

PARTNERS IN PREVENTION 2023

REGIONAL HEALTH & SAFETY CONFERENCE

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JUNE 20, 2023

Holiday Inn Sudbury

 Workplace Safety
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PARTNERS IN PREVENTION 2023 REGIONAL HEALTH & SAFETY CONFERENCE



A SHARED VISION

In the face of increasing demands and many unprecedented challenges, Ontario businesses have adapted and persevered. Now, health and safety leaders are ready to focus forward with **A Shared Vision** for a sustainable future, driven by a more resilient workforce and a collaborative, proactive approach.

Partners in Prevention Regional Conference series is an opportunity for transformational learning through shared experiences, open dialogue, and cooperative successes. We'll explore best practice approaches to enhancing business performance, strategies to promote a healthy and safe workplace culture and workable tactics to boost brand impact and the bottom-line.

With **A Shared Vision** and purpose, we will champion workplace cultures that protect people, promote health and contribute to businesses success, strengthening the social and economic fabric of the communities they serve.

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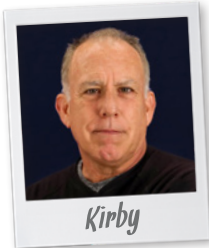
Media Sponsor



Registration & Continental Breakfast 7:00 am

Trade Show 7:00 am – 2:15 pm

Morning Keynote 8:00 – 9:00 am



The Balancing Act: Communicating Well When It Isn't Easy

Kirby James, *CEO, Unleashed*

Kirby James is a master educator, certified board member, operations executive, software company co-founder, martial arts instructor and former Health and Safety Professional who is never shy about sharing his insights or humour. Kirby brings powerful stories, amazing experiences, and a proven ability to motivate you and your organization to tackle the big challenges on your journey to thriving. Sit back and prepare to be inspired as together we explore the realities of why powerful communication matters and what you can do to communicate with impact and reap the benefits both personally and professionally. How we think/talk to ourselves and understand others is critical, and directly influences our ability to create the “We” conversations that make a difference and foster positive, effective connections. Passionate, funny, and irreverent, let's explore ideas for new communication styles to resonate with others, get things done in collaboration and unleash your potential.

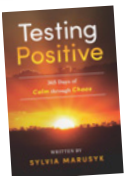
Afternoon Keynote 12:45 – 1:45 pm



Cracking the Stress Code: Superpowers for Leaders

Sylvia Marusyk, *B.A., OT (reg) MB, International Activational Speaker, Founder/Owner, MindBody Works*

As mental health continues to decline post pandemic, leaders are left with many walking wounded in their workplaces. People have been in survival mode for so long and they are becoming exhausted. The cracks are showing. Instead of adding one more thing to your to-do list, understanding how to support employees who are dealing with chronic stress, is actually a superpower and can truly lift the burden from a leader's shoulders. In this Keynote Presentation, you will discover: the three universal triggers of stress and learn how to use this knowledge to defuse your own stress, defuse stress in your employees, and prevent stress reactions and work at home.



*Book Signing
After Keynote
Presentation*

9:15 – 10:15 am

Choose One

Back to Basics: Hazard Identifications and Assessments

Holly Baril, Consultant/Trainer,
Infrastructure Health and Safety Association (IHSA)

Pamela Patry, Health and Safety Consultant,
Workplace Safety & Prevention Services (WSPS)

Hazards exist in every workplace but knowing which ones have the greatest risk of harming workers is a big challenge facing businesses today. Did you know that identifying hazards early and in an effective manner can better prepare you to control or eliminate them and prevent injuries, property damage and downtime? But where does one start in the process? What are the legal responsibilities in identifying hazards? Join us for this session where answers to these questions and more will be discussed. We'll break down the basics starting with how to perform a risk assessment to determine priorities for implementation, followed by practical concepts that have application to all types of business operations, and ending with information on tools and resources that can be used to help mitigate incidents.

G **HZ** **JHSC** **LL**

Revitalizing Your JHSC: Staying Connected and Engaged

Sandy Mayers Ibbitson, Consultant,
Workplace Safety & Prevention Services (WSPS)

An effective JHSC is one that's engaged, committed, and connected. How do you get your JHSC working effectively and in unison? People feel more productive, confident, and engaged when they know that they have others around them who share common goals in protecting people and improving business performance. It may take some work but strengthening your safety committee is something that will more than pay you back many times over. Join me and let's discuss how to make this happen!

