

OSTEOPOROSIS MANAGEMENT: NEW THERAPEUTICS AND FALLS PREVENTION

Organised by

Saturday, 21 May 2022

2pm - 3:30pm

Hosted on **zoom**



**OSTEOPOROSIS SOCIETY
(SINGAPORE)**

Endorsed by



Pharmaceutical Society
of Singapore (PSS)



Singapore Nurses
Association (SNA)

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"Ageing is not lost youth but a new stage of opportunity and strength". In this joint session with OSS/SNA/PSS, we will address new opportunities and strategies in the maintenance of good musculoskeletal health in the ageing population. With the "silver tsunami" happening in Singapore, supporting healthy ageing and maintaining independence in the older population is a good focus in preventive healthcare. In this educational program, we will learn about new therapeutics in the management of bone health and how to ensure that available treatments for osteoporosis are rightly administered and adhered to. Participants will also be acquainted with strategies in falls prevention which is crucial to the prevention of fractures.

Dr Manju Chandran

Dr Manju Chandran, the 2021 International Osteoporosis Foundation (IOF) Olof Johnell Science Award winner is a Senior Consultant Endocrinologist and the Founder Director of the Osteoporosis and Metabolism Unit at Singapore General Hospital. She is the Chairperson of the Asia Pacific Consortium on Osteoporosis (APCO), a consortium comprised of 46 Osteoporosis Experts from 20 countries and regions. As Chairperson, she led the development of the APCO Framework- the world's first dual-continental set of Standards of Care for the Screening, Diagnosis and Management of Osteoporosis. She is an elected Board and Council of Scientific Advisors Member of the IOF, the Deputy Chair of the Asia Pacific Panel of the International Society of Clinical Densitometry (ISCD), the Vice Chair of the Asia Pacific Regional Advisory Council of the IOF, the immediate Past Chairperson of the Chapter of Endocrinologists, College of Physicians Singapore, a Past President of the Endocrine and Metabolic Society Singapore (EMSS) and Treasurer of the OSS. She has published more than 150 papers in international, peer reviewed journals and has won multiple international awards for her contributions to the field of osteoporosis.

Topic: New therapeutics in osteoporosis

Ms Chan Shi Mun

Chan Shi Mun is a clinical pharmacist who has been running pharmacist-led clinics at Alexandra Hospital (AH). In the I-Care Osteoporosis Clinic, she educates patients on lifestyle modification, initiate anti-osteoporotic therapy and monitor patients' osteoporosis management. She is involved in the Falls Prevention Program, a project under Regional Falls Prevention Network to assess elderly's risk of fall in the community and the prevalence of polypharmacy in high risk patients. She also contributes as member of the Alexandra Hospital Falls Prevention Workgroup to facilitate the implementation of falls prevention initiatives in Alexandra Hospital

Topic: Medical administration & adherence for osteoporosis treatment

Ms Pauline Chong

Pauline Chong is a Senior Nurse Clinician in Alexandra Hospital (AH). She is the Nurse Lead for Healthy Ageing (HA) Program and supports the development of Geriatric Medicine as one of AH's peak of excellence. Pauline is an Advisor to the Nursing Fall Prevention Committee and AH Falls Prevention Workgroup. As a Geriatric Resource Nurse, she contributes to inpatient, outpatient and community outreach interventions; and one of the key initiative in leading her nurses to develop Geriatric Service Hub (GSH) in the community.

Topic: Falls prevention

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