

SMHR 2017 Conference Program Grid



2017 summit for mental health research
6 – 8 December 2017
Hyatt Hotel
CANBERRA, AUSTRALIA

WEDNESDAY 6 DECEMBER 2017: DAY 1

08:00 - 19:30						
Registration and Information Desk Open The Atrium						
Official Conference Opening						
Room	Federation Ballroom					
Chair	Pat McGorry					
9:00-9:10						
Welcome to Country						
9:10-9:15						
Conference Opening Convenors - Alison Calear & Phil Batterham						
9:15-9:25						
Conference Opening Address Imelda Whelehan, Dean, Higher Degree Research, The Australian National University						
9:25-9:35						
Welcome Address Patrick McGorry						
9:35-9:45						
Conference Opening Address The Hon. Margaret Reid, AO						
Plenary 1						
Chair	Peter Schofield					
9:45-10:30						
Toward biological categories of psychotic disorders Carol Tamminga						
10:30-11:00						
Morning Tea						
Concurrent Sessions						
Concurrent Session 1A		Concurrent Session 1B		Concurrent Session 1C	Concurrent Session 1D	Concurrent Session 1E
Title	Treating cognitive impairments in schizophrenia and factors impacting on effectiveness and translation	Epidemiology and novel methods	Mood disorders	Advancing understanding of the mechanisms underlying refugee trauma and recovery	Mental health services	
Room	North Federation Ballroom	South Federation Ballroom	Black Mountain Room	Mount Ainslie Room	Murrumbidgee Room	
Chair	Stuart Lee	Tim Slade	Greg Carter	Shraddha Kashyap	Michelle Banfield	
11:00 - 11:15						
Why cognition matters for people with schizophrenia and does self-efficacy mediate the cognition-independent living skill relationship? Stuart Lee	Harmonising the measurement of psychological distress Philip Batterham	Treating depression in young people with physical activity: A systematic review and meta-analysis Alan Bailey	The latent structure of post-traumatic stress disorder among transcultural refugees settled in Australia: The need to culturally validate the DSM-5 PTSD model Philippa Specker	Improving quality across national lifeline crisis services: Remote call monitoring Sally Bradford		
11:15 - 11:30						
Compensatory approaches to addressing cognitive impairment in psychosis: Systematic review and meta-analysis Kelly Allott	Crime victimisation risk following onset of mental illness: a national registry study utilising police data Kimberlie Dean	RECOVER: A randomised controlled trial of a tailored psychological intervention for first episode bipolar disorder Sue Cotton	Patterns and predictors of post-traumatic stress disorder in refugees: a latent class analysis Savannah Minihan	Assessing General Practitioners attitudes towards integrating an online, stepped care, adolescent mental health service for depression and anxiety Mirjana Subotic-Kerry		
11:30 - 11:45						
Moving CRT into the community – combining Cognitive Remediation and Supported Employment to improve vocational outcomes Anthony Harris	Item banks, adaptive tests, and scale equating: improving the measurement of social anxiety disorder Matthew Sunderland	Bipolar affective disorder patients with a high polygenic score for schizophrenia are less likely to respond to lithium Klaus Oliver Schubert	Refugee experiences impact neural responses to fear Belinda Liddell	The barriers faced by trans young people accessing mental health and medical services in Australia Penelope Strauss		
11:45 - 12:00						
Cognitive remediation in schizophrenia: Impact on cognition and self-efficacy, and the role of intrinsic motivation Shayden Bryce	Epidemiological characteristics of patients with a mental health diagnosis: Analysis of community nursing data Marissa Dickins	Polygenic load for the Big Five personality traits predicts SSRIs treatment response in patients with major depressive disorder Azmeraw Amare	The significance of the post-migration environment for positive psychosocial adaptation among asylum seekers and refugees Shraddha Kashyap	Spatial convergence of social fragmentation and mental disorders: an approach to build healthy and resilient communities Nasser Bagheri		
12:00 - 12:15						
Aberrations in brain activation during a social cognition task in first episode psychosis: Relationship to illness outcome measures Cali Bartholomeusz	Trajectories of mental ill-health and the transition onto a Disability Support Pension receipt: a population-based longitudinal cohort study Peter Butterworth	Defining anxious depression: An iSPOT-D report Taylor Braund		Lived experience in the lead: Consumer and carer priorities for mental health services research Owen Forbes		
12:15 - 12:30						
	Is there utility in making between-nation comparisons of wellbeing and mental health? Richard Burns	Early psychological interventions for anxiety, depression and post-traumatic stress after injury: A systematic review and meta-analysis Melita Giummarra				Discussion
12:30-13:30						
Lunch and Poster Viewing						

