



# CACAP

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## 38TH ANNUAL CANADIAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY CONFERENCE

SEPTEMBER 16 -18, 2018  
WESTIN NOVA SCOTIAN

[WWW.CACAP-ACPEA.ORG](http://WWW.CACAP-ACPEA.ORG)

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**Questions?**

Email: [cpd@toh.ca](mailto:cpd@toh.ca) Phone: 613-761-4480

# 38th Canadian Academy of Child & Adolescent Psychiatry Conference

Register Online! Visit <https://uottawacpd.eventsair.com/QuickEventWebsitePortal/cacap2018/eng>

Conference Fees	Early Bird Full Conference Rate On or before August 17, 2018	Standard Full Conference Rate After August 17, 2018	One Day Early Bird Rate On or before August 17, 2018	One Day Standard Rate After August 17, 2018
CACAP Members & Presenters	<b>\$495</b>	<b>\$680</b>	<b>\$235/day</b>	<b>\$315/day</b>
Non-Member (PhD/MD)	<b>\$795</b>	<b>\$945</b>	<b>\$340/day</b>	<b>\$420/day</b>
Other Healthcare Professionals	<b>\$190</b>	<b>\$255</b>	<b>\$105/day</b>	<b>\$140/day</b>
Resident/Graduate Students	<b>\$190</b>	<b>\$255</b>	<b>\$105/day</b>	<b>\$140/day</b>
Medical Student	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>
Sponsor Representatives	<b>\$500</b>	<b>\$500</b>	<b>\$500</b>	<b>\$500</b>

**Terms and Conditions:** A complimentary e-syllabus will be distributed to all delegates during the conference. A printed course syllabus is available for purchase at a rate of \$20 per booklet. Meals will be primarily on your own. Some beverages and snacks will be provided during the day with excellent suggestions nearby for your meals in Halifax. By registering for this event, you agree to the outlined terms and conditions. No registration form will be processed without the full registration fee included. Post-dated cheques are not accepted. Refunds less \$75 administrative charge will be issued for cancellations received in writing by August 17, 2018. No refunds will be issued for cancellations received after that date. Refund cheques will be sent after the event date. Space is limited, register early to secure your spot!

## Volunteer Opportunities Available!

If you are interested in volunteering at the 38th Annual CACAP Conference, please contact Sheena Levesque, Conference Planner by email ([shlevesque@toh.ca](mailto:shlevesque@toh.ca)) **before July 29, 2018**. Volunteers receive a complimentary registration for the conference. A minimum of 8 hours of volunteer time is required.

## Travel and Accommodations

### ACCOMMODATIONS

Book your accommodations today by visiting <https://bit.ly/2jHauEY>

The Canadian Academy of Child and Adolescent Psychiatry's 38th Annual Meeting will be hosted at the **Westin Nova Scotian** in the heart of Halifax, Nova Scotia. A block of rooms has been set aside with rates starting at \$199/night (plus applicable taxes). Rooms must be booked prior to **August 17, 2018** to ensure that you receive the quoted rate. Extend your stay! The group rate is available 3 days before and after the conference (pending hotel availability).

### TRAVEL

Book with Air Canada and save 10% off your flight costs (some conditions apply) Book your travel to Halifax (YHZ) by visiting [www.aircanada.com](http://www.aircanada.com) and entering in the promotion code 8VN2BTG1. No discount will apply to Tango bookings for travel within Canada or between Canada and the U.S. For International travel (destinations outside North America), discounts apply to all fares including Tango.

## Accreditation

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa's Office of Continuing Professional Development. You may claim a maximum of 15.75 hours (credits are automatically calculated).

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Ottawa's Office of Continuing Professional Development for up to 15.75 Mainpro+ credits.

# 38th Canadian Academy of Child & Adolescent Psychiatry Conference

## Conference Theme and Learning Objectives

This year's conference theme is Challenges in Child and Adolescent Psychiatry: Caring for Populations with Complex Needs.

