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# children's health today

ONLINE CONFERENCE

FRIDAY, NOVEMBER 6 & SATURDAY, NOVEMBER 7, 2020

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## DAY 01 | FRIDAY, NOVEMBER 6



TIME	PRESENTATION TOPIC	SPEAKER
0800-0825	<b>Opening Remarks Day 1</b>	<b>Dr. Stephen Noseworthy</b> President BC Pediatric Society
0830-0930	<b>KEYNOTE #1:</b> <b>Coronavirus - Implications for Children and Families</b> Learning Objectives: 1. At the end of this session, participants will be able to understand the characteristics of COVID-19 in the pediatric population. 2. Apply that knowledge to the public health management of COVID-19 for children and families.	<b>Dr. Réka Gustafson</b> MD, RCPSC VP, Public Health & Wellness and Deputy Public Health Officer, PHSA BCCDC
0935-1015	<b>Engaging Your Team with a Just Culture</b> Learning Objectives: 1. Name the elements of accountability at the system and provider level. 2. Describe 3 behaviours that threaten patient safety. 3. Identify the appropriate management intervention for each behaviour.	<b>Dr. Steve Bellemare</b> MD, FRCPC, CPE Director, Practice Improvement, CMPA
1015-1030	Coffee Break Day 1	
1030-1110	<b>Dipping into the Trauma Toolbox: Introductory Examples of the Utility of Applied Trauma-Education for Medical Practice</b> Learning Objectives: 1. Predict the potential of health-education approaches to effectively change behaviours using knowledge of mirror neurons. 2. Define Trauma-in-a-Nutshell. 3. Apply the Triple S Framework to decrease the chances of creating trauma during procedures on children; when offering difficult medical decisions to parents; or in other situations such as in teaching, administrative, or clinical work.	<b>Dr. Erika Cheng</b> MD, CCFP, FRCPC Executive Director, Beyond the Cycle of Trauma Institute Bella Coola General Hospital & Medical Clinic
1115-1155	<b>Pediatric Migraine Update: Acute Management and Considerations for Prevention Options</b> Learning Objectives: 1. Create an individualized headache prevention plan for their patients. 2. Create an individualized acute headache treatment plan for their patients. 3. Have knowledge of guidelines for headache management in Pediatrics. 4. Have resources and tools to help with planning a headache management plan for home and for school.	<b>Dr. Alexandra Faber</b> BSc (Hons), MSc, MB, ChB Pediatric Neurologist, City Pediatric Specialty Group



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1200-1240	<p><b>Issues for Adolescent Girls and Young Women with Epilepsy</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. Review risk of teratogenicity with different anti-epileptic drugs (AEDs).</li> <li>2. Drugs to select and those to ideally avoid in women of child bearing age.</li> <li>3. Vitamin supplementation including bone health considerations.</li> <li>4. Endocrine disorders and menstrual cycle considerations in epilepsy.</li> <li>5. Oral contraceptives and AEDs.</li> </ol>	<p><b>Dr. Anita Datta</b> MD, FRCPC Clinical Assistant Professor, Dept of Neurology , UBC Pediatric Neurologist and Epileptologist, BCCH Program Director, Epilepsy Fellowship Training Program</p>
1240-1300	Lunch	
1300-1340	<p><b>Billing Update 2020</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. Understand the dos and don'ts of pediatric office billing.</li> <li>2. Identify the 2020 fee changes.</li> </ol>	<p><b>Dr. William Abelson</b> MD, FRCPC Clinical Assistant Professor, Dept of Pediatrics, UBC Community Pediatrician, Prince George Past Board Director, BC Pediatric Society</p> <p><b>Dr. Aven Poynter</b> BSc, MD, FRCPC Clinical Assistant Professor, Dept of Pediatrics, UBC Community Pediatrician, Langley, BC Past President, BC Pediatric Society</p>
1345-1400	<b>Closing Remarks</b>	<p><b>Dr. Kirsten Miller</b> Board Director, BC Pediatric Society</p>
1400-1500	<b>Networking &amp; Meet Our Sponsors</b>	
1930-2100	<b>AGM (Members only)</b>	



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## DAY 02 | SATURDAY, NOVEMBER 7



