



PARTNERS IN PREVENTION 2023

REGIONAL HEALTH & SAFETY CONFERENCE

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A SHARED VISION



inclusion



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OCTOBER 18, 2023 | Bingemans Conference Centre

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PARTNERS IN PREVENTION 2023 REGIONAL HEALTH & SAFETY CONFERENCE



A
SHARED
VISION

In the face of increasing demands and many unprecedented challenges, Ontario businesses have adapted and persevered. Now, health and safety leaders are ready to focus forward with **A Shared Vision** for a sustainable future, driven by a more resilient workforce and a collaborative, proactive approach.

Partners in Prevention Regional Conference series is an opportunity for transformational learning through shared experiences, open dialogue, and cooperative successes.

With **A Shared Vision** and purpose, we will champion workplace cultures that protect people, promote health and contribute to businesses success, strengthening the social and economic fabric of the communities they serve.

Thank You To Our Generous Sponsors

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Registration & Breakfast 7:00 – 8:00 am

Trade Show Opens 7:00 am

Morning Keynote 8:00 – 9:00 am



Improving the Culture of Safety in High-Risk Environments

Sponsored by:



Jill Heinerth

Author and World-Renowned Underwater Explorer

Good leaders create a safe culture in the workplace, but how is it accomplished? Jill Heinerth addresses three primary categories that relate to risk assessment, leadership, and safety culture, including strategies and tactics for reaching a sustainable, incident-free workplace. By drawing on her experiences cave diving into some of the most dangerous places on earth, listeners will learn how to apply universal risk management strategies in their own teams and organizations.

Afternoon Keynote 12:45 – 1:45 pm



Belonging: The Intersection of Mental Health and Anti-Racism

Anthony McLean

Leadership, Mental Health and Inclusivity Advocate

Sponsored by:



One of the outcomes of diversity, equity, and inclusion (DEI) is to ensure people have a sense of belonging within our organizations. There is a considerable amount of overlap between mental wellness and racial equity. In this inspiring presentation, Anthony McLean contends that empathy is at the heart of both DEI work and mental health awareness, and psychological safety and creating a sense of belonging are central to both pursuits. This interactive presentation helps participants bring more compassion and courage to the work of anti-racism and mental wellness. Learning outcomes:

- Learn how to approach mental health and DEI through the lens of empathy.
- Understand the impact systemic racism has on mental health.
- See how microaggressions are the "death by a thousand papercuts" to a sense of belonging.

9:15 – 10:15 am

Choose One

Mindset Matters:

How Our Best Self Contributes to a Healthy Culture at Work

Meaghan Jansen, MSc., Owner, Employee Wellness Solutions Network

While change is inescapable and challenging, it is also an incredible opportunity to discover the best version of ourselves. This eye-opening presentation explores the importance of creating a positive mindset, accepting change with resiliency, and understanding unconscious biases which may lead to microaggressions that can unintentionally harm others. We'll discuss how to focus on yourself to effectively manage your energy levels, priorities, and mindset to empower a healthy and diverse culture at your workplace. G HR WMH

Turning Stress and Adversity into Opportunity and Organizational Sustainability

Kelly Hultink, H&S Consultant (Workplace Mental Health)
Workplace Safety & Prevention Services (WSPS)

The greatest resource for any business is its workers, and while you may know what to do to prevent equipment from breaking down, how do you prevent employee burnout? This session discusses the physiology and psychology of stress responses and how strategies lead to greater resilience and enhance employee engagement and retention, critical factors in the success of businesses going forward. G HR LD WMH

Unlocking the Secrets of Risk Assessment: Mastering HIRA-glyphics

Kevin Lyons, MSc, CRSP, CMIOSH
Health, Safety, and Environment Generalist, Enova Power

Join us for an engaging and informative session that delves into the world of hazard identification and risk assessment, commonly known as HIRA. Explore the power of structured systems that demystify risk assessments and provide a solid foundation for effective, consistent, and systematic approaches. Discover how this vital process can make a positive impact on workplace safety and drive meaningful change. Don't miss out on this opportunity to gain valuable insights and enhance your HSE practices. Get ready to decode the language of risk assessment and unlock its full potential at HIRA-glyphics! G HZ JHSC

SESSION TRACKS

To help you maximize your conference experience, we've divided sessions into seven categories. Choose the sessions you want from any category, however you want.