Plenary Session 2					
Room	Federation Ballroom				
Chair	Alison Calear				
13:30-14:00	Parents, partners, personalities... and predicaments: Considering the social determinants in perinatal mental health research Jane Fisher				
14:00-14:45	Peer-adult networks and suicide attempts in 40 high schools: Effects of centrality, cohesion, and exposure to suicidal behavior Peter Wyman				
14:45-15:15	Afternoon Tea				
Concurrent Sessions					
15:15-17:15	Concurrent Session 2A	Concurrent Session 2B	Concurrent Session 2C	Concurrent Session 2D	Concurrent Session 2E
Title	New discoveries in the prevention of adolescent substance use and mental health problems: Innovations in translational research	E-Mental health	Imaging and genetics	Vulnerable populations	Physical health interventions
Room	North Federation Ballroom	South Federation Ballroom	Black Mountain Room	Mount Ainslie Room	Murrumbidgee Room
Chair	Louise Birrell	Bridi O'Dea	Kristi Griffiths	Peter Butterworth	Simon Rosenbaum
15:15-15:30	Interpersonal-Psychological Theory of Suicide: Application with an Australian adolescent school-based population Alison Calear	MoodSwings 2.0: Outcomes of an international randomized controlled trial Emma Gliddon	Incidental risk of depression attributed to Apolipoprotein E ε4 allele Richard Burns	Dual diagnosis and injury in adults recently released from prison: a prospective cohort study Jesse Young	Can sprint interval training (SIT) help improve the psychological and physiological health of adolescents with serious mental illness (SMI)? Caitlin Taylor
15:30-15:45	Concurrent development of emotional symptoms and alcohol use in adolescents Louise Birrell	Smartphone applications for the prevention of depression: Initial results from the HeadGear randomised controlled trial Samuel Harvey	Interaction between childhood trauma and cortisol response to stress on emotional brain function in schizophrenia Yann Quide	People who are homeless attend a hospital emergency department for physical health, mental health and social needs Stuart Lee	Training mental health professionals in low-resource settings to deliver lifestyle interventions for people with mental illness: Butabika Hospital, Uganda pilot project Phillip Ward
15:45-16:00	Climate Schools Plus: Development of an online substance use prevention program for students and their parents Nicola Newton	The Uni Virtual Clinic: Piloting a new method to address mental health problems in young people at university Lou Farrer	Higher genetic risk for schizophrenia is associated with living in urban and populated areas Sarah Medland	Improving mental health outcomes for people with intellectual disability – From research to practice Simone Reppermund	Keeping our staff in mind: improving cardiometabolic risk and physical fitness of mental health staff through a physical activity intervention Hamish Fibbins
16:00-16:15	Preventing substance use, and related harms among Aboriginal and Torres Strait Islander adolescents: What works, what doesn't, and how we can do better Briana Lees	Project Synergy: Striving for technology-enabled mental health service reform Tracey Davenport	Regional cortical thinning in treatment-resistant schizophrenia is constrained by structural connectivity: 'Regions that think together, link together' Cassandra Wannan	Barriers to accessing mental health care in mothers of children with a disability Kim Gilson	Association between aerobic exercise capacity and psychosocial functioning in posttraumatic stress disorder Andrew Chen
16:15-16:30		Outcomes of online CBT versus mindfulness for depression and anxiety: Results from a randomised controlled trial Jill Newby	Identifying trait related neural differences between euthymic bipolar and remitted mood disordered patients: an fMRI study of emotion processing May Erlinger	Mentally ill offenders eligible for diversion from the justice system to mental health services at local courts in NSW Kimberlie Dean	Students-led 'Fun, Recreation, Exercise and Skills for Health (FRESH)' in sub-acute mental health recovery units Dafna Merom
16:30-16:45	The development of a computerised school-based prevention program to empower Aboriginal and Torres Strait Islander adolescents to make positive choices: Building on strengths Mieke Snijder	Increasing cross-cultural mental health (e)care: Lessons from the development of Spanish version of the Mental Health eClinic Frank Iorfino	Vasopressin receptor 1a gene (AVPR1A) and women's mental health: Investigating relationships between genotype, social interaction and mental health Alyssa Morse	Identifying the psychosocial conditions of 'work at home' caring for an infant – what are the potential links with postnatal depression and anxiety? Liana Leach	Screening for obstructive sleep apnoea in a public mental health service clozapine clinic Hayden Foung
16:45-17:00		Barriers to seeking help from health professionals when experiencing suicidal ideation among young people Jin Han		Understanding the association between financial hardship and cognitive decline in the PATH through life Kim Kiely	The effects of a peer-support walking program on student wellbeing and interpersonal suicide risk: A controlled trial Jennifer Ma
17:00-17:15		Discussion	Discussion	Discussion	Discussion
1730 - 1930	Welcome Reception Lavender Courtyard				