TIME	PRESENTATION TOPIC	SPEAKER
0800-0825	<b>Opening Remarks Day 2</b>	<b>Dr. Nita Jain</b> Board Director, BC Pediatric Society
0830-0930	<b>KEYNOTE #2:</b>	
	<p><b>The Tech Solution: Creating Healthy Habits for Kids Growing Up in a Digital World</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. Gain knowledge on how neuroplasticity and habits are developed early in life.</li> <li>2. Understand how technology use impacts the developing brain in healthy, toxic, and potentially toxic ways.</li> <li>3. Apply this understanding to a framework that parents and educators can use immediately with kids.</li> <li>4. Leave with practical ways to reset a tech diet.</li> </ol>	<p><b>Dr. Shimi Kang</b> MD, FRCPC Founder, Dolphin KIDS CEO, Spark Mindset Clinical Associate Professor, UBC</p>
0935-1015	<p><b>Newer Anti-Seizure Medications, Ketogenic Diet, and CBD for Epilepsy</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. Introduce new(er) anti-seizure medications.</li> <li>2. Discuss dietary therapies.</li> <li>3. Discuss Cannabidiol use in pediatric epilepsy.</li> </ol>	<p><b>Dr. Linda Huh</b> MD, FRCPC Clinical Assistant Professor, Dept of Pediatrics, UBC Director, Ketogenic Diet Program Director, Pediatric Neurology Residency Training Program</p>
1015-1030	Coffee Break Day 1	
1030-1110	<p><b>The 15 Minute Pediatric Asthma Consultation... in COVID times</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. Review the key components of a virtual pediatric asthma consultation.</li> <li>2. Identify factors affecting treatment compliance.</li> <li>3. Describe patient accessible resources here in BC.</li> </ol>	<p><b>Dr. Claire Seaton</b> MD Clinical Assistant Professor, BCCH</p>
1115-1155	<p><b>Epilepsy Video Workshop: Toddlers' Spells</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. Review new-onset paroxysmal events in toddlers.</li> <li>2. Considerations in the work up of such events.</li> <li>3. How to choose an initial anti-seizure medication.</li> </ol>	<p><b>Dr. Cyrus Boelman</b> MB BCh BAO, FRCPC Pediatric Neurologist, BCCH</p>
1155-1215	Lunch	



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1215-1255	<p><b>Approach to Diagnosis and Management of Sleep Disorders</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. To distinguish different types of parasomnias, such as sleep terrors, from nocturnal seizures.</li> <li>2. Recognize the clinical features of narcolepsy and other primary hypersomnias as they relate to their underlying pathophysiology.</li> <li>3. Understand the approach to management of narcolepsy and other primary hypersomnias.</li> </ol>	<p><b>Dr. James Lee</b> MD, FRCPC Clinical Assistant Professor, UBC Assistant Program Director, Pediatric Neurology Residency Program Assistant Medical Director, BCCH Sleep Laboratory Hudson Scholar 2019-2020</p>
1300-1340	<p><b>Pediatric Neuromuscular Disorders: What Are They and Does Early Diagnosis Make a Difference?</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. The varied signs and symptoms of neuromuscular disorders in childhood.</li> <li>2. How to evaluate a weak child at different ages.</li> <li>3. How to determine potential diagnosis and what testing can be done.</li> <li>4. The importance of early diagnosis and management.</li> <li>5. Need for advocacy, education resources, and support for families.</li> </ol>	<p><b>Dr. Kathryn Selby</b> BSc, MB ChB, MRCP, FRCPC Clinical Assistant Professor, UBC Medical Director of the Neuromuscular Program of BC and Yukon Diseases Program, BCCH</p>
1345-1425	<p><b>An Approach to Neurological Regression in Children</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. To recognize key "red flags" that may be cardinal symptoms and signs of altered neurological function in children of various ages. ("How does neurological regression manifest itself in neonates, infants, children and teenagers?")</li> <li>2. To illustrate use of clinical pattern (syndrome) recognition to identify involvement of the central and peripheral nervous system, together with clues from other body systems. ("How does the pattern of lesions help focus diagnostic evaluation?")</li> <li>3. To understand the role of tools for diagnostic evaluation and therapeutic monitoring of children with regression. ("How to establish the mechanism and cause of disease, and how to monitor therapy and progression?")</li> <li>4. To emphasize critical roles of pediatricians in supporting all aspects and phases of care for children and families affected by neurological regression, which may be treatable and reversible in some, or progressive and degenerative in others. ("What are the key elements of a holistic family-centred lifespan care plan for a child with neurological regression?")</li> </ol>	<p><b>Dr. Bruce Bjornson</b> BSc, MD, FRCPC Investigator, BCCH Director, Brain Mapping &amp; Neurotechnology Laboratory Scientific Director, Imaging (3T MRI) Facility</p>
1430-1445	<p><b>Closing Remarks</b></p>	<p><b>Dr. Stephen Noseworthy</b> President BC Pediatric Society</p>
1445-1530	<p><b>Networking &amp; Meet Our Sponsors</b></p>	