### Learning Objectives:

- Review up-to-date information on the aetiology, clinical presentation and treatment outcomes of complex psychiatric presentations in children and youth
- Describe the complex interplay between social and individual characteristics and the presentation of psychiatric disorder

## Thank You to the 38th Annual CACAP Conference Keynote Speakers

- **Dr. Amy Bombay**, Assistant Professor, School of Nursing, Department of Psychiatry, Dalhousie University
- **Dr. Benjamin Goldstein**, Senior Scientist, Evaluative Clinical Sciences, Hurvitz Brain Sciences Research Program, Sunnybrook Research Institute, Director of Research, Department of Psychiatry, Sunnybrook Health Sciences Centre, Director, Clinician Scientist Program, Department of Psychiatry, Faculty of Medicine, University of Toronto, Professor, Departments of Psychiatry, Pharmacology, and Psychological Clinical Science, University of Toronto, Adjunct Assistant Professor, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine
- **Dr. Shuvo Ghosh**, Director, Resident Research and Scholarly Projects (Core Pediatric Residency Program); Head, Gender Variance Program (GVP); Coordinator, Child Development Research Alliance (CDRA); Member, McGill Global Child Health Initiative
- **Dr. Gagan Joshi**, Director, Autism Spectrum Disorder Program in Pediatric Psychopharmacology, Associate Program Director, MGH Fellowship in Autism Spectrum Disorder, Medical Director, The Alan & Lorraine Bressler Program for Autism Spectrum Disorder, Massachusetts General Hospital, Boston Massachusetts, Associate Professor of Psychiatry, Harvard Medical School, Boston Massachusetts, Research Affiliate, McGovern Institute for Brain Research Massachusetts Institute of Technology, Cambridge Massachusetts
- **Dr. Daphne Korczak**, Director, Children's Integrated Mind and Body (CLIMB) Program; Staff Psychiatrist, The Hospital for Sick Children; Assistant Professor, Pediatrics, University of Toronto; Associate Member, Institute of Medical Science
- **Dr. Daniel Pine**, Senior Psychiatrist, The Ross Center, Member, Scientific Research Council, Child Mind Institute, Chief, Section on Development and Affective Neuroscience, Chief, Emotion and Development Branch, Chief of Child and Adolescent Research in the Mood and Anxiety Disorders Program, National Institute of Mental Health
- **Dr. Susan Weiss**, Director, Division of Extramural Research at the National Institute on Drug Abuse (NIDA)

## Thank You to the 38th Annual CACAP Conference Executive Committee

- Dr. Daphne Korczak
- Dr. Roberto Sassi
- Ms. Elizabeth Waite
- Dr. Chris Wilkes

## Thank You to the 38th Annual CACAP Conference Research and Scientific Program Committee

- |                         |                                   |                             |
|-------------------------|-----------------------------------|-----------------------------|
| • Dr. Ademola Adeponle  | • Dr. Benjamin Goldstein          | • Dr. Rachel Mitchell       |
| • Dr. Alexa Bagnell     | • Dr. Daniel Gorman               | • Dr. Suneeta Monga         |
| • Dr. Anthony Bailey    | • Dr. Lily Hechtman               | • Dr. Kathleen Pajer        |
| • Dr. Danielle Baribeau | • Dr. Sarosh Khalid-Khan          | • Dr. Roberto Sassi (Chair) |
| • Dr. Khrista Boylan    | • Dr. Daphne Korczak (Vice-Chair) | • Dr. Noam Soreni           |
| • Dr. Amy Cheung        | • Dr. Frank MacMaster             | • Dr. Ashley Wazana         |
| • Dr. Nathalie Gingras  | • Dr. Rob Milin                   |                             |

## Thank You to the 38th Annual CACAP Conference Local Planning Committee

- Dr. Sabina Abidi
- Dr. Alexa Bagnell
- Ms. Megan Bellefontaine
- Ms. Debi Follett
- Dr. Roberto Sassi
- Dr. Chris Wilkes
- Dr. Johanna Zed