THURSDAY 7 DECEMBER 2017: DAY 2

07:00 - 17:45	Registration and Information Desk Open The Atrium				
07:30 - 09:00	Early Career Breakfast Murrumbidgee Room and Black Mountain Rooms				
09:00 - 10:15	Plenary Session 3				
Room	Federation Ballroom				
Chair	Frances Kay-Lambkin				
9:00-9:45	Optimistic in the face of anxiety: How research is making anxiety and related disorders unnecessary Paul Salkovskis				
	Special Symposium				
Room	Federation Ballroom				
Chair	Michelle Banfield				
09:45-10:45	Special Symposium: Integrating Mental Health Research into Policy Shane Rattenbury, MLA Luis Salvador-Carulla Kevin Gournay, CBE				
10:45-11:15	Morning Tea				
	Concurrent Sessions				
11:15-12:45	Concurrent Session 3A	Concurrent Session 3B	Concurrent Session 3C	Concurrent Session 3D	Concurrent Session 3E
Title	Interventions for young people	Physical health and mental health	Rural mental health in Australia: Understanding services and needs from various perspectives	Rapid Oral Session 1: Depression, anxiety and suicide	Substance abuse
Room	North Federation Ballroom	South Federation Ballroom	Black Mountain Room	Mount Ainslie Room	Murrumbidgee Room
Chair	Alison Calear	Sue Cotton	Bregje van Spijker	Phil Batterham	Matthew Sunderland
11:15-11:30	Building Bridges: Aboriginal Elders and young people working with youth mental health services towards culturally secure service delivery Nikayla Crisp	The association between adolescent psychopathology and subsequent physical activity in young adulthood: A 21-year birth cohort study Shuichi Suetani	FarmWell survey: What do farming communities need to be mentally healthy? Bregje van Spijker	11:15 - 11:24 Mood disorders and cancer onset: A nested case control study of women Stephanie Cowdery	Attitudes and behaviours about tobacco smoking among young people attending primary and specialist mental health services Eoin Killackey
11:30-11:45	Group cognitive behavioural therapy for adolescents with intellectual disability: The Unstoppable Me! Program Anastasia Hronis	Re-examining assumptions of mental health and physical functional capacity amongst the oldest old Richard Burns	Patterns of local service provision in rural Australia. A national and international comparison Luis Salvador-Carulla	11:24 - 11:33 Stepping up early mental health treatment: feasibility and acceptability of a 12 week exercise program for help seeking youth with at-risk mental states Oscar Lederman	Free, smoking cessation, mobile apps available in Australia: A quality review and content analysis Louise Thornton
11:45-12:00	Young people's engagement in youth mental health services: 'dropout' from headspace centres Debra Rickwood	Excessive food intake in mental health inpatient units: a significant issue in the fight for parity in people with serious mental illness Phil Ward	Rural Minds: A mental health and suicide prevention program for rural and remote communities Jennifer Bowers	11:33 - 11:42 Adapting online and mobile mental health interventions for transgender young people Yael Perry	The feasibility and efficacy of exercise as an adjunctive treatment to reduce craving levels in alcohol use disorder Kerrily Gould
12:00-12:15	Positive Minds: Evaluating a peer support program for improving university student wellbeing Dimity Crisp	Gender differences in the prevalence of mental health and cardiovascular risk factors in three cohorts assessed over 12 years: The PATH Through Life Study Kaarin Anstey	Engaging with the Australian farming community for improving mental wellbeing Alison Kennedy	11:42 - 11:51 MindCast: A randomised controlled trial of a podcast intervention for relationship separation Dominique Kazan	Why women drink: A profile of Australian women Sally Hunt
12:15-12:30	MindMax: Developing and evaluating the effectiveness of an app using sports and video games to promote psychological wellbeing Vanessa Wan Sze Cheng	Associations of fatigue and sleep disturbance with nine common mental disorders Sonia McCallum		11:51 - 12:00 Preventing suicide in India by improving media reporting of suicide: a content analysis study of nine major newspapers in Tamil Nadu, India Gregory Armstrong	Addressing smoking in young people with mental illness utilising an individually tailored support program Charry Zhang
12:30-12:45	A randomised controlled trial of online and social networking interventions in youth with alcohol use disorders and comorbid depression (the iTreAD Study) Frances Kay-Lambkin	Discussion		12:00 - 12:09 The causal effect of simulating future events on affect: Implications for wellbeing Janie Busby Grant	
				12:09 - 12:18 Depression and anxiety in early adulthood and the adverse consequences for relationship quality (support and conflict) Liana Leach	Discussion
				12:18 - 12:27 Suicidal behaviour and deliberate self-harm in help-seeking young people: A cross-sectional exploration of demographic and clinical associations Cate McHugh	
12:45-13:45	Lunch and Poster Viewing				