HR **JHSC** **LL**

SESSION TRACKS

To help you maximize your conference experience, we've divided sessions into seven categories. Choose the sessions you want from any category, however you want.

| | | | |
|----------------------|---------------------------|-------------------------------|--------------------------------------|
| G General H&S | HR Human Resources | LD Leadership | WMH Workplace & Mental Health |
| HZ Hazards | JHSC JHSC | LL Legislative & Legal | |

Eat, Sleep, Work, Repeat: The Impact of Shift Work

Sandra Dorman, BScH, PhD, Full Professor, Faculty of Health, Laurentian University Director, Centre for Research in Occupational Safety and Health (CROSH)

Eating and sleeping are an essential component of our overall physical and mental health. Unfortunately for shift workers, humans are not well adapted to work outside of nocturnal sleep patterns. Necessary adaptations to shift work changes our habits of daily living, including eating and sleep patterns, resulting in negative health consequences. This session will review our understanding of normal sleep and eating patterns, examine how common shift schedules impact these patterns, and explore what you can do to mitigate the effects. Dr. Dorman will emphasize the importance of increasing awareness of the risks associated with these pattern changes and goals to prevent adverse health outcomes including the protective effects of key nutrients and how to include them in your diet.

G HR WMH

The Modern Workplace:

Legal and Health & Safety Perspectives of Hybrid Work

Tyler Rains, CRSP, Good Sense Workplace Solutions

Kevin Nanne, Lawyer, Good Sense Workplace Solutions

The COVID-19 pandemic brought with it significant changes to the way we view the “workplace”. As employers needed to adapt and find ways to allow their employees to continue to work remotely, some have found the work-from-home or hybrid model to have become a permanent fixture within their organizations. These changes have brought with them the need for employers to update policies and procedures to ensure their legal and health and safety requirements are still met. What rights and obligations do employers and employees have when working within a hybrid model? What should employers consider when contemplating providing, or continuing to provide, these types of flexible work arrangements? Once a hybrid model is provided, can it then be changed again in future? How far does the employer’s liability extend to a hybrid workplace, and what control does an employer have over the workplace if the workplace is the employees home? Join Tyler Rains (VP - Operations) and Kevin Nanne (VP - Legal) from Good Sense Workplace Solutions as they discuss how to ensure you are meeting your legal and health and safety employment obligations when providing hybrid workplace options.

HR LL

11:00 am – 12:00 pm Choose One

MLITSD Update and Future Outlook

Sylvie Laperriere, Industrial Regional Program Coordinator, Ministry of Labour, Immigration, Training and Skills Development (MLITSD)

Join us for this always informative and important Ministry of Labour, Immigration, Training and Skills Development's (MLITSD) update on current health and safety initiatives and statistics. Learn about the MLITSD's ongoing efforts to provide support, advice and enforcement as needed to help protect the health and safety of Ontario's workers, including an update on the Chief Prevention Officer's 5-year strategy and how this will impact your workplace.

G

LL

Keeping the Calm at Work During Turbulent Times

Kristy Cork, Specialized Consultant - Healthy Workplaces, Workplace Safety & Prevention Services (WSPS)

As we continue to understand and cope with a multitude of internal and external stressors, workplace violence and harassment hazards are increasingly putting Ontario workers at risk. This session will explore why there is a rise in uncivil, disrespectful, and abusive behaviours that can result in workers being put at risk from customers and clients as well as increased internal conflict. Participants will be encouraged to reflect on their personal approach to conflict and will learn how to apply communication techniques to effectively de-escalate individuals that are becoming agitated. Equipping workers with these skills and supporting them post-incident are important aspects of psychological health and safety and will help to decrease the likelihood someone will experience mental harm or a mental injury.