G General H&S	HR Human Resources	LD Leadership	WMH Workplace & Mental Health
HZ Hazards	JHSC JHSC	LL Legislative & Legal	

Machine Safety – CSA Z432 Standard Highlights

Michael Wilson, Senior H&S Consultant
Workplace Safety and Prevention Services (WSPS)

The current CSA Z432 (2016) standard for safeguarding will soon be replaced by an updated edition. The goal of this session is to introduce and briefly discuss the potential changes in the 2023 edition. The session will also highlight the importance of risk assessment and how the changes to the Z432 could impact Pre-Start Health and Safety Reviews. Safety professionals, machinery builders and integrators, end-users, and anyone involved in machine design or machine safety should be aware of these changes.

HZ LL

Your Roadmap to Excellence

Sponsored by:

Roland Guignard, Health and Safety Excellence Consultant
Workplace Safety and Insurance Board (WSIB)



Learn about WSIB's Health and Safety Excellence program and how it can provide your business with a tailored, step-by-step roadmap to excellence in health and safety. Find out how businesses have used the program to become more resilient, reduce costs, and earn rebates from the WSIB, while also establishing their brand as a safe employer. Also, learn about the limited time incentives available to businesses with 1-99 employees including double rebates and financial support for developing a health and safety plan. Whether you are new to health and safety or looking to optimize a health and safety management system, the Health and Safety Excellence program will provide you with an incentivized path forward.

G JHSC LD

Fit for All: Improving PPE to Keep Workers Safe

Sponsored by:

Candace Sellar, M.A. (DEM) Program Manager
Worker and Public Safety, Standards, CSA Group



New research by CSA Group shows that Canadian women are disproportionately impacted by a lack of gender-responsive personal protective equipment (PPE). Proper fit and comfort are two of the most important features in the design and usage of PPE yet a significant number of women surveyed experience one or more issues with ill-fitting PPE. During this session, Candace Sellar, Program Manager, Worker and Public Safety Standards, will provide a high-level overview of CSA Group's published research, Canadian Women's Experiences with PPE in the Workplace, and explore how and why access to properly fitting equipment continues to be a long-standing issue.

HZ JHSC

11:00 am – 12:00 pm Choose One

Integrating Workplace Wellbeing into Health and Safety Culture through Purpose-Built Tools and Resources

Jackie Sam, BSc, DC, MPH, Health and Safety Consultant, Workplace Wellbeing, Public Services Health & Safety Association (PSHSA)

Do you know where you are at in your workplace wellbeing and psychological health and safety journey? Do you know where to start? Do you know what to look for? Do you feel eager to steer change into action? In this session we will present a variety of purpose-built tools and resources to integrate workplace wellbeing into your health and safety culture no matter where you may be in your journey. These include evaluations for establishing a baseline and measuring progress, assessments for identifying risks, controls, and potential solutions as well as programs to build skills and make workplace wellbeing sustainable through collaborative and inclusive approaches.

G **HZ** **HR** **JHSC** **LD** **WMH**

Secrets from Award-Winning Safety Professionals

Sponsored by:

OHS Canada



Join the editors of OHS Canada for this exclusive session featuring the inside stories from organizations and safety professionals recently recognized at OHS Honours, a national competition that recognizes and celebrates best practices. Our panel will discuss what they did at their organizations and the lessons they learned on the way to building a strong culture of safety.

G **HR** **LD**

Collaborative Robot Safety

Carolann Quinlan-Smith, CRSP, CSME® Specialized Consultant (Machine & Robotics Safety), Workplace Safety & Prevention Services (WSPS)

Collaborative robots are a form of robotic automation built to work safely alongside human workers in a shared, collaborative workspace. Demand for collaborative robots, because of their ease of use and deployment, lighter weights, greater mobility and flexibility, and lower costs, is expected to increase over the next few years. This session will highlight key integrated safety features and technologies, and human and organizational factors to keep workers safe while working alongside their robotic colleague.