Plenary Session 4					
Room	Federation Ballroom				
Chair	Patrick McGorry				
13:45-14:30	The brain's default network, self, and depression Ben Harrison				
14:30-15:00	SMHR Founders Medal and Oration				
15:00-15:30	Afternoon Tea				
Concurrent Sessions					
15:30-17:00	Concurrent Session 4A	Concurrent Session 4B	Concurrent Session 4C	Concurrent Session 4D	Concurrent Session 4E
Title	Out of the box and into the classroom: Translating youth mental health research into school settings	Rapid Oral Session 2: Physical health and biomarkers	Borderline personality disorder in youth aged 15-25 years	Suicide	Psychosis
Room	North Federation Ballroom	South Federation Ballroom	Black Mountain Room	Mount Ainslie Room	Murrumbidgee Room
Chair	Bridianne O'Dea	Sarah Medland	Andrew Chanen	Helen Christensen	Eoin Killackey
15:30-15:45	Smooth Sailing: A pilot study of an internet-delivered mental health service for high schools Bridianne O'Dea	15:30 - 15:39 Do as I say, not as I do: Self-reported physical activity of the 2017 RANZCP conference delegates and their exercise referral practices Hamish Fibbins	Comparing three forms of early intervention for youth with borderline personality disorder (the MOBY study): Sample characteristics and preliminary outcomes Andrew Chanen	The involvement of alcohol in Australian coroners' suicide cases Kate Chitty	Rates and predictors of relapse following discontinuation of antipsychotic medication after a first episode of psychosis Brian O'Donoghue
15:45-16:00	Silence is Deadly: A cluster-randomised controlled trial of a mental health helpseeking intervention for young men Alyssa Morse	15:39 - 15:48 Investigation of inflammatory and neurotropic markers in major depressive disorder following adjunctive minocycline treatment Olivia Dean	Borderline personality disorder features are associated with poor functioning and reduced quality of life in youth Katherine Thompson	Suicidal behaviour in Indigenous compared to non-Indigenous males in urban and regional Australia: prevalence data suggest disparities increase across age groups Gregory Armstrong	Poorer developmental functioning in early childhood is associated with auditory hallucinatory experiences at ages 13 and 16 Ashleigh Lin
16:00-16:15	Factors influencing the uptake of an online stepped care mental health service: School counsellor perspectives Catherine King	15:48 - 15:57 Keeping our staff in mind: Improving the diet and cardiometabolic risk of mental health staff through a workplace based nutrition intervention Phil Ward	A comparison of beliefs about voices in youth with borderline personality disorder and first episode psychosis Marialuisa Cavelti	The Science of Storytelling: A qualitative investigation of motives for suicide attempt in youth Aly Nicolopoulos	Meta-analysis of neurocognition in young psychosis patients with current cannabis use Sophia Bogaty
16:15-16:30	Reframe-IT: a randomised controlled trial of an online intervention for suicidal school students Eleanor Bailey	15:57 - 16:06 Let's get physical: Making the link between staff and consumer health Hamish Fibbins	Effective use of emotion regulation strategies by youth with borderline personality disorder varies depending on context Andrew Chanen	Psychotic experiences and suicidal thoughts and behaviours: A cross-national analysis based on 33,370 respondents from 19 countries in the WHO World Mental Health Surveys Sukanta Saha	Risk of first-episode psychosis among first-generation migrants in an Australian cohort Brian O'Donoghue
16:30-16:45		16:06 - 16:15 ENACT: Investigating the efficacy and mechanisms of action of N-acetylcysteine as an adjunctive treatment for first episode psychosis Sue Cotton			Parcellating cognitive heterogeneity in early psychosis-spectrum illnesses: a cluster analysis Jacob Crouse
16:45-17:00		16:15 - 16:24 Serotonin precursor, tryptophan, and bone in men and women Jasmine Cleminson		Discussion	
17:00-17:15		16:24 - 16:33 Keeping the body in mind: A survey of the physical health of consumers in receipt of depot and Long Acting Injectable medication (LAI) Rachel Morell			Discussion
17:00-17:45	SMHR AGM				
Room	North Federation Ballroom				
Chair	Patrick McGorry				
1900 - 2230	Conference Dinner The Lakeside Marquee, The Yacht Club				