HR

WMH



Early Bird Rate: \$279 + HST

Register on or before May 19, 2023

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SAVE \$60

Powering the Future Safely with Battery-Operated Mobile Equipment

Tom Welton, CRSP, Director, Health and Safety Services and Education Programs, Workplace Safety North (WSN)

The use of battery-operated mobile equipment in Ontario workplaces has risen significantly, raising many concerns associated with its safe use, handling, and storage. A Battery Electric Vehicle (BEV) Risk Assessment (RA) workshop conducted in late 2021 prioritized a list of the highest risks, most notably an uncontrollable fire known as a 'thermal run-away event'. This hazard was examined in-depth through a Root Cause Analysis (RCA) workshop, where subject matter experts met to determine the root causes of BEV fires and recommend specific control measures. This presentation expands on these research results, discusses the various risks posed by BEVs in the workplace, and next steps on the journey to advance BEV Vehicle safety and efficiency across industries. Join this session to learn more about this evolving topic and what you can do to minimize the risks.

HZ

LL

Simplifying Chemical Hazards

Gail Cowper-Benoit, Health and Safety Manager, Laurentian University

Hazardous material management is a systematic approach to procuring, storing, using and disposing of chemicals within a facility. Organizations that handle chemical waste must have an effective hazardous management plan which details information on the types of chemicals, proper guidelines for handling, and procedures for purchasing, storing, use and disposal of hazardous waste. Constructing a plan may be overwhelming but the more knowledge you have of the risks, the more effectively you can prevent pollution, personal harm and ill-health to you, your colleagues, and the wider community. This session will aim to demystify chemical hazard planning and provide you with an understanding on proper protection and precaution measures while describing ways to reduce, minimize, and/or eliminate the quantity and toxicity of hazardous materials that are used, stored, or disposed.

HZ

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2:15 – 3:15 pm

Choose One

Ergonomics Implications Associated with Wearable (and other) Technologies

Ayden Robertson, CRSP MHK R.Kin., Senior Health & Safety Consultant, Workplace Safety & Prevention Services (WSPS)

Modern technological innovations, such as exoskeletons, sensorless motion technology, heads-up displays, and virtual reality-based training, are being considered for tasks performed by workers across various industries to improve performance, efficiency, and safety. However, with the introduction of any new technologies, there are potential benefits, challenges, and risks that must be considered. Applying ergonomics principles, the science of understanding and ensuring compatibility between human abilities/limitations and the work they perform, is becoming an increasingly important factor to consider. This session will explore the benefits, challenges, and potential risks associated with various forms of modern wearables and other technologies being more widely introduced into workplaces.

HZ

Is Your Business Feeling the Heat? Understanding and Managing Heat Stress in the Workplace

André Gauvin, BSc, MHK, CCPE, CIH, Occupational Health Clinics for Ontario Workers Inc. (OHCOW)

Heat stress is a significant and year-round physical hazard in many indoor, outdoor and underground occupations that deal with either local or environmental heat sources. To make matters worse, its effects may be compounded when personal protective equipment (PPE) is involved. The impacts of heat stress can be serious, and it is critical to address this hazard to protect employees and your business from negative health effects, lost productivity, employee morale, and fines and penalties. It's paramount that both employers and workers develop an understanding of how to detect indicators of heat stress and prevent its occurrence. You will learn about heat stress, thermoregulation, physiological responses, and heat related illnesses as well as the assessment and detection of risk factors, and how to implement timely and proper controls to prevent heat stress.

HZ

HR

2:15 – 3:30 pm

Choose One

Adapting to a Changing Workforce

Meagan Lawrence, CHRL, Human Resources Business Partner, Vale, Sudbury Operations

We are at a crossroads. A rapidly aging and retiring workforce coupled with an influx of new and young workers is presenting businesses with unique challenges and opportunities. The incoming demographic has different perspectives and needs than the previous: they think and learn differently, are increasingly diverse, and seek out different management styles, flexibility, and a healthy, inclusive workplace culture. One thing that hasn't changed is that new and young workers are more likely to be injured on the job. This evolving, multi-generational, workplace dynamic means it more important than ever that businesses provide effective training, coaching, and workplace culture that supports all generations of workers to avoid hazards, feel psychologically safe at work, and work together effectively and harmoniously. It is also critically important to review and adapt attraction, recruitment, retention, and onboarding processes to ensure they remain effective. Join us to learn more about this topic and gain valuable insights to help your employees and business thrive.