HZ

G General H&S **HR** Human Resources **LD** Leadership **WMH** Workplace & Mental Health
HZ Hazards **JHSC** JHSC **LL** Legislative & Legal

Workplace Inspections and the Internal Responsibility System

Eric Allen, Supervisor, Canadian Engineering and Tool

Meagan Marras, Health and Safety Consultant
Workplace Safety & Prevention Services (WSPS)

Troy Nel, Health & Safety Consultant
Workplace Safety & Prevention Services (WSPS)

Workplace inspections serve as a powerful catalyst for transforming the health and safety culture within organizations. These inspections provide an opportunity to thoroughly assess the current state of health and safety practices, identify potential hazards and implement necessary improvements. By conducting effective regular inspections, organizations can actively demonstrate their commitment to ensuring a safer, healthier and more productive work environment where employees feel valued and protected. In this session, we will discuss the journey of implementing a workplace inspection program, its impact on the organization and provide ideas on how to improve current workplace practices.

G HR JHSC LD

Skin Protection at Work

Tracey Brown, Hygiene Consultant, Ministry of Labour
Immigration Training and Skills Development (MLITSD)

Did you know that hazards at work can harm your skin? Workers can be exposed to many different hazards in the workplace that can harm their skin. This session will focus on chemical hazards that can harm the skin directly, or that can be absorbed through the skin causing health problems. Regulatory requirements related to skin protection will be discussed, as well as the MLITSD's role in enforcement. This session will also review precautions that can be taken to protect workers, including factors to consider when selecting personal protective equipment such as gloves.

HZ LL

Harnessing Change: Safety Implications in a Transforming Environment

Patience Cathcart, MBA, Director of Data Science and
Public Safety Officer Electrical Safety Authority (ESA)

Sponsored by:



This informative talk will speak to the landscape of the electrical sector and the safety implications involved as our environment changes. Being a modern regulator encompasses embracing risk based approaches, augmenting the capability of our resources and being inclusive, accountable and transparent.

G HZ HR LD

2:15 – 3:30 pm

Choose One

Critical Injury at Work? What Do I Do? Lessons Learned, Best Practices, and Tools

George Minow, President, Safety Infusion

After receiving the call that one of your workers has been critically injured or worse, your next steps are key to managing the incident and the investigation well. This session will look at key action points for fatalities and critical injuries during the first few hours and days following. It will help you consider and answer questions, to lay out a plan of action for various scenarios including information on accident investigation and response. To help your team be prepared, some key lessons learned from conducting numerous critical incident investigations will be shared. Participants will also be provided with best practices and different analysis tools to help accomplish this difficult task. Learn from the lessons gained from the experiences of others which can hopefully help you in your investigations. This is a great session for JHSC Members, Supervisors, Safety professionals, HR professionals and/or anyone who is involved in investigating incidents and recommending corrective actions.

HR JHSC LD

Safe Manual Material Handling: Enhancing Compliance Efforts Through Ergonomics and MSD Prevention

Ken Brown, Ergonomist, Ministry of Labour, Immigration
Training and Skills Development (MLITSD)

Don Patten, RKin. BHK. CCPE, CRSP Specialized Services Lead (Ergonomics)
Workplace Safety & Prevention Services

The Centre of Research Expertise for the Prevention of Musculoskeletal
Disorders (CRE-MSD)

Join us for an engaging panel discussion as we delve into the critical topics of ergonomics and manual material handling (MMH). Panelists representing the MLITSD, WSPS, and CRE-MSD will share their experiences and knowledge while providing valuable insights into MMH compliance and injury prevention strategies. The diverse expertise of our panelists ensures a well-rounded perspective on the topic, enabling a comprehensive exploration of compliance, practical solutions and best practices. Whether you are an employer, supervisor, safety professional, or an individual concerned about promoting a safe and healthy workplace, join us for insightful discussions, practical recommendations, and interactive engagement to enhance workplace safety and well-being.

HZ

Brain, Vision and Physical Training in the Workplace

Tyrone Matheson, Co-Founder, NeuroFit

Rich Robichaud, Co-Founder, NeuroFit

Val Shah, Founder/Owner, DROM

It's clear that feeling good allows us to unleash our full potential. When we show up as our best selves, it benefits both our personal and professional lives. Engaging in enjoyable activities and being fully present in the moment offer powerful ways to alleviate stress and anxiety. It's during these moments that we are most receptive to learning and open to new ideas.