FRIDAY 8 DECEMBER 2017: DAY 3				
08:30 - 17:00	Registration and Information Desk Open The Atrium			
	Plenary Session 5			
Room	Federation Ballroom			
Chair	Phil Batterham			
9:00-9:30	Evidence-based formulations and solutions for treating Obsessive Compulsive Disorder: New ways forward Michael Kyrios			
9:30-10:15	Precision Medicine in Depression: Hype or Hope? Brenda Penninx			
10:15-10:45	Morning Tea			
	Concurrent Sessions			
10:45-12:15	Concurrent Session 5A	Concurrent Session 5B	Concurrent Session 5C	Concurrent Session 5D
Title	Coming from behind - ensuring that people living with severe mental illness experience better physical health outcomes	Youth and adolescent mental health	Child and Adolescent Bullying: Translating research to intervention	Innovative evidence based treatment and translation approaches for mental health, physical health and substance use disorders
Room	North Federation Ballroom	South Federation Ballroom	Black Mountain Room	Mount Ainslie Room
Chair	Phillip Ward	Liana Leach	Hannah Thomas	Katrina Prior
10:45-11:00	Coming from behind - Ensuring that people living with severe mental illness experience better physical health outcomes Phillip Ward	The relationship between friendship networks, alcohol use and depression during adolescence Tim Slade	Understanding why children and adolescents bully their peers Hannah Thomas	Overcoming the double-whammy of anxiety and alcohol use problems: Development, focus testing, and case studies of an online intervention for young adults Katrina Prior
11:00-11:15	Assessing physical activity in people with mental illness: A 23-country reliability and validity evaluation of the Simple Physical Activity Questionnaire (SIMPAQ) Simon Rosenbaum	Expectations and experiences of peer workers from youth mental health services Magenta Simmons	The prevalence of traditional bullying and cyber bullying among children and adolescents in Australia Amarzaya Jadambaa	Development of an integrated cognitive-behavioural therapy for co-occurring PTSD and substance use among adolescents: COPE-A Emma Barrett
11:15-11:30	Sedentary behaviour and physical activity levels in people with schizophrenia, bipolar disorder and major depressive disorder: a global systematic review and meta-analysis Brendon Stubbs	Self-management practices of young adults with bipolar disorder Jennifer Nicholas	Peer victimisation in an anxiety treatment seeking sample Sally Fitzpatrick	Evaluation of two interventions to increase safe partying behaviours and wellbeing post-school Catherine Quinn
11:30-11:45		Longitudinal Association between Physical Activity Engagement during Adolescence and Mental Health Outcomes in Young Adults: A 21-Year Birth Cohort Study Shuichi Suetani	Targeted prevention for adolescents with high-risk personality types: Impact on bullying prevalence and distress among victims and bullies Erin Kelly	Development and pilot testing of MyHealthPA: A mobile-based intervention to reduce substance use and other health risk behaviours in people with mental health problems Louise Thornton
11:45-12:00	Effects of aerobic interval training among overweight individuals with psychotic disorders and factors associated with physical activity persistence Ahmed Romain	Reducing cardiometabolic risk factors in people with SMI receiving treatment with clozapine: Implementing a lifestyle and life skills intervention as part of routine care Rachel Morell		
12:15-13:15	Lunch and Poster Viewing			

