who express a desire for MAID, and her most recent study is a Participatory Action Research project that explores the perceptions and experiences of MAID within highly marginalized populations. For her social justice research and for her efforts to bridge the divide between academia and the larger community, Dr. Shaw has been honoured with the Ron Ghitter Award in Human Rights and was named one of Calgary's 2017 "Top 40 Under 40."

Mrs. Gillian Szollos

Mrs. Gillian Szollos is a Health Policy, Promotion and Education Consultant who has worked in maternal and newborn care for over 20 years. Her own personal journey has made her passionate about health advocacy and patient navigation. The skills she has acquired served her well when both her elderly parents' health began to decline. Her father died from natural causes at home and her mother chose a medically assisted death four months later. For much her life, she has been passionate about birth, assisting nearly 1000 births in the past 20 years. Now she is becoming passionate about death or to be helping families experience a "good" death. There is a way to make medically assisted death a positive experience and bit begins with a holistic approach to family support. She looks forward to sharing her family's journey with you.

Dr. Konia Trouton, MD, MPH, FCFP

Dr. Konia Trouton has provided MAID since July 2016 under the clinic name of West Coast Assisted Dying in Victoria BC. She is one of the founding members of CAMAP and on the Physician Advisory Board of DWD. She trained in family practice and public health after completing medical school in 1990 at Queen's. She is a Clinical Professor in the Department of Family Practice UBC, and cross appointed to UVIC. She works in both BC and Alberta.

Dr. Christina Vadeboncoeur, MD, FRCPC

Dr. Christina Vadeboncoeur is an Assistant Professor of Pediatrics in the Department of Medicine at the University of Ottawa and a Pediatrician who works with the Palliative Care Program at the Children's Hospital of Eastern Ontario. She has provided palliative care at CHEO, Roger Neilson House and in the community in Ottawa since 2006.

Dr. Ellen Wiebe, MD

Dr. Ellen Wiebe is a Clinical Professor in the Department of Family Practice at the University of British Columbia. After 30 years of full-service family practice, she now restricts her practice to women's health and assisted death. She is the Medical Director of Willow Women's Clinic in Vancouver and provides medical and surgical abortions and contraception. She provides consultations for doctors and patients about aid in dying and provides assisted death. She has published widely on women's health and now is researching the experience of assisted dying in Canada.

Dr. Kim Wiebe, MD, FRCPC, MPH

Dr. Kim Wiebe completed medical school at the University of Manitoba in 1992 followed by an internal medicine residency at Dalhousie University in 1997 and a critical care fellowship back at University of Manitoba in 1999. Other training has included: a master's in public health at John Hopkins University in 2008 followed by training in addictions medicine in 2010 and most recently a palliative care fellowship at University of Manitoba in 2016. Other work interests have included: organ donation, bone marrow transplant, and overseas volunteer work with Medicine Sans Frontiers + the Canadian Society for International Health. Dr. Wiebe is currently working as a physician with the provincial medical assistance in dying clinical team of which she is the administrative lead.

WHERE TO EAT

Various "on the go" options are available at the Rideau Shopping Centre next door!

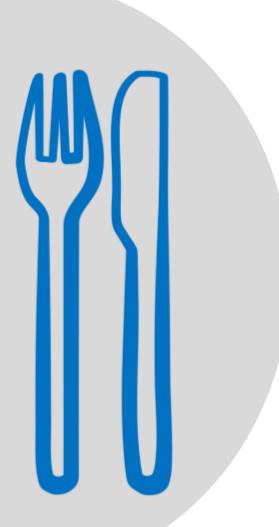
BYWARD MARKET SUGGESTIONS (steps from the Westin / Shaw Centre Ottawa):

Albion Rooms	33 Nicholas St	Play Food & Wine	1 York St
Social	537 Sussex Dr	<u>Wasabi Sushi</u>	41 Clarence St
Heart & Crown	67 Clarence St	The Shore Club (Westin Hotel)	11 Colonel By Dr
Joey's Rideau	50 Rideau St	The Grand Pizzeria & Bar	74 George St
<u>Mamma Grazzi's</u>	25 George St	<u>The Keg</u>	75 York St
Metropolitan Brasserie	700 Sussex Dr	<u>Vittoria Trattoria</u>	35 William St
Milestones	700 Sussex Dr		



2km from the Westin / Shaw Centre Ottawa:

<u>3 Brewers</u>	240 Sparks St	
Aroma Meze	239 Nepean St	
<u>Bâton Rouge</u>	360 Albert St	
<u>Bier Markt Ottawa</u>	156 Sparks St	
<u>Clover</u>	155 Bank St	
Cock & Lion Pub	202 Sparks St	
Festival Japan	149 Kent St	
India Palace	292 Albert St	
Jasmine Garden	340 Laurier Ave W	
<u>Lyon Tapas Bar</u>	222 Lyon St N	
The Royal Oak	180 Kent St	
<u>Sansotei Ramen</u>	153 Bank St	
Som Tum Fine Thai	260 Nepean St	



WHAT TO DO IN OTTAWA

MAY 3-5, 2018

Canadian Tulip Festival

This annual world-famous festival centres around Ottawa's love affair with the tulip, with a million tulips blooming in public areas, including 250,000 blooms in Commissioners Park near Dows Lake. The festival runs from May 11-21, 2018 but there's a chance they can bloom early depending on the weather. For more details, http://www.tulipfestival.ca

Parliament Hill

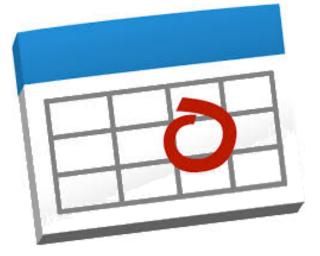
Parliament Hill is home of Canada's national government and the setting for national celebrations the year round. Each morning during summer months, the front lawn of Parliament Hill is the setting of the daily Changing of the Guard ceremony; each evening the public is invited to gather again to witness the awe-inspiring Sound and Light show – spectacular lighting effects and stunning giant images projected on the Parliament Buildings set to words and music. For more details, <u>www.ottawatourism.ca</u>

Museums

Renowned cultural attractions enlighten Ottawa's downtown core. From Canadian history, to priceless world-class art, to the heroic tales of those who fought bravely for Canada, to enormous dinosaur fossils and to the world's largest indoor collection of totem poles, Ottawa's many national museums have something to offer everyone, no matter what your interests might be.

- Canadian Agriculture and Food Museum 90
- ♦ <u>Canadian Museum of History</u>
- Canadian Museum of Nature
- Canadian War Museum

900 Prince of Wales Drive, Ottawa
 100 Laurier Street, Gatineau
 240 McLoed Street, Downtown Ottawa
 1 Vimy Place, Downtown Ottawa





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