Introducing NeuroFit and DROM - an immersive experience that liberates individuals from their thoughts and immerses them in the present moment. Get ready to connect, play, and create in a safe space of movement and self-expression. This fun interactive session will not only enhance your focus and productivity, but will also address physical, mental, emotional, spiritual, and social well-being in a delightful and engaging manner. Get ready to train your brain and body. * Wear comfy clothes.

G | WMH



Occupational
Hygiene Association
of Ontario

The Occupational Hygiene Association of Ontario (OHAO) would like to welcome all safety and occupational hygiene practitioners and those interested in occupational hygiene for an outreach and networking social!

Come learn about OHAO, our members and chat with others in the field. Drinks and light fare will be served.

Join Us!

October 18

3:30 - 4:30 pm



www.ohao.org



~ Reach, Recognition, Reputation ~

2:15 - 3:15 pm

Choose One

Supervisors and Due Diligence

Ron Boyer, Health and Safety Consultant London and Area, Infrastructure Health & Safety Association (IHSA)

The role of a supervisor comes with numerous responsibilities, including the safety of the workers as well as the quality and performance of the work completed. Add to that an ever-changing environment, fast pace, tight deadlines, and a diverse workforce and this can be a very difficult challenge both for new and experienced Supervisors. The Occupational Health and Safety Act outlines the employer's duty to appoint a competent person to this role. One of the key duties is to take every precaution reasonable in the circumstances for the protection of the worker. Did you know that this is a shared responsibility with your employer? Explore your responsibilities for training different types of workers on the job site, including new and transient workers. This presentation will aim to increase your effectiveness as a front-line leader and equip you with tools for your toolbox that will help keep workers safe both physically and mentally. You can do this!

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Artificial Intelligence in OHS – What You Need to Know

Panel Discussion

Artificial Intelligence (AI) is everywhere and will soon impact almost every part of every business, including occupational health and safety (OHS). ChatGPT, as an example, has been used to write policies and answer OHS questions, but AI is more than just ChatGPT. There are many ways in which AI will impact the modern workplace, from supporting OHS funding decisions to enhancing teamwork and productivity. All the while considering ethical considerations of bias, fairness, transparency and accountability. What roles can AI play to support OHS, and can you rely on the output? In this wide-ranging exploration of AI, the speakers will share myths and facts, as well as explore how you can be ready for the AI revolution!

G

LD

High Five for Better Decisions, Better Recommendations, and Better Committees

Learn to use the innovative High Five Consensus Building Process to drive collaborative team-based decision-making while building trust and strengthening working relationships and learn how to research and craft committee recommendations that make senior leaders excited to implement them.

G

JHSC

LD

Visit The Trade Show

7:00 am – 2:15 pm

Visit the trade show to meet a range of vendors, network with peers and gain valuable knowledge on new products and best practices at your workplace. You may even win a prize!



For exhibitor or sponsorship information contact:

Terri Boorne, Events Coordinator

Mobile: 289-326-5115 | Toll Free: 1-877-494-9777

email: terri.boorne@wsps.ca

Visit the WSPS Booth for your chance to WIN!

Fujifilm Instax Mini 11 Instant Film Camera with Fujifilm Instax Mini Instant Daylight Film Twin Pack, 20 Exposures



*Model may vary from photo shown.



Early Bird Rate: \$279 + HST
Register on or before Sept. 15, 2023
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SAVE \$60

What's Your Vision?



Visit the trade show and *Share Your Vision* for a healthy and safe workplace on our vision board.

Let's Get Social!



Use **#PiP_Conf**
to join the
conversation!



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Workplace Safety & Prevention Services

Register Now!



EARLY BIRD RATE

\$279 + HST

Register on or before Sept. 15, 2023

REGULAR RATE Register after Sept. 15, 2023

\$339 + HST

STUDENT RATE (On-site only)

\$49 + HST

Available to full time students with proof of student ID#. Limited space available! Early bird discounts do not apply.