# 38th Canadian Academy of Child & Adolescent Psychiatry Conference

## SEPTEMBER 15, 2018 (PRE-CONFERENCE COMMITTEE MEETINGS)

8:00 - 12:00	Royal College of Physicians and Surgeons of Canada, Child and Adolescent Psychiatry Subspecialty Committee	Commonwealth B
11:00 - 17:00	CACAP Board of Directors Meeting	Maritime Room
12:00 - 18:30	Conference Pre-Registration	Commonwealth Foyer
13:00 - 16:00	Child and Adolescent Psychiatry Committee on Postgraduate Education Meeting	Commonwealth B
18:00 - 21:00	Association of Professors of Child and Adolescent Psychiatry Dinner Meeting	Maritime Room

## SEPTEMBER 16, 2018

07:00 - 17:00	Registration	Commonwealth Foyer
08:00 - 08:20	Presidential Address	Commonwealth A
08:20 - 08:30	Research and Scientific Committee Chair Remarks	Commonwealth A
08:30 - 09:50	<p><b>The Pharmacological Treatment of ASD and Its Comorbidities, Across the Lifespan</b>  <i>Dr. Gagan Joshi, Director, Autism Spectrum Disorder Program in Pediatric Psychopharmacology, Associate Program Director, MGH Fellowship in Autism Spectrum Disorder, Medical Director, The Alan &amp; Lorraine Bressler Program for Autism Spectrum Disorder, Massachusetts General Hospital, Boston Massachusetts, Associate Professor of Psychiatry, Harvard Medical School, Boston Massachusetts, Research Affiliate, McGovern Institute for Brain Research Massachusetts Institute of Technology, Cambridge Massachusetts</i></p> <ul style="list-style-type: none"> <li>Identify the complexities and challenges of pharmacological treatment of children and youth with ASD</li> <li>Describe evidence-based treatment options for this population</li> </ul>	Commonwealth A
09:50 - 10:00	Awards Presentation #1	Commonwealth A
10:00 - 10:20	Nutrition and Networking Break	Atlantic Mezzanine
10:20 - 11:40	<p><b>Neurobiology of Mood and Anxiety Disorder in Children</b>  <i>Dr. Daniel Pine, Senior Psychiatrist, The Ross Center, Member, Scientific Research Council, Child Mind Institute, Chief, Section on Development and Affective Neuroscience, Chief, Emotion and Development Branch, Chief of Child and Adolescent Research in the Mood and Anxiety Disorders Program, National Institute of Mental Health</i></p> <ul style="list-style-type: none"> <li>Review up-to-date information on neurobiological models for the aetiology and presentation of mood and anxiety disorders in children and youth</li> <li>Discuss the implications of these neurobiological models on treatment decisions for complex cases</li> </ul>	Commonwealth A
11:40 - 12:05	Presentation TBC	Commonwealth A
12:05 - 12:15	Awards Presentation #2	Commonwealth A
12:15 - 13:45	Lunch on Your Own and Exhibits	
12:15 - 13:45	World Café (light lunch offered)	Commonwealth B
12:15 - 13:45	CACAP Education Committee Meeting	Maritime Room
13:45 - 15:15	Concurrent Session Round A	
A1	<p><b>RESEARCH SYMPOSIUM</b>            Emerging Family and Genetic Studies of Childhood-Onset Obsessive-Compulsive Disorder (#67)  <i>Dr. S. Evelyn Stewart</i></p>	Commonwealth A
A2	<p><b>WORKSHOP</b>            Post-Secondary Student Mental Health: a Primer for Canadian Psychiatrists (#27)  <i>Dr. Andrea Levinson</i></p>	Harbour A
A3	<p><b>SPECIAL INTEREST STUDY GROUP</b>            Meeting the Complex Needs of the Medical/Mental Health Population (#53)  <i>Dr. Claire De Souza</i></p>	Commonwealth B

