



Inklings

Inklings has been launched to support babies showing early social and communication differences in Western Australia.

Funded through the National Disability Insurance Scheme (NDIS), Inklings is run as a partnership between the NDIS, Telethon Kids Institute, Child and Adolescent Health Service and WA Country Health Service.

Acknowledgement of Country

Telethon Kids Institute acknowledges Aboriginal and Torres Strait Islander people as the Traditional Custodians of the land and waters of Australia. We also acknowledge the Nyoongar Wadjuk, Yawuru, Kariyarra and Kurna Elders, their people and their land upon which the Institute is located and seek their wisdom in our work to improve the health and development of all children.



Declaration

- Telethon Kids Institute and University of Manchester hold Copyright.
- I receive no personal remuneration

Overview

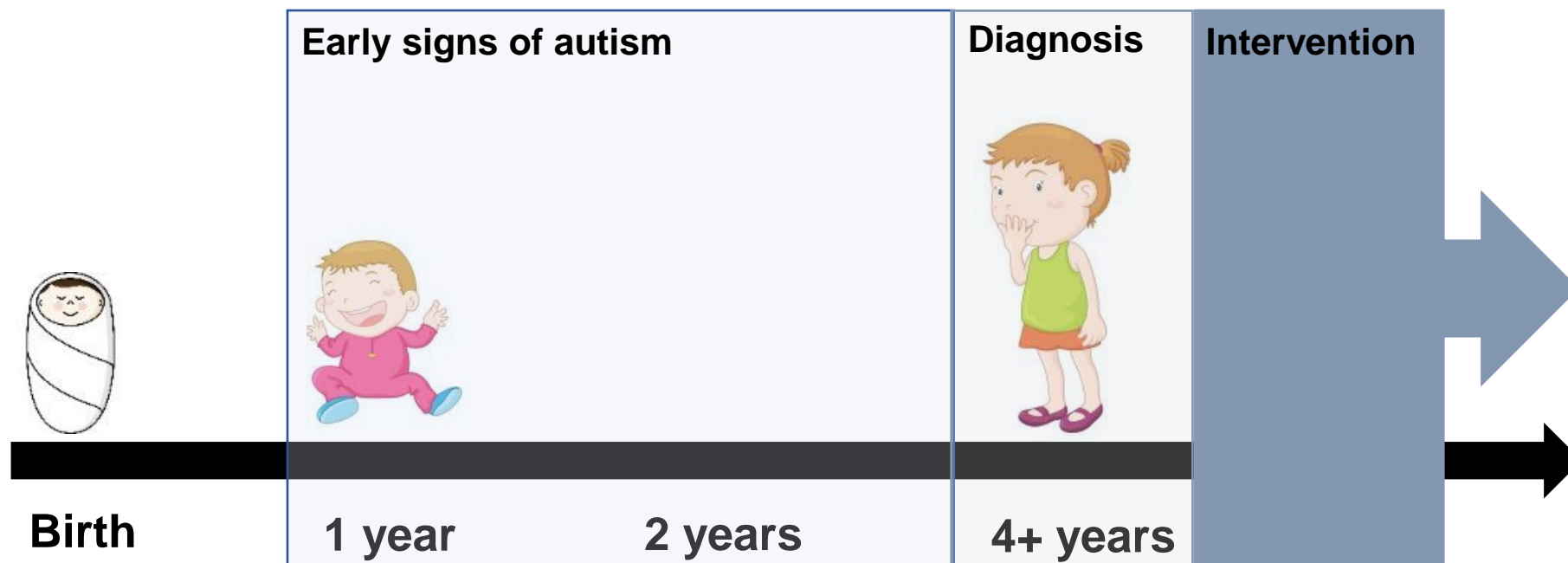


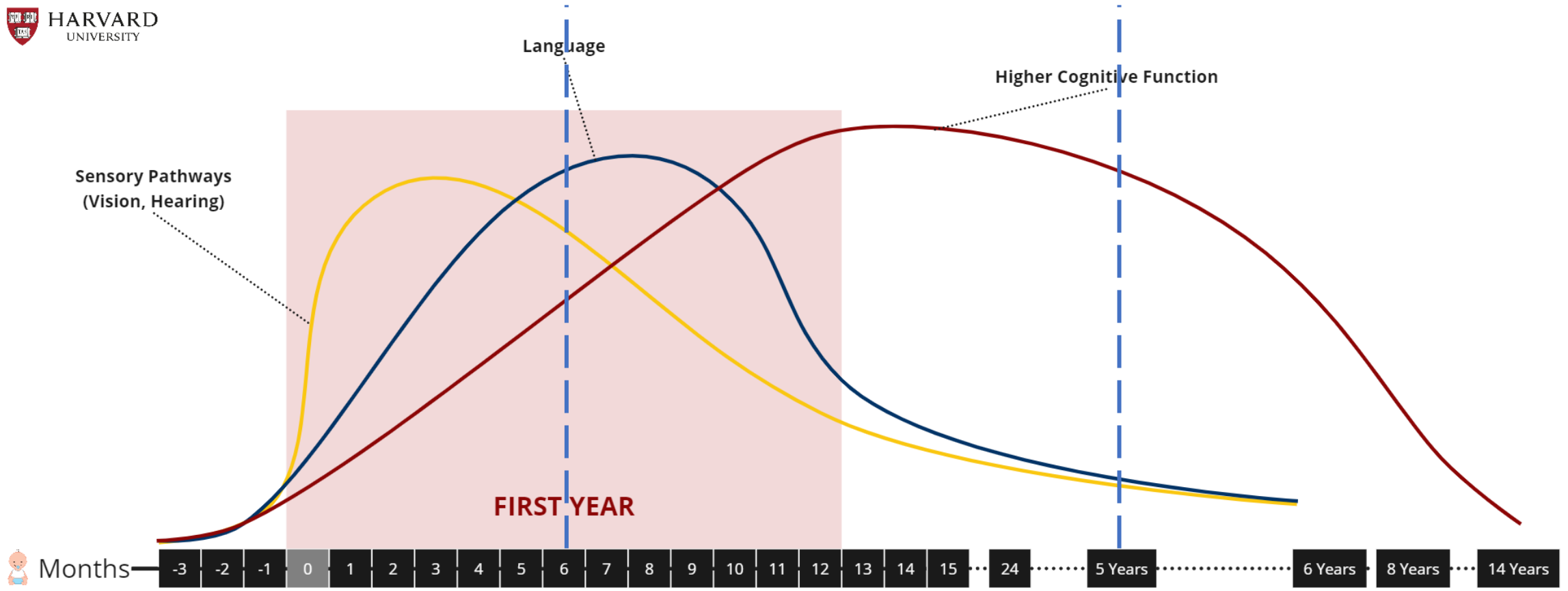
Why Inklings?

Inklings described

Referral to Inklings

Clinical pathway- diagnosis and intervention





Pre-emptive intervention
Commence at first sign of difference
Based on current evidence

← Science and Policy Gap →

Current model around the world
Diagnose first, then intervene at age 4-5 years
Based on evidence from 40 years ago

What does science tell us?

The brain grows most rapidly during early childhood.



Development is highly influenced by environmental experiences.



Sensitive parental responses are key to development.



Why Inklings?

The brain grows most rapidly during early childhood.



Inklings is delivered between 6-18 months

Development is highly influenced by environmental experiences.