NOTE: Minimum number of participants must be registered in order to run the conference. Register early to avoid disappointment.

Registration Details

PAYMENT METHODS

Visa, Mastercard, or AMEX. Invoices available on approved credit only; contact Customer Care at: customercare@wspcs.ca

REGISTRATION RATES include continental breakfast, keynote speakers, lunch, conference sessions, and trade show admission. Early Bird rate cannot be combined with any other discount or special offer. Volunteer, safety group, volume discounts and any other discounts or special offers cannot be combined.

Cancellation Policy Cancellations received in writing before **October 6, 2023**, will receive a full refund less a \$50 cancellation fee. Cancellations received after this date will not be accepted and the full conference fee will be forfeited without exception.

- Delegate substitutions are accepted at anytime and must be received in writing by **October 13, 2023**.
- If the cancelling delegate is a member of a group registration, the remaining group members may be subject to a higher fee as outlined within the WSPS event fee structure.
- Cancellations and/or substitutions must be made through Customer Care at: customercare@wspcs.ca

Terms & Conditions

- Program subject to change without notice. WSPS reserves the right to make date changes with notice, speaker changes without notice and/or to cancel an event.
- Delegate registrations are accepted on a first-come, first-served basis; online advanced registration is strongly encouraged. If circumstances arise that require capacity to be reduced, any impacted individuals will be notified as soon as possible and be provided with a full refund.
- Where in person capacity limits may restrict the number of patrons allowed in the facility, onsite registration may not be allowed. WSPS Organizers will provide more details regarding this process closer to the event opening.

Health & Safety Measures

Protecting the health and safety of our delegates, speakers, exhibitors, and staff is, and will continue to be, top priority at WSPS. Should any level of government or respective agency impose restrictions or regulations that may impact the event, WSPS Organizers will make every effort to communicate such updates closer to the start of the event.

VOLUME DISCOUNTS

5%	6 - 9 registrations
10%	10 - 15 registrations
15%	16 - 20 registrations
20%	21 or more registrations

To register or for more information:

PartnersinPreventionConference.com/Southwestern
1 877 494 9777

Hotel Information

Courtyard by Marriott Kitchener

2960 King St. E.
Kitchener, ON N2A 1A9

Tel: (519) 894-9500

Book by: September 15, 2023

Rate: **\$149.00** + applicable taxes & fees.
(Standard King Room)



Please book directly to receive the special rate and quote room block code: "WSPS". Rooms are subject to availability.

Mental Harm **Prevention** Roadmap

MentalHealthRoadmap.wsp.ca 



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OHS CANADA THIS WEEK

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- NEWS**
- Health experts urge more preventive action to curb aerosol spread of COVID-19**
Hundreds of scientists, doctors and other health experts from across Canada are calling for more aggressive measures to stop airborne spread of COVID-19. [Read More](#)
 - Feds weigh cutting COVID-19 benefit for travellers, as Canada surpasses 600,000 cases**
Controversy over the issue continues as two members of the federal Liberal caucus stepped down from their parliamentary duties after disclosing trips abroad over the holiday period. [Read More](#)
 - Ontario court says 'wisdom and efficacy' of lockdown rules 'open to question'**
Restrictive policy could be at odds with the broader goal of limiting spread of COVID-19 while allowing the sale of essential items in stores. [Read More](#)

Earning a BCRSP certification sets you apart and has a measurable impact on your career - find out more at www.bcrsp.ca

Certification makes a difference
Board of Canadian Registered Safety Professionals
General Canadian One Professionals
In Security Agencies

SPONSORED SPOTLIGHT

How Has the Hiring and Re-hiring Landscape Changed? A Discussion on Changes to the Hiring and Return-to-Work Processes in the COVID-19 Era

This year has demanded constant adaptation to changing needs and expectations of employees worldwide. Are you prepared for the changes to hiring and return-to-work processes as a result of the pandemic? Watch this webinar replay and learn what employers can do to better manage their workforce.

Human Health
Taking Care of the Human Side of Ergonomics



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Workplace Safety & Prevention Services™ is the largest health and safety association in Ontario, responsible for more than 174,000 member firms across the agricultural, industrial/manufacturing and service sectors.

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