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13:45 - 15:15 Concurrent Session Round A (continued)		
A4	<b>WORKSHOP</b> It's All in Your Head: Somatic Symptom Disorders in Youth (#29) <i>Dr. Matthew Morrisette, Dr. Leonard Schwartz, Dr. William Fleisher</i>	Tradewinds
A5	<b>SPECIAL INTEREST STUDY GROUP</b> Applying Evidence-Informed Practices to the Selection of Future Child & Adolescent Psychiatrists (#46) <i>Dr. Chetana Kulkarni</i>	Harbour B
15:15 - 15:30 Nutrition and Networking Break		
15:30 - 17:00 Concurrent Session Round B		
B1	<b>RESEARCH SYMPOSIUM</b> Prediction and Prevention of Psychopathology in Developmental Cohorts (#60) <i>Dr. Rudolf Uher, Dr. Ashley Wazana, Dr. Barbara Pavlova</i>	Tradewinds
B2	<b>SPECIAL INTEREST STUDY GROUP</b> 4-Phase Approach to Treating Somatization (#66) <i>Dr. Tyler Pirlot</i>	Commonwealth B
B3	<b>RESEARCH SYMPOSIUM</b> Disruptive Mood Dysregulation Disorder: A Case-Control Actigraphy Study (#49) <i>Dr. Jean Marc Guile</i>	Harbour B
B4	<b>WORKSHOP</b> Demystifying Eating Disorders: The ABC's (#11) <i>Dr. Clare Roscoe</i>	Harbour A
17:00 - 19:00 Resident and Faculty Cinq-a-Sept		Atlantic Ballroom
18:15 - 19:15 Canadian Special Interest Group for Intellectual Disorders and Autism Spectrum Disorder Meeting		Boardroom

## SEPTEMBER 17, 2018

07:30 - 18:00 Registration		
08:00 - 08:15	Welcome Back	Commonwealth A
08:15 - 09:15	<b>Breakfast with the Experts: The Cross Talk Between Metabolic Issues and Mental Health in Youth</b> <i>Dr. Benjamin Goldstein, Senior Scientist, Evaluative Clinical Sciences, Hurvitz Brain Sciences Research Program, Sunnybrook Research Institute, Director of Research, Department of Psychiatry, Sunnybrook Health Sciences Centre, Director, Clinician Scientist Program, Department of Psychiatry, Faculty of Medicine, University of Toronto, Professor, Departments of Psychiatry, Pharmacology, and Psychological Clinical Science, University of Toronto, Adjunct Assistant Professor, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine; Dr. Daphne Korczak, Director, Children's Integrated Mind and Body (CLIMB) Program; Staff Psychiatrist, The Hospital for Sick Children; Assistant Professor, Pediatrics, University of Toronto; Associate Member, Institute of Medical Science</i>	<b>Commonwealth A</b>
	<ul style="list-style-type: none"> <li>Identify and discuss the association between childhood mood disorders and increased cardiovascular disease morbidity in adulthood</li> </ul>	
09:15 - 09:25	Awards Presentation #3	Commonwealth A
09:25 - 10:30	<b>Transgender Youth</b> <i>Dr. Shuvo Ghosh, Director, Resident Research and Scholarly Projects (Core Pediatric Residency Program); Head, Gender Variance Program (GVP); Coordinator, Child Development Research Alliance (CDRA); Member, McGill Global Child Health Initiative</i>	<b>Commonwealth A</b>
	<ul style="list-style-type: none"> <li>Identify the distinctive presentation of mental health issues among transgender youth</li> <li>Describe effective clinical approaches for this population</li> </ul>	
10:30 - 10:50 Nutrition and Networking Break		Atlantic Mezzanine

