



2022 Update in Geriatrics for Primary Care: *Keeping our Seniors and their Caregivers Safe in the Community*

Friday, May 27, 2022
Virtual Conference

The University of Ottawa, Office of Continuing Professional Development is pleased to offer this 1-day course on the practical clinical management of geriatric patients. This program is designed to highlight strategies that primary care physicians, nurse practitioners and primary care allied health team members can utilize to improve the quality of life of their patients.



Bureau du développement
professionnel continu

Office of Continuing
Professional Development



OVERALL LEARNING OBJECTIVES

By the end of the educational activity, participants will be able to:

1. Apply current evidence and best practices provided to diagnose and manage select common conditions in seniors in the primary care setting, including sleep disorders, Parkinson's disease and dementia.
2. Develop approaches to manage care and successfully engage in difficult but important conversations with seniors including in situations of suspected elder abuse and of advanced care planning in face of advanced chronic diseases.
3. Network with primary care colleagues and others working with seniors with a focus on creating opportunities and partnerships for quality patient care.

ACCREDITATION

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa's Office of Continuing Professional Development. You may claim a maximum of **5.25 hours** (credits are automatically calculated).

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Ottawa's Office of Continuing Professional Development for up to **5.25 Mainpro+** credits.

PLANNING COMMITTEE

Special thanks to the following committee members who participated in the planning of this event:

Dr. Ripa Akter and Dr. Giovanni Bonacci (Co-Chairs)
Ms. Marice Prior
Ms. Lisa Richardson
Dr. Ben Robert
Dr. Mononita Roy
Dr. Maggie Thompson
Dr. Shirley Huang
Dr. Andrew Wiens
Ms. Laura Wilding

REGISTRATION

Conference Registration Fees <small>(fees are in CAD and inclusive of taxes)</small>	Early Bird Online Rate On or before April 29	Regular Online Rate After April 29
Physician	\$175 + HST	\$225 + HST
Other Healthcare Professional	\$125 + HST	\$175 + HST
Resident	\$125 + HST	\$175 + HST
Student	\$50 + HST	\$75 + HST

<https://uottawacpd.eventsair.com/geri2022/info> to register online today!

Cancellation Policy: Refunds less \$75 administrative charge will be issued in writing by **April 29, 2022**. No refunds will be issued for cancellations received after that date. All refunds will be processed after the event.

COURSE PRESENTATIONS

All course presentations will be recorded and available for viewing one year from the event date.

Further information: cpd@uottawa.ca | 613-761-4480 ext. 1 | [Visit our website](#)

PROGRAM AT A GLANCE

08:00	Welcome and Introductory Comments
08:15	Top 5 Articles in Geriatrics <i>Dr. Jamal Depradine</i> By the end of this session, participants will be able to: <ul style="list-style-type: none"> • Incorporate current information from recent geriatric literature to primary care practice.
09:00	Transition
09:05	Driving Discussions in Primary Care <i>Dr. Anna Byszewski</i> By the end of this session, participants will be able to: <ul style="list-style-type: none"> • Discuss methods of approaching a conversation around fitness to drive; • Identify community resources to support physicians and patients facing concerns around road safety; • Review suggested specific topics that should be raised during fitness to drive conversations.
10:05	Stretch Break & Networking with Exhibitors
10:15	Home-based Primary Care: Useful Pearls on Incorporating this into your Practice <i>Dr. Giovanni Bonacci and Dr. Benoit Robert</i> By the end of this session, participants will be able to: <ul style="list-style-type: none"> • Identify patients in their practice who would benefit from home visits and be adequately compensated for their work; • Address the unique medical and social challenges faced by home-bound patients and identifying available community resources; • Manage palliative care in the home setting, including challenging problems at the end of life.
11:30	Lunch & Networking with Exhibitors
12:30 - 13:15	AFTERNOON CONCURRENT SESSIONS <i>(please select one)</i>
CS1	Behaviour Supports - Champlain Region <i>Ms. Nancy Lesiuk</i> By the end of this session, participants will be able to: <ul style="list-style-type: none"> • Discover Champlain Behavioural Support System, who we are, and an overview of the services we provide to our communities; • Describe the capacity building initiatives and the utilization of various modes of delivery; • Improve system integration, wrap around response , all services working together supporting transitions at the client level.
CS2	Tackling Medication challenges in Older Adults - Practical Tips for Every Day Practice <i>Ms. Pam Howell</i> By the end of this session, participants will be able to: <ul style="list-style-type: none"> • Review and reflect on key factors in older adults that make medication prescribing challenging; • Offer a case-based, pragmatic framework to help guide medication decisions and discussions; • Highlight tools and resources available to support clinicians and patients with medication changes.
CS3	Serious Illness Conversation <i>Ms. Kathryn May</i> By the end of this session, participants will be able to: <ul style="list-style-type: none"> • Summarize the rationale for using a structured communication tool as an approach to build trust, share information and explore patient preferences; • Describe the components of the Serious Illness Conversation Guide; • Compare personal approaches to a complex discussion with a designed demonstration using the Serious Illness Conversation Guide.
CS4	The Power of Frailty in Helping to Manage Older People in Primary Care <i>Dr. Allen Huang</i> By the end of this session, participants will be able to: <ul style="list-style-type: none"> • Outline why older people may develop frailty; • Identify 3 differences between the construct of frailty and the common use of the term as a simple descriptor of appearance; • Identify 2 reasons why diagnosing dementia can help primary care delivery.

PROGRAM AT A GLANCE

13:15	Nutrition Break & Transition
13:30 - 14:15	AFTERNOON CONCURRENT SESSIONS <i>(please select one)</i>
CS5	<p>Behaviour Supports - Champlain Region <i>Ms. Nancy Lesiuk</i> By the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Discover Champlain Behavioural Support System, who we are, and an overview of the services we provide to our communities; • Describe the capacity building initiatives and the utilization of various modes of delivery; • Improve system integration, wrap around response , all services working together supporting transitions at the client level.
CS6	<p>Tackling Medication Challenges in Older Adults - Practical Tips for Every Day Practice <i>Ms. Pam Howell</i> By the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Review and reflect on key factors in older adults that make medication prescribing challenging; • Offer a case-based, pragmatic framework to help guide medication decisions and discussions; • Highlight tools and resources available to support clinicians and patients with medication changes.
CS7	<p>Serious Illness Conversation <i>Ms. Kathryn May</i> By the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Summarize the rationale for using a structured communication tool as an approach to build trust, share information and explore patient preferences; • Describe the components of the Serious Illness Conversation Guide; • Compare personal approaches to a complex discussion with a designed demonstration using the Serious Illness Conversation Guide.
CS8	<p>The Power of Frailty in Helping to Manage Older People in Primary Care <i>Dr. Allen Huang</i> By the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Outline why older people may develop frailty; • Identify 3 differences between the construct of frailty and the common use of the term as a simple descriptor of appearance; • Identify 2 reasons why diagnosing dementia can help primary care delivery.
14:15	Transition
14:20	<p>Non-motor Manifestations of Parkinson’s Disease <i>Dr. Michelle Laneuville</i> By the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Recognize and describe non-motor symptoms of Parkinson’s Disease; • Develop an approach to managing non-motor symptoms of Parkinson’s Disease; • Recognize when a specialist referral is required to help manage non-motor symptoms.
15:05	Concluding Remarks & Evaluation