Focus is on interaction

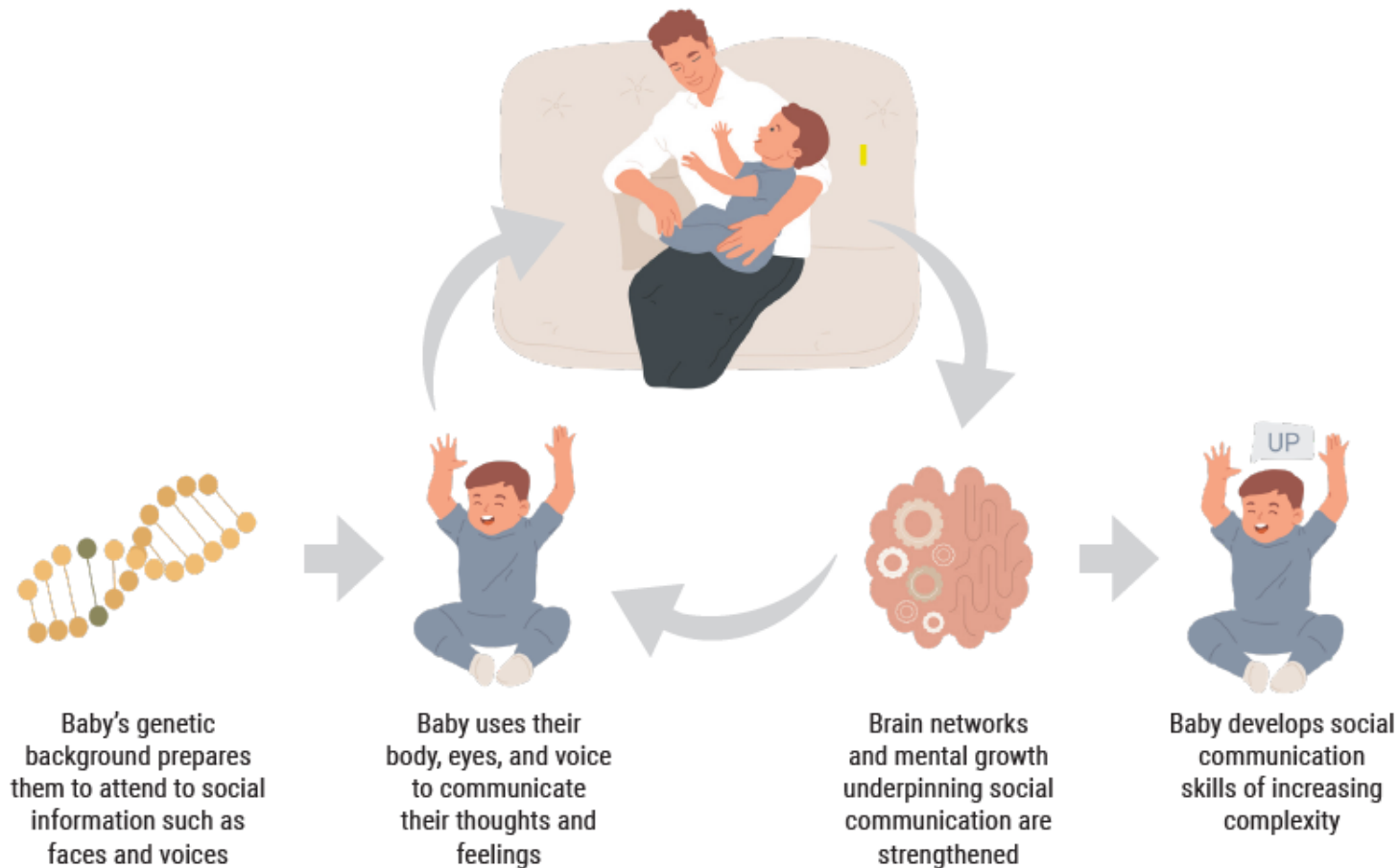
Sensitive parental responses are key to development.



Empowering parents to sensitively respond

What is Inklings? How does it work?

Parent responds sensitively to baby's communication, helping stimulate two-way back-and-forth interactions










What is video feedback?



The Inklings Practitioner videos a 5-minute interaction between parent and baby

The Practitioner then reviews the video with the parent



	#	Session Name	Session Theme
Core Sessions	1	 Take time to watch and wait	Watching, thinking about, and understanding baby
	2	 Understanding your baby	Understanding interactive and exploratory behaviours
	3	 Responding to your baby	Developing sensitivity chains during play
	4	 Responding during the everyday (mealtimes)	Developing sensitivity chains during daily routines
	5	 Sharing feelings	Recognising, accepting, and responding with empathy to baby's feelings
	6	 Sharing conversation	Having 'conversations' with baby and building interaction and communication
Focused Sessions	1-4	 Focused sessions	The number and content of the Focused Sessions are based on the individual needs of the parent and baby



PILOT (2013)

UK-based pilot
n=8 infant siblings
Infants 8-10 months
iBASIS-VIPP



Outcomes

Established feasibility of
delivery and acceptability to
families



RCT (2015, 2017)