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10:50 - 11:50	<b>Mental Health in Indigenous Youth</b> <i>Dr. Amy Bombay, Assistant Professor, School of Nursing, Department of Psychiatry, Dalhousie University</i> <ul style="list-style-type: none"> <li>List and identify the challenges experienced by indigenous youth</li> <li>Identify how to better provide mental health treatment for this population</li> </ul>	Commonwealth A
11:50 - 12:00	Awards Presentation #4	Commonwealth A
12:00 - 13:30	AGM Lunch	Commonwealth A
13:30 - 15:00	<b>Concurrent Sessions Round C</b>	
C1	<b>RESEARCH SYMPOSIUM</b> Adolescent Predictors of Adult Outcomes in ADHD (#41) <i>Dr. Lily Hechtman</i>	Tradewinds
C2	<b>WORKSHOP</b> PANS/PANDAS: Bridging the Divide Between Research and Clinical Practice (#56) <i>Dr. Susan Baer, Dr. Megan MacFadden, Dr. Evelyn Stewart</i>	Harbour A
C3	<b>SPECIAL INTEREST STUDY GROUP</b> Working with Youth Who Use and Misuse Substances (#25) <i>Dr. Selena Etches, Mr. Jeff Thoms</i>	Commonwealth B
C4	<b>ACADEMIC PERSPECTIVES</b> Supporting Healthy Development in Autism Spectrum Disorders: Challenges and Solutions (#3) <i>Dr. Katharina Manassis, Dr. Lukas Propper, Dr. Lila Amirali</i>	Harbour B
15:00 - 15:30	Nutrition and Networking Break	Atlantic Mezzanine
15:30 - 17:00	<b>Concurrent Sessions Round D</b>	
D1	<b>RESEARCH SYMPOSIUM</b> Transdiagnostic eHealth Sleep Intervention for Parents of Children with NDD (#19) <i>Dr. Penny Corkum</i>	Tradewinds
D2	<b>WORKSHOP</b> Bringing Mental Health Literacy to Schools (#5) <i>Dr. Stan Kutcher, Dr. Yifend Wei</i>	Harbour A
D3	<b>WORKSHOP</b> InCYT-Y (Integrative Cognitive Yoga Therapy for Youth): A Pilot Study (#23) <i>Dr. Arianne St Jacques</i>	Commonwealth B
D4	<b>RESEARCH SYMPOSIUM</b> Defining the Complexity of the Paediatric Consultation-Liaison (CL) Psychiatry Population (#52) <i>Dr. Claire De Souza</i>	Harbour B
17:00 - 19:30	President's Reception and Poster Viewing	Atlantic Ballroom

## SEPTEMBER 18, 2018

07:30 - 12:30	Registration	
08:00 - 09:30	<b>Concurrent Sessions Round E</b>	
E1	<b>SPECIAL INTEREST STUDY GROUP</b> Challenges and Strategies for Managing Complex Needs in Inpatient Psychiatry (#32) <i>Dr. Stephanie Greenham, Dr. Lila Amirali</i>	Tradewinds
E2	<b>WORKSHOP</b> Psychotherapeutic Approaches to Supporting Trans* Youth with Body Dysphoria (#65) <i>Dr. Sue Zinck</i>	Harbour A

# 38th Canadian Academy of Child & Adolescent Psychiatry Conference

08:00 - 09:30	Concurrent Sessions Round E (continued)	
E3	<b>WORKSHOP</b> How to Write and Review a Scientific Journal Article (#13) <i>Dr. Khrista Boylan, Dr. Kristin Cleverley</i>	Commonwealth B
E4	<b>ACADEMIC PERSPECTIVES</b> Lean Learning in Halifax: System Change in Outpatient Mental Health (#64) <i>Dr. Alexa Bagnell</i>	Harbour B
09:30 - 09:45	Nutrition and Networking Break	
09:45 - 10:45	<b>Panel Presentation: Top 3 Reviewed Poster Presentations</b> <ul style="list-style-type: none"> <li>Family History of Mental Illness, Adversity and Psychopathology in Youth (#47) <i>Ms. Alyson Zwicker</i></li> <li>Maintenance Pharmacological Treatment in Pediatric Bipolar Disorder: A Systematic Review (#6) <i>Dr. Caitlin S. Yee</i></li> <li>Do Systematic Reviews and Meta-Analyses Meet International Quality Standards? (#43) <i>Dr. Kathryn Bennett</i></li> </ul>	Commonwealth A
10:45 - 12:00	<b>Cannabis Use and Mental Health in Youth</b> <i>Dr. Susan Weiss, Director, Division of Extramural Research at the National Institute on Drug Abuse (NIDA)</i> <ul style="list-style-type: none"> <li>Assess the neurobiological impact of cannabis use in children and youth</li> <li>Describe the potential mental health consequences of cannabis use in this population</li> </ul>	Commonwealth A
12:00 - 12:15	Closing Remarks and Scientific Awards	