**BONUS**

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This year, we are pleased to announce a new series of **BONUS** sessions.

These are 5 pre-recorded sessions that can be accessed along with the live conference sessions.

These sessions are a great bonus value, however, they are not CME accredited.



PRESENTATION TOPIC	SPEAKERS
<p><b>Challenging Diagnoses in the Pediatric Neurology Clinic Among the Refugee Population in BC</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. Present rare genetic and metabolic disorder cases diagnosed amongst the refugee population in BC who were referred to Pediatric Neurology.</li> <li>2. Present the positive impact that diagnosis and treatment has brought to these patients and families.</li> <li>3. Discuss ethical and social challenges that this group is facing after coming to Canada.</li> </ol>	<p><b>Dr. Ziad Abu Sharar</b> MD Pediatric Neurologist, BCCH</p> <p>Contributor: <b>Dr. Gabriella Horvath</b> MD, PhD, FRCPC, FCCMG Clinical Associate Professor, UBC Biochemical Geneticist</p>
<p><b>Advances in Surgical and Neurotechnology Treatments of Epilepsy</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. Review evaluation for epilepsy surgery including robotic assisted stereotactic EEG.</li> <li>2. Discuss vagus nerve stimulation, deep brain stimulation, and responsive stimulation for epilepsy.</li> <li>3. Discuss outcomes following epilepsy surgery.</li> </ol>	<p><b>Dr. Mary Connolly</b> MB, BCh, FRCPC Clinical Professor, Dept of Pediatrics, UBC Head, Division of Pediatric Neurology, BCCH</p>
<p><b>An Update on Pediatric Epilepsy Genomics</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. The impact of using Genome-wide technologies in Pediatric Epilepsy.</li> <li>2. An approach to epilepsy genetic testing in the clinic.</li> </ol>	<p><b>Dr. Michelle Demos</b> BSc, MD, FRCPC Pediatric Neurologist, BCCH Assistant Professor, UBC</p>
<p><b>Autoimmune Encephalitis in Children</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. Review the most common antibody-mediated autoimmune encephalitis syndromes in children.</li> <li>2. Recognize the key features of autoimmune encephalitis and when to consider referral.</li> <li>3. Discuss treatment approaches in pediatric autoimmune encephalitis.</li> </ol>	<p><b>Dr. Dewi Schrader</b> MBBS, MHSc, FRCPC (Neurology) Pediatric Neurologist, BCCH Clinical Assistant Professor, Dept of Pediatrics, UBC</p>
<p><b>Changing the Future for Children with Spinal Muscular Atrophy</b></p> <p>Learning Objectives:</p> <ol style="list-style-type: none"> <li>1. Importance of Early Diagnosis.</li> <li>2. Standards of Care and influence on outcome.</li> <li>3. Innovative Modifying Therapies.</li> <li>4. Ethical Dilemmas.</li> </ol>	<p><b>Dr. Kathryn Selby</b> BSc, MB ChB, MRCP, FRCPC Clinical Assistant Professor, UBC Medical Director of the Neuromuscular Program of BC and Yukon Diseases Program, BCCH</p>



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CME ACCREDITATION

This event has been approved by the Canadian Paediatric Society for a maximum of 8.75 credit hours as an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada. The specific opinions and content of this event are not necessarily those of the CPS, and are the responsibility of the organizer(s) alone.