Plenary Session 6				
Room	Federation Ballroom			
Chair	Patrick McGorry			
13:15-13:45	A whole-person perspective on recovery for people with psychotic illness Vera Morgan			
Award Oration				
Room	Federation Ballroom			
13:45-14:05	SMHR Oration Award Presentation			
14:05-14:30	Australian Rotary Health Knowledge Dissemination Award			
14:30-15:00	Afternoon Tea			
Concurrent Session				
15:00-16:15	Concurrent Session 6A	Concurrent Session 6B	Concurrent Session 6C	Concurrent Session 6D
Title	Rapid Oral Session 3: Severe mental illness	Workplace mental health	Self-harm	Eating disorders and body image
Room	North Federation Ballroom	South Federation Ballroom	Black Mountain Room	Mount Ainslie Room
Chair	Tom Burne	Gavin Hazel	Debra Rickwood	Kathina Ali
15:00-15:15	15:00 - 15:09 Work and study: How are youth living with severe mental illness faring? Kelly Allott	Mental health and wellbeing in Australian small business Ross Tynan	Self-harm and subsequent mental health service contact in adults recently released from prison: a prospective cohort study Jesse Young	Pornography use in sexual minority men: Associations with body dissatisfaction, eating disorder symptoms, thoughts about using anabolic steroids, and quality of life Scott Griffiths
15:15-15:30	15:09 - 15:18 Personality disorder as a predictor of functional outcomes in patients with major depressive disorder Bianca Kavanagh	A qualitative exploration of the mental health and wellbeing needs of those who work in small businesses Lauren Davenport	Sensitivity of assessment for suicidal ideation as a predictor of completed suicide in mental health services Cate McHugh	Gender, self-identification and other associates of treatment seeking for an eating disorder in a community sample Priyanka Thapliyal
15:30-15:45	15:08 - 15:27 Lifestyle risk factors for cardiovascular disease in people experiencing psychosis Doreen Mucheru	Health-e Mines: Development of an e-mental health program for the Australian coal mining industry Ross Tynan	Pre-conception self-harm, maternal mental health and mother-infant bonding problems: A 20-year prospective cohort study Rohan Borschmann	Women's experiences of eating disorders in the perinatal period Rakime Elmir
15:45-16:00	15:27 - 15:36 Physical activity among adults with psychotic disorders: Preferences, barriers and perceptions of advices Ahmed Romain	Clinician factors related to the implementation and uptake of an online tool for the treatment of mental health and substance use Sally Hunt	Discussion	Discussion
16:15-17:00	Conference Close and Awards Presentation			
Room	Federation Ballroom			
Speaker	Patrick McGorry			

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6 – 8 December 2017

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