HR

LD

Inclusivity without Compromise

Leroy Bennett, Policy Analyst/Researcher, Sagamok Anishanwbek

Diversity is all around us, and discussions of inclusivity have risen to the forefront of society. The evolving workforce of today increasingly values and seeks out an inclusive workplace culture rooted in daily experiences. But what does this look like? How does it feel? What are the benefits to both employers and employees? Join us to learn more about fostering a fundamentally inclusive culture in your workplace and the role it plays in supporting workplace safety and productivity. This session is designed to engage the audience in an environment that will allow exploration of thoughts and feelings, and include discussion of the following: Inclusivity without compromise: Telling our Story as a First Nation person, people. Incorporating Culture in Policy: What are the considerations and benefits? What does workplace safety mean?

HR

LD

WMH

G

General H&S

HR

Human Resources

LD

Leadership

WMH

Workplace & Mental Health

HZ

Hazards

JHSC

JHSC

LL

Legislative & Legal

Visit The Trade Show

7:00 am – 2:15 pm

Visit the trade show to meet a range of vendors, network with peers and gain valuable knowledge on new products and best practices at your workplace. You may even win a prize!



For exhibitor or sponsorship information contact:

Terri Boorne, Events Coordinator

Mobile: 289-326-5115 | Toll Free: 1-877-494-9777 x2216

email: terri.boorne@wsps.ca

Visit the WSPS Booth for your chance to WIN!

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*Model may vary from photo shown.



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What's Your Vision?



Visit the trade show and **Share Your Vision** for a healthy and safe workplace on our vision board.

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conversation!



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REGULAR RATE Register after May 19, 2023

\$339 + HST

STUDENT RATE (On-site only)

\$49 + HST

Available to full time students with proof of student ID#. Limited space available! Early bird discounts do not apply.

NOTE: Minimum number of participants must be registered in order to run the conference. Register early to avoid disappointment.

Registration Details

PAYMENT METHODS

Visa, Mastercard, or AMEX. Invoices available on approved credit only; contact Customer Care at: customercare@wsps.ca

VOLUME DISCOUNTS

| | |
|-----|--------------------------|
| 5% | 6 – 9 registrations |
| 10% | 10 – 15 registrations |
| 15% | 16 – 20 registrations |
| 20% | 21 or more registrations |

REGISTRATION RATES include continental breakfast, keynote speakers, lunch, conference sessions, and trade show admission. Early Bird rate cannot be combined with any other discount or special offer. Volunteer, safety group, volume discounts and any other discounts or special offers cannot be combined.

Cancellation Policy Cancellations received in writing before **June 6, 2023**, will receive a full refund less a \$50 cancellation fee. Cancellations received after this date will not be accepted and the full conference fee will be forfeited without exception.

- Delegate substitutions are accepted at anytime and must be received in writing by **June 13, 2023**, of the event.
- If the cancelling delegate is a member of a group registration, the remaining group members may be subject to a higher fee as outlined within the WSPS event fee structure.
- Cancellations and/or substitutions must be made through Customer Care at: customercare@wsps.ca

Terms & Conditions

- Program subject to change without notice. WSPS reserves the right to make date changes with notice, speaker changes without notice and/or to cancel an event.
- Delegate registrations are accepted on a first-come, first-served basis; online advanced registration is strongly encouraged. If circumstances arise that require capacity to be reduced, any impacted individuals will be notified as soon as possible and be provided with a full refund.
- Where in person capacity limits may restrict the number of patrons allowed in the facility, onsite registration may not be allowed. WSPS Organizers will provide more details regarding this process closer to the event opening.

Health & Safety Measures

Protecting the health and safety of our delegates, speakers, exhibitors, and staff is, and will continue to be, top priority at WSPS. Should any level of government or respective agency impose restrictions or regulations that may impact the event, WSPS Organizers will make every effort to communicate such updates closer to the start of the event.

To register or for more information:

PartnersinPreventionConference.com/Northeastern
1 877 494 9777

Hotel Information

Holiday Inn Sudbury

1696 Regent St.
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Workplace Safety & Prevention Services™ is the largest health and safety association in Ontario, responsible for more than 174,000 member firms across the agricultural, industrial/manufacturing and service sectors.

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