UK-based trial
n=54 infant siblings
6-9 months at trial entry
iBASIS-VIPP vs TAU



Outcomes

Immediate (end of therapy):
positive effects on infant
autism-related characteristics,
infant adaptive function, parent
responsivity

Follow-up (age 3 years):
positive effects on autism-
related characteristics and
parent-infant interaction



RCT (2019, 2021)

Australian-based trial
n=104 infants
9-14 months at trial entry
iBASIS-VIPP +TAU vs TAU



Outcomes

Immediate (end of therapy):
positive effects on infant
language

Follow-up (age 3 years):
positive effects on autism-
related characteristics, parent-
infant interaction, child
language. Reduced likelihood
of meeting DSM-5 ASD criteria.



ECONOMIC EVALUATION (2023)

Based on Australian trial
iBASIS-VIPP +TAU vs TAU



Outcomes

iBASIS-VIPP identified as highly
cost-effective.

Who may benefit from Inklings?

Families who may benefit from Inklings include those with:

A baby who is showing delays or differences in their early social interaction and communication.



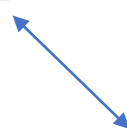
Caregivers who are concerned about their baby's development.

WA roll out

ndia National Disability Insurance Agency



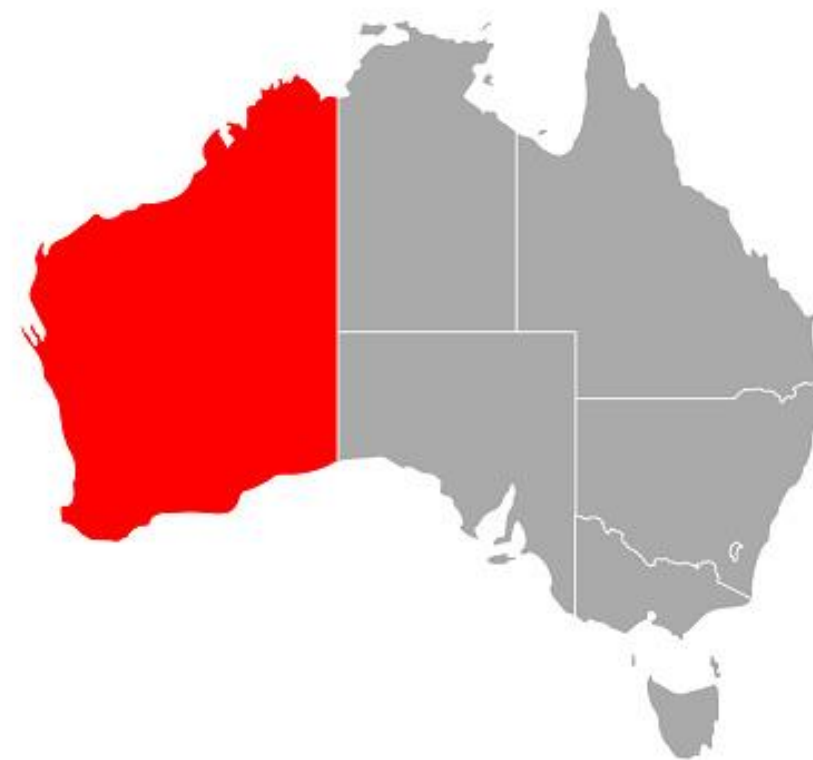
**TELETHON
KIDS
INSTITUTE**



Government of **Western Australia**
Child and Adolescent Health Service



Government of **Western Australia**
WA Country Health Service



Eligibility criteria for Inklings in WA

6 – 18
months

Babies be aged 6-18 months
at the time of commencing
the Inklings Program.



