

Community Stroke Conference: A Patient Led Initiative

Ottawa Stroke Summit Brag and Steal
September 27th, 2024
Presented by Anna Sewell RN, MN
York Region District Stroke Coordinator



Mackenzie
Health

Presenter Disclosure

- Presenter: Anna Sewell
- Relationships with commercial interests:
 - I have not received any grants or research support for this initiative
 - I have not received an honorarium to present
 - I have not received any consulting fees
 - I have no conflict of interest to declare



Conference Purpose and Planning



- Tony had an idea to create a forum where people could learn about stroke and access community resources/partners in one place.
- Tony drew out a road map for the conference and all topics and sessions were identified by him.
- The conference idea was developed with the help of members from the District Stroke Council. (Group of hospital and community partners who meet monthly to share services and collaborate on stroke projects)
- A planning committee was formed and there was great collaboration from Tony Iantorno, the March of Dimes, the Central East Stroke Network and the Hospital Volunteer and Patient Partner Programs.

Conference Content

- 10 Speakers
- 3 Break-out sessions
- Guided meditation
- Music Therapy Session – Recording of a song on the spot with the session attendees
- Persons with lived experience were highlighted on TV screens in the auditorium
- Two people to assist with key wording

Thank you