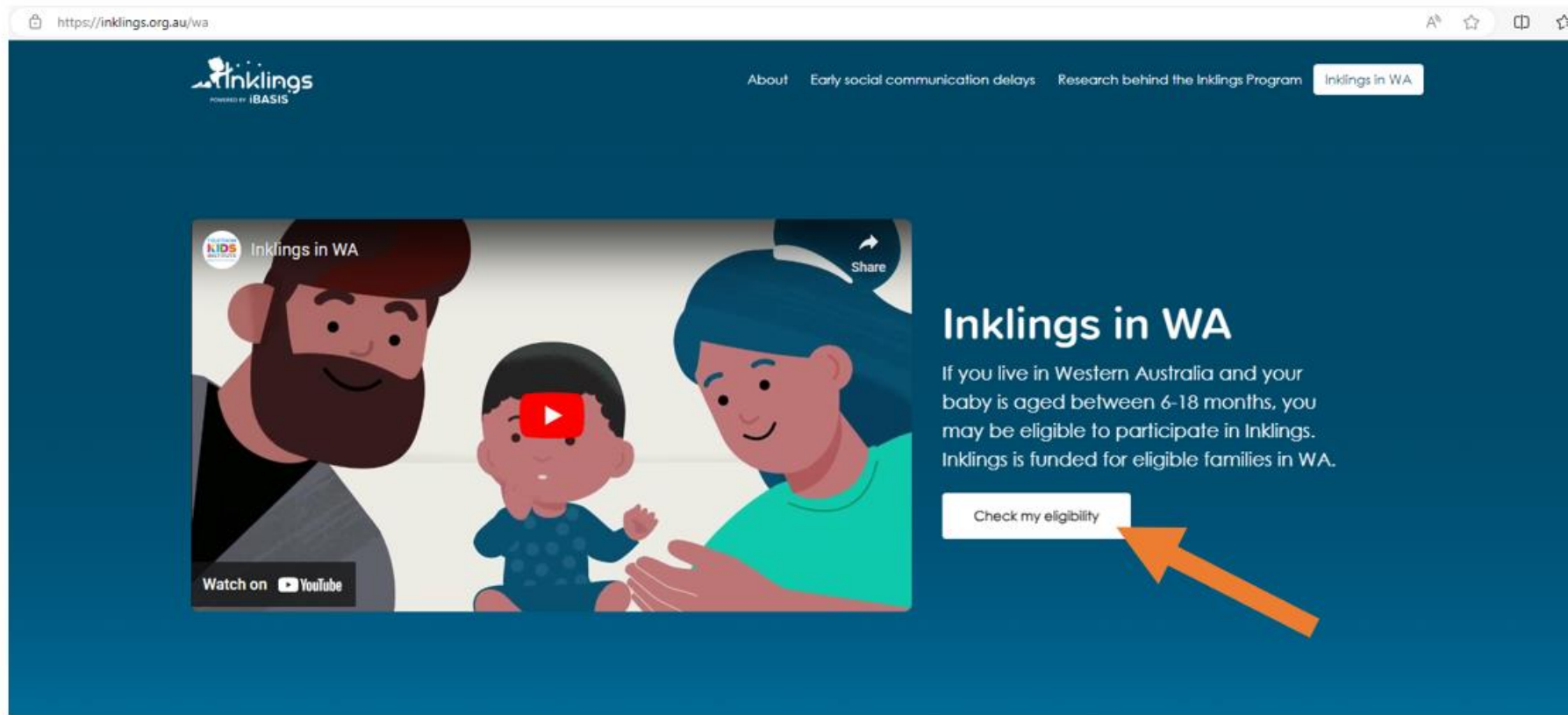
Families must be based in
Western Australia for the
duration of the program.



Score in the **Monitor or Refer
Zone** on an ASQ:SE-2
questionnaire.

Referral process for Inklings

<http://inklings.org.au/wa>



The screenshot shows the website <https://inklings.org.au/wa>. The header includes the Inklings logo (POWERED BY IBASIS) and navigation links: About, Early social communication delays, Research behind the Inklings Program, and Inklings in WA. The main content area features a video player with the title 'Inklings in WA' and a 'Share' button. The video thumbnail shows a man, a woman, and a baby. Below the video player is a 'Watch on YouTube' button. To the right of the video player, the text reads: 'Inklings in WA. If you live in Western Australia and your baby is aged between 6-18 months, you may be eligible to participate in Inklings. Inklings is funded for eligible families in WA.' Below this text is a 'Check my eligibility' button, which is highlighted by an orange arrow.

Summary

- A wonderful opportunity for WA!
- Accepting referrals now



inklings@telethonkids.org.au



www.inklings.org.au/

Questions ???

Who to contact?

inklings@telethonkids.org.au

<http://inklings.org